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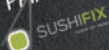
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The Local News cover includes several advertisements: 'This winter, don't just "get away" - Make a difference' (See page 2), 'YES ELEC' (FOR ALL YOUR ELECTRICAL NEEDS, 0207 101 4847), 'Lifepoint Healthcare' (Who Else Wants To Save Money On Their Company Health Insurance?, For a FREE QUOTE please call 020 3348 9848 | 0161 319 9948, www.lifepointhealthcare.co.uk), 'COMING TO GOLDERS GREEN' (SUNDAY & MONDAY, 10th - 17th JANUARY, SUITED), 'PARK HALL SUITES' (LUXURY APART HOTEL IN MANCHESTER TRADING, fully furnished, flexible, clean, great value, great food and service), and 'WHY DOES THE ABUSE STILL HURT?'.



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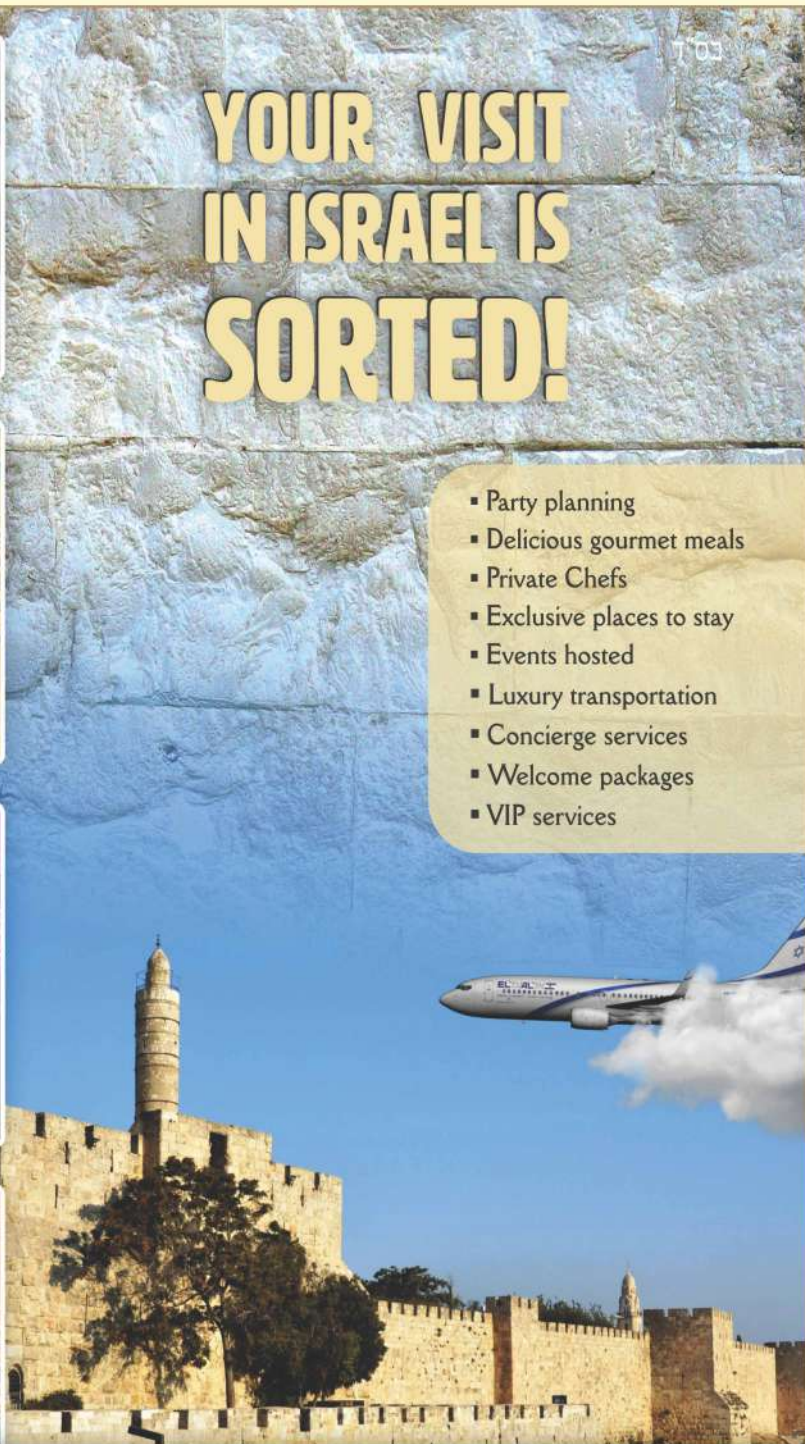
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Afternoons

