THE NW LONDON

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מרשת וירא תשפ"ד || 2" November 2023 הדלקת נרות 16:12 ו מוצאי שבת 22:71 ו לר"ת 14:71 the helpline **@0330** 127 3333



Hatzolah 0300 999 4 999 I Shomrim 0300 999 1234 Chaverim 0300 070 0999

במ"ד











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חיזוק by Rebbetzin Esther Leiberman

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Wed 8th Nov כ"ה חשון 8:15pm

EDGWARE

חיזוק by Rabbi Yehudah Boruch Leiberman שליט"א

Music by Elisheva Tatz

Thurs 9th Nov כ"ו חשון 8:15pm

Suggested donation £5

LIMITED SPACES! Sign up by 6th Nov and to receive address details: https://t.ly/-6ZLY | 07545 367 975 | reconnect@chazon.org.uk





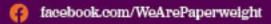
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Every day, Paperweight – the Jewish Community's Advice Centre – is asked for help by people who are in crisis and urgently need practical support, from A-Z.

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Lacetop wigs Bandfall wigs Regular front wigs

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LOCAL AFTER SERVICE

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Miriam S

Really happy with my Riva wig, been wearing regularly for at least a year and looks as good as the day I bought it! Great service! Would definitely buy there again.

H.E

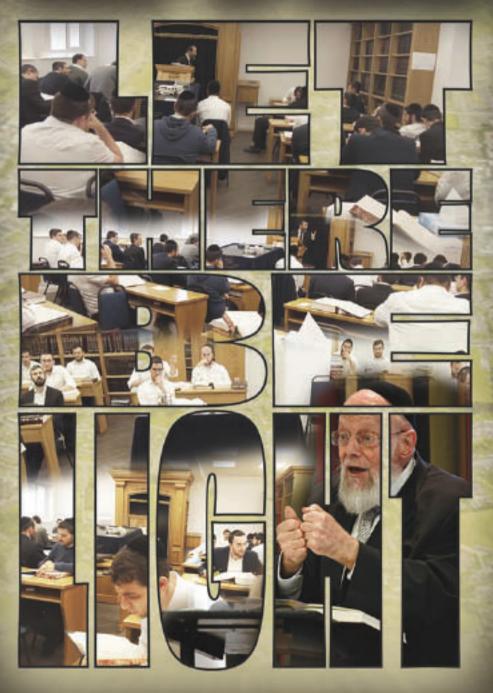
So comfortable and versatile. Keep getting compliments years later.

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YIDES BRAUN

YB Mustrations

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professionalstandard

design school $\Phi \Phi \Phi \Phi$

- View student work/



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Hon

Tues

3.30pm - 5.30pm

11.30am - 1.30pm

Wed

Thurs

7.30pm - 9.30pm

11.30am - 1.30pm



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- Understand your finances
- Identify where your money is going
- Create robust business plans for funding



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-Yanki Weber, Bowtique

I was simply blown away by the precision with which Shimon hones in on the critical factors and isolates them. Accurate and complex financial models are produced in record time and used to guide the focus of recommendations.

-Moishe Wittler, Modtec













י' חשון ה'תשפ"ד

Dear Friends,

Sadly, many of those killed on שמחת תורה and during the current war may not have anyone to learn קדיש or say קדיש for them. Please take some time and commit (נדר) to learning a perek or mesechta הי"ד.

Every משניות of משניות learnt, will be allocated directly to an individual who has רחמנא been נפטר. After signing up you will receive the name of the נפטר.

On behalf of Haderech and After School Beis please forward this message to as many people as you can so we can generate נכותים and learning לעלויי נשמתם.

There will be a Siyum Hashas on Motzei Shabbos Parshas Vayeitzei.

Details to follow.

Thank you

Haderech and After School Beis.

"I warmly endorse this initiative "לעילוי נשמות הנרצחים הק' הי"ד

Rav Shraga Feivel Zimmerman

Rov and Av Beis Din Federation of Synagogues

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A Taste of Tiferes

Year 6 Mothers and daughters are invited to the Tiferes High School Open Evening which will אי"ה take place on

> Wednesday 8th November 8 00 - 9 30 pm







Taster Lessons Meet staff 8 00 - 9 00 pm



Menahel Address Q & A Session 9 00 - 9 30 pm



Tel: 020 8203 8618 Email: office@tifereshigh.com 18 Raleigh Close, London NW4 2TA

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7 NOVEMBER, LEEDS 8 NOVEMBER, LONDON 7:30PM, venues to be confirmed on booking

8 NOVEM LONDON 7:30PM, venues to confirmed booking

AN EVENING OF MUSIC IN

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ALBY CHAIT





AVROMI FREILICH

SHULEM LEMMER



London £18 (VIP £65)
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Separate seating is available
TICKETS VIA WWW.BISHNAT2021.ORG







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COOKING INSTRUCTION

STEP 1

Drain away the water from the pack. Rinse under cold water.



