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Where: Golders Green

(precise location to be disclosed after registration)

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9:15 - 10:05 Strength & Sculpt	Available for Personal Training	9:15 - 10:05 Pilates + Strength	9:15 - 10:05 Strength & Sculpt	9:00 - 9:50 Strength & Sculpt	10:30 - 11:20 Strength & Sculpt
10:15 - 11:05 Functional Strength & Bone Building	11:30 - 12:20 Pilates + Strength	10:15 - 11:05 Strength & Sculpt	10:15 - 11:05 Pilates + Strength	10:00 - 10:50 Pilates + Strength	Available for Personal Training
11:15 - 12:05 Post-Natal Pilates <i>*Babies not yet walking welcome - Nanny on site*</i>	12:30 - 13:20 Lunchtime Lift	11:15 - 12:15 Barre Sculpt	11:15 - 12:10 Functional Strength & Bone Building Peri/Menopausal	11:05 - 11:55 Post-Natal Pilates <i>*Babies not yet walking welcome - Nanny on site*</i>	Available for Personal Training
12:30 - 13:20 Pilates + Strength	17:45 - 18:35 Teen Exercise	17:55 - 18:45 Teen Exercise	12:30 - 13:20 Lunchtime Lift	12:30 - 13:20 Lunchtime Lift	
17:15 - 18:05 Teen Exercise	19:00 - 19:50 Pilates + Strength	19:00 - 19:50 Pilates Flow	18:00 - 18:50 Strength & Sculpt	Available for Personal Training	Available for Personal Training
18:45 - 19:35 Pilates + Strength	20:00 - 21:15 Sound Bath	20:00 - 20:50 Pilates Flow	19:30 - 20:40 Breathwork Experience		19:00 - 20:00 Pilates Flow



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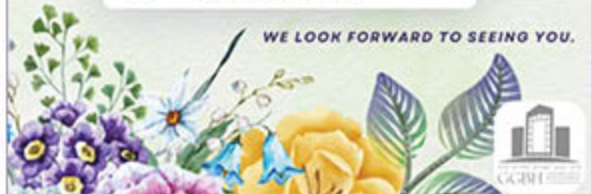
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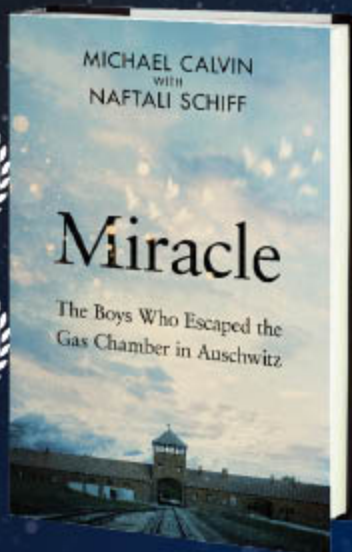
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30 June

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^ Upcoming dates: 15 July - 2 Sept - 16 Sept

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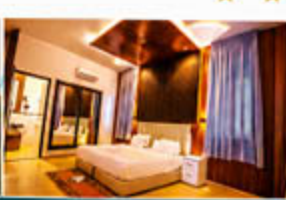
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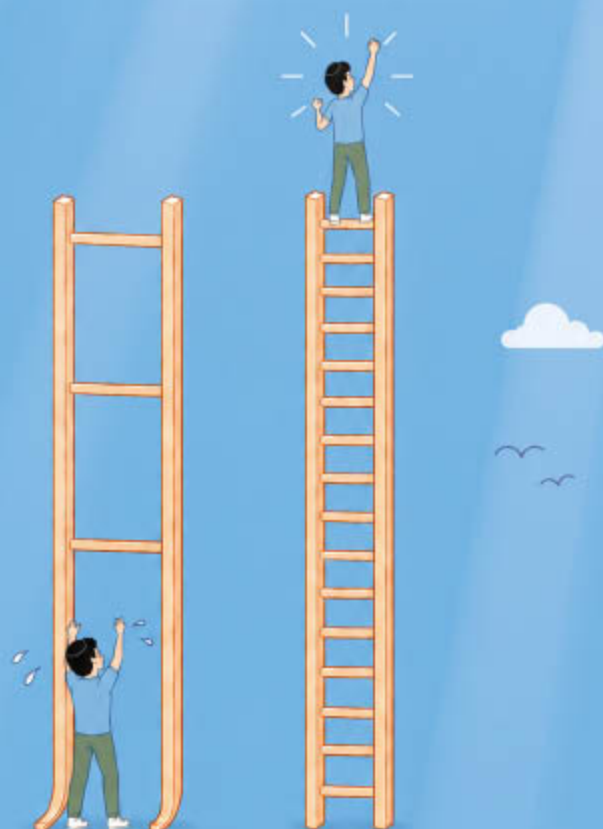


