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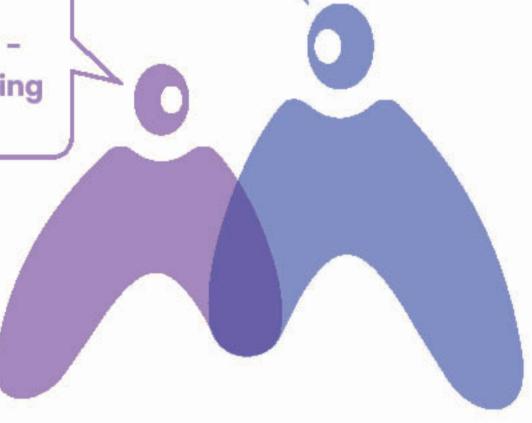




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It's just the 'Baby Blues' there's nothing I can do...



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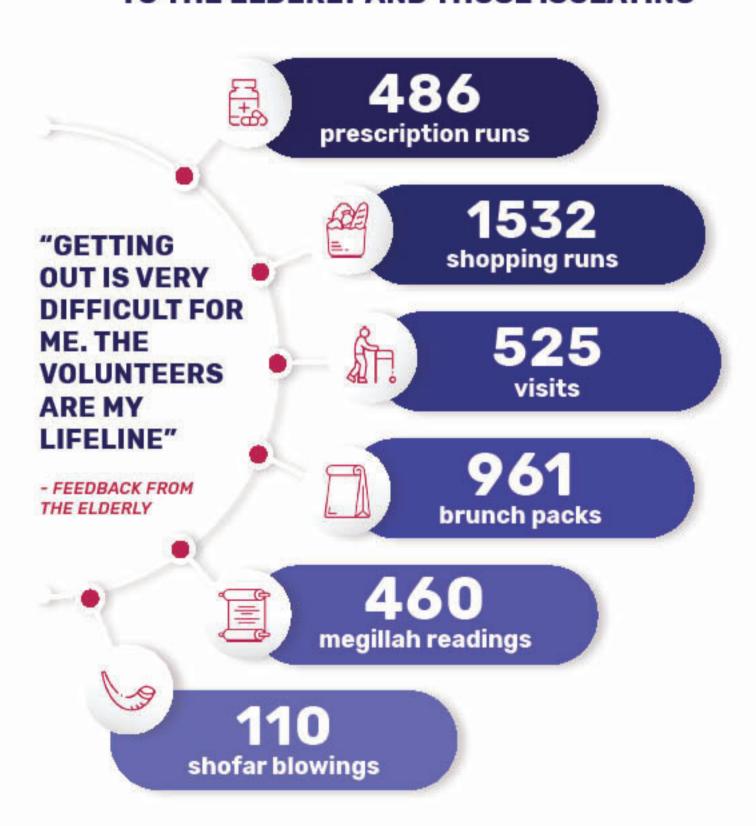


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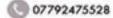


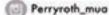
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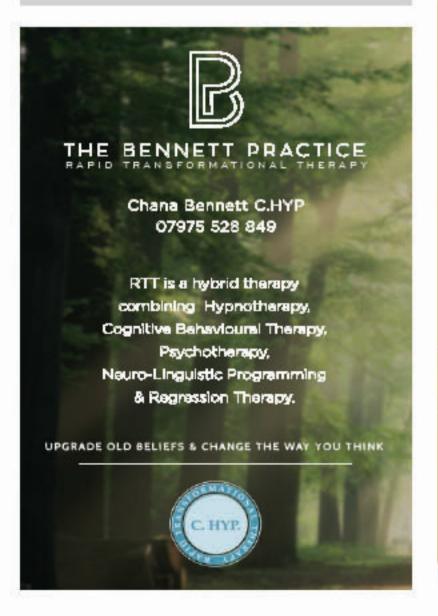
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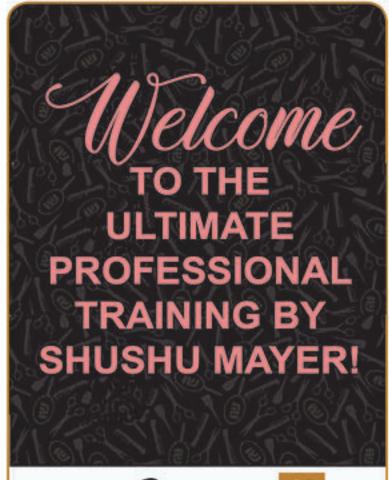
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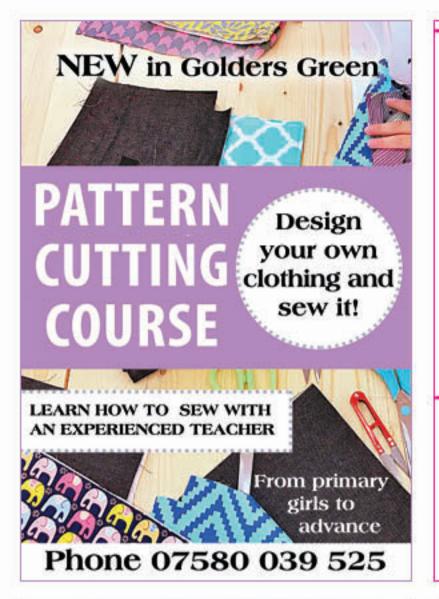
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Ladies, we are delighted to invite you to another fascinating afternoon