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- able to contribute to, and work, as part of a team

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We are an Equal Opportunities employer and we are committed to safeguarding our school community. The appointment will therefore be subject to satisfactory references and enhanced DBS checks.



Torah Vodaas Primary School
Brent Park Road
NW9 7AJ
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Please email your CV to office@torahvodaas.org or call 020 3670 4670 / 07791 119 767 for more details.

Torah Vodaas Primary School is committed to safeguarding and promoting the welfare of all children and expects all staff and volunteers to share this commitment. Appointments will be subject to satisfactory references and enhanced DBS check.



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Tashbar Primary School
Moubay Road
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T: 020 8958 5162
E: office@tashbar.co.uk

Year 5 Class Teacher Maternity Cover

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- Passionate about enabling every child to fulfil their potential
- Demonstrate outstanding practice with high expectations of pupil attainment
- Able to contribute to, and work, as part of a team

We can offer:

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Your Questions Answered

Q: I was told that my child needs to be referred to CAMHS. What is CAMHS? What do they offer and how can they help us? Any information you can give us will be helpful.

A: **What is CAMHS?** CAMHS stands for Child and Adolescent Mental Health Services. Pronounced – Cams. CAMHS provide help for young people suffering from a range of difficulties.

What do CAMHS offer? CAMHS are specialist NHS mental health services for children and young people. They offer assessment, diagnosis, treatment and support for young people who are experiencing problems with their emotions, behaviour or mental health.

CAMHS teams are made up of a number of different professionals. In each case all of them are involved as a multi-disciplinary team (MDT).

CAMHS professionals include: Psychologists, Psychotherapists, Psychiatrists, Family therapists, Nurses and Clinical social workers.

How to get a referral? The most common way to seek a referral to CAMHS is via your GP. Note that your GP has to see your child in person so make sure to book the appointment for your child. You may want to book a double appointment so that you can speak to your GP first and then bring your child in. It is advisable to prepare the following list of what your child's issues are before you see your GP: (STIL is good list to have handy before any initial meeting with a mental health professional.)

Symptoms and behaviour of your child.

Timeframes: when they first started, and if or when they escalated.

Identify any triggers

Life - The impact the difficulties are having on your child's life, their school life, the rest of the family.

What to expect at the first appointment. You and your child will meet one or two people working in the CAMHS team. They will speak to your child, ask questions about how they are feeling, and what might be causing them to feel this way. They will also ask for your input throughout the assessment. They will then be able to consider the best course of treatment. After the first meeting, you will receive a letter explaining what was discussed, and what will happen next. Remember that CAMHS are here to help you and your child.

Please note that these answers are general guidelines. Each individual should consult with their Rav or Moreh Derech.

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MY NAME IS EMES

By **R' Fischel Schachter** & **Yonasan Schwartz** adapted/illustrated by **Tzai R. Pensky**



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MAY SIT DOWN
FOR A FEW
MINUTES...

OUR
STORY
TAKES
PLACE
A LONG
TIME
AGO, IN
COUNTRY
FAR FAR
AWAY...

HEAR YE! HEAR YE!
THE KING HAS CALLED
FOR AN URGENT
MEETING IN THE
PALACE FOR HIS
CLOSEST ADVISORS!
EVERYONE MUST
APPEAR IN ONE
HOURS TIME!

THIS HAS NEVER HAPPENED
BEFORE! WHY IS THE KING CALLING
HIS MOST IMPORTANT ADVISORS
FOR A MEETING SO EARLY?