TEP 2:

Add your favourite sauces.



STEP 3:

Heat in a pan or microwave for 1-2 minutes then enjoy.



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So Much More Than Dance Shoes: Nurturing children, and women's wellbeing

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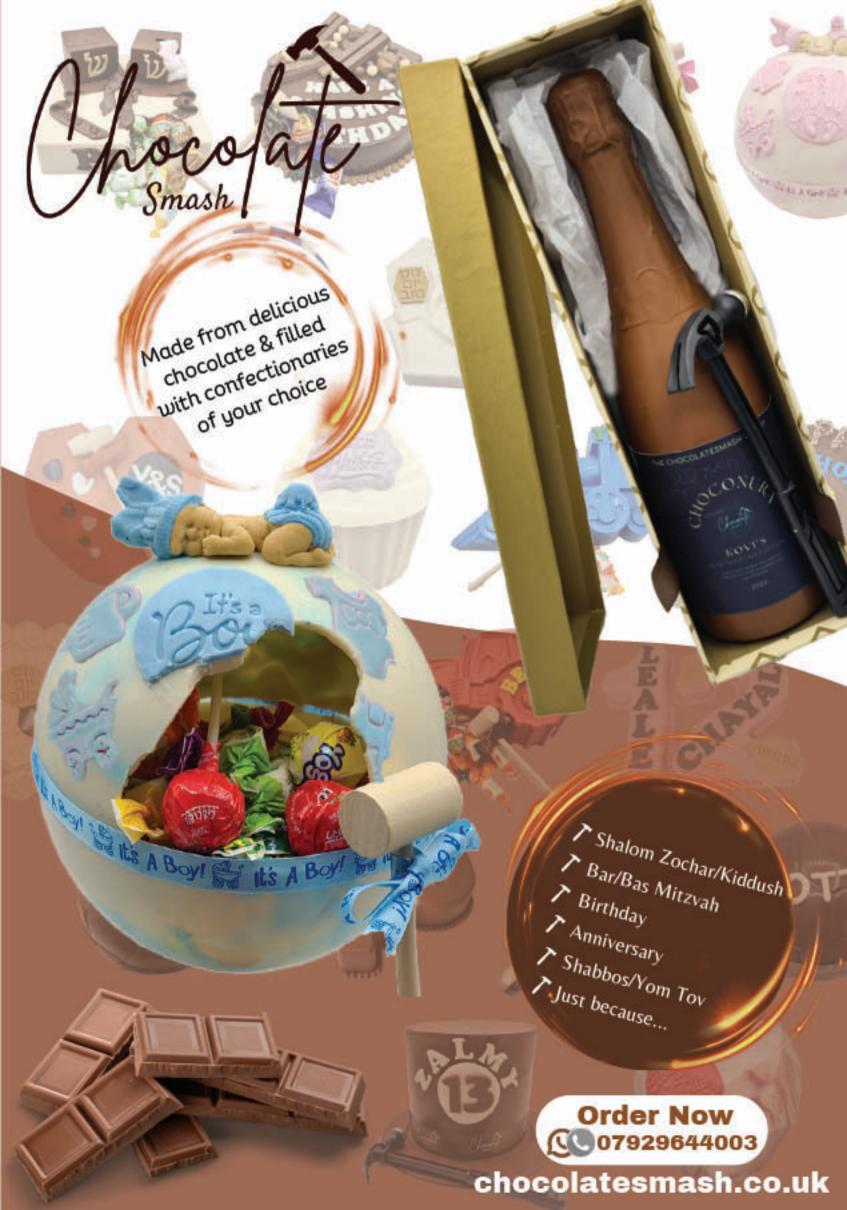




