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19th March 2020
Starts: 17:59 Ends 19:06 (19:30)

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Pre-Pesach Guidelines (COVID-19)

With the global health situation continually unfolding, we wish to reassure the community that we are working to ensure the pre-Pesach period will be manageable for everyone.



WE ASK YOU TO JOIN US IN ACTING CALMLY AND RESPONSIBLY FOR THE SAFETY AND WELLBEING OF OUR STAFF AND CUSTOMERS.

STEPS WE ARE TAKING:

- All staff are aware of the situation. Handwashing is required on a regular basis and our cleaning staff regularly disinfect all touchable surfaces.
- Staff members who have been abroad must notify us so we can determine whether they should come to work.
- Staff members reporting with cold or flu-like symptoms are asked to stay home.
- We have placed a hold on all in-store tastings.
- We are doing all we can to accommodate our customers and keep prices fair under the circumstances.

STEPS YOU MUST TAKE:

- If you have cold or flu-like symptoms or have returned from an affected area overseas, please DO NOT visit our shop.
- In order to avoid crowding, please shop without children or extra family members. Please come prepared with a list so you can focus on getting your shopping done quickly and efficiently. (Please avoid socializing or congregation in or around shops.)
- You can minimize risk of contamination by carrying hand sanitiser, wipes and tissues with you. Avoid handshaking and cash handling—use a credit card if possible.
- We respectfully request that you refrain from eating or drinking on the premises.

THINK ABOUT OTHERS:

- If you know elderly or quarantined people who are unable to shop in person, offer to assist them with their Pesach shopping. Individual communities should make arrangements for their respective elderly and those who are unable to shop in person.
- Please remain calm and polite to our staff who are working extra hard during this period.
- **We ask you to work with us and show consideration by refraining from panic overbuying.**

BE PREPARED:

- We strongly recommend EARLY SHOPPING for Pesach to avoid crowds and disappointment.
- The service we offer this year may differ from previous years. Delivery and online shopping service will not be offered during this Pesach period due to limited staffing.

Assistance is being arranged within the community for those unable to shop in person, with no family or friends to assist. Please contact the following organisations directly.



Email
volunteer@gift.org
Shira Joseph
07801953207
02084574429



Email
office@shabbatwalk.org
Eliezer Gilbert
07506750023



Email
info@projectimpact.org.uk

We are continually monitoring the situation and may have to implement additional measures as required.

We want your shopping experience to be pleasant and smooth, despite the current global health situation and will do all that we can to assist you. Please note product returns will not be accepted during this seasonal period unless damaged.

Wishing you a Happy and Healthy Pesach



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CUSTOMER NAME:

DATE OF ORDER:

ADDRESS:

DATE OF DELIVERY:

TELEPHONE:

BEEF	QTY	WEIGHT
MINCE BEEF		
MINCE STEAK		
BEEF GOULASH		
PRIME BOLA GOULASH		
BEEF STIR FRY		
WHOLE SHIN		
SLICED SHIN		
CHOLENT MEAT		
CHOLENT RIBS		
TOP RIB ON BONE		
TOP RIB SLICED		
FLANK ON BONE		
BONELESS FLANKEN		
KNEIDEL		
FRENCH ROUND BOLA		
CHUCK SLICES		
FAIRY STEAKS		
GRILLING STEAKS		
PRIME BOLA STEAKS		
T - BONE STEAKS		
STUFFED BEEF OLIVES		
FLANK ON BONE		
BEEF OLIVES (10 PER PACK)		
LONDON BROIL		
FRESH BRISKET (FLAT)		
FRESH BRISKET (ROLLED)		
ROUND BOLA ROAST		
PRIME BOLA ROAST		
SIDE BOLA ROAST		
POT ROAST (NETTED)		
RIB EYE ROAST		
FRESH OX TONGUE		
PICKLED BRISKET (FLAT)		
PICKLED BRISKET (ROLLED)		
PICKLED WHOLE CHUCK		
PICKLED ROUND BOLA		
PICKLED PRIME BOLA		
PICKLED SIDE BOLA		
PICKLED OX TONGUE		
KOSHERED OX LIVER		
SHIN BONES		
MARROW BONES		