I HEARD THAT A GEM IS MISSING FROM
HIS CROWN, AND ONE OF HIS CLOSEST
ADVISORS STOLE IT!!

SHUVU

From the Files of Shuvu

The following are just a few of the stories and statements mentioned on the radio during our special broadcasting day.

Mrs. Devorah Sofer, principal emeritus, Shuvu Rishon Letzion

"We educate our students with 'chinuch shel pa'am,' old-fashioned chinuch. Our students are taught to stand up when a teacher or visitor enters the class, a practice that sadly no longer exists in most of Israel. We teach out of love, teshuvah m'ahavah, and eventually the children want to adopt our lifestyles. I remember a third-grade student of mine, Tanya, who once came to school on Sunday completely sunburned. She had clearly gone to the beach on Shabbos. I didn't

rebuke her for going to the beach on Shabbos, but rather told her, 'Tanya! You must remember to put on sunscreen!'

"Speaking of going to the beach, I had another student, Paula, whose parents wanted to go to the beach on Shabbos. Paula had already decided to be shomer Shabbos and would not go, but knew she needed a good excuse for her parents. She made up that she had a math test on Sunday, which her parents naturally accepted.

"Nonetheless, I saw on Sunday that Paula was disturbed. I asked her why, and she told me she was upset that she had lied to her mother. While she was home on Shabbos the phone rang but Paula didn't answer. When her mother

came home she asked if anyone had called, and Paula lied and told her someone did but that she was in the bathroom and didn't

get to the phone on time. Today Paula lives in America, married to a chareidi dentist, and their son learns in cheder!"

Mrs. Tzipora Cohen, Shuvu Rishon Letzion teacher

"One Friday after we had been focusing on the topic of Shabbos, a boy came over to me and said, 'Morah, what should I do? My parents are making a birthday party for me tomorrow at Superland (an amusement park).' I replied, 'Hashem is with you. Think of what you can do for Hashem, even on Shabbos in Superland.' On Sunday the boy came over to me and said, 'Morah, my favorite ride in Superland is the racing cars. I made a point of not going on them! That I gave to Hashem!'"

Daniel, a student at Shuvu

"Who would believe that I'd be dealing with Havayos of Abaye and Rava in Bava Metzia? When I grow up, I'd like to be zocheh to make a siyum on Shas. This is thanks to Shuvu."



DARK TAPESTRY

by Ruthie Pearlman

CHAPTER NINETEEN *cont.*

"Will she be all right out there?" Colin asked, more out of curiosity for this woman's parenting methods than any real concern.

"Yeah," Peter answered for her with a world-weary father's dismissive wave. "Leave her to get on with it. Best thing."

The woman bade them all to sit around a large kitchen table and put the baby in his highchair where a pretzel kept him amused.

They soon elicited that her name was Shoshanah Segal, married to Jacob Segal, and that this wasn't their own home.

"We've only just returned from Israel. We lived there for the first few years after we got married," Shoshanah explained. "We rented out there, and we are renting here. For the time being anyway. We are in the process of doing up a house not far from here. Our own home at last! I can't wait."

"I see," Colin said. "And how long have you been in this house?"

"We've only been here a few days. End of last week. We arrived from Israel on Thursday and moved in here Friday. Luckily it's fully furnished, so we didn't need to do anything. It even has crockery and cutlery and pots and pans, although from what I heard from the agent, he wouldn't let the last tenant use them."

"Oh? Why is that?" Colin was aware that Leora had slipped out during this conversation, leaving the kitchen door ajar. The screaming from the living room seemed to have ceased to be replaced by the occasional hiccup.

"The agent specializes in kosher lettings, well, that's what goes around here. He told me the last tenant wasn't Jewish or wasn't frum — he didn't seem sure which — and either way it didn't matter. He locked away all the household utensils and told the last tenant he'd have to use

his own."

Colin felt a nub of excitement. "He? A man alone? Or was he with a family?"

"I don't think he had a family. Well, he certainly didn't have a wife from what I know. You'd have to ask the agent. I'll give you his number."

