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LOCALNEWS

ISSUE 483

The Voice of NW London

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תחילת עיתון | 29th October 2020
Starts: 16:20 Ends: 17:27 (17:00)

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THE WARDROBE

The background of the entire poster is a dark, textured wood grain. Scattered across the surface are various autumn-themed elements: large, vibrant red and orange leaves on the left side, and several clusters of small, round, orange berries on thin stems, some of which are also scattered individually. The text is overlaid on this background.

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מש"ק פרשת לך לך – 31st October

Venue:
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Times:
Years 7 & 8
7:00–8:00pm
Years 9 & 10
8.15–9.15pm

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*Source: Impact of Business Rates on Business, HC 1944

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Relationships - build relationship skills

Text - connect with classic Jewish texts and topics

GUEST SPEAKERS

Dr Warren Goldstein Chief Rabbi of South Africa

Eli Beer United Hatzalah

Lord Mann Refusenik

Rabbi Yosef Mendelevich

James Libson Mishcon de Reya

Danny Limor Mossad

Inspiration nurse

Libbie Goldstein

Rabbi Dov Ber Cohen

Ilana Epstein

Joanne Dove

Freda Kaplan

- The art of listening - **Freda Kaplan**
- Challah Bake with **Joanne Dove**
- The first Jewish American spy - **Rabbi Aubrey Hersh**
- Davening at home - **Rabbi Yoni Golker**
- **Aviva Landau** interviews inspirational nurse and cancer survivor **Libbie Goldstein**
- The Jewish Year in review with **Rabbi Daniel and Ilana Epstein**
- Text learning with **Dayan Vanzetta** - The Wedding that never was and the unavoidable Gett
- Nach with **Pnina Savery**
- **Rebetsins Ted** talks about resilience
- **Rabbis Ted** talks about community
- The Coca Cola kashrus controversy - **Rabbi Dov Birnbaum**
- Tour of Chevron with **Zvi Sperber**
- How to give and take criticism with **Tehilla Birnbaum**
- Common kitchen Kashrus with **Rabbi Birnbaum**



This event is supported by the Chief Rabbi's Centre for Community Excellence.

The RAMCHAL זצ"ל

THE LIFE AND WORKS OF Rabbi Moshe Chaim Luzzatto



SUNDAY 1 NOVEMBER 8:30PM

- 1 **RAMCHAL: TRADITION VS KABBALA**
Rabbi Aubrey Hersh - Jle

SUNDAY 8 NOVEMBER 8:30PM

- 2 **MESILLAS YESHORIM: PATH OF THE JUST**
Osher Chaim Levene - Orah

SUNDAY 15 NOVEMBER 8:30PM

- 3 **DERECH HASHEM: THE WAY OF G-D**
Rabbi Dovid Roberts - KAJ, Berlin

SUNDAY 22 NOVEMBER 8:30PM

- 4 **DAAS TEVUNOS: KNOWING G-D'S PLAN**
Rabbi Daniel Rowe - aish

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MEETING DETAILS

<https://zoom.us/j/6132470365> - Meeting ID: 6132470365

OR - +44 203 481 5237 Meeting ID: 613 247 0365



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Helping your Child Succeed!

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Hi, My name is Dina!



The focus of Dina's PROSCIG® intervention program was to further develop her social awareness and self-regulation skills. During her sessions, Dina has proven to show an understanding of how to manage her emotions, behaviour and body movement when faced with tough situations. Dina has developed a sense of self-awareness by being mindful from her emotion, why she is feeling, behaving, or thinking a certain way. This self-reflection allows Dina to verbalise her feelings and take a proactive approach towards dealing with the situation.

The Transition to High School
PROSCIG® Intervention
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- ✓ Social Understanding
- ✓ Social Emotional Development
- ✓ Self-Regulation
- ✓ Perspective Taking
- ✓ Executive Function Skills
- ✓ Independent Living Skills
- ✓ Differentiated learning

2018

Dina started the Elijah Centre in 2018 and was in PROSCIG® programme for 1 year. Dina is diagnosed with ASD and faced challenges in social awareness and self-regulation skills, particularly with regulating non-verbal communication.