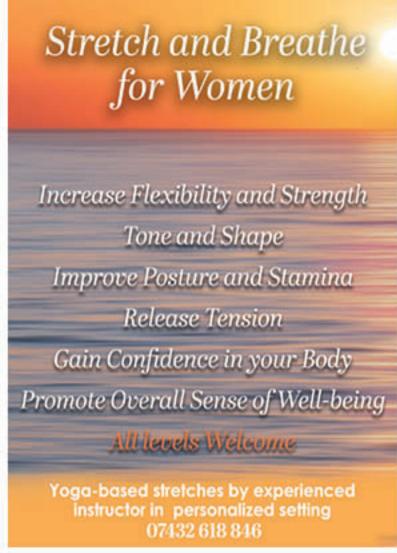


Win a free pizza! To enter, send a Whatsapp message saying: Pizaza to Q 07557 337 121













NT - BINGE EATING - BIPOLAR DISORDER - BODY DISMORPHIC DISORDER - BORDERLINE PERSONALITY DISORDER - BULLMIA - BULLYING - CI DEPRESSION - DISORDERED EATING - DISSOCIATIVE IDENTITY DISORDER - DIVORCE - DOMESTIC VIOLENCE - DRUG LISE - EATING DISORDI 41LY ISSUES • HOARDING • STRESS • KLEPTOMANIA • LONELINESS • MAJOR DEPPRESSIVE DISORDER • MARITAL ISSUES • NARCISSISTIC ORDER - NEUROLOGICAL DISORDERS - OBSESSIVE-COMPULSIVE DISORDER - OPPOSITIONAL DEFIANCE DISORDER - OBSESSIVE COMPULS TY DISORDER - PANIC DISORDER - PERSONALITY DISORDERS - PHOBIAS - POST-PARTUM DISORDERS - PSYCHOSIS - PSYCHOSEKUAL PISSUES - SCHIZOAFFECTIVE DISORDER - SCHIZOPHRENIA - SELECTIVE MUTISM - SELF HARM - SHOPPING ADDICTION - SOCIAL PHOBIA - 1 JRETTE'S SYNDROME • TRAUMA • TRICHOTILLOMANIA • ADDICTION • ADHD • AGORAPHOBIA • ANGER MANAGEMENT • ANOREXIA • ANXIETY NT - BINGE EATING - BIPOLAR DISORDER - BODY DISMORPHIC DISORDER - BORDERLINE PERSONALITY DISORDER - BULIMIA - BULLYING DEPRESSION - DISORDERED EATING - DISSOCIATIVE IDENTITY DISORDER - DIVORCE - DOMESTIC VIOLENCE - DRUG USE -USE - FAMILY ISSUES - HOARDING - STRESS- KLEPTOMANIA - LONELINESS - MAJOR DEPPRESSIVE DISORDER - MARITAL ISSUES - NARCISSI MPULSIVE PERSONALITY DISORDER • PANIC DISORDER • PERSONALITY DISORDERS • PHORIAS • POST-PARTUM DISORDERS • PSYCHOSIS • PTSD - RELATIONSHIP ISSUES - SCHIZ OAFFECTIVE DISORDER - SCHIZOPHRENIA - SELECTIVE MUTISM - SELE HARM - SHOPPING ADDICTIO DBIA - TEEN AT RISK - TOURETTE'S SYNDROME - TRAUMA - TRICHOTILLOMANIA - ADDICTION - ADHD - AGGRAPHOBIA - ANGER MANAGEMEN VXIETY • BEREAVEMENT • BINGE EATING • BIPOLAR DISORDER • BODY DISMORPHIC DISORDER • BORDERLINE PERSONALITY DISORDER • BU LYING - CODEPENDANCY - DEPRESSION - DISORDERED EATING - DISSOCIATIVE IDENTITY DISORDER - DIVORCE - DOMESTIC VIOLENCE - DR FING DISORDERS - ABUSE - FAMILY ISSUES - HOARDING - STRESS - KLEPTOMANIA - LONELINESS - MAJOR DEPPRESSIVE DISORDER - MARIT RCISSISTIC PERSONALITY DISORDER • NEUROLOGICAL DISORDERS • OBSESSIVE-COMPULSIVE DISORDER • OPPOSITIONAL DEFIANCE DISO SESSIVE COMPULSIVE PERSONALITY DISORDER - PANIC DISORDER - PERSONALITY DISORDERS - PHOBIAS - POST-PARTUM DISORDERS - P CHOSEXUAL • PTSD • RELATIONSHIP ISSUES • SCHIZ OAFFECTIVE DISORDER • SCHIZ OPHRENIA • SELECTIVE MUTISM • SELE HARM N · SOCIAL PHOBIA · TEEN AT RISK · TOURETTE'S SYNDROME · TRAUMA · TRICHOTILLOMANIA · ADDICTION · ADHD · AGORAPHOBIA NT - ANOREXIA - ANXIETY - BEREAVEMENT - BINGE EATING - BIPOLAR DISORDER - BODY DISMORPHIC DISORDER - BORDERLINE JLIMIA - BULLYING - CODEPENDANCY - DEPRESSION - DISORDERED EATING - DISSOCIATIVE IDENTITY DISORDER - DIVORCE - DOMESTIC VIC JG USE · EATING DISORDERS · ABUSE · FAMILY ISSUES · HOARDING · STRESS · KLEPTOMANIA · LONELINESS · MAJOR DEPPRESSIVE DISORI R + OBSESSIVE COMPULSIVE PERSONALITY DISORDER + PANIC DISORDER + PERSONALITY DISORDERS + PHOBIAS + POST-PARTUM DISORDE PSYCHOSEXUAL - PTSD - RELATIONSHIP ISSUES - SCHIZOAFFECTIVE DISORDER - SCHIZOPHRENIA - SELECTIVE MUTISM - SELE HARM - SE