CHICKEN	QTY	WEIGHT
WHOLE ROASTERS		
SKINNED ROASTERS		
ROASTER IN 1/4s		
ROASTER IN 1/8s		
SCHNITZEL ROASTER IN 1/8s		
MINCED ROASTER in 1/8s		
ROASTER BREAST		
CHICKEN SCHNITZELS		
CHICKEN SCHNITZELS		
CUT & FLATTENED		
ROASTER LEGS		
ROASTER LEGS CUT		
CHICKEN DRUMSTICKS		
PARGIOT		
CHICKEN THIGHS		
WITHOUT BACKBONE		
CHICKEN THIGHS		
WITH BACKBONE		
BONELESS CHICKEN		
THIGHS (CAPONS)		
CHICKEN WINGS		
CHICKEN NECKS		
CHICKEN CARCASS		
CHICKEN MINCE		
CHICKEN GOJONS		
CHICKEN GOULASH		
CHICKEN STIR FRY		
STUFFED CHICKEN OLIVES		
CHICKEN LIVER		

TURKEY	QTY	WEIGHT
TURKEY SCHNITZELS		
TURKEY DRUMSTICK		
TURKEY WING		
TURKEY NECK		
TURKEY GOULASH		
MINCE TURKEY		
TURKEY BREAST ROLL		
TURKEY LEG ROLL		
PICKLED TURKEY		
BREAST ROLL		
PICKLED TURKEY LEG ROLL		
TURKEY CARCASS		
SLICED TURKEY DRUMSTICK		

LAMB	QTY	WEIGHT
LAMB CHOPS		
LAMB CUTLETS		
LAMB GOULASH		
LAMB RIBS		
LAMB NECK SLICED		
MINCE LAMB		
LAMB SHOULDER		
ON BONE		
LAMB SHOULDER		
ROLLED		
MINI LAMB ROLL		

COLD CUTS FRESHLY SLICED	QTY	WEIGHT
SALT BEEF		
PEPPERED SALT BEEF		
ROAST BEEF		
TURKEY BREAST		
PASTRAMI		
TURKEY LEG		
PASTRAMI		
ROAST TURKEY		
ROAST LAMB		

VEAL	QTY	WEIGHT
VEAL ROLL		
VEAL CHOPS		
VEAL CUTLETS		
VEAL GOULASH		

BOILERS	QTY	WEIGHT
BOILERS IN 1/2s		

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The Shuvu Schools Network comprises 69 schools, affiliated schools and kindergartens, embracing over 15,000 children and their families.

To find out how Shuvu is educating Jewish children in Israel, visit

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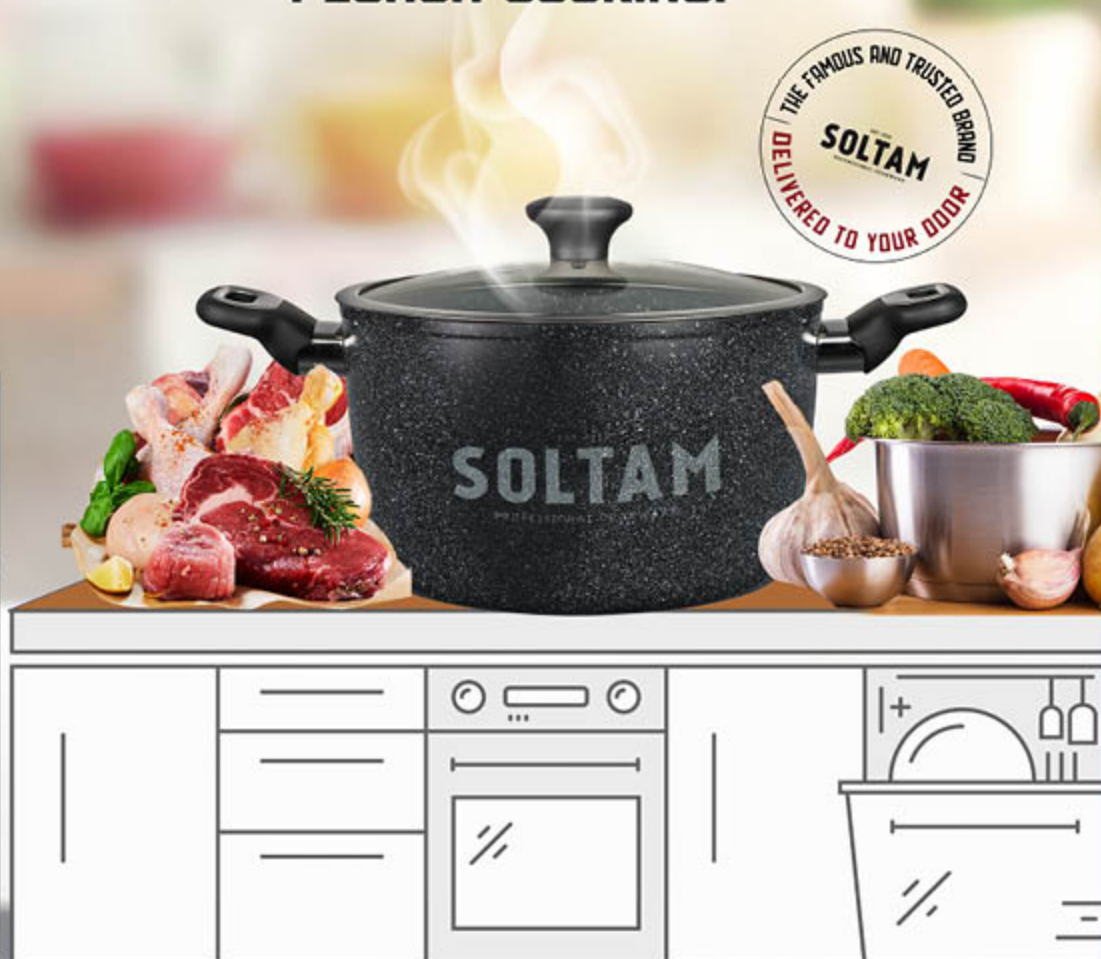
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A hand in a white sleeve holds a round, speckled Matzah over a large white letter 'Y'. The background is a vibrant red with a subtle texture. The words 'THIN' and 'A' are partially visible in white capital letters above the 'Y'.