Goals

Our main goal for Dina's intervention was to take a clinical approach on exploring aspects of bullying, relationships, and siblings, to enable her to have a smooth transition into secondary school. Dina has shown a great understanding in these topics and feels confident in sharing her personal experience. She has been strong and brave when dealing with bullying at school and has created a bond with her peers who have experienced bullying too.

Getting Started

Progress

Dina has shown great progress in the ability to adjust to different environment. This has shown through becoming an independent young lady by using the skills she has learnt over the past year and assisting and building a better partnership with her peers.

Now

"I will not allow my ASD symptoms to control me. The Elijah team believed in me. They were always there to support me when I needed it most, whether it was a school or home situation. The Elijah team encouraged me to do my best and fulfil my potential. When I felt like giving up, the Elijah team taught me to fight my ASD. Without this attitude being instilled in me, I wouldn't have had the confidence to believe in myself." - Dina

The Elijah Centre is here to help your child with a range of issues including:

- ✓ Autism Spectrum Disorder
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- ✓ Social Difficulties
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REBBETZIN ESTI HAMILTON

Rebbetzin Esti Hamilton is an acclaimed educator, international lecturer and mother of six. She recently battled a life threatening illness and will share with us her journey to a miraculous recovery.

2 November | 8:30-9:30pm

MRS ELISHEVA MARTINETTI

Elisheva Martinetti, formerly Yeleisha Yu, tells us the story of an 11 year old Chinese girl who embarked on a spiritual odyssey to join the Jewish people.

9 November | 8:30-9:30pm

MRS DEVORIE KREIMAN

Devorie is an inspirational lecturer on human resilience. Having lost four of her children to a rare disorder and a son six weeks before his wedding, Devorie found strength in the power of faith, humour and joy.

16 November | 8:30-9:30pm

MRS AMANDA SPIRO

At 21, Amanda was diagnosed with cancer. The road to recovery brought her to a new awareness of the power of her Jewish soul. Over a decade later, she is a proud observant Jewish woman, passionate about empowering others.

23 November | 8:30-9:30pm

THE JOURNEY FROM TRAUMA TO RESILIENCE



During all of our lives, it is inevitable that at some time we will experience trauma.

Trauma is the response to a deeply distressing or disturbing event that overwhelms an individual's ability to cope, causes feelings of helplessness diminishes their sense of self and their ability to feel the full range of emotions and experiences. It is especially prevalent in the current times we are living through.

This course will discuss trauma experiences across the lifespan and the impact on health and well-being. The focus will be an interdisciplinary approach to building resilience for the individual, the family, and the community.

Upon completion of the 15-hour resilience training, the participant will receive a certificate from Tahel.



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Weekly Parsha Shiur

by



HaRav Shraga Feivel
Zimmerman שליט"א

Elucidating the Hashkafos
of the weekly Parsha

Thursday evenings – 21.00–21.30

STARTING THURS 5TH NOV



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<https://zoom.us/j/91434220301>

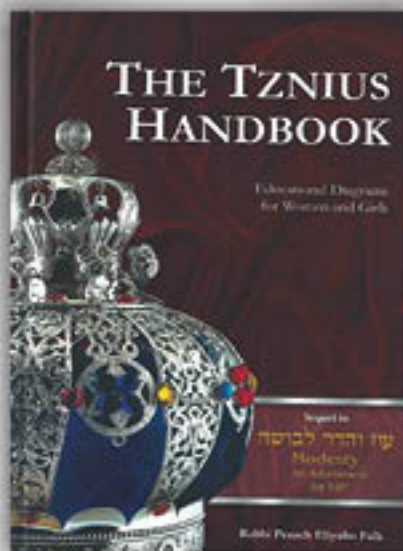
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Weekly Halocho Shiur

by



**HaRav Shraga Feivel
Zimmerman שליט"א**

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Monday evenings – 21:00-21:45

STARTING MON 2ND NOV



This will be a live shiur delivered by Zoom webinar

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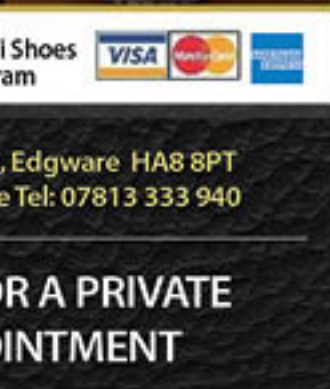
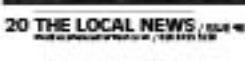
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Oct- Nov 2020