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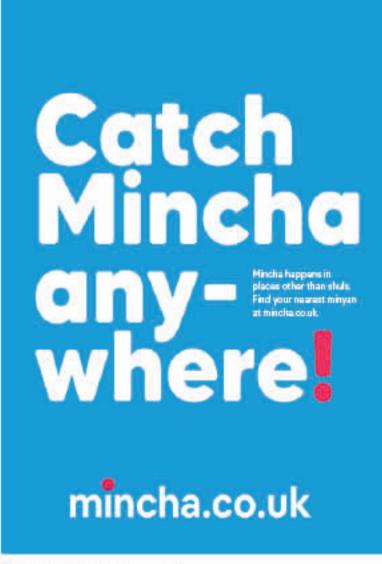
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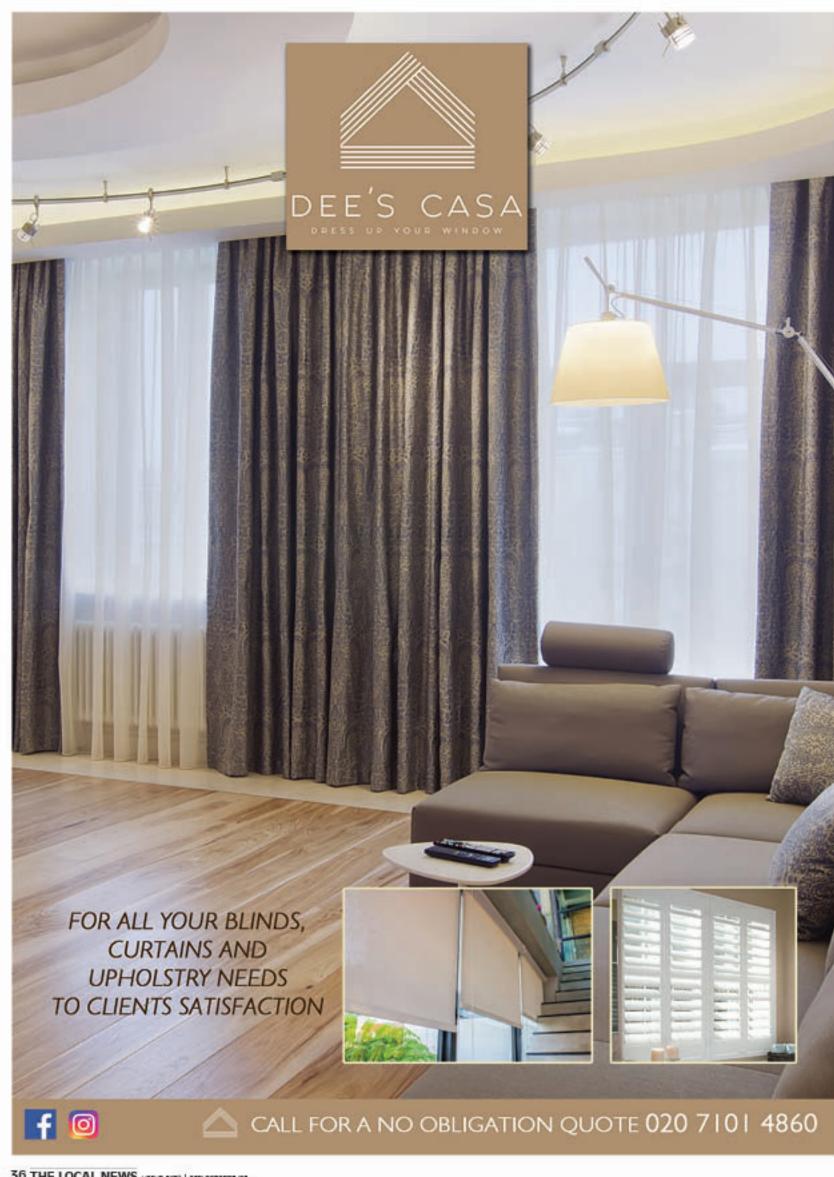