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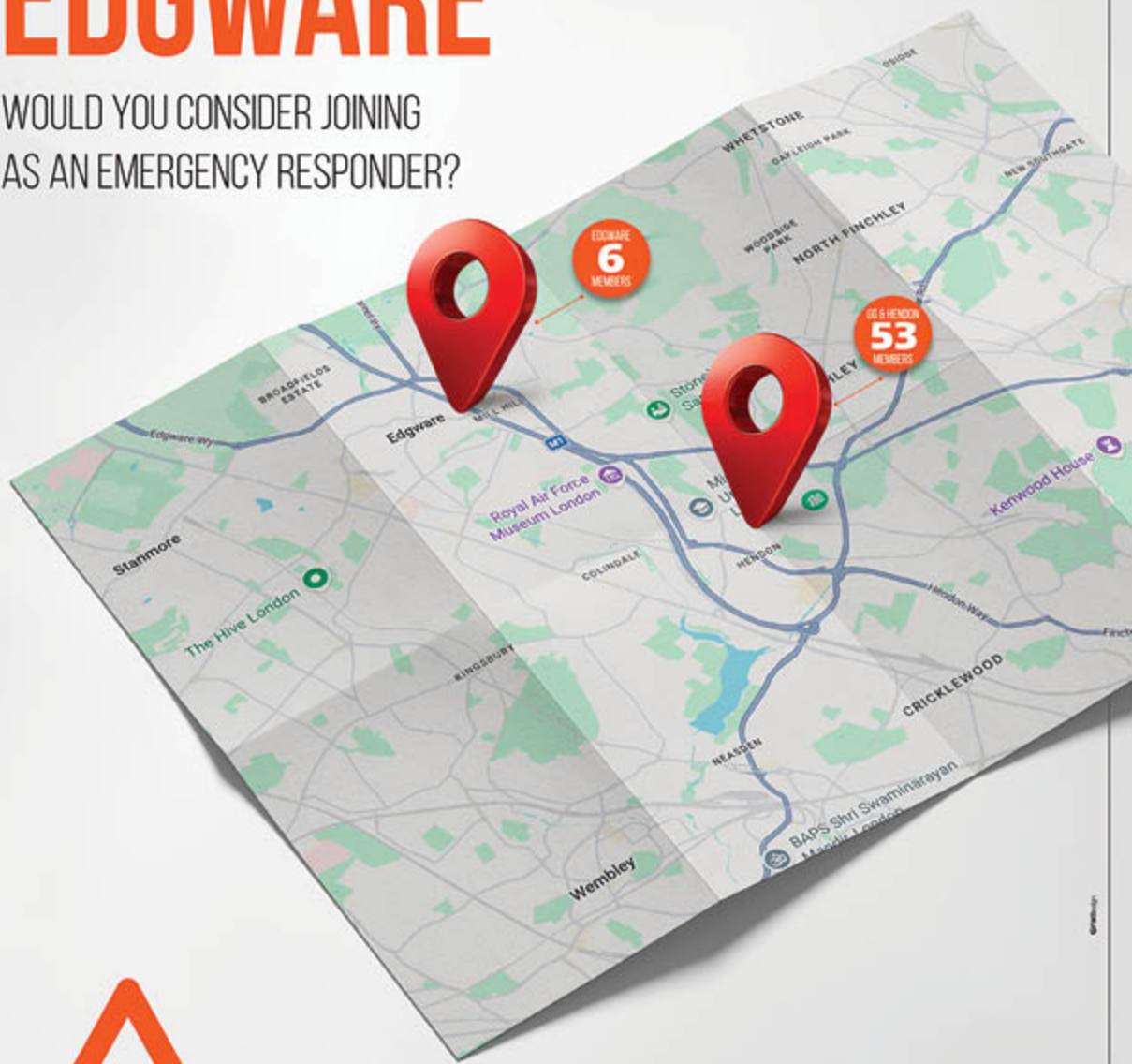
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NW9 6AX



URN: 133026

020 8201 7771

office@bssschool.co.uk

Year 6 kodesh teacher (am)

to join our warm and friendly staff from September 2026.

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Creche available on site.

For more information or to apply please email your CV to office@bssschool.co.uk or call (020) 8201 7771

בס"ד



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TEACHING ASSISTANT FULL TIME from September

- Support the Rebbe and class teacher in delivering lessons and managing classroom activities effectively.
- Provide one-to-one or small group support to help pupils with learning in Kodesh and Chol, behaviour, or special educational needs.
- Assist with preparing resources, maintaining a safe learning environment, and promoting pupil well-being and development.