As she turned to get it, Mrs. Segal saw Leora busily bagging bits of fluff from the hall carpet.

"I know I should vacuum more often," she said, embarrassed.

"Oh, no. It's fine," reassured Leora, who was on her knees, collecting samples. "I'll take some samples from your garden on my way out. Just a little soil."

"Oh, I never vacuum the garden," Shoshanah said and grinned at the three startled faces.

CHAPTER TWENTY-ONE

Shoshanah followed them outside, carrying the baby. Goldie's tantrum had completely dissipated, and the toddler followed curiously.

"This garden looks as if it was recently cultivated," Leora remarked casually, bagging some soil samples.

"Yes, it was," Shoshanah replied. "I think when the last tenant left they did a bit of a rush job, laid some turf, put some 'instant garden' down — you know, plants from the nursery already in flower."

"Did you see what it looked like before?" Colin asked.

"Er, no. But I heard that the owner told the agent in no uncertain terms to get the garden done double quick because they'd never get the place let with it looking like a wilderness. They only had a day or two to do it, I think."

"Wonderful," Leora muttered sarcastically. "I would have liked to have seen the garden as it was before they put down all this instant garbage."

Peter squatted down in a corner and began worrying at the edges of the turf with his fingers.

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"What are you doing, Peter?"

"I'm just seeing if this turf might possibly not have taken root." He pulled and tugged at a corner. "Gotcha." Peter lifted a corner of the turf up completely, exposing the raw uncultivated earth underneath.

"I do hope they didn't put down compost or topsoil before they laid the turf," Leora worried, coming over to look. She bent down to examine the soil. "Bingo. I think we have liftoff," she said, opening an evidence bag.

"By the way," Colin said casually as they prepared to leave, evidence bags securely fastened, "did the previous tenant have a girlfriend, do you know?"

Shoshanah shrugged. "No idea. Ask the agent."

Leora had a question. "Is the back garden cultivated, too, or is it still a jungle?"

"Same thing," Shoshanah said. "There's one of those Anderson shelters still from the war, I think, ugly things they were, so the gardener turfed over it and they planted daffodils. It looks lovely now."

They all thanked her and walked off down the path. As Shoshanah Segal turned to go into the house, Colin said casually, "Does this house have a computer?"

She stopped dead. "No, why? I think there was one, though. There is a desk with a space for one upstairs."

"Phone line nearby?"

"Yes, I think so. Why?"

"Nothing. Thanks, Mrs. Segal."

Back in the car, they all looked at each other.

"I think the Fox was there," Leora said.

They all nodded.

"Let's see what we can find out from the agent, and then it's back to Karen Whitestone," Colin said, revving the engine.

"Oh, bother, it's Sunday. The agents will be closed," Peter said suddenly, slapping his thigh.

"Vee heff our veys," Colin said with an evil snicker. They drove up to the agent's offices, ascertained that they were indeed closed, and then Colin made a quick call to the station, which elicited the agent's home address and number. He then phoned the agent's home and told him not to go out, that they were on their way over.

"Good move," Leora said, sitting upright and looking pleased.

Mike Younger was, like his name, young, eager, and overendowed with an extra helping of the purple prose necessary to sell undesirable residences. He had black, slicked-back hair and smooth tanned skin (no doubt as a result of expensive foreign holidays paid for by unsuspecting purchasers) and wore a pinky ring. "Sorry for disturbing you on a Sunday," Colin began.

"That's all right. Police officers, you say. Always delighted to help the law. Please, come in, sit down. Can I get you anything? Coffee, tea, something long and cool, maybe? With a cherry and an umbrella?"

"You're not renting us one of your poky little flats now," Colin said with a grin, "so just relax. We don't need anything except information."

"Officer, I don't lease poky little flats. Only highly spacious and luxurious residences."

Colin had an almost unrestrainable urge to go on the attack about estate agent-speak, but managed to hold back. He named the address at which Shoshanah Segal was now living.

"Oh, yes," Mike Younger said. "Lovely property, mid-wars construction, recently refurbished and extended, now a spacious family home comprising —"

"We need to know who was the tenant before the Segals," Peter interrupted him in mid-purple prose flow.