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- Applications for entry to the Pre-School Class 2024 are for children born between 1st September 2021 and 31st August 2022.
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The deadline for submitting an application is Friday 8th December 2023

To request an application form or for further details, please email office@ateresby.co.uk

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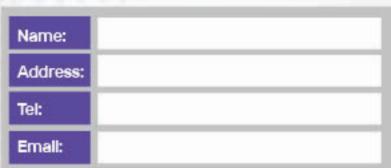




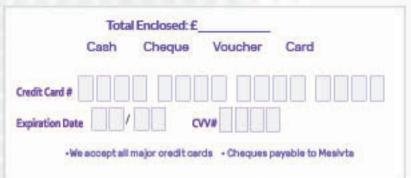












ו' כמליו - Vol 19 Nov ו' במליו



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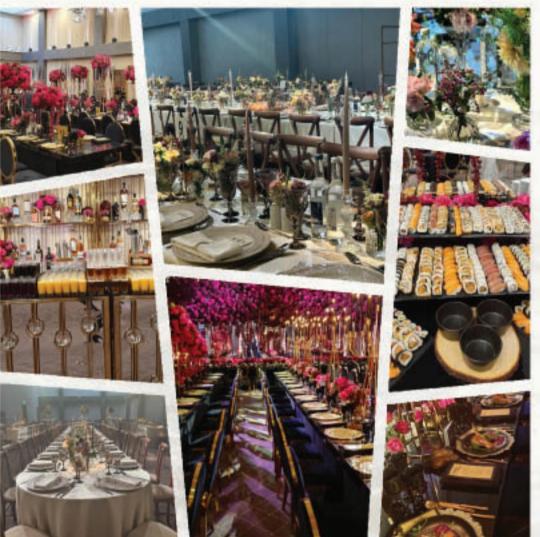
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Galandaur	22 Jessam Avenue				
Weiss	4 Shushan Close Northfield Road				
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Damen	15 Clifton Gardens				
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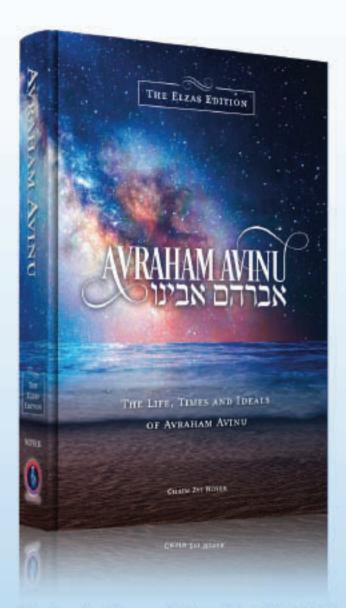
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This epic day will forever be ingrained in my heart. A unique combination of speeches singing and tangible achdus Beyond words – you must experience it yourself to understand!

S.London

Most amazing experience, eye opening shiurim, uplifting kumzitz, incredible atmosphere and an opportunity to unite with growth orientated girls.

Thank you, thank you."

