

# THE NW LONDON LOCALNEWS

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Issue 716

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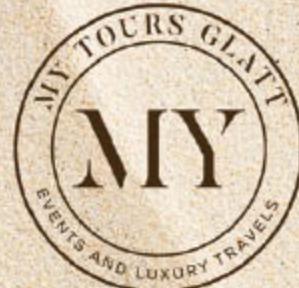
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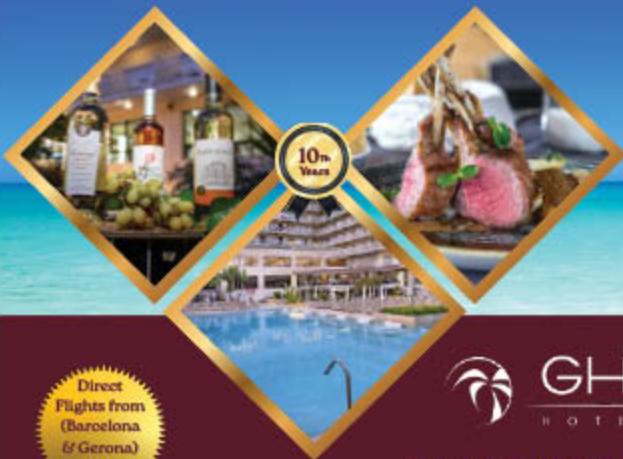
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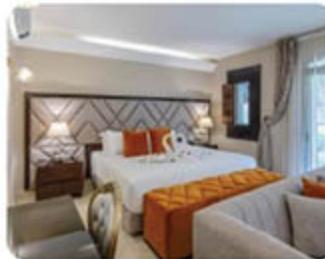
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What would I do to hear  
the laughter and the cries?  
To sit on the floor and play,  
To build up castles and  
bring them down,  
And not feel the ache  
of an empty house?

I would do  
whatever it takes

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WHATEVER  
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What would I do to make my  
deepest dream come true?  
To replace the aching silence  
and the broken heart,  
To come home after a long day  
and be met by chaos, joy, and hugs?

I would do whatever it takes



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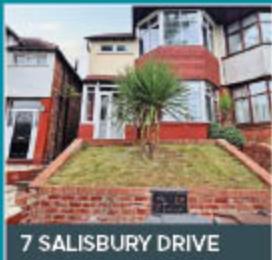
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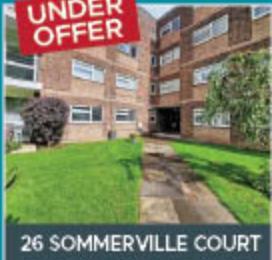
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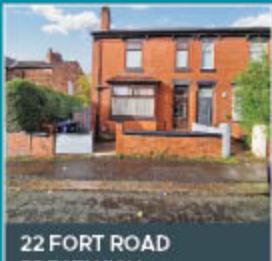
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FRI