Sun	Mon	Tue	Wed	Thurs	T'el
25	26	27 FREE SHULIM Inyanel d'Yoma Rabbi Moshe Levy 8:30pm 64 Brent Street Chazak	28	29	
1	2 Intensify Your Tefillah Rav Avrumi Hekasher 8:30pm 8 Queens Rd Tiferet Eyal	3	4 Our Unique Mitzvos Rebbitzin Shoshana Tugendhaft 10:00am Soro Feldenstein Hall 179 Golders Green Rd	5	
8	9 Middos To Build Your Home Rebbitzin Esti Hamilton 10:00am Soro Feldenstein Hall 179 Golders Green Rd	10 Shalom Bayis Rebbitzin Yael Rosdym 8:30pm Ohel David Broadwalk Lane (behind Tesco Express)	11	12	
15	16	17 Shalom Bayis Rebbitzin Yael Rosdym 8:30pm Ohel David Broadwalk Lane (behind Tesco Express)	18	19 The Upper Hand Rabbi Rosdym 8:30pm 8 Queens Rd Tiferet Eyal	
22	23	24 Shalom Bayis Rebbitzin Yael Rosdym 8:30pm Ohel David Broadwalk Lane (behind Tesco Express)	25	26	

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Rabbi A. Bassous שליט"א

Rebbetzin Esti Hamilton Avodat Hamidot

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Also **zoom** Meeting ID 613-247-0365

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WHY DOES MY CHILD JUST NOT SEEM TO 'GET IT' WHEN IT COMES TO SOCIALISING?

Presented by: **Dr Sarah Kramer**

Workshop to acquire tools to help develop
your child's social communication

Monday: 16th November

Time: 8:00 – 9:00pm

Via zoom

***This will be an invaluable session for both parents & teachers alike with practical strategies
There will be opportunities to ask questions.***

Sarah Kramer Qualified clinical lead as a speech and language therapist at University College London in 1991, achieving a first class honours degree. She has since been awarded related qualifications including an MSc with a distinction and a PhD, also benefiting from lots of additional courses such as a year long course at the Institute of Group Analysis and workshops by Michelle Garcia Winner on social communication. Clinically, she works for Legadel, whilst she continues to work as a Clinical Lead in the NHS, also working as a contractor for a number of NHS Trusts. She has a particular interest in supporting children to communicate in the most effective way they can – with adults and their peers, by supporting the people who know the child best, whether parents or staff.

Suggested donation £8

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We were all very saddened with the petiroh of our beloved Gabbe,

Reb Jossie Jacobsen ז"ל

who looked after our minyan so devotedly and loyally for 37 years.

We will be holding a Hespel in his memory in our Shul on
Sunday evening, the 1st November after maariv at 7pm.

The maspidim will be:

Rabbi

Avrohom Heckscher שליט"א
דברי פתיחה

Rabbi

David Dunner שליט"א

Rabbi

Shmuel Wolf שליט"א

The Ezras Noshim will be open for ladies.

If you are unable to attend, you will be able to follow the hespedim live on Zoom.

The details are: <https://us02web.zoom.us/j/85471901479>

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Application
deadline:
30th November
2020

All applications will be processed through the Executive Committee.
Shomrim NW is endorsed by local Rabonim and follows strict Halachic guidance



Applications are now being accepted
for admission to Gan Peninim for the upcoming year 2021/2022.

Applications are available for girls and boys born between
1st September 2018 and 31st August 2019.

To request an application form please email
earlyyears@peninim.co.uk.

Closing date for applications is Monday 30th November 2020

Address: 37 Elmcroft Crescent London NW11 9TB **Phone number:** 020 8004 2224 | **Email:** earlyyears@peninim.co.uk

Head Teacher: Mrs K. Kerr
Head of Nursery: Robert S. London



Principal: Rabbi Y. Horner רב יצחק הורנר

The Governors of Menorah Foundation School welcome applications for entry to both **Nursery and Reception Classes 2021**

At Menorah Foundation School our children are at the heart of everything we do. Recognising each child's unique contribution and building on their self-esteem, we learn, grow and succeed together in a community rich in the values of Torah and Mitzvos, where every child is not only encouraged but inspired to reach their potential. By achieving together as a whole school community we encourage everyone to become life-long learners and 'reach for their star'.

