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29th January 2026
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CAMPAIGN HOTLINE:
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Campaign Goal
£160,000

8-9 Feb 2026 א-ב מיטעפיס

The Mesila Imp



Before you coached us, money worries sat quietly in the background of our lives. Not loud enough to be called a crisis, but persistent enough to cause concern.

We are a busy working couple blessed with a large family. We had outgrown our home, but despite earning well, the idea of taking on a larger mortgage felt impossible.

More fundamentally, everything looked fine yet we felt financially stuck. Between school fees, kosher living expenses, and simchos, we assumed this was simply how life was at this stage.

We reached out to Mesila because our finances always felt tight and never made sense.

The early meetings were revealing. Our Mesila coach slowed us down to look clearly at what we earned, what we spent, and how everything interacted. Seeing it laid out so clearly was eye-opening, but at first we struggled to see how things could change.

Our coach showed us how we could feel that money was under control rather than overwhelming.

Mesila opened up possibilities where we had only felt pressure and anxiety.

We learned exactly where our money was going and where we had room to adjust. That clarity allowed us to streamline our spending without compromising our lifestyle, saving hundreds each month. For the first time since starting our family, our finances felt clear and manageable.

Halfway through the process, real change began to happen.

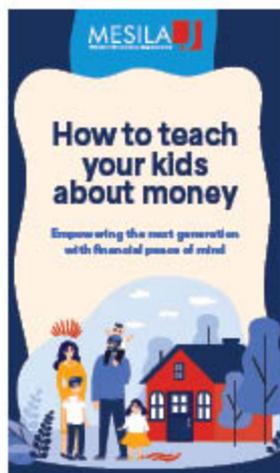
With our coach's encouragement and practical support, we asked for salary increases that raised our household income by over £10,000 a year.

Our coach also helped us plan for the future. We set up proper savings for upcoming simchos, replacing the old habit of hoping we would manage when the time came.

What surprised us most was how much Mesila changed our relationship with money. With our coach's guidance, tense conversations became calm and practical, and we learned how a financial plan could work in real life, even when the unexpected came up.

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We sought expert advice in many areas of life, yet assumed financial stress was something we had to live with. Mesila showed us it didn't have to be. Today, we feel confident and equipped with a plan for our family's future.



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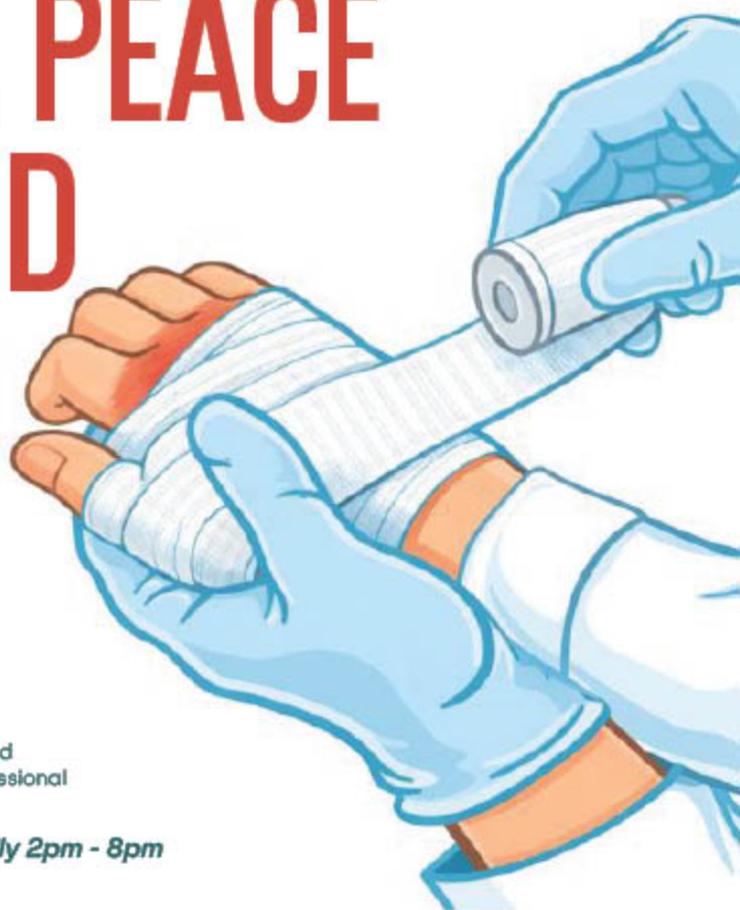
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Esther is a registered nutritional therapist and NLP coach. She has helped countless clients improve their health, from managing weight, cholesterol and blood sugar levels, to reducing IBS symptoms and improving mood and energy. She believes in a personalised approach to create nutrition and lifestyle plans that are truly bespoke and complement people's lifestyles. She is also a lecturer, clinic supervisor and module leader on the MSc in Personalised Nutrition at the Middlesex University accredited Centre for Nutrition Education & Lifestyle Management.



