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Multiple entries are welcome - be creative!  
Winning recipe will be judged on creativity!  
This could be in the recipe, idea or the photo.

Top 3 submissions will be printed here, giving readers a chance to vote for their favourite recipe

Deadline for submissions:  
Monday 25<sup>th</sup> January 2021  
Email to: [recipe@sovafoods.com](mailto:recipe@sovafoods.com)





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## WHAT WILL YOU LEARN THIS YEAR?

60% of people fail to achieve their New Years Resolutions, but when has being Jewish ever meant being part of the majority?

**This year is the 30th anniversary of Shuvu's founding and we thought we'd do something special.**

The plan? Older Shuvu boys, Kollel Avreichim, and graduates will be learning the entire Shas Bavli, while the entire Tanach will be learned by the younger Shuvu boys, Shuvu girls and graduates.

After the events of last year, let's look forward, celebrate and connect to our roots. If you want to get involved let us know!

**24-25 JAN**

**36 HOURS**



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at the  
**KEVER RASHBI**  
in Meron

with our  
**TALMIDEI**  
**CHACHAMIM**  
and great mekubalim

your  
**YESHUOS**  
**GUARANTEED**

## What is Pidyon Rashash?

A *pidyon nefesh* (redemption of the soul), revealed by the Arizal, taught by the holy Rashash. Talmidei chachamim set aside 160 pure silver coins and evoke *rachamei Shamayim* with special kabalistic tefilos, and donate these coins to talmidei chachamim.

The 160 coins, equivalent to the numerical value of "eitz," symbolize man who is likened to a tree. Through this *segulah*, the judgment is transferred from the person to the coins and the person receives a new *Tzelem Elokim*.

The Pidyon Rashash is known to bring *yeshuos*, *refuos*, *shiduchim*, *parnasa*, children, *shalom bayis* - and more.

Rav Chaim Vital stated: With this Pidyon one is guaranteed to live the entire year in peace!

Rav  
Chaim  
Vital  
states

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WHEN

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הנכון  
הנכון  
הנכון



TURNS INTO...

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לפרויקט חדש  
בלונדון עם פוטנציאל  
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\* עבודה מהבית.

\* כשלוש שעות עבודה ביום.

\* אפשרות להתחבר ל

**zoom**

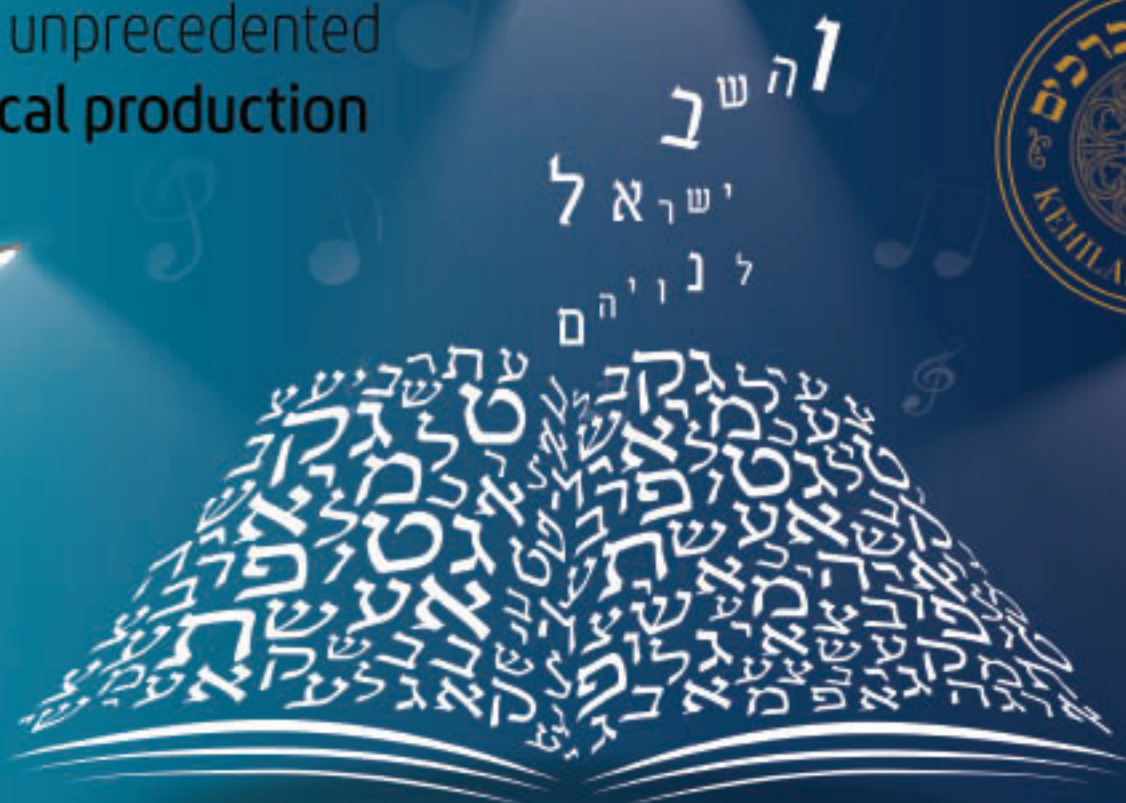
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**VIDEO LAUNCH**

