

# THE NW LONDON LOCAL NEWS

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8<sup>th</sup> January 2026  
17:27 ל"ת | 17:10 שבת | 15:56 גרות חדלקת

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What would I do to hear  
the laughter and the cries?  
To sit on the floor and play,  
To build up castles and  
bring them down,  
And not feel the ache  
of an empty house?

**I would do  
whatever it takes**

**WHATEVER  
IT TAKES**

  
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and the broken heart,

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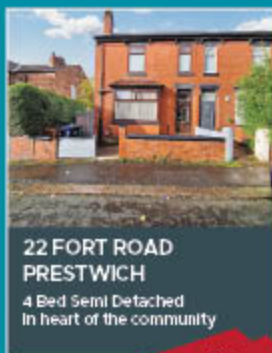
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SUN	MON	TUE	WED	THURS	FRI
10:00 <b>TOTAL BODY SCUPLT</b>	6:30 <b>WORKOUT WITH TAMAR</b>	<b>NEW</b> 09:30 <b>PILATES SCUPLT</b>	06:30 <b>BOXING + TONE</b>	9:15 <b>LEGS, BUMS, TUMS</b>	06:30 <b>BODY PUMP</b>
<b>NEW</b> 19:30 <b>DANCE FIT</b>	09:30 <b>PUMP IT UP</b>	10:30 <b>PILATES</b>	09:45 <b>BURN</b>	10:15 <b>CIRCUIT</b>	9:30 <b>BURN</b>
	10:30 <b>SHRED</b>	18:30 <b>TEEN ZUMBA + TONE YRS 7+8</b>	20:15 <b>ZUMBA + TONE</b>	11:15 <b>PILATES</b>	10:30 <b>PUMP IT UP</b>
	7:30 <b>CIRCUIT</b>			18:30 <b>TEEN ZUMBA + TONE YRS 9+10</b>	<b>MOTZEI</b>
	8:30 <b>TOTAL BODY SCUPLT</b>	19:30 <b>PUMP IT UP</b>		<b>NEW</b> 19:30 <b>PILATES</b>	1.5 hrs after <b>MOVE</b>

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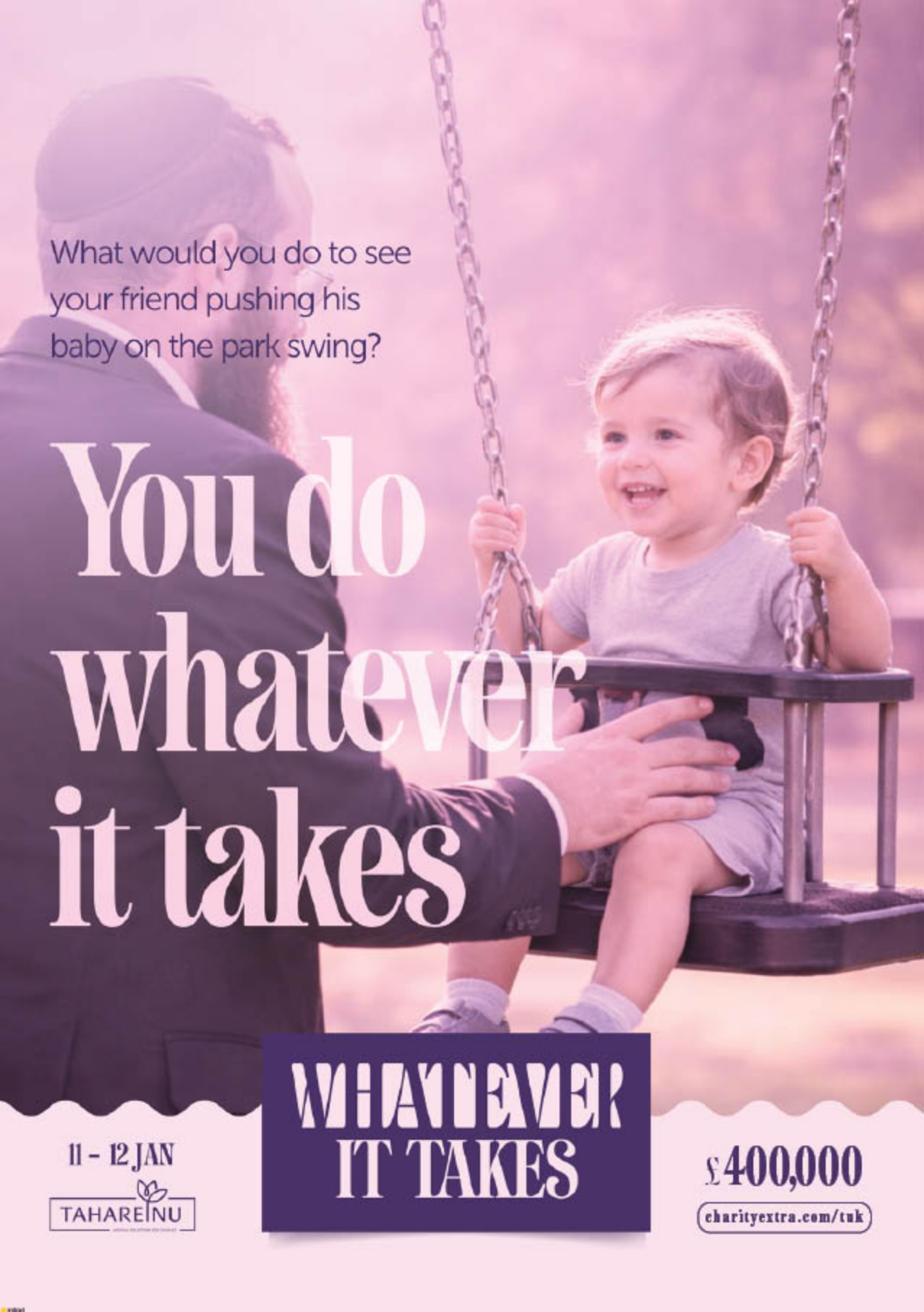
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IT TAKES