R. C. Gateshead





No words! An unparalled experience.
Inspiring shiurim. The mincha together
is still vibrating inside me. The unity
was palpable. Was a big decision to
travel so far but it was absolutely
worth it.
Really looking forward to join the next
retreat.
G.Belgium

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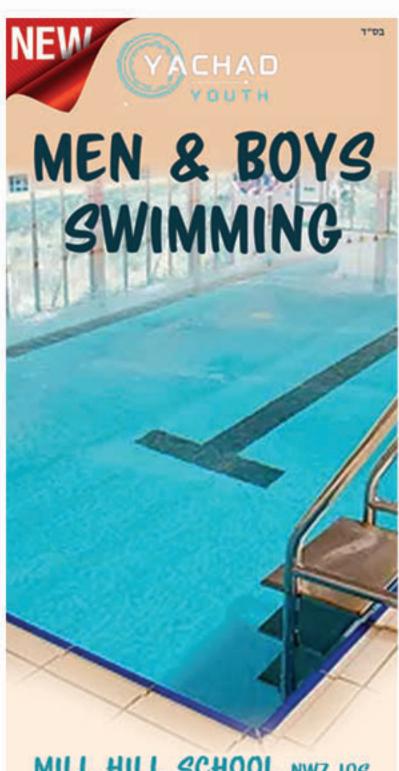
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Reflections and Afterthoughts

A priceless opportunity that seeps deep into your soul - last time I was deliberating because of the price now I say with a full mouth it was worth every penny and doubly so. Thank you to the organisers can't wait to join again. M Manchester

An epic event far surpassing any expectations. I have revisited the messages gleaned and relived the moments experienced again and again. They give me chizuk each time anew! S Belgium

A day that penetrated my Neshama in a profound way. The shiurim and the experience were just what I needed without needing to travel across the ocean. Forever grateful... C London



A boost that still keeps me going - I gained tremendously. The program was organised down to the last detail. So glad I joined! R. Gatshead

A full weekend experience packed into a single day. A well managed event that is a must for every post seminary girl to experience.



Y.S. London

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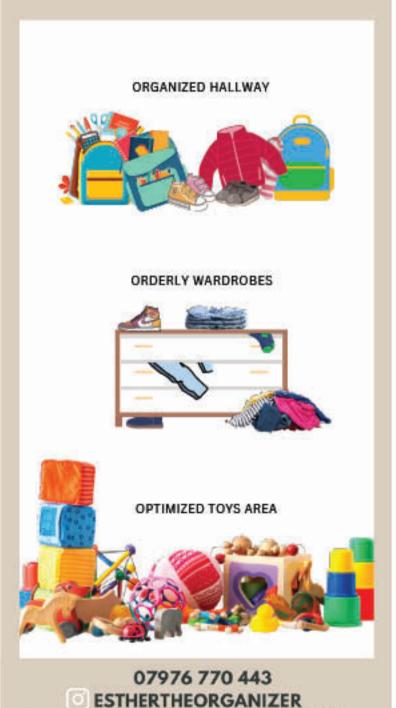
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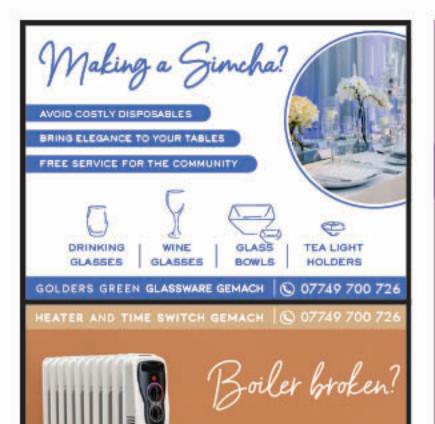




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Start Date: 2nd January 2024. The post could start earlier for the right candidate.

We are looking for a warm and friendly person to work as a Crèche Assistant. You will be working with babies from 3 months to children of 3 years.

Applicants should have:

- A working knowledge and understanding of Early Years
- The ability to work as part of a team
- An Early Years qualification (e.g. CACHE Level 3) is essential.

For more information and an application pack, please contact the School Office by emailing ecohen@byps.org.uk or by phoning 020 8905 9590

Applications will be processed as and when received. Applicants are advised to apply early.

Our School and all its personnel are committed to safeguarding and promoting the welfare of the children. This post is subject to an Enhanced Disclosure Application to the Disclosure and Barring Service.



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Crèche Manager

Start Date: ASAP

- Are you keen to further your career in childcare?
- Do you have the ability to motivate and engage both children and staff?

We are looking for a warm and friendly person to work as a Crèche Manager, on a fixed term contract, to cover a planned absence. You will be working in a team looking after babies from 3 months to children of 3 years. The right candidate should have managerial experience, preferably in an Early Years setting. An Early Years qualification (e.g. CACHE Level 3, or equivalent) is essential.

For more information and an application pack, please contact the School Office by emailing ecohen@byps.org.uk or by phoning 020 8905 9590

Applications will be processed as and when received. Applicants are advised to apply early.