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- Sweet sour red cabbage
- Fried mushrooms

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Pesach list

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- ☐ Grilled salmon £40
- ☐ Stuffed carp £45
- ☐ Gefilte fish £15
- ☐ Sea bass (fillet) £40
- ☐ Chicken blintzes £22.50
- ☐ Potato blintzes £20
- ☐ Chopped liver £8
- ☐ Chicken soup with lokshen (frozen) £25
- ☐ Cream of vegetable soup (frozen) £20
- ☐ Courgette soup (frozen) £20
- ☐ Roast Chicken leg £40
- ☐ Stuffed chicken (vegetable) £45
- ☐ Sweet and sour chicken nuggets £45
- ☐ Pargiot £40
- ☐ Shnitsel £45
- ☐ Duck breast £75
- ☐ Duck leg £60
- ☐ Roast beef £50
- ☐ Beef gulash £25
- ☐ Lamb cutlets £75
- ☐ Potato kugel £12
- ☐ Roasted potato £12
- ☐ Apple kugel £12
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- ☐ Courgette in tomato sauce £12
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- ☐ Mushroom £12
- ☐ Roasted vegetables £12
- ☐ Compote £15

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- ☐ Sweet and sour aubergine
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Round Bola		Roaster in 1/8's	
Side Bola Joint		Chicken & Turkey Mince	
Braising Steak			
Pot Roast		Roaster top Schnitzel 1/4's	
Cubed Chuck Steak		Roaster top Schnitzel 1/8's	
Prime Beef Goulash		Chicken leg 1/4's	
Chulent Meat			
Shin Goulash		Chicken Thighs Deboned	
Sliced Shin			
Fairy Steak		Chicken Legs Deboned	
Frying Steak			
T-Bone Steak		Chicken Drumsticks	
Ball of Rib Steak/ Joint			

Raw Brisket Roll/ Flat			Chicken Thighs	
Beef Spare Rib				
Koshered Ox Liver			Chicken Bones	
Pickled Brisket Flat / Roll			Chicken Wings	
Marrow bones – per pk			Chicken Necks	
Chuck bones – per pk				
Jelly bone – per pk			Chicken Liver Koshered	
American style flanken				
			Whole Chicken Schnitzels	
WHOLE DUCK				
PRIME CUT VIENNAS			Open Chicken Schnitzels	
PRIME CUT COCKTAIL				
			Chicken schnitzel in Goujons	
BOILER				
Boiler cut in 1/2			Chicken schnitzel in Cubes	
TURKEY			CHOPPED LIVER	
Turkey Drumstick			Chicken chopped liver	
Turkey Wing			Beef chopped liver	
Turkey Neck				
Turkey Breast Roll			LAMB	
Turkey Leg Roll			Lamb Chops	
Turkey Goulash Dark			Lamb Cutlets	
Turkey Schnitzel			Lamb Neck Sliced	
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Pickled Turkey Breast			Lamb Shoulder on Bone	
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(2 slices pp) £5, £9.75, £19

Fried Gefilte fish balls 12 balls £4.80

Stuffed Carp £15, £28.75, £58.75

HOT STARTER (packed in 2 or 4 or 8 portions)

Liver Blintz & red pepper sauce £8.75, £17, £33

Mushroom blintz & mushroom sauce £6.50, £12.80, £25

Chicken blintz with sweet & Sour sauce £8.75, £17, £33

Stewed chicken liver on bed of couscous £11, £21.50, £43

Moroccan white fish £11, £21.50, £43

Seabass Fillet £13, £25.75, £51

FISH MAIN (packed in 2 or 4 or 8 portions)