10:00

6:30

NEW 09:30

06:30

9:15

06:30

TOTAL BODY SCULPT

WORKOUT WITH TAMAR

PILATES SCULPT

BOXING + TONE

LEGS, BUMS, TUMS

BODY PUMP

NEW 19:30

09:30

10:30

09:45

10:15

9:30

DANCE FIT

PUMP IT UP

PILATES

BURN

CIRCUIT

BURN

10:30

18:30

20:15

11:15

10:30

SHRED

TEEN ZUMBA + TONE

ZUMBA + TONE

PILATES

PUMP IT UP

7:30

TEEN ZUMBA + TONE  
YRS 7+8

18:30

MOTZEI

CIRCUIT

8:30

19:30

TOTAL BODY SCULPT

PUMP IT UP

18:30

TEEN ZUMBA + TONE  
YRS 9+10

NEW 19:30

PILATES

1.5 hrs after

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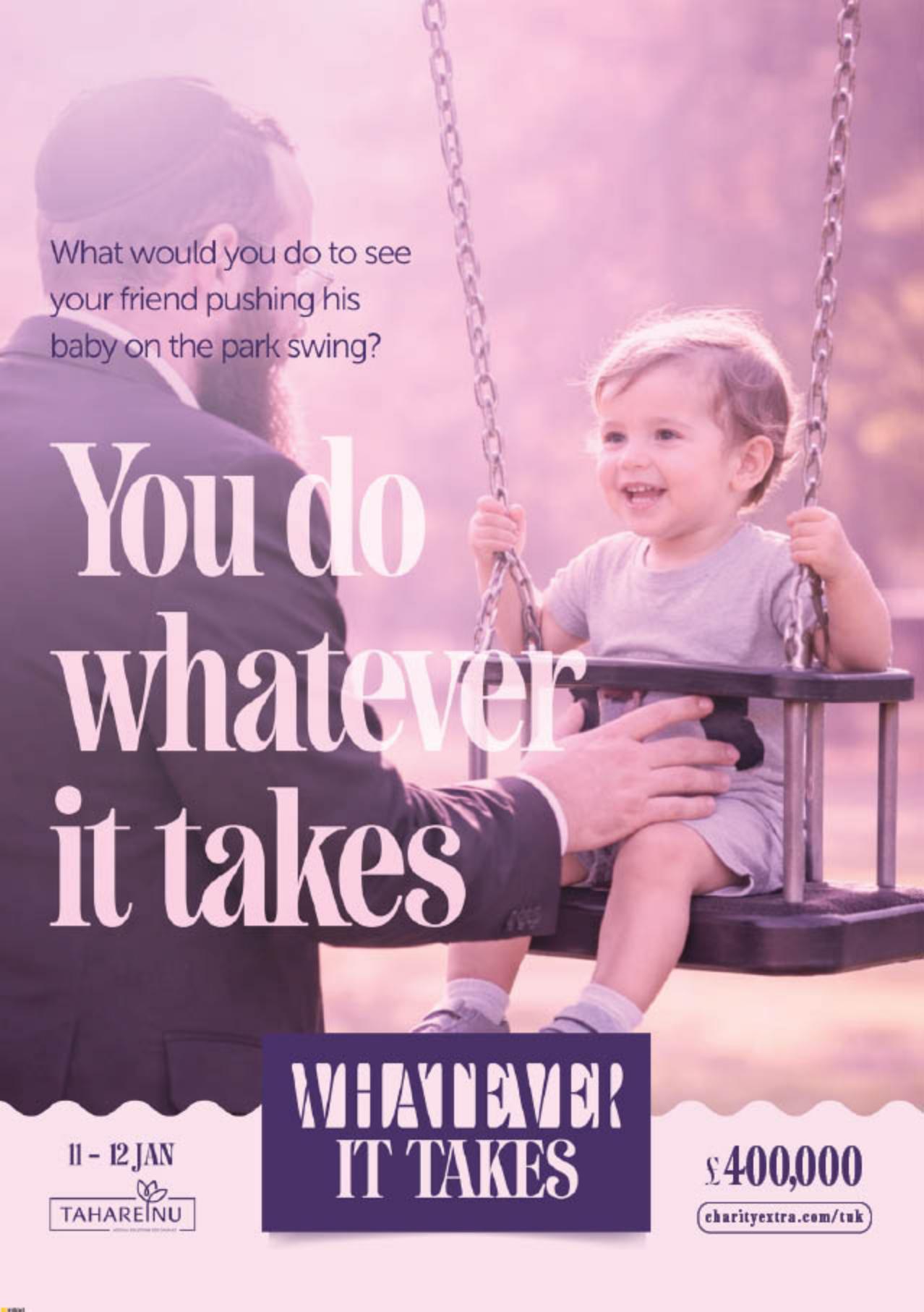


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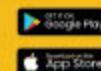
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# TAG