TEACHING ASSISTANT PART-TIME (MORNINGS) from September

- Support the Rebbe and class teacher in delivering lessons and managing classroom activities effectively.
- Provide one-to-one or small group support to help pupils with learning in Kodesh and Chol, behaviour, or special educational needs.
- Assist with preparing resources, maintaining a safe learning environment, and promoting pupil well-being and development.



For further information or for an application pack, please contact Mrs Margulies
email: schoolmanager@tps.org.uk or call: 020 8450 4377

Torah Temimah is committed to safeguarding and ensuring the well-being and safety of staff and students. All our employees, volunteers and contractors share this commitment, and we will carry out Enhanced DBS checks for all appointments as well ensuring that our rigorous pre-recruitment checks are strictly adhered to.

We foster an inclusive culture that promotes equality of opportunity and values diversity creating an environment where the rights and dignity of all members of our community are respected.



JOB OPPORTUNITY

Maintenance Operative Role – Full Time

We're looking for a friendly and reliable Maintenance Operative to join our Property Management team.

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to register your interest



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Primary
School

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T 020 8905 9590
E admin@byps.org.uk

במחשית



Beis
Yaakov
Primary
School

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London NW9 6NQ
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במחשית

KRIYOH INTERVENTIONIST

Required for September 2026, or earlier

Beis Yaakov Primary School is looking to appoint a dynamic and enthusiastic Kriyoh Interventionist.

The successful candidate will have the opportunity of joining our outstanding and supportive Kodesh team.

We offer excellent training and career development opportunities, as well as an on-site Crèche.

Applicants are welcome to visit the school which can be arranged through the School Office.

For more information and an application pack, please contact the School Office by emailing admin@byps.org.uk

Our School and all its personnel are committed to safeguarding and promoting the welfare of the children. This post is subject to an Enhanced Disclosure Application to the Disclosure and Barring Service.

TEACHING ASSISTANT / LEARNING SUPPORT ASSISTANT

Required for September 2026
Full-time or 0.5

We are seeking a warm and passionate individual to join our welcoming school, to support children's learning. We are looking for someone who is caring, reliable, and patient, with a genuine enthusiasm for working with children.

In return, we offer a high level of professional development within a friendly, supportive, and inclusive environment - one where every child is nurtured, encouraged, and inspired to reach their full potential.

For further information and an application pack, please email admin@byps.org.uk

Closing Date: Wednesday 1st July 2026 at 9:00am

We reserve the right to close this vacancy early should we receive sufficient applications.

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You'll be working across our women's and kids collections, contributing to the design process from concept through to completion.

CAD and Adobe skills are a plus. We're looking for someone who genuinely loves what they do and will be a team player who thrives in a creative environment.

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Head of Kodesh

Shalom Noam Primary School

A rare opportunity to lead Kodesh strategically within a warm, ambitious and values-driven Orthodox primary school.

The Role.

Shalom Noam Primary School is a warm, aspirational school driven by a strong commitment to excellence in learning, middos tovos and a deep-rooted Orthodox Jewish ethos.

We are seeking to appoint an outstanding Head of Kodesh to join our Senior Leadership Team and play a central role in shaping the religious vision and direction of the school. This is a significant leadership opportunity for an experienced and inspiring educator to lead and develop a high-quality Kodesh provision. The successful candidate will drive excellence in teaching, curriculum and pupil outcomes, while ensuring that Torah values and Jewish identity are embedded across all aspects of school life.

Why Apply?

We are looking for someone who:

- Has strong Torah knowledge and a deep commitment to Orthodox Jewish ethos
- Has a proven track record of impact in Kodesh education and leadership
- Can lead, inspire and develop staff
- Has high expectations and the ability to drive standards
- Is committed to working in partnership with families and the wider community

Please contact sbm@shalomnoam.org for an application form and job description
Closing Date: 29th June 2026



Shalom Noam Primary School is committed to safeguarding and promoting the welfare of children and young people and expects all staff to share this commitment. Appointments will be subject to satisfactory, enhanced DBS check.

- It is an offence to apply for the role if you are barred from engaging in regulated activity relevant to children.
- Shortlisted candidates will be asked to complete a criminal conviction declaration.



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September start

Reception-teacher

Monday to Thursday 1-4pm

Friday shorter hours (summer term only)

Early Years Key Worker

Monday to Thursday

12.30pm – 3.30pm

Registered childcare available
Excellent remuneration

If you are interested in joining our team, please email your CV to:
earlyyears@tts.org.uk
Or call Mrs Chissick on 07967140508 for more details

TTS is committed to safeguarding and promoting the safety and welfare of children. The successful applicant will be subject to an Enhanced Level DBS check.

Operations Manager



Location: Stamford Hill



Hours: Flexible, initially 10am–2pm



Office Based



Female Role



We are looking for an organised, reliable and proactive person to help oversee the day-to-day running of the business.