Grilled salmon in herb & lemon sauce £15, £29.50, £58.75

Grilled halibut £19, £37.50, £74

Almond crusted grilled trout £17, £33.50, £66.50

POULTRY MAINS (packed in 2 or 4 or 8 portions)

Roast Chicken Leg £13, £25.75, £51

Braised chicken leg (seder compatible) £13, £25.75, £51

Grilled Pargiyot £13, £25.75, £51

Chicken Schnitzel £15, £29.50, £58.75

Stuffed chicken with salt beef £18, £35.50, £70

Stuffed chicken with broccoli £16, £31.50, £62

Pan fried supreme duck with honey and ginger sauce

£25, £49.50, £98

Braised confit (leg) duck with orange sauce

£23, £45.50, £90

LAMB MAIN (packed in 2 or 4 or 8 portions)

Rack of lamb (4 bone rack pp) £58, £110, £218

Braised lamb shank (1pp) £48, £95, £188

Pan fried fillet of lamb £56, £108, £215

Breaded lamb chop (2pp) £25, £49.50, £98

MEAT MAIN (packed in 2 or 4 or 8 portions)

Tongue with sweet & sour sauce £19, £37.50, £74

Braised Steak in gravy (1pp) £26, £51, £100

Spare Ribs in BBQ sauce £24, £47.50, £94

Roast rib of beef with red wine sauce £20, £39.50, £78

Pickled Brisket £20, £39.50, £78

Meatballs in tomato sauce (5pp) £12, £23, £45

Beef Goulash £15, £29.50, £58.75

VEGETARIAN MAINS (packed in 2 or 4 or 8 portions)

Vegetarian Cutlet (2pp) £9, £17.50, £35

Stuffed Peppers with couscous & mushrooms

(2 halves pp) £12, £23, £45

Breaded Stuffed Aubergine with tomato and vegetable

concasse £17, £33.50, £66.



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Non Gebroks

SOUPS (served in 1 litre containers) serves approx. 4

Chicken soup £16

Matzo balls (10 pieces) £4.80

Courgette and lettuce soup £14.95

Vegetable Soup £14.95

Leek and Potato Soup £14.95

Roast plum Tomato £14.95

Asparagus Soup £14.95



SIDE DISHES (served in 1 litre containers) serves approx. 4

Roast potatoes £9.50

Rosti potatoes (8) £13

Mashed potatoes with caramelized onion £10

Fondant Sweet and White potatoes £15

Chateau Potatoes £14

Farfel with mushrooms £10



KUGAL (served in 1 litre containers) serves approx. 4

Potato Kugel £9

Apple Kugel £9

Broccoli Kugel £12

Two Layer Potato kugel, Potato & sweet potato £14



VEGETABLE SIDES (served in 1 litre containers) serves approx. 4

Courgettes in tomato sauce £12

Tzimmes £12

Red Cabbage £12

Sauerkraut £12

Continental Cabbage (tomato) £12

Roasted Veg £15

Ratatouille £12



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Strawberry & Apple Puree in Litre container £15

Apple & Pear compote in Litre container £15



Seder Plate (excluding lettuce) £9.50

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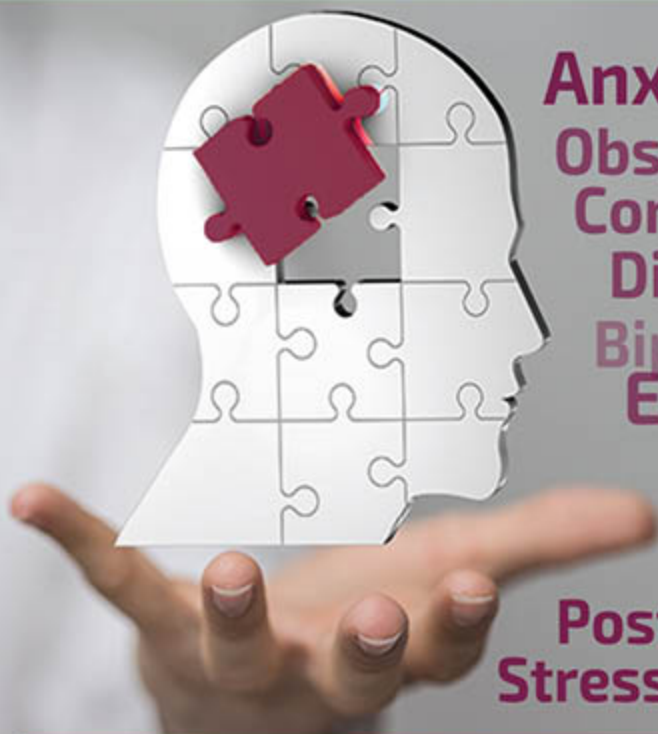
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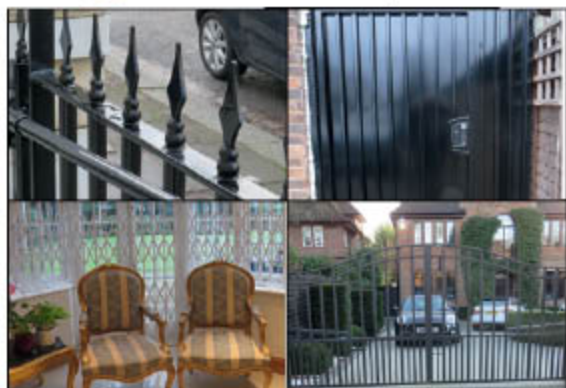