11 - 12 JAN



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IT TAKES

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11 - 12 JANUARY



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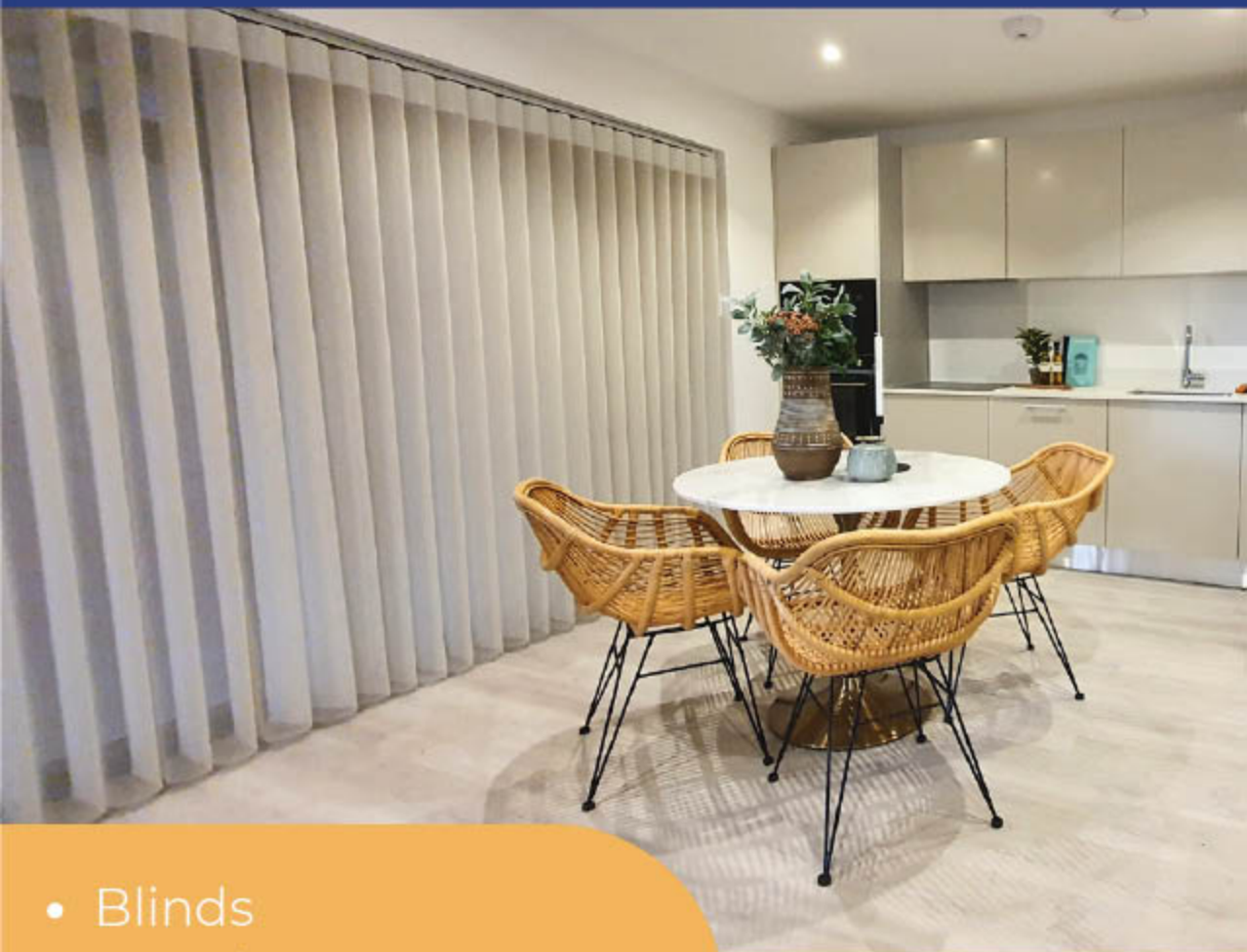
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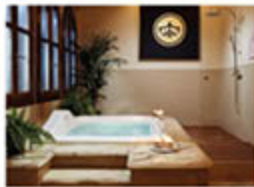
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# Ateres Beis Yaakov Primary School

Headteachers: Kodesh: Mrs S Kaplan | Chol: Mrs M Roth

## IS LOOKING TO RECRUIT

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- The passion and enthusiasm required to inspire.

ATERES BEIS YAAKOV ARE COMMITTED TO THE SAFEGUARDING AGENDA AND THE POSITION WILL THEREFORE BE SUBJECT TO ENHANCED DBS CHECKS.



**We offer:**

- A thriving happy school.
- A welcoming, positive and friendly staff team, dedicated to enriching our students' lives.
- A warm, calm atmosphere with nurturing values.
- Motivated, well behaved and enthusiastic learners.
- Opportunities for professional development.

PLEASE CONTACT THE SCHOOL OFFICE TO REQUEST AN APPLICATION PACK.

ADDRESS: 27 GREEN LANE, NW4 2NL  
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# Ateres Beis Yaakov Primary School

Headteachers: Kodesh: Mrs S Kaplan | Chol: Mrs M Roth

## IS LOOKING TO RECRUIT

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PLEASE CONTACT THE SCHOOL OFFICE TO REQUEST AN APPLICATION PACK.

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CHANA	020 8201 5774
CHAI CANCER CARE	020 8202 2211
CHEVRA KADISHA NW	0300 111 1122
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
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