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GUESTS ELI & LEAH SELIGER

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**EPISODE 12 | 10.01.26**

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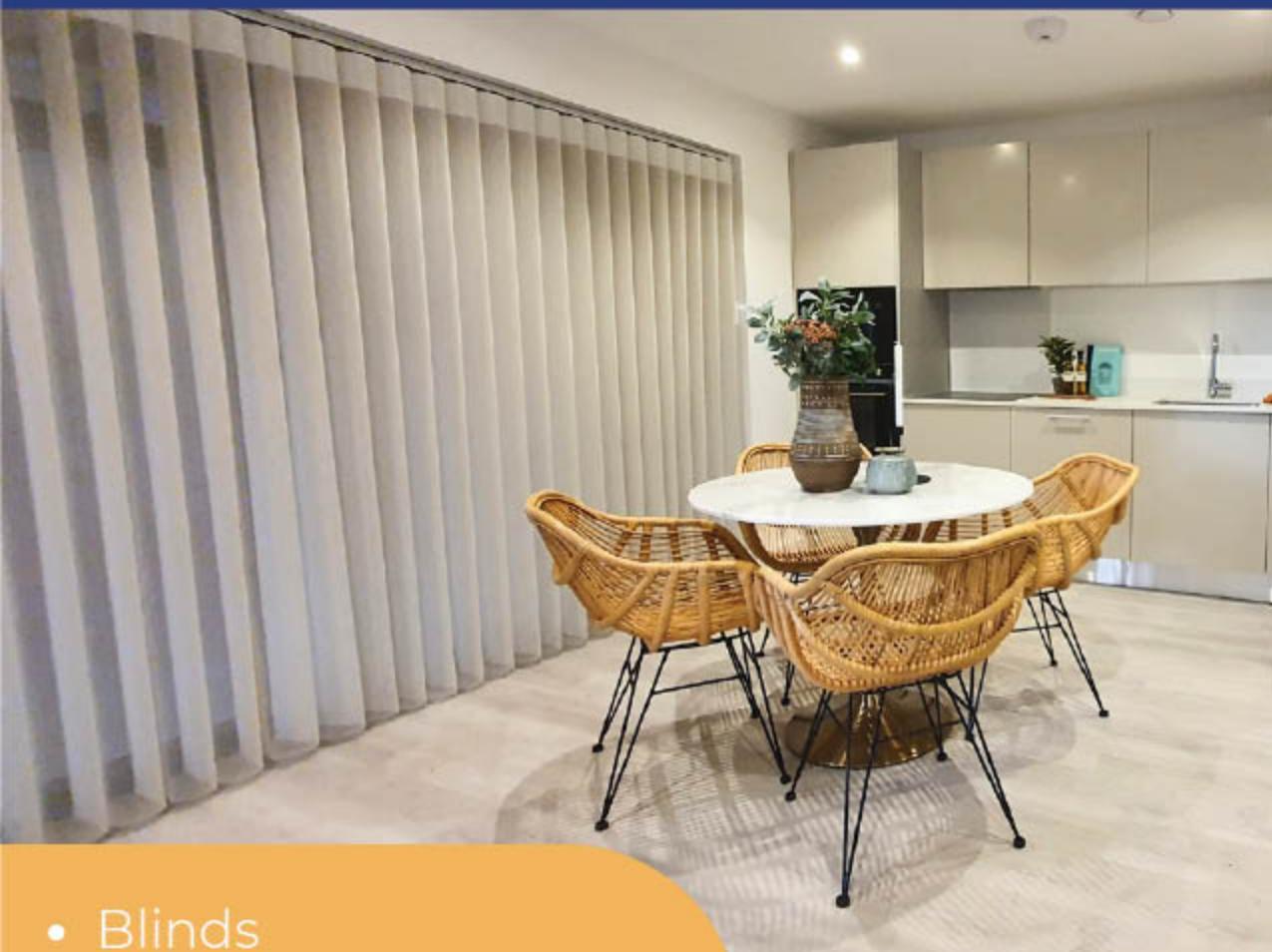
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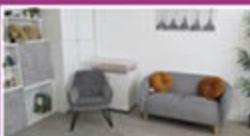
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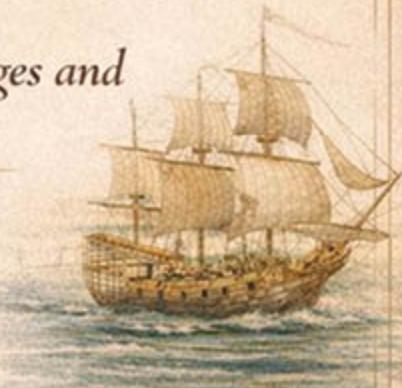
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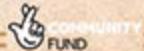
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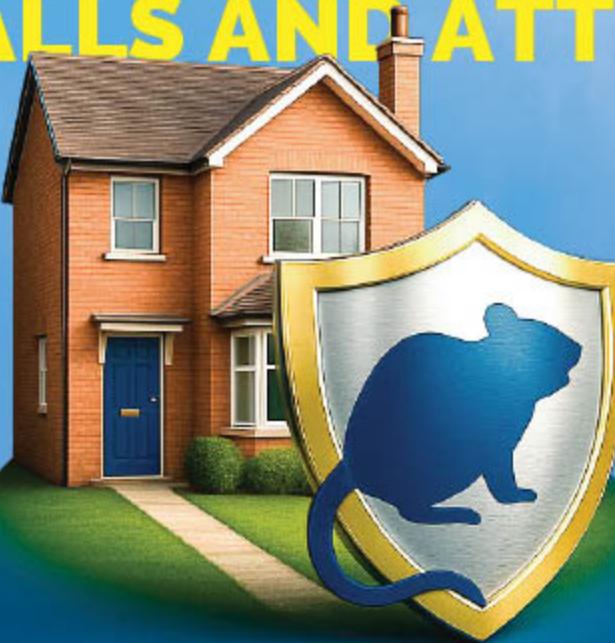
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seeks to appoint an ambitious and professional