**Motz"sh Jan. 23 2021 | 6:45 PM**

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community of Anglo Bnei Torah  
led by the renowned Rav Avigdor  
Brazil, we have known that  
longing for years; we've been  
working to build a shul of our own.

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together to raise the final funds  
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## WHY SHOULD I BUY ON GOKOIF?

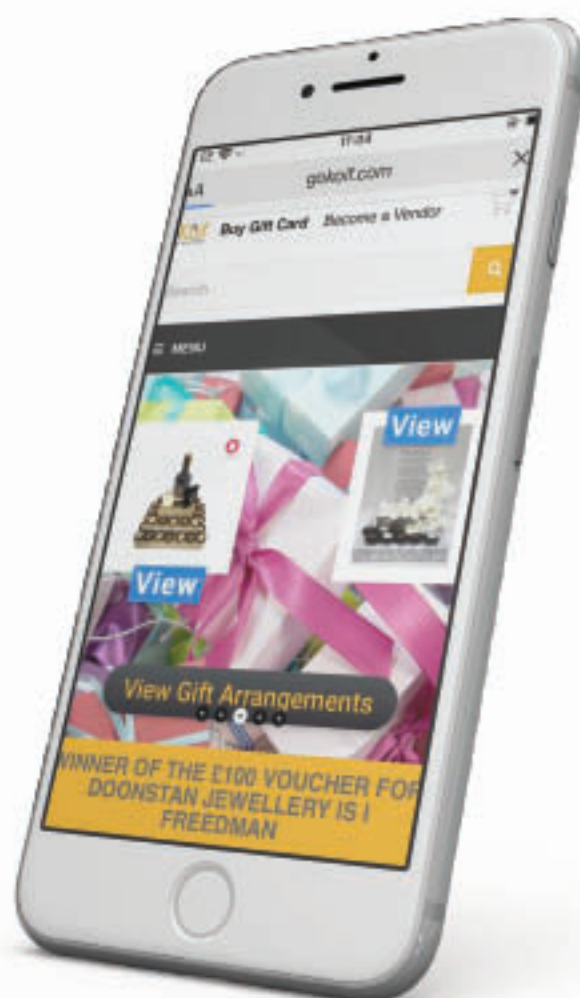
GoKoif has stores all over the UK enabling you to browse and purchase from them giving you much more choice than what is on your high street. Shopping from the comfort of your home has never been easier. You can also gift people who live in a different town from you with just a click of the finger.

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## WHAT CAN I BUY ON GOKOIF?

There is a wide range available to buy on Gokoif from gift arrangements, toys, personalised items, tickets, accessories, furniture, appliances, art, judaica and more. We are a growing and expanding business so more products will be coming online constantly.



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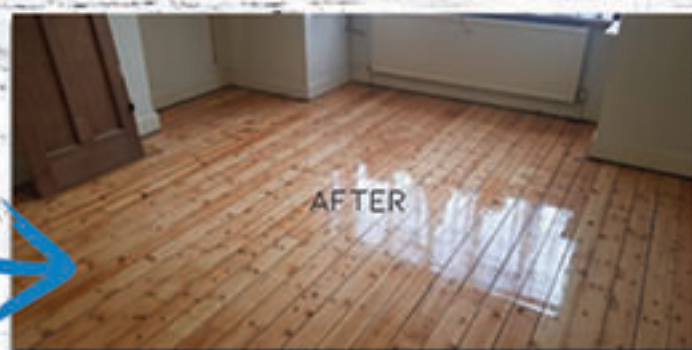


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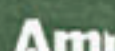
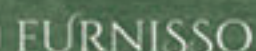
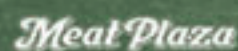


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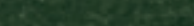
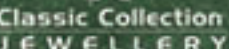
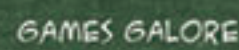
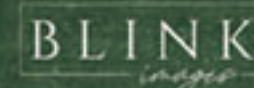
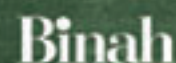
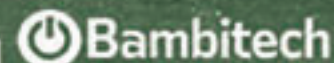
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3. Tech Pack  
**J Hirsch**  
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4. Shtreimel  
**Y Hoffman**  
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5. Photo Shoot  
**Y Cohen**  
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6. Master Bedroom  
**Bernstein**  
Stamford Hill