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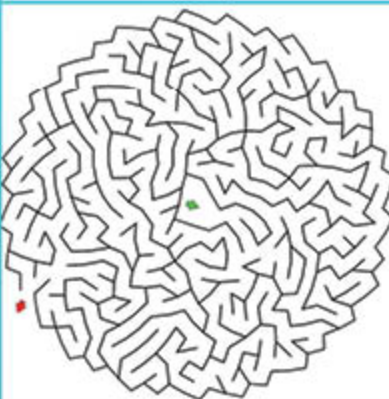
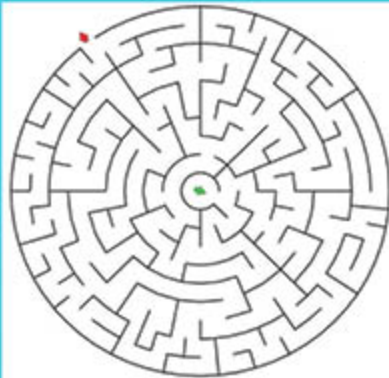


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DARK TAPESTRY

by Ruthie Pearlman

CHAPTER TWENTY-SIX

He coughed. "I'm just suggesting we might go somewhere and talk," he said. "And since we both have to eat, and since young Peter here has a wife and kids to go home to..." He stumbled. What was the matter with him? He wasn't a gauche young yeshivah student out on a shidduch for the first time. He was a man of the world. He had just broken up with a long-term girlfriend.

But he did not know how to talk to Leora Jakober. He was shuffling and coughing like a stupid schoolboy.

Leora helped him out of his misery. "Detective, as you say, we both have to eat, and I have nothing in this new apartment yet, so I would be delighted to join you for dinner at a kosher restaurant of your choice."

He grinned and named a local dairy restaurant. In truth, he had not bothered with eating kosher for so long — he barely knew the names of the local kosher establishments — but he passed this one almost every day, and it seemed bright and clean. It mattered a lot to him to take her to a nice place.

"I'll meet you there," Leora said. "It's only up the street, and I don't like being picked up from home. I'll see you there at seven."

"Why don't you like being fetched from home?" Colin asked, curious.

She smiled at him, her head on one side, like a bird. "Let's just say I value my independence too much."

Colin looked a bit crestfallen. "Okay, seven o'clock."

Outside, on their own, Peter turned to him. "Now, what the blazes was that all about exactly?"

"I've got to tell her I'm Jewish, so I am trying to find the right time and place to do it, that's all. She thinks I'm a nice gentile policeman."

Peter looked at him. "The heck she does, mate."

Colin felt extremely uncomfortable going into the kosher dairy restaurant with an uncovered head, so he compromised and put on a baseball cap. It made him look casual and cool, albeit not very dressed up.

He searched the crowded place for Leora. She was sitting at a corner table. He approached, feeling faintly ridiculous and exposed. In the Orthodox community of Golders Green, most people knew each other, and he was under considerable inquisitive scrutiny. He walked across the room to her table feeling as if he was on a catwalk and being examined minutely by everyone seated.

They ordered coffee, baked potatoes with toppings, and salad. After the potato, they drank their coffee and chatted easily, avoiding the subject of Josh Hardman. Finally, Colin realized the time had come.

"Okay, confession time, I guess," he said, flushing.

"I can hardly wait," she replied dryly.

"You aren't making this very easy for me, Leora," he complained irritably.

She put her hands up in a gesture of surrender. "Sorry. Go ahead. I'm listening."

"Well, I wanted to tell you that I am not quite the person you think I am." He stopped.

She smiled. "How do you know what I think you are?"

He looked confused. "Well, I presume you think I am a nice, simple..."

"Okay, I'll make this easier for you. I guessed you must be Jewish a little while back. All right? So now that we have that neatly out of the way, can we get on with our coffee?"