Applications for entry to the Nursery Class 2021 are for children born between 1 September 2017 and 31 August 2018. You will need to submit an Application Form, a Supplementary Information Form and a copy of the child's birth certificate. The closing date for applications is Monday 23 November 2020.

Applications for entry to the Reception Class 2021 are for children born between 1 September 2016 and 31 August 2017. Applications for Reception must be submitted to the London Borough of Barnet, or your Local Authority, by **Friday 15 January 2021** (www.eadmissions.org.uk). All supplementary information forms must be submitted to the school no later than Wednesday 13 January 2021.

We will be holding an open evening for prospective parents in December, subject to government guidelines, when applicants will have an opportunity to see the School and meet School staff and governors. Invitations will be sent out on receipt of completed admissions forms. Admission will be by invitation only.

Both the Nursery application form and supplementary information form can be downloaded from the school website (<http://www.menorahfoundation.co.uk/admissions>).



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NOAM PRIMARY SCHOOL

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Part Time Administrator

Noam is a high achieving school in both Kodesh and Chol. We offer a warm and caring environment with a strong focus on **חינוך**.
A position has become available, to join our administrative team.

Hours: We require our administrator to work three full days and one half day per week.

Salary: Commensurate with experience

We are a one form entry school looking to appoint a conscientious, dedicated and diligent individual to join our efficient, hardworking team.

You must have:

- Excellent organisational skills
- Some familiarity with ScholarPack and Target Tracker (training can be provided)
- An ability to prioritise and manage own workload amid conflicting demands and busy work periods.
- Good attention to detail
- Excellent interpersonal skills
- Care and compassion for our wonderful children
- Be able to demonstrate initiative

We offer a warm, friendly and supportive working environment. Please contact the school office at sbm@noamprimary.org for an application and further information. The closing date for applications is Tuesday 3rd November 2020.

Noam Primary School is committed to safeguarding and promoting the welfare of children and young people and expects all staff to share this commitment. Appointments will be subject to a satisfactory enhanced DBS check.



MY NAME IS EMES

BY R' FISCHEL SCHACHTER & R' YONASAN SCHWARTZ • ILLUSTRATED BY TZAI R. PENSKY

Story by
**R' Fischel
Schachter**
& **Yonasan
Schwartz!**



AND THEN, YOU KNOW, THE YETZER HORAH BEGAN TO TALK TO ME, AND HE BEGAN TO WHISPER LITTLE THINGS IN MY EAR, LIKE "MAYBE YOU SHOULD INVEST THE MONEY", "MAYBE IF YOU RETURN IT, IT WILL BE A CHILLUL HASHEM!" "MAYBE IT'S NOT SO BAD..."

YOU KNOW AND THEN I THOUGHT EH... MAYBE I SHOULD GO OVER TO.. TO VELVEL, AND I'LL TELL HIM YOU KNOW-I'VE BEEN LOOKING FOR THE MONEY ALL ALONG...EVERY SINGLE DAY I CAME UP WITH A DIFFERENT LIE!

AND SOMETIMES I WOULD SAY THE LIE TO VELVEL! AND THAN THE NEXT DAY I HAD TO MAKE UP ANOTHER LIE, TO MAKE UP FOR THE FIRST LIE. ON THE 3RD DAY, ANOTHER LIE TO MAKE UP FOR THE SECOND LIE! AND THEN, BY THE TIME THE 10TH DAY CAME UP, I WAS SO CONFUSED WITH MY LIES, I DIDN'T EVEN REMEMBER WHERE I WAS HOLDING! EXCEPT THAT... I WAS FURTHER AND FURTHER AWAY FROM THE TRUTH...

EVERY NIGHT WHEN I WENT TO SLEEP I BEGAN TO TOSS AND TURN. I SAID "OYyyy, WHY DIDN'T I JUST GIVE IT BACK TO HIM RIGHT AWAY??? BY TRYING TO PUSH THIS OFF I'M DEEPER AND DEEPER IN THE QUICKSAND!"