On Tuesday 8th February at 2.30pm



with Barbara Kessel

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Barbara Kessel was Director of Administration at the New York Board of Jewish Education for 25 years. Her freelance work has appeared in the NY Times and many other venues.

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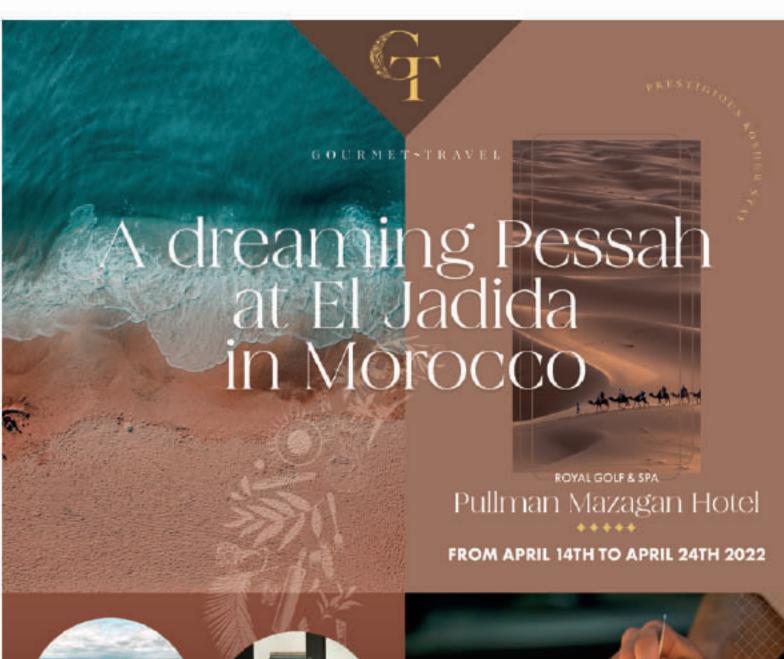
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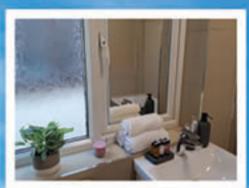




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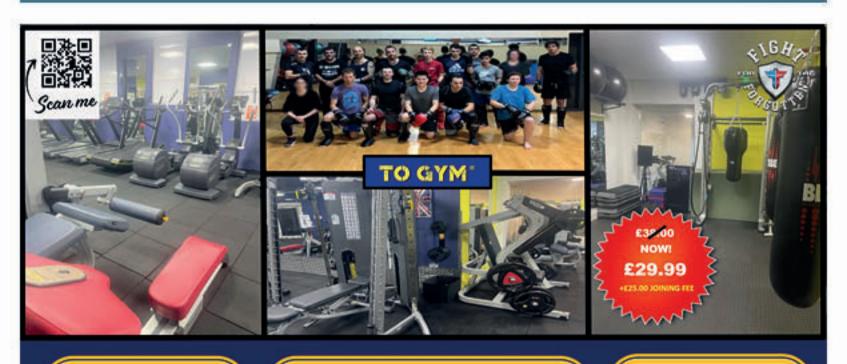
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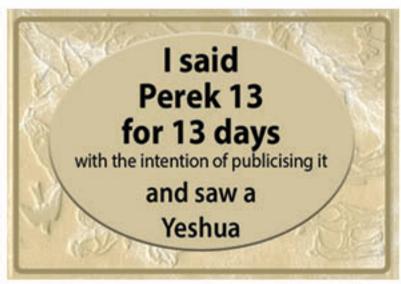
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or email
info@hheights.co.uk











Parkside, Dollis Hill, London NW2 6RI Tel: 020 8450 4377 email: admin@torahtemimah.brent.sch.uk

Torah Temimah Primary School

່າດສະ: Rabbi E Klyne MA (Ed) ຄຳວ່າວ Headbeacher: Mr M Coleman BEd (Hons), QTS, NASENCO

CLASS TEACHER (KS2)

To start in the Summer Term

Salary: Main Pay Range (Inner London)
Full time preferred, but we may consider part time.