"How did you guess?"

"Oh, the way you used certain words so easily. It wasn't difficult."

"Ah. Right. Yes. Of course not."

She smiled again. "It takes a bit of getting used to."

I had always imagined you a Godless creature."
"I was for a while," he confessed. "For ten years."
"So what happened to change your mind?"

"Josh Hardman."

"You mean the whole frum thing has its attraction for you again?"

"I thought it was the last thing on earth I'd want to get sucked back into. But it seems my soul had other ideas." He gave her a small, shamefaced smile. "And in fact, it was Shake who turned me off religion in the first place. Well, not exactly, but he was instrumental in giving me a push along the way."

"Ah, I did wonder what your connection with him was."

"I'll be honest with you, Leora. I'm not frum again yet. But I think I'm on the right train now."

"Colin, I know where you're coming from. I've ridden that train myself."

CHAPTER TWENTY-SEVEN

Sarah Grossberg opened her daughter's front door with her own key. She was extremely worried about her daughter. Since the disappearance, she had taken to coming around every day to do a sanity check on her, and so far the score was getting lower and lower. In Sarah's opinion anyway. She liked to find her daughter at home, working on her computer or cooking supper. Ilana knew this and so she returned from her search in the afternoon and made a supreme effort to wait it out until her mother had paid her daily visit, reassured herself that Ilana was okay for the moment, and left again. Soon after her departure, Ilana put on her pale trench coat, scarf, and PVC boots, the uniform she had adopted for her search, and left the house. She also added a pair of dark glasses, incongruous in the gray drizzle, but they served as a shield, protecting her (or so she thought) against the prying, pitying eyes of her community. The way

a child playing peekaboo thinks herself invisible when her eyes are covered, so did Ilana feel invisible wearing her dark glasses. It made her feel safe on her safari to find her lost baby.

Sarah had heard about Ilana's search that morning. She was not a fool. Ilana would be out again this evening, calling her son's name on the streets of Golders Green. So she pretended to leave, parked her car out of sight, and waited to see her daughter exit the house wearing her bag lady outfit and dark glasses. She waited until Ilana was up the street, then, sighing deeply, she returned to her car and used her cell phone to call Don, who was still at the office.

"Don, you have to do something about Ilana," his mother-in-law began without preamble. "She is my daughter, and I love her dearly, but she is seriously in need of psychiatric help."

Don, who had this suggestion prodded at him at least half a dozen times that day from various sources, was not receptive.

"And what do you suggest I do exactly? Have her committed? Have her straitjacketed and sedated and declared insane for wanting to find her son?"

"After her search this morning, everyone is looking at me and feeling sorry for me for having a crazy daughter who wanders the streets."

Don lost his temper. "How about you stop feeling sorry for yourself and start thinking about how Ilana might be feeling right now?" he snapped. "She feels abandoned by the police and that woman from America who came over to supposedly help but who now seems to be gallivanting all over London enjoying the sights. She feels no one gives a hoot where her son is. Everyone has given up and assumed he's gone forever. Now tell me. How would you feel under such circumstances?"

There was a hurt silence. "There's no need to shout at me, Don."

To be continued...

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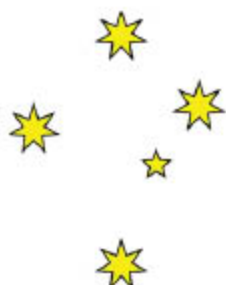
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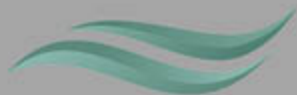
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Each puzzle consists of a 9x9 Sudoku grid containing areas surrounded by gray or dotted lines. The object is to fill all empty squares so that the numbers 1 to 9 appear exactly once in each row, column and 3x3 box, and the sum of the numbers in each area is equal to the clue in the area's top-left corner.

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New Life

It was 11:30 at night. Sitting at home, I was typing something on my smartphone.

Suddenly, I heard interesting sounds coming from the other room. Our tiny two-week-old newborn daughter was choking! She had spit up and was gagging, hardly able to catch her breath.

Panic mode. I raced over to her crib. Grabbing the baby, I tried to shake out whatever it was that was getting stuck in her throat. I tried again and again...

My wife was crying hysterically.

The baby was not showing any signs of proper breathing. About a minute passed and nothing improved.

Between her tears, my wife asked, "What do we do?"

"Call Hatzalah!"

The thought crossed my mind in a flash, and I nearly dismissed it just as quickly. I wasn't one to fall for *segulos*... But - perhaps I should get rid of my smartphone as a *zechus*?

The baby was weak. She didn't have energy for the fight to breathe.