Responsibilities

- Ensuring all shifts and responsibilities are covered.
- Managing staff and ensuring standards are maintained.
- Monitoring quality of work and addressing any issues that arise.
- Onboarding new clients and implementing processes where required.
- Handling client queries, concerns and complaints.
- Recruiting, training and supporting new team members.
- Assisting with the smooth running of daily operations.
- Carrying out general administrative duties as required.



What We're Looking For

- Previous office experience.
- Strong organisational skills and attention to detail.
- Good communication and people management skills.
- Ability to take responsibility and work independently.
- Confident problem solver.
- Good computer skills.
- Reliable, practical and able to get things done.



To Apply

Please email officemanager5478@gmail.com with your CV, references and details of your relevant experience.

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The Weekly Express

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077828-55386: Gaby

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FOUND kappel on Green Walk NW4 with sticker inside 'today I learned letter 'r'.

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Useful numbers

Organisations

Contact Info

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HATZOLA EDGWARE	0303 888 9999
CHAVEIRIM	0300 0700 999
SHOMRIM	0300 999 1234
ACHEINU CANCER SUPPORT (ACS)	020 8806 7227
BONEI OLAM	020 8455 4321
BEREAVEMENT SERVICE (JBOS)	020 8951 3881
CAMP SIMCHA	020 8202 9297
CHANA	020 8201 5774
CHAI CANCER CARE	020 8202 2211
CHEVRA KADISHA NW	0300 111 1122
CHIZUK	020 8800 7494
CST	0800 032 3263
EZRA UMAPPEH	020 8211 1010
GIFT	020 8457 4429
HAND IN HAND FORMERLY SHARBAT WALK	07506 750 023
J-DOC 365	0203 656 5657
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KASPA SECURITY	07880 435 747
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MESILA	0333 344 1711
MISASKIM GG	0300 111 0333
MISASKIM EDGWARE	07989 999 645
MINYAN LINE NW	020 3670 6130
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עשרים כחול

9:45	שני, תחילת אהל מועד
9:50	מחזורות לוי
10:00	הנפת חטא, נח יצחק
10:15	אמט
10:20	בית יעקב חזק, דג ב"ח
10:32	בית ישראל, טר, קהילות אהל מועד
10:35	עץ חיים
10:39	בית אפרים, בית יעקב חזק
10:45	נפת ישראל, שני
10:50	בית יעקב חזק
11:00	בית יעקב חזק
11:20	בית יעקב חזק
11:40	בית יעקב חזק
12:00	בית יעקב חזק

מנחה כחול

1:40	(20 - 17) מדרגות
1:45	בית יעקב חזק, מדרגות לוי
1:50	דג ב"ח, אהל מועד
2:00	עץ חיים
2:10	בית יעקב חזק
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7:30	בית יעקב חזק
7:40	בית יעקב חזק
7:50	בית יעקב חזק
8:00	בית יעקב חזק
8:10	בית יעקב חזק
8:20	בית יעקב חזק
8:30	בית יעקב חזק
8:40	בית יעקב חזק
8:50	בית יעקב חזק
9:00	בית יעקב חזק
9:10	בית יעקב חזק
9:20	בית יעקב חזק
9:30	בית יעקב חזק
9:40	בית יעקב חזק
9:50	בית יעקב חזק
10:00	בית יעקב חזק

THESE WEEKDAY TIMES
ARE FROM LAST WEEK.

ערב שבת

מנחה גדולה

1:45	בית יעקב חזק, עץ חיים
1:50	שני, תחילת אהל מועד
1:55	מחזורות לוי
2:00	הנפת חטא, נח יצחק
2:10	אמט
2:20	בית יעקב חזק, דג ב"ח
2:32	בית ישראל, טר, קהילות אהל מועד
2:35	עץ חיים
2:39	בית אפרים, בית יעקב חזק
2:45	נפת ישראל, שני
2:50	בית יעקב חזק
3:00	בית יעקב חזק
3:10	בית יעקב חזק
3:20	בית יעקב חזק
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9:50	בית יעקב חזק
10:00	בית יעקב חזק

ולת תקוה תהיה צפונה אליו וי"ב מן מדרגות

Currency Exchange

Code	Currency	Units \ GBP	GBP \ Unit
USD	US Dollar	1.34	0.73
EUR	Euro	1.15	0.86
ILS	Israeli New Shekel	3.91	0.21
CHF	Swiss Frank	1.06	0.94

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DAILY TIMES

Sponsored by Tahareinu UK

	Friday	Shabbos	Sunday	Monday	Tuesday	Wednesday
אמ"ק	9:22	9:22	9:21	9:21	9:21	9:21
א"ח	10:32	10:32	10:32	10:32	10:32	10:32

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