Could you be the inspiring teacher our lovely children are waiting for?

With your excellent primary classroom practice, experience in KS2, and knowledge
and confidence in the full national curriculum, you'd be the perfect fit!

If you are looking for a very warm, welcoming, family-friendly, high-achieving and supportive school, with children who are motivated and eager to learn? That's us! We offer generous non-contact time, a terrific staff team, professional development opportunities, good location & travel connections, and easy parking.

Ofsted say we're 'Good' – parents and colleagues say we're "fantastic!"

Please contact Dinah Herman a.s.a.p. to discuss the position or to ask for an application pack. on 020 8450 4377, or email school.manager@torahtemimah.brent.sch.uk

Torsh Terrimsh is committed to safeguarding and promoting the welfare of all children and expects all staff and volunteers to share this commitment. Appointments will be subject to a satisfactory Enhanced DES check.



Beis Yaakov Primary School בעורש"ת.

373 Edgware Road London NW9 6NQ T 020 8905 9590

Supply Teacher

Required ASAP MPS/UPS, Full Time/0.7+

We are looking to appoint a motivated and inspiring Chol Class Teacher, immediately to cover staff absences.

We offer excellent training and career development opportunities, as well as an Ofsted-registered on-site Crèche (rated 'Good', January 2019).

We offer generous non-contact time, as well as a friendly and supportive staff.

For more information and an application pack, please contact the School Office by emailing ecohen@beisyaakov.barnet.sch.uk

Applications will be processed as and when they are received.

Our School and all its personnel are committed to safeguarding and promoting the welfare of the children. This post is subject to an Enhanced Disclosure Application to the Disclosure and Barring Service.



בעוהש"ת

373 Edgware Road London NW9 6NQ T 020 8905 9590

Office Assistant

Full Time Required for Immediate Start

We are looking to appoint a dedicated and hardworking individual to join our efficient and effective school office.

- Excellent organisational and IT skills
- Exceptional written and oral communication skills
- Strong attention to detail
- Excellent interpersonal skills

For more information and an application pack, please contact the School Office by emailing ecohen@beisyaakov.barnet.sch.uk or by phoning 020 8905 9590

Applications will be processed as and when received.

Applicants are advised to apply early.

Our School and all its personnel are committed to safeguarding and promoting the welfare of the children. This post is subject to an Enhanced Disclosure Application to the Disclosure and Barring Service.

Job Vacancy:

Looking for a personal assistant

I am a private individual owning several property companies with a portfolio of properties consisting of blocks and houses.

I am looking for a PA to oversee the daily running of my transactions and act as my right hand man.

Duties will include:

- Making sure the mortgage brokers have all info they need
- Making sure the book keepers have all info they need
- Overseeing consultants & professionals and obtaining any information needed.
- Gathering and keeping track of the above information and instructing the right professionals where needed.

The ideal candidate must have:

- A basic knowledge of Microsoft Office.
- Strong written and verbal communication skills.

Preferably, I would like someone to work at my office in Stamford Hill, however, if the right candidate must work from home then it could also be a possibilit providing they come to Stamford Hill for general meetings when needed.

Please email your CV to atofficedesk1@gmail.com for me to consider

JOB VACANCY

Busy office in Hendon is looking to recruit a reliable full-time administrator

Please email your CV to admin@bondcare.co.uk



Office Manager/ Administrator

Full time- 8.45-4.00 Required for April 2022

We are looking to appoint an experienced, organised and warm individual to join our expanding school.

The ideal candidate should

- Have excellent computer skills
- Have a professional and warm phone manner
- Work well under pressure
- Be able to take initiative

We offer

- A Professional Working Environment
- Ongoing Training & Professional Development
- A Warm and Caring Setting

Excellent remuneration for the right candidate.

Please contact the school office to discuss the position or request an application pack: office@ateresby.co.uk, 0208 059 6528

Ateres Beis Yaabov is a primary school, catering for girls from Charedi families. The school works together with parents to ensure each child can thrive and reach their potential in a safe and warm environment. The school provides a professional setting in which every child can develop their self-esteem and achieve in their education. Attens Beis Yaekov are committed to the safeguarding agenda and the position will therefore be subject to enhanced DBS checks.