I should really try C.P.R, I thought. But how? In the background, I

heard my wife giving our details to the Hatzalah dispatcher.

Transferring the baby to my other hand, I found myself rushing to the other room. I lifted my precious smartphone that I had been so involved in just three minutes before and flung it to the ground. It was still whole, still alive. I picked it up and threw it down again with force, until it shattered into many pieces. "*Ribbono Shel Olam*," I muttered a *tefillah*, "Take this instead of my child!"

I ran out to the porch thinking the crisp air might give some fresh oxygen to my choking baby. Not even half a second later, I watched my precious daughter open her eyes and look at me calmly as if to say, "Tatty, I'm okay!"

I couldn't believe it and placed my ear to her chest to hear if she was really breathing. Yes, she was! I heard the rhythmic pattern of her lungs, peaceful and regular, as if nothing had happened. Running inside, I called out to my wife, "She's okay! She's breathing normally!"

My wife was as shocked as I was. Just moments before, it had looked as if it was nearly over...

It was clear as day that my personal sacrifice had blown life back in to our baby. With a new level of appreciation, we held our newborn, thanking Hashem for my spontaneous fortitude and for the gift of our live little daughter.

I wasn't
one to
fall for
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Your Questions Answered

CORONAVIRUS Memo 2

This article has been endorsed by Dayan D.D. Dunner shlita, Dr J. Horowitz and Chaim Rand MBACP

Q: How can we deal with the stress and anxiety the current situation is causing?

A. It is very difficult to deal with the current situation without feeling stressed, anxious and worried. The underlying cause to these feelings is the fear of the unknown – uncertainty. Let us explore what uncertainty is and how we can deal with it.

Uncertainty

Uncertainty is the feeling of when you are no longer in familiar territory and are unsure of what lies ahead. Any change will be followed by some feelings of discomfort – at that point we make the choice to move forward and embrace the change despite of the discomfort. Some people may find that too difficult and retreat in fear back to the familiar. This happens when one finds it difficult to tolerate uncertainty. The following are helpful tips in dealing with uncertainty:

- 1) **Uncertain situations are certain to change** – During stressful times people often think that this situation will stay 'forever'. The concept of 'Gam Zeh Yaavor' is one that is useful to have in mind. It helps us to be more resilient and flexible to changes.
- 2) **Lower expectations** – When we anticipate specific outcomes we are setting ourselves up for frustration and disappointment when things do not go as planned. By lowering our expectations we are able to be happier with different outcomes and can explore new possibilities.
- 3) **Focus on what you can control** – there always are certain constants in our lives and these provide us with stability. Do keep to your daily routine – 'seder hayom'. This applies even to those who may find themselves in self-isolation. Establishing a daily routine helps us feel more grounded when other things feel up in the air. Stay positive, maintaining and introducing positive and meaningful activities. As 'maaminim bnei maaminim' we know that all is for the best and we have the ability to keep on davening and doing our hishtadlus.

At Zeh Lozeh we understand that many people struggle with fear, anxiety, and stress on a daily basis. Situations like these can aggravate those fears and difficulties. If you feel that your anxiety or stress is affecting your ability to properly function, it may be advisable to seek the services of a professional that can help you through this difficult period. We will b'n continue to provide our services during these times.

Please note that these answers are general guidelines. Each individual should consult with their Doctor/Moreh Derech.

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INTERNATIONAL TRANSFERS
FOR PERSONAL &
CONFIDENTIAL SERVICE

T: 020 8905 5101 / M: 07976 297 891
E: DOLLARFX@AOL.COM



WEATHER FORECAST

Thursday 19 March		8°C / 4°C
Friday 20 March		9°C / 3°C
Shabbos 21 March		8°C / 3°C
Sunday 22 March		8°C / 2°C
Monday 23 March		9°C / 2°C
Tuesday 24 March		12°C / 2°C

Weather Sponsored by



RYKAR
SUPPLIERS OF NEW AND NEARLY NEW LUXURY CARS & SUV'S
Customer Satisfaction Is Our Priority.