To be continued....

You're reading Dark Tapestry. Get the rest of Ruthie Pearlman's gripping thrillers either in your local Judaica store, or check out her website at www.ruthiepearlman.com to link to Amazon. Also two books are in audio book format at www.mostlymusic.com



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2			1				4	8
5				2			7	
8		4				1		3
	9			1				4
3	6				4			2
	5	8		7				9
								5

HARD PUZZLE

				4	7	6		
			5					2
				3	8		7	
					2		4	3
	6	7				8	9	
3	4		1					
	2		9	1				
1						4		
		4	7	8				

Each puzzle consists of a 9x9 Sudoku grid containing areas surrounded by gray or dotted lines. The object is to fill all empty squares so that the numbers 1 to 9 appear exactly once in each row, column and 3x3 box, and the sum of the numbers in each area is equal to the clue in the area's top-left corner.



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Thursday		9°C / 4°C
12 Dec		
Friday		8°C / 4°C
13 Dec		
Shabbos		7°C / 4°C
14 Dec		
Sunday		8°C / 4°C
15 Dec		
Monday		8°C / 4°C
16 Dec		
Tuesday		7°C / 3°C
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גאלדערס גרין **מנין צעטייל** תש"פ

פ' וישלח

מנחה שבת	ערב שבת
12.30 אור דוש, בירושלם ליון	מנחה גדולה
נאדיר אברהם	עץ חיים 12.30
12.40 בית אברהם	
12.45 עץ חיים	
21 Green Walk	
1.00 חורף משה	3.35 הדלתה הגרועה
1.15 בית ישכר דוב	מנחה וקבלת שבת
63 Cranbourne Gdns 1.30	מחזיקי הדת 3.33
2 Highfield Gardens	אברכים, אור דוש, אמרי שפר 3.35
1.45 סיני	בית אברהם, בית ישראל
2.00 בית אברהם, ג'ג ב"ה	בית תפילה, ג'ג ב"ה, גור
2.13 מנחה קטנה	הענדאן, עדה, נאדיר הענדאן
11a Green Lane 2.30	סיני, עץ חיים
אברהם 3.00	קהילת אהל משה, שערי תפילה
עץ חיים 3.05	חורף חיים
בית ישכר דוב 3.10	SAGE, Jle
בית תפילה, סיני SAGE 3.15	ברידוש ליון 3.36
אור דוש, קהילת אהל משה, Jle 3.20	בית ישכר דוב 3.38
בית אברהם 3.25	היכל מנחם 3.43
נור 3.27	
ג'ג ב"ה, מחזיקי הדת 3.30	
נאדיר הענדאן 3.35	
אלכסנדר 3.35	
ברידוש ליון 3.40	
היכל מנחם 4.00	
	בית שמואל, נשמת ישראל 3.45
	סאטוב
	תפארת ישראל
	23 Green Walk 3.50
	עשרת צבי 3.51