27 Green Lane, London NW4 2NL

Tel. 0208 059-0528

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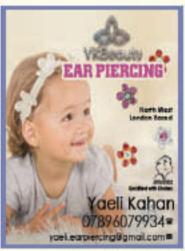
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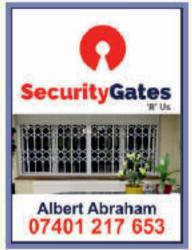




































Have QUESTIONS??

We can provide

ANSWERS and DIRECTION

R' Yitzchok Melber from Tahareinu will be coming to London next week Sunday 6th - Thursday 10th February to meet with couples.

If you would like to schedule a private meeting with R' Yitzchok to discuss any issue that Tahareinu deals with please send an email to office@tahareinu.com or call 020 3769 2941 and a private meeting will be arranged on a first come first serve basis.

INNOVATIVE AND EFFECTIVE MEDICAL SOLUTIONS FOR ISSUES RELATED TO FERTILITY, FAMILY PURITY AND WOMEN'S HEALTH

Classified

Useful numbers

Misc.



Ovulation & Pregnancy test strips gemach 50p a piece. Please call or text: 07950 406 522

Have you or someone you know moved to Golders Green or Hendon? Please text us your / their details, name - address - phone number & we will give you / them a FREE welcome pack. **Please call:**

Ricky: 07973 360 274 Chani: 07779 061 385 Edgware text Tanya: 07506 274 540

The Clothing Drive.. Collecting mens, ladies & children's clothing, shoes & linen in any condition. Shoes (only full pairs), pack separately. Towels, tablecloths, & linen, pack separately. £2 collection (more then 10 bags may be more).

Call/text 07411 229 354 or 07411 227 673

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Call/text 07772 779 756 | bishopslodges.com

MANCHESTER PRESTWICH: Luxury guest house, sleeps 12+ cots all amenities provided, amazing location one min from shops, shuls, restaurants, halls. Call 07791

172 377 | www.theparadisesuites.com

Manchester, Prestwich, 3 bed fully furnished house to let Short to medium term. Part week/weekly and monthly rates 07866 934 302

Gemach



Edgware & NW London, Shiva meal rota Gemach. L'ilu nishmas Dovid Elizer Ben Yechezkel. **Please call 07876 354 227**

Organisations

Contact Info

HATZOLA	0300 999 4 999
HATZOLA EDGWARE	0303 888 9999
SHOMRIM 24 HOURS	0300 999 1234
CHAVEIRIM	0300 0700 999
EMERGENCY	999
BONEI OLAM	020 8455 4321
CAMP SIMCHA	020 8202 9297
CHANA	020 8201 5774
CHAI CANCER CARE	020 8202 2211
CST	0800 032 3263
EZRA UMARPEH	020 8211 1010
BEREAVEMENT SERVICE (JBCS)	020 8951 3881
KOL HALASHON	020 8191 7000
KASPA SECURITY	07880 435 747
LECHEIRIS	0300 303 4747
LEV ECHOD CANCER CARE	07870 351 436
MARS REFUAH	020 3322 8586
MESILA	0333 344 1711
MISASKIM GG	0300 111 0333
MISASKIM EDGWARE	07989 999 645
MINYAN LINE NW	020 3670 6130
NSHEI CHAYIL	07574 018 331
PAPERWEIGHT	0330 174 4300
RELIEF	03333 445 595
SHEMA KOLI	020 3670 1818
SHIDDUCH PROJECT	020 3240 0117
SHMEICHEL	020 8800 0008
TAG GG	020 7112 4848
TAG EDGWARE	020 8952 5666
TAHAREINU	020 3769 2941



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MICHELLE

COLLECTION

NATURAL & LAB GROWN DIAMOND JEWELLERY

Information Page

Currency Exchange



Code	Currency	GBP \ Unit	Units \ GBP	
EUR	Euro	£0.83	1.20	
ILS	Israeli New Shekel	£0.23	4.30	
CHF	Swiss Frank	£0.79	1.24	
USD	US Dollar	£0.73	1.35	

Based on We doesday's Rates | Midwarket Rates



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T-020 8305 5101 M: 07976 297 891 E. DOLLARFX@AOL.COM



מנין צעטיל

פרשת תרומה

שבת מנחה	ערב ש"ק
מנחה שכת 12.34 צי ישיאל	ערכ שכת מנחת נדולה
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לו"נ הקדוש הבה"ח שמואל אליהו הי"ד ב"ר נתן פרץ יבלח"ט

Daily Times

	Friday	Shabbos	Sunday	Monday	Tuesday	Wedesday
שקיעה	4:55	4:57	4:59	5:01	5:02	5:04
לילוו	5:48	5:49	5:51	5:53	5:54	5:56

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- Asbestos
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