AND THEN I WAS JUST SAYING TO MYSELF "YOU KNOW WHAT? FORGET IT! THAT'S IT, THAT'S IT. I TRIED! I TRIED FOR 10 YEARS TO GIVE IT BACK THAT'S ALL. THAT'S ALL."



AND I WAS JUST THINKING THAT, WHEN I WAS RIDING DOWN...

AND, WHAT HAPPENED?

WHAT HAPPENED? AFTERWARDS-BOOM! YOUR ALEXEI CRASHED INTO MY HORSES!

AND WHAT DID THE REBBE SAY TO YOU?

WELL-YOUR REBBE... WHO I NEVER SAW BEFORE IN MY LIFE... AND I DON'T THINK VELVEL EVER SAW HIM BEFORE IN HIS LIFE... HE JUST CAME OVER TO ME AND SAID...

Information Page

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Code	Currency	GBP \ Unit	Units \ GBP
EUR	Euro	£0.902868	1.01758
ILS	Israeli New Shekel	£0.225567	4.43327
CHF	Swiss Frank	£0.840570	1.18967
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פ' לך-לך

שבת שנתה

12.45 ג'ץ חיים
9.89 תורה בטה
5.15 בית ישראל
5.45 סיני

21 Green Walk

2.34 שנתה שנתה

3.55 ג'ץ חיים
3.47 בית ישראל
3.59 בית תפילה
3.55 סיני

4.85 תורה בטה
4.12 אלמנטר
4.17 תפילות ישראל

4.27 בית ישראל
5.25 שנתה שנתה

ערב שבת

שנתה גדולה

12.45 ג'ץ חיים

4.16 תפילות ישראל

מנחה וקבלת שבת

4.26 אגודת ישראל

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פ' וירא

שבת שנתה

12.45 ג'ץ חיים

12.10 ג'ץ חיים

12.40 בית ישראל

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שבת שנתה

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שקיעה - 4:38 ליל - 5:28	שקיעה - 4:36 ליל - 5:28	שקיעה - 4:34 ליל - 5:26
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Sun

Mon

Tue

Wed

שקיעה - 4:32 ליל - 5:24	שקיעה - 4:31 ליל - 5:23	שקיעה - 4:29 ליל - 5:23	שקיעה - 4:27 ליל - 5:20
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The MOVEMENT

by Ruthie Pearlman

The confession

CHAPTER ONE *cont.*

Colin had never been a clock watcher anyhow and usually worked late if a case was pressing, sometimes even pulling an all-nighter. None of his non-Jewish colleagues was resentful of his time off since none put in the hours that he did.

Leora's return six months previously had been both dreaded and anticipated by Colin. They had kept in touch during their separation, mostly by email and the odd phone call to keep the costs down. Leora had witnessed Colin's regeneration with approval both from a distance, and when she arrived back in London to work for the Department of Forensic Science at Lambeth in South East London.

Her decision to transfer was not just because she loved London and wanted to work there again. It was because a tacit understanding had grown between Colin and herself and now she felt they were both ready to make a more concrete commitment.

And so it was. Three months after her arrival in London, just around Rosh Hashanah time, Colin Sommers had proposed to Leora Jakobovitch and she had accepted.

Deep down she knew he was not as religious as she, nor was she entirely sure he ever would be. But his return to the fold had been genuinely sought and achieved. There were no hidden motives, not even "to win fair lady" - she had given him absolutely no positive encouragement on this line of thinking during their separation. He had climbed the mountain on his own. Occasionally he had spoken to her about it online and she had

shown her approval in a calm but distant way, letting him know that it was up to him to let go of familiar ground with his left foot so that he could make real progress into uncharted waters with his right. She knew enough about that letting go; it had been a monumental struggle for her too.

Despite the couple being at different religious points, Leora felt the marriage could work. Once engaged, Colin had opened his heart to her and had spoken of how hard it had been getting to this point along the road, and how he could not see into his own future to the journey's end. She, in turn, had reassured him that she would be as understanding and supportive as she could. Secretly, though, she worried about where the fine line between encouragement and nagging lay, but she reckoned she was smart enough to work that one out when the time came.