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To request an application pack and for any further information, please contact the selection panel via the school office.

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Visits to the school are warmly welcomed and strongly encouraged.

*We are committed to safeguarding and promoting the welfare of children. The successful candidate will be subject to a Disclosure and Barring Service (DBS) check.*

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Headteachers: Kodesh: Mrs S Kaplan | Chol: Mrs M Roth

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**We offer:**

- A thriving happy school.
- A welcoming, positive and friendly staff team, dedicated to enriching our students' lives.
- A warm, calm atmosphere with nurturing values.
- Motivated, well behaved and enthusiastic learners.
- Opportunities for professional development.

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PLEASE CONTACT THE SCHOOL OFFICE TO REQUEST AN APPLICATION PACK.  
ADDRESS: 27 GREEN LANE, NW4 2NL  
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# Ateres Beis Yaakov Primary School

Headteachers: Kodesh: Mrs S Kaplan | Chol: Mrs M Roth

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**We offer:**

- A thriving happy school.
- A welcoming, positive and friendly staff team, dedicated to enriching our students' lives.
- A warm, calm atmosphere with nurturing values.
- Motivated, well behaved and enthusiastic learners.
- Opportunities for professional development.

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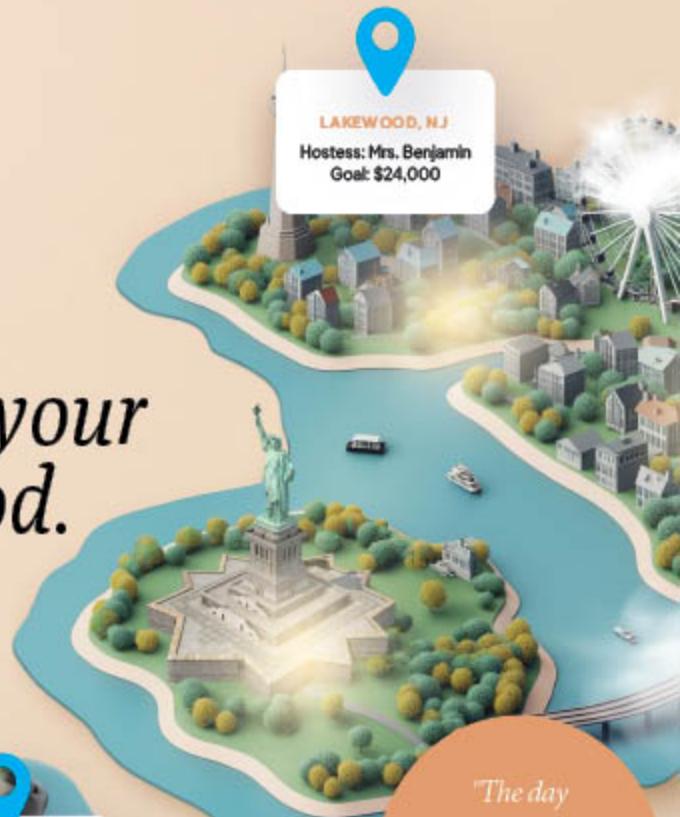
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• Before you can tell others about Jesus, reflect upon who

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<b>EUR</b>	Euro	<b>1.15</b>	0.86
<b>ILS</b>	Israeli New Shekel	<b>4.28</b>	0.22
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