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Menahel Rav Yitzchok Weitz שליט"א Headteacher Mrs E Bialogiowski MA BA (Hons) Honorary Life President Mr Benjamin Peri MBE 373 Edgware Road London NW9 6NQ T 020 8905 9590

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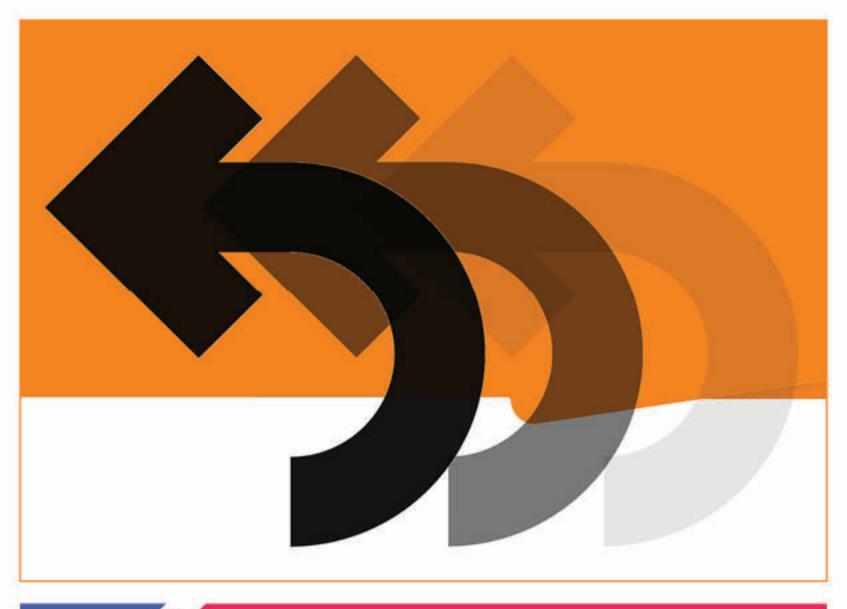


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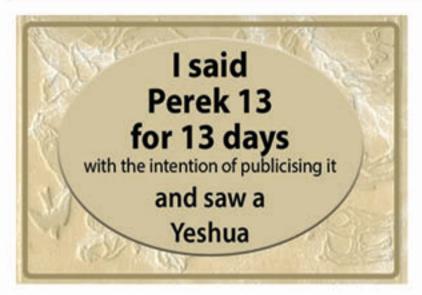
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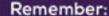
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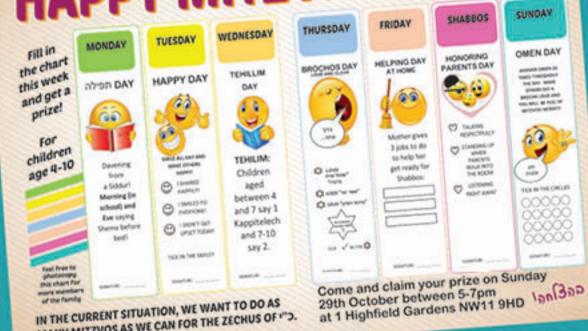
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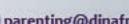
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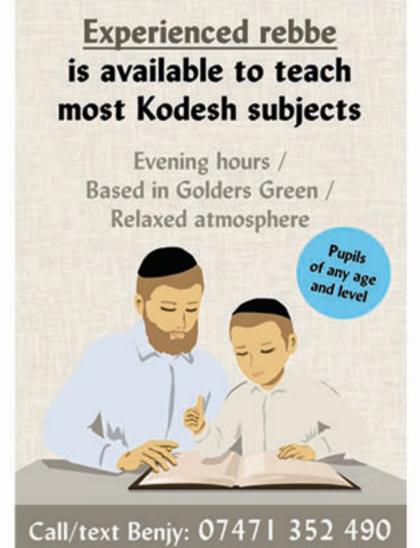




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Please contact the school office for more information and an application pack. T: 0208004224 ext. 1 or Email: office@peninim.co.uk

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Headteacher: Mrs E Pearlman

Menahel: Rabbi Y Levenson

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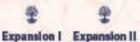


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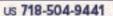






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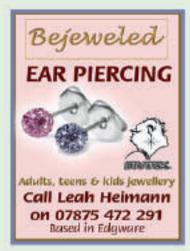