7. Coffee Break Plus  
**C Margulies**  
Yerushalayim

8. £1000 Silver  
**L Paris**  
Stamford Hill

9. Leather Machzorim  
**Markowitz**  
Stamford Hill

10. Oneg Shabbos  
**D Margulies**  
Stamford Hill

11. Teens Trend  
**Mr Kahan**  
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12. Bar Mitzva Package  
**Wosner**  
Manchester

13. £800 Westfield  
**C Fleischer**  
Edgware

14. £2000 Sam Planning  
**Katz**  
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15. Outdoor Fun  
**Family Rand**  
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16. Games Galore  
**Twersky**  
Canvey Island

17. Cook's Collection  
**H Rebenwuzel**  
Gateshead

18. Steam Iron  
**Margulies**  
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19. £3000 Furniture  
**Leichtag**  
Stamford Hill

20. Safety First  
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21. Pearl Necklace  
**Mr Wosner**  
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22. Order in the House  
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Golders Green

23. Website  
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**Glauberan**  
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**R Streicher**  
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26. Shopping Spree  
**Breuer**  
Stamford Hill

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**A Laufer**  
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28. Peninas Clinic  
**R Margulies**  
Lakewood

29. Mefoar  
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Bikur **Cholim**  
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# *Kinyan Hatorah*

**When are  
YOU  
joining?**

2020 in review

|                    |      |             |
|--------------------|------|-------------|
| NSE.....           | 5500 | Attendances |
| BPM.....           | 4000 | Attendances |
| Shimru.....        | 3000 | Attendances |
| Master Masechta... | 5250 | Attendances |

**TOTAL 17750 Attendances!!**

**New projects about to launch**

Shabbos 39  
Kashrus - The Inside Story

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- Experienced Rebbe available to support your child with kriah.
- 30 minute Zoom /Video sessions
- Resources provided.

Email: [613kodesh@gmail.com](mailto:613kodesh@gmail.com)  
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MAKE HIM NOTICE YOU WHILE STANDING ON THE SIDE OF THE ROAD.

CHECK WITH YOUR NEAREST ROY WITH ANY SHAILOS YOU MAY HAVE BEFORE ASKING DRIVER.

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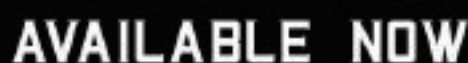
Meeting ID: 821 7400 6975

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needs essential.

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ask for Mrs Brett or email [senco@bssschool.co.uk](mailto:senco@bssschool.co.uk)



Torah Vodaas Primary School  
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0203 670 4670

## JOB VACANCY

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To start immediately

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1.30pm – 5.00pm

The successful candidate will be able to:

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We will provide:

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- ✓ crèche
- ✓ good remuneration

Please email your CV to [office@torahvodaas.org](mailto:office@torahvodaas.org) or call  
020 3670 4670 for more details.

*Torah Vodaas Primary School is committed to safeguarding and promoting the welfare of all children and expects all staff and volunteers to share this commitment. Appointments will be subject to satisfactory references and enhanced DBS check.*



Torah Vodaas Primary School  
Brent Park Road  
NW9 7AJ  
0203 670 4670

## JOB VACANCY

### KS2 Teaching Assistant

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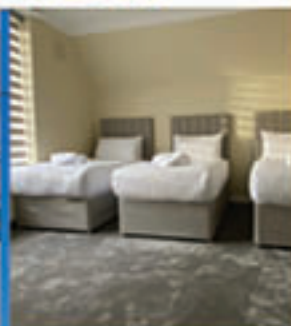
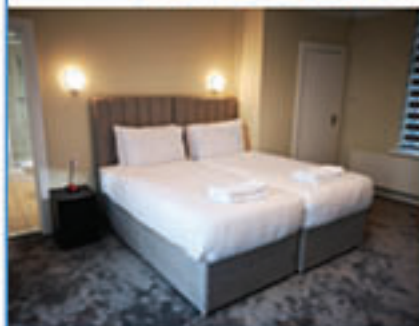
Monday – Thursday  
1.30pm – 5.00pm

- ✓ Supportive senior leadership team
- ✓ Crèche available
- ✓ Good remuneration

Please email your CV to [office@torahvodaas.org](mailto:office@torahvodaas.org)  
or call 020 3670 4670 for more details.