פ' וישב

מנחה בחול	ערב בחול
2.12-2.13 מנחה קטנה	12.30 (ז - ב) עלי ליון
(X) בית ישכר דוב 2.20	12.40 בית ישכר דוב
(ז - ב) בית ישכר דוב 2.30	12.45 כנסת ירושלים, סאטוב
(X) בית ישכר דוב 2.40	(X) ג'ג ב"ה
חיי עולם 2.45	1.00 בית אברהם, בית ישכר דוב, עץ חיים
(X) בית ישראל* 2.50	1.05 סני, קהילת אהל משה
בית ישכר דוב 3.00	1.15 הענדאן, עדה, כולל ג'ג
(ז - ב) תפארת ישראל 3.15	21 Green Wk (X)
בית ישכר דוב 3.20	1.30 בית שמואל
(ז - ב) פערדרישן 3.30	1.40 בירידוש ליון, סאטוב
הענדאן עדה*, נאדיר הענדאן* 3.35	1.45 (X) בית ישכר דוב
חורף חיים	
נור (X) 3.36	
נר ישראל* 3.37	
(X) נשמת ישראל* 3.40	
בית ישכר דוב, בירידוש ליון* 3.40	
ג'ג ב"ה, מחזיקי הדת* SAGE 3.45	
אור דוש* 3.51-3.52	
שקיעה 4.15	
בית ישכר דוב, בית שמואל 4.20	
(X) תפארת ישראל*	
	מערב בחול
	6.00 בית ישכר דוב
	6.20 בית ישכר דוב
	6.30 (ז - ב) כולל ארנאל
	6.40 בית ישכר דוב
	6.50 בית ישכר דוב
	6.55 בית ישכר דוב
	7.00 בית ישכר דוב
	7.15 בית ישכר דוב
	7.20 בית ישכר דוב
	7.30 בית שמואל, בירידוש ליון, 21 Green Wk
	(ז - ב) ואסנאן דר, הענדאן עדה, נאדיר הענדאן, סאטוב
	7.40 בית ישכר דוב
	7.45 כנסת ירושלים, סיני, קהילת אהל משה, Jle
	7.50 בית ישכר דוב, בית אברהם, ג'ג ב"ה, נור, הענדאן עדה
	(ז - ב) מחזיקי הדת
	8.15 (ז - ב) סאטוב
	8.20 אברהם שפר, בית ישכר דוב
	8.30 סאטוב
	9.05 בית ישכר דוב
	9.20 בית ישכר דוב
	9.40 בית ישכר דוב
	10.00 בית תפילה, בית ישכר דוב, בירידוש ליון, נור, עץ חיים, קהל תפילה
	(X) בית שמואל עדה
	10.15 נשמת ישראל, סיני, כ' אהל משה
	10.30 בית ישכר דוב
	11.00 בית ישכר דוב
	11.30 בית ישכר דוב

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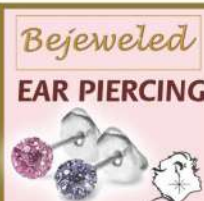
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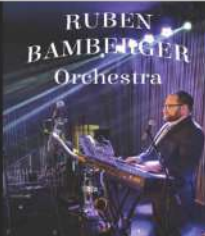
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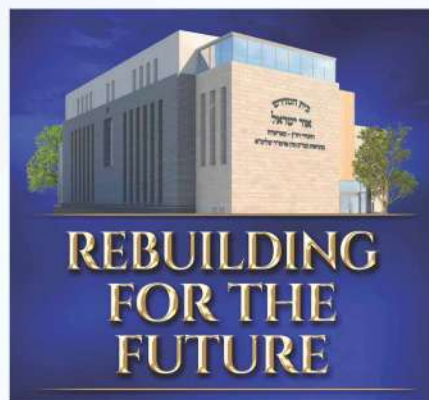
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THE REBUILDING OF THE SADIGER BEIS HAMEDRASH IN LONDON



Q & A with R' Nuchi Bude, founding Gabbe, and R' Yossi Roth, the current Gabbe. Prepared by Dr Benji Schreiber.

R' NUCHI: TELL US ABOUT THE ORIGINS OF SADIGER?

Rav Yisroel Friedman of Rizhen, the Heilige Rizhener, moved to Sadiger in 1842/5602 where he set up a beautiful beis haMedrash which attracted tens of thousands of Chassidim. After Churban Europa it was built up again in Eretz Yisrael by Rav Avraham Yaakov Friedman zy'a, the Avir Yaakov, followed by his nephew, Rav Mordechai Sholom Yosef Friedman zy'a, the Knesses Mordechai the Rebbe Shlita's grandfather.

Rav Avraham Yaakov Friedman zy'a, the father of the current Rebbe, moved the Chassidus from Tel Aviv to its current headquarters in Bnei Brak and set up additional kehillos in Tzfas, Modiin Eilit, Beit-ar, Ashdod, Yerushalayim, and of course in London!

What is Chassidus Sadiger best known for?