And so they were engaged and the wedding was planned for early January, only a couple of months away now. Colin's parents were overjoyed with their beautiful and talented new daughter-in-law-to-be.

Besides the personal excitement of an impending wedding, life in the Golders Green Police had been quiet recently. And that suited Colin just fine, thank you very much. He had enough on his plate just preparing for marriage to this spirited young woman who was more than a match for him in so many ways. He liked it quiet, just the way it was. A few smash-and-grabs, a few burglaries, that was enough. But listening to Miriam Brandeis telling her story now, why did Colin get the uneasy feeling that this was all about to change?

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CHAPTER TWO

The Brandeis family lived in a small house in Hendon, the neighbourhood bordering Golders Green. Efraim and Efrat were simple people, even though they were both brought up in the relative affluence of North West London. It seemed to have just passed them by.

Efrat was a pretty woman; Miriam had inherited her large Bambi eyes and dazzling smile. Yet her mother made very little effort to enhance her beauty with makeup, stylish clothes or jewelry. Miriam could not count the number of times she had begged her mother to get a new wig. She had even bought her a new one out of her hard earned savings from Intergraph, but, instead of replacing the old one, Efrat just put it in the closet "for Shabbos and yomtov. And to look at - it's so beautiful! Too nice to wear!" After that, Miriam gave up. Anyway, her father Efraim, seemed oblivious to his wife's lack of glamour. He only saw her beautiful face and inner selflessness.

Efraim, too, was simple and devout. His shop was small but clean, and as well stocked as he could afford to make it. Everyone knew that the prices were not a penny more than the minimum needed to make a profit. They liked coming in and seeing Efraim sitting with a sefer (religious book) open on the counter before him, waiting for customers. He always had a ready smile, warm and friendly.

Miriam herself was a good devoted daughter, a good student at school, popular with her peers. Now she leaned back in her chair, eyes closed, and told the story to the police.

"When I was fifteen, I noticed things changing at home. My parents, simple and straightforward

people, began turning weird, you know?"

"Weird? How so?" Colin asked, sitting up a little. The background had been necessary, he supposed, if soporific. It sounded as if they were getting to the interesting part now.

"My parents were not really that well educated. They never worried much about their image, never really thought about tomorrow, know what I mean?"

Colin nodded.

"Well, I noticed things changing soon after my parents started going to these meetings in the evenings. I asked them what kind of meetings they were, and they said they were going to shiurim. Those are religious lectures, you know?"

She was nervous, Colin noticed. It was the way she ended a lot of her sentences with a question and her voice rose to meet the question mark until it was almost a squeak.

"I know," Peter said, saving Colin from having to admit he knew too much about shiurim. Though Colin always wore a yarmulke to eat, he still felt awkward wearing one at work. He knew Colin didn't want to get into an "Oh I didn't know you were Jewish!" discussion right now. He wanted to hear the story unencumbered.

"What's so odd about that anyway?" Colin asked. "I thought it was quite normal for Orthodox people to go to religious lectures."

"Well, yes it is. But my parents hadn't gone to many before, and certainly not as a couple. Mom went to some on her own and Dad too. But it's not so common to have shiurim that cater to both men and women. So I began to wonder.

To be continued...

You're reading *The Movement*. Get the rest of Ruthie Pearlman's gripping thrillers either in your local Judaica store, or check out her website at www.ruthiepearlman.com to link to Amazon. Also two books are in audio book format at www.mostlymusic.com



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Sudoku

Easy



		7					2	
				2		7		
						4	9	8
				1		6	4	
					5	1		
4					7	5		9
	5	9	2					
		8	1		6			7
	4		8					

	8	4					3	
6					3			7
		2					9	
		1	8		5			
2	6	3	7	1				5
								9
	5	6	3			1	8	
	1			6				2

Hard



Game Rules

The objective is to fill a 9x9 grid so that each column, each row, and each of the nine 3x3 boxes (also called blocks or regions) contains the digits from 1 to 9.

Each individual region, row or column may only have each digit once.

Tip: Work it out in pencil so you can fix any mistakes whilst working it out

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Thursday Evening

5th November '20 - י"ח חשון תשפ"א

at Machzikei Hadass

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