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גאלדערס גרין מנין צעטייל תש"פ

פ' ויקהל-פקודי

מנהל שבת		ערב שבת	
12.35	בית ישראל	12.45	ערב שבת
12.40	בית חורב, בית אברהם, ברידוס ליון		
	בית הנגאד		
12.45	בית חורב, בית חיים		
	21 Green Walk		
1.00	בית חיים		
1.15	בית חיים		
1.30	21 Highland Gardens		
	61 Cranbourne Gdns		
1.45	בית חיים		
2.00	בית אברהם (מאסניס)		
2.30	11a Green Lane		
מנהל שבת 3.45		מנהל שבת 5.59	
4.30	בית חיים	5.55	בית הנגאד, תורת חיים
5.00	בית חיים	5.56	מחזיקי הדת
5.30	בית חיים	5.59	אברהם, בית חיים, אלכסנדר
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Veggies Entrées

	QTY	SERVES 4	SERVES 8
Aubergine moussaka		£30	£55
Vegetable curry		£25	£45

Accompanying Sides

	QTY	SERVES 4	SERVES 8
Herbed roast potatoes		£12	£22
Potato kugel		£12	£22
Vegetable kugel		£12	£22
Roasted root veg		£12	£22
Ratatouille		£12	£22
Red cabbage		£12	£22
Honey glazed carrots		£12	£22

Salads & Dips

	QTY	
Coleslaw (1 Litre)		£12
Potato salad (1 Litre)		£12
Beetroot salad (1 Litre)		£12
Marinated vegetable salad (1 Litre)		£12
Cucumber salad (1 Litre)		£12
Chrayne (½ Litre)		£12
Grated horseradish (½ Litre)		£12
Mayonnaise (½ Litre)		£9
Matbucha (½ Litre)		£9
Aubergine salad (½ Litre)		£9
Charoses (½ Litre)		£15
Salt water (½ Litre)		£5

Desserts

	QTY	SERVES 4	SERVES 8
Apple & strawberry compote		£15	£28
Rhubarb & apple compote		£15	£28
			SERVES 10
Almond & plum crumble			£45
Chocolate torte			£45
Chocolate cremaux			£45
Chocolate & mango cremaux			£45

Email full orders to: judith@litke.co.uk

or  whatsapp to 020 3332 0555

Fill out 2 forms if you want a second delivery on Chai Hamood

Other Info:

We will also be catering fresh on Chai Hamood, so please fill in separate order forms for each delivery required*

Order deadline for ALL ORDERS - 26th March
Minimum order value £200

FREE DELIVERY within the M25*

Orders will be delivered fresh, subject to availability*
All food for reheating will be packed in oven-able containers

*T&Cs apply.

-Subject to availability. All orders will require pre-payment.
-Deliveries can be anytime time from 9am-10pm on the allocated days, and if no answer at the address at the time of delivery, we may require your order to be collected from our base.
-Soups, Desserts will be delivered frozen.



**Non
Gebrochts**

LITKE

CATERERS

PESACH CATERING ORDER FORM

NAME: _____

DELIVERY ADDRESS: _____

POSTCODE: _____ PHONE: _____

EMAIL: _____

DELIVERY ON: ☐ PRE YOM TOV
TUESDAY 7TH APRIL☐ CHOL HAMOED
TUESDAY 14TH APRIL

NOTES: _____

*Minimum order £200

Complete Seder Plates

	QTY	
Standard	☐	£20
Premium silver plated	☐	£70

Hors D'oeuvres

	QTY	SERVES 4	SERVES 8
Gefilte fish	☐	£12	£20
Cocktail fish balls	☐	£15	£28
Fried haddock	☐	£28	£54
Salmon fish cakes	☐	£28	£54
Poached salmon	☐	£30	£56
Moroccan salmon	☐	£34	£64
Beetroot & herbed gravlax platter	☐	£48	£90
Chopped liver	☐	£12	£20
Egg mayonnaise	☐	£8	£15
Chicken liver blintzes (mushroom sauce)	☐	£24	£45

Entrées

	QTY	SERVES 4	SERVES 8
Lemon & rosemary roast chicken	☐	£38	£70
Peri peri spatchcocked chicken	☐	£38	£70
Herbed grilled pargiyot	☐	£44	£80
Schnitzel in batter	☐	£38	£70
Chicken schnitzel	☐	£38	£70
Chicken curry	☐	£38	£70
Chicken nuggets in sweet n sour glaze	☐	£38	£70
Confit duck leg	☐	£60	£110
Seared duck breast	☐	£76	£140
Roast turkey with onion marmalade	☐	£40	£75
Beef bourguignon	☐	£48	£90
Meat balls	☐	£45	£86
Sliced braised beef in gravy	☐	£55	£105
Salt beef	☐	£65	£120
Shepherd's pie	☐	£40	£75
Lamb tagine	☐	£60	£115
Slow roasted melting lamb shoulder	☐	£55	£105

Soups

	QTY	SERVES 4	SERVES 8
Chicken soup & kneidelech	☐	£14	£25
Roasted butternut squash soup	☐	£14	£25
Winter vegetable soup	☐	£14	£25
Leek & potato soup	☐	£14	£25

**Non
Gebrochts**

www.litke.co.uk

020 3332 0555



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or whatsapp to 020 3332 0555
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