This holy shalsheles is directly descended from the Maggid of Mezeritch zy"a. The Chassidus of Sadiger has always been known for malchus, majesty & splendour reflecting and inspiring the kovod of malchus shomayim, bringing warmth to Yidden of all backgrounds and always emphasising sholaim and achdus.

Tell us about the origins of the kehillah in London?

The London kehillah has known the Sadigerer Rebbe, Rav Yisroel Moshe Friedman shlit'a, for many years. The nucleus of the Shul was from a group of baale batim in Golders Green who hosted a weekly Or Hachaim HaKodosh shiur and other Shiurim, given by the Rebbe shlit'a.

Over 25 years ago, at the behest of the previous Rebbe zy'a the Beis HaMedrash Or Yisrael in London was set up and led by today's Rebbe. His presence has been felt by the whole community, and his shiurim and guidance were sought by many.

R' Yossi: Tell us about the recent years in the Beis HaMedrash?

With the petirah of the Rebbe zt'l, yibodel lechaim toivim ve'aruchim the then Rov of the Beis HaMedrash moved to Eretz Yisrael taking on the mantle of Rebbe.

The Rebbe Shlita's son, HaRav Aharon Dov Ber Friedman shlit'a became Rov of the Beis HaMedrash in Golders Green. He has continued with Shiurei Halacha and the weekly Or Hachaim Hakodosh Shiur

and has put a strong focus on the welfare of the younger boys, holding a regular Sheves Achim and chaburos while the Rebbetzin has been leading the Shul's chess activities.

Is there anything you wish to highlight about the Shul?

Many are not aware of the fact that Sadiger Beis Hamedrash is a tremendous 'Achsanya Shel Torah'. The doors of the Shul open every morning at 5.30am with a choshuver Kollel Boker before Shacharis, led by Rav Osher Sternbuch and managed by R' Benzi Noe, R' Dovi Segal and R' Shuly Myer. The Kollel has just started learning Maseches Yuma and all are invited to join!

There is also a morning kollel, Kollel Keser Yisroel, for retired baale batim led by Rav Mattisyahu Lawrence learning gemoro and halacha. There is a daily Daf Yomi shiur for both Shul members and members of the wider Kehilla.

Amongst the most beautiful moments are the hour of the Ovois Ubonim programme and the Tuesday evenings - when the Shul fills up with the Kol Torah of the MHGS boys learning beChaburoh under Rav Reuven Ross.

Why are you rebuilding?

We are rebuilding for the present and the future. Boruch HaShem as a popular shul, we struggled to accommodate the current burgeoning membership and the married children of our existing members. With a larger building we will be able to welcome the many others who are looking for a vibrant and welcoming Beis HaMedrash with a warm davening.

So what's special about this project?

Boruch Hashem, over the last few years there is a wonderful trend of Botei Midrashim being built and developed. We may call this period the Renaissance

of NW London's Shuls and Mosdos. I wish to emphasise that the Beis Hamedrash which is now being built bs"D, is a result of a long and careful design process. We first applied for permission to redevelop 269 Golders Green Road back in August 2008!

We have now achieved permission to develop 94% of the land which is triple the total area of the old Shul Building.

The size of the Heichal Beis Hamedrash, the Mens's section and the Ezras Noshim, will be more than doubled, in addition to the fact that the height of the ceilings will significantly raised enhancing the gallery opening from the Ezras Noshim.

Moreover, our aim is that the new and purpose-built Beis Hamedrash will be a beautiful Shul; an inspiration and a fitting 'Beis Hashem'.

How do you feel about reaching out to the wider community?

For the last two years we have approached our members solely, to contribute towards the project. However we have now reached the point where we need help from the wider Kehillah, and as the **נביא ישעיהו** says **איש את רעהו יעזרו ולאחיו יאמר חזק**!

Moreover, we feel that the whole Community will gain spiritually and practically from this project. Not only do we have the daily Kollelim, Minyonim and Shiurim, which many non-Shul members attend but in addition this project will enhance communal services including a large men's Mikvah and a Simcha Hall which will be enjoyed by everyone.



REBUILDING FOR THE FUTURE

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**This Motze Shabbes
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