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# Information Page

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|------|--------------------|------------|-------------|
| EUR  | Euro               | £0.89      | 1.11        |
| ILS  | Israeli New Shekel | £0.23      | 4.30        |
| CHF  | Swiss Frank        | £0.82      | 1.21        |
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## Weather Forecast

| Friday                                                                              | Shabbos                                                                             | Sunday                                                                              | Monday                                                                              | Tuesday                                                                             | Wednesday                                                                           |
|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
|  |  |  |  |  |  |
| 4° \ 0°                                                                             | 7° \ 2°                                                                             | 6° \ 2°                                                                             | 7° \ 4°                                                                             | 7° \ 2°                                                                             | 5° \ 1°                                                                             |

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## מנין צעטיל

### פרסת וארא

| שבת בעתה                                                                                                                                                                                                                                                                                                                                                                                                     | ערב שבת                                                                                                                                                                                                                                                                                                                                                          |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>12:40 בית אפרים</p> <p>12:45 בית אפרים</p> <p>23 Green Walk</p> <p>1:00 בית אפרים</p> <p>1:15 בית אפרים</p> <p>1:45 בית אפרים</p> <p>2:00 בית אפרים</p> <p>2:30 בית אפרים</p> <p>3:30 בית אפרים</p> <p>3:40 בית אפרים</p> <p>3:50 בית אפרים</p> <p>4:00 בית אפרים</p> <p>4:02 בית אפרים</p> <p>4:09 בית אפרים</p> <p>4:10 בית אפרים</p> <p>4:14 בית אפרים</p> <p>4:19 בית אפרים</p> <p>4:20 בית אפרים</p> | <p>12:45 בית אפרים</p> <p>1:00 בית אפרים</p> <p>1:15 בית אפרים</p> <p>1:45 בית אפרים</p> <p>2:00 בית אפרים</p> <p>2:30 בית אפרים</p> <p>3:30 בית אפרים</p> <p>3:40 בית אפרים</p> <p>3:50 בית אפרים</p> <p>4:00 בית אפרים</p> <p>4:02 בית אפרים</p> <p>4:09 בית אפרים</p> <p>4:10 בית אפרים</p> <p>4:14 בית אפרים</p> <p>4:19 בית אפרים</p> <p>4:20 בית אפרים</p> |

### פרסת בא

| שבת בעתה                                                                                                                                                                                                                                                                                                                                                                                                     | ערב שבת                                                                                                                                                                                                                                                                                                                                                          |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>12:40 בית אפרים</p> <p>12:45 בית אפרים</p> <p>23 Green Walk</p> <p>1:00 בית אפרים</p> <p>1:15 בית אפרים</p> <p>1:45 בית אפרים</p> <p>2:00 בית אפרים</p> <p>2:30 בית אפרים</p> <p>3:30 בית אפרים</p> <p>3:40 בית אפרים</p> <p>3:50 בית אפרים</p> <p>4:00 בית אפרים</p> <p>4:02 בית אפרים</p> <p>4:09 בית אפרים</p> <p>4:10 בית אפרים</p> <p>4:14 בית אפרים</p> <p>4:19 בית אפרים</p> <p>4:20 בית אפרים</p> | <p>12:45 בית אפרים</p> <p>1:00 בית אפרים</p> <p>1:15 בית אפרים</p> <p>1:45 בית אפרים</p> <p>2:00 בית אפרים</p> <p>2:30 בית אפרים</p> <p>3:30 בית אפרים</p> <p>3:40 בית אפרים</p> <p>3:50 בית אפרים</p> <p>4:00 בית אפרים</p> <p>4:02 בית אפרים</p> <p>4:09 בית אפרים</p> <p>4:10 בית אפרים</p> <p>4:14 בית אפרים</p> <p>4:19 בית אפרים</p> <p>4:20 בית אפרים</p> |

## Daily Times

|       | Friday | Shabbos | Sunday | Monday | Tuesday | Wednesday |
|-------|--------|---------|--------|--------|---------|-----------|
| שקיעה | 4:21   | 4:22    | 4:24   | 4:26   | 4:27    | 4:29      |
| לילה  | 5:17   | 5:18    | 5:20   | 5:21   | 5:23    | 5:24      |



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#### Contact Info

|                       |                |
|-----------------------|----------------|
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| HATZOLA EDGWARE       | 0303 888 9999  |
| SHOMRIM 24 HOURS      | 0300 999 1234  |
| CHAVEIRIM             | 0300 0700 999  |
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| CST                   | 0800 032 3263  |
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| MARS REFUAH           | 020 3322 8586  |
| MESILA                | 0333 344 1711  |
| MISASKIM GG           | 0300 111 0333  |
| MISASKIM EDGWARE      | 07989 999 645  |
| MINYAN LINE NW        | 020 3670 6130  |
| NSHEI CHAYIL          | 07574 018 331  |
| RELIEF                | 03333 445 595  |
| SHEMA KOLI            | 020 3670 1818  |
| SHIDDUCH PROJECT      | 020 3240 0117  |
| SHMEICHEL             | 020 8800 0008  |
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