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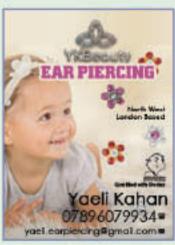
















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Gourmet



24 hour coffee & cake



Under supervision of Agudas Achim Zürich

Information Page

Currency Exchange



Code Currency		GBP \ Unit Units \ GE		
EUR	Euro	£0.86	1.15	
ILS Israeli New Shekel		£0.20	4.87	
CHF	Swiss Frank	£0.90	1.10	
USD	US Dollar	£0.82	1.21	

Based on Wednesday's Rates | Hidmarket Rates

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THE CURRENCY EXCHANGE

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E: DOLLARFX@AOL.COM





מנין צעטיל

וירא

טנחה שבת		ערב שבת		
נר ישראל	12.05	מנחה גדולה		
ברידוש ליין	12.30	בית ישכר דוב	12:15	
בית אברהם	12.40	פין חיים	200	
בית שמואל, עץ חיים	12.45	2 11/2		
קהילת אהל משה	-	4.15 חדלקת חברות		
בית ישכר רוב	1,00			
21 Green Work		מנחה וקבלת שבת		
63 Cranbourse Gdns.		אברכים, אור חדש, אלכסנדר	4.15	
1210	1.45	אמרי שפר, בית אברהם		
בית אברהם	2.00	בית ישראל, בית תפילה		
		ברידוש ליין, ג'נ ב'ה, מר		
7107 FF10 2,36		העודאו עדה. וויידיטשלא		
3,33,3	100	נר ישראל, פיני, עץ חיים		
בית הפילה, בין היים	> 310000	ק' אחל מעת, שערי תפילה		
בית ישכר רוכ	3,45	SAGE		
SAGE		תורת חיים		
אור חדם, ק' אהל טעה		בית ישכר דוב	414	
ברידוש ליין	The second second		-	
שלכמבור. בור. שנדי תפילו	4.05	הייכל מנחם	4.22	
בית ישראל, בית שמאל	4.10	בית שמואל	4.25	
ג"נ ב"ה, היכל מנחם	4,10	CO-COOL CONTROL PURSUE CONTROL	4.23	
כא סרב, תמשרת ישראל	4.11	נשמת ישראל, מאסיב		
נר ישראל, ויייניטיטיא	4.15	הפארת ישראל	181	
פֿעדערייען	1000	שטרת צבי	4,30	
כהל חסידים	4.20	23 Green Walk		
אמרי שפר, בית ישבר חוב	4.21	קחל חסירים	- 127	
מאורות חיים	100000	מאורות חיים	4.45	
נשנת ישראל, עשרת צבי	3			
ראנדן עדת	4,50	DOM2 5.14		

חיי שרה

כנתה בחול

2017207-073-15.85

				בית ישטי רוב	12.40
			WW-212-01-25	W222 98	12.45
		T-17 17 /	ל עדה, בארינדא, סטי	בית אברום. בית יצבר דוב. חוצים	1.64
				יות כיל תולדותו ב"ב ב"דו"	
				בית שבושל, קדילת שהר בשת	1.81
		77777 177 177 177	29 23 Oreen W	מידר בינ (או) מע	1.39
		0.445.000.000		ישור שבר חבר מחודש בית ישבר חבר	1.20
			10111111111111111111111111111111111111	בית ישפי דום, בית שמואל	1.40
				ברווום ליוני, מאסיב	1.45
		'ארץ ביום ב' צ' מילווה	• .	ביון ייבור וויב	2.00
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	23 Sines Visit T.			ברידום ליין, ביני ביה	4.10
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	20,000 0			א ב ג) בית ישכר דוב	4.45
	arraner o	40		לה) בית שמוצל	4.52
	an fate en			"MISS JY2 (7 - A)	4.55
	מונה בית ישכר דוב, בית צומושת, בית: 10 - נשמר ישרשל, משרימרים, פיני, א			man ara trans	1
	201700100 84				
	3/1 10E* (VS B)				
	או בית יופר יוב	-			

לו"ג הקחש הבה"ח שפואל אליונו ה"ד ב"ד נוגן פרץ יבלח"ס

DAILY TIMES

	Friday	Shabbos	Sunday	Monday	Tuesday	Wedesday
שקיעה	4:30	4:28	4:27	4:25	4:23	4:22
לילה	5:22	5:21	5:19	5:18	5:16	5:15



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