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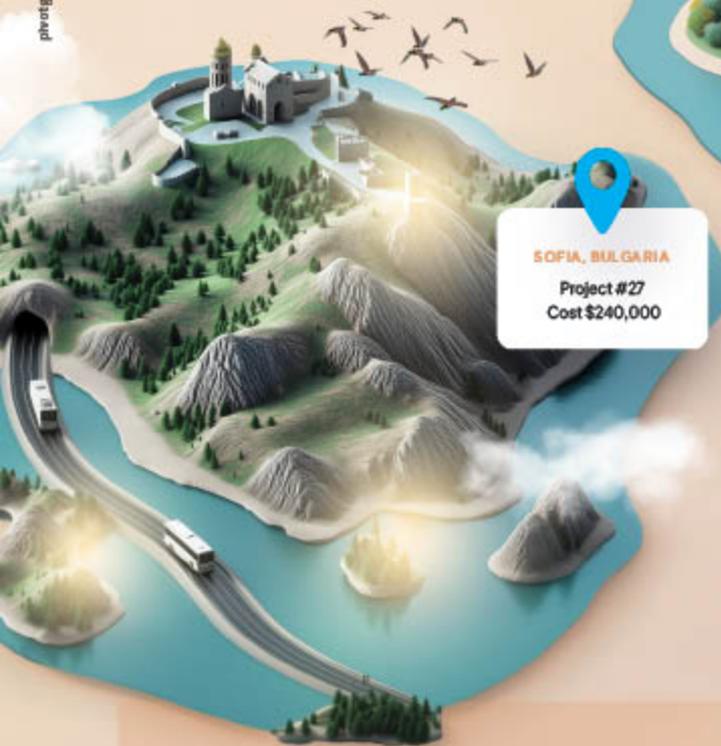
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Reb Dovid Dryan founded the Yeshiva and Reb Nachman Dovid Landynski is appointed Rosh HaYeshiva.

1931

Reb Eliezer Kahan **זצ"ל** joined the Yeshiva. 179 Bewick Road was purchased.

1946

Reb Leib Lopian **זצ"ל** joined the Yeshiva.

1948

Reb Moshe Schwab **זצ"ל** joined the Yeshiva.

1948

Reb Leib Gurwicz **זצ"ל** joined the Yeshiva. Mr Wagschal **זצ"ל** joined the Yeshiva.

1972

Charles Wolfson extension Opened.

1967

Reb Matisyohu Salomon **זצ"ל** joined the Yeshiva.

1963

Reb Avrohom Gurwicz **שליטנא** joined the Yeshiva. Neve Shlomo Building Opened.

1961

Mr Esafsky **זצ"ל** joined the Yeshiva. Beis Hamadrash, Otzar, Dining Room and Offices built.

1953

Reb Zeev Cohen **זצ"ל** joined the Yeshiva.

1975

Purchase of flats on Windermere Street.

1977

Reb Ezriel Rosenbaum **שליטנא** joined the Yeshiva. Reb Yosef Aaron Oppenheimer **שליטנא** joined the Yeshiva. Reb S. Herskowitz **שליטנא** joined the Yeshiva.

1978

Reb Shaul Cohen **זצ"ל** joined the Yeshiva.

1987

Reb Chaim Ozer Gurwicz **שליטנא** joined the Yeshiva. Reb Mordechai Yosef Karnowsky **שליטנא** joined the Yeshiva. Mr Lebrecht **ניי** joined the Yeshiva.

1989

Purchase of 58/60 Rectory Road.

2006

Hachnosas Nevlim by Family Sandler.

2003

Reb Gershon Miller **שליטנא** joined the Yeshiva. Leo Nee Wing extension built. Renovation and Expansion of Olsberg Library.

1997

Tiferes Yonason constructed.

1991

Sebba House dormitory block built.

1990

Mr Guttentag **ניי** joined the Yeshiva. Purchase of 58 and 60 Rectory Road.

2007

Purchase of 76/78 Windermere Street. Refurbishment and Upgrade of Bluston Kitchen.

2008

Reb Shimshon Refoel Lieberman **שליטנא** joined the Yeshiva.

2009

Purchase of 56 Rectory Road.

2011

Conversion of caretaker's flat into dormitory accommodation.

2013

Reb Eli Gurwicz, Reb Shimon Grun, Reb Yakov Yehuda Rosenbaum **שליטנא** joined the Yeshiva.

2018

Hachnosas Sefer Torah and new Aron Hakodesh.

2017

Reb Chaim Grunwald **שליטנא** joined the Yeshiva.

2016

Reb Simcha Feld **שליטנא** joined the Yeshiva.

2015

Refurbishment of the Rosh Hayeshiva's Shiur Room. All Shiur Rooms are air conditioned by the Bluston Fund.

2014

Reb Gershon Miller and Reb Eli Gurwicz joined the Hanhala. Mr Shmuel Berger Sefer Torah.

2019

Reb Dovid Krausz **שליטנא** joined the Yeshiva. Refurbishment of 76/78 Windermere Street.

2020

Reb Chaim Karniol **ניי** joined the Yeshiva. Refurbishment of 56 and 60 Rectory Road as dormitories. Refurbishment of Dining Room.

2021

Reb B Fierstone **שליטנא** joined the Yeshiva. Installation of air-conditioning, new lighting, new ceiling in Beis Hamidrash.

2022

Rectory Road Development planning. New flooring in Beis Hamidrash. New fire alarm system across entire campus.

2024

Rabbi BM Cymerman & Rabbi C Sulzbacher **שליטנא** joined the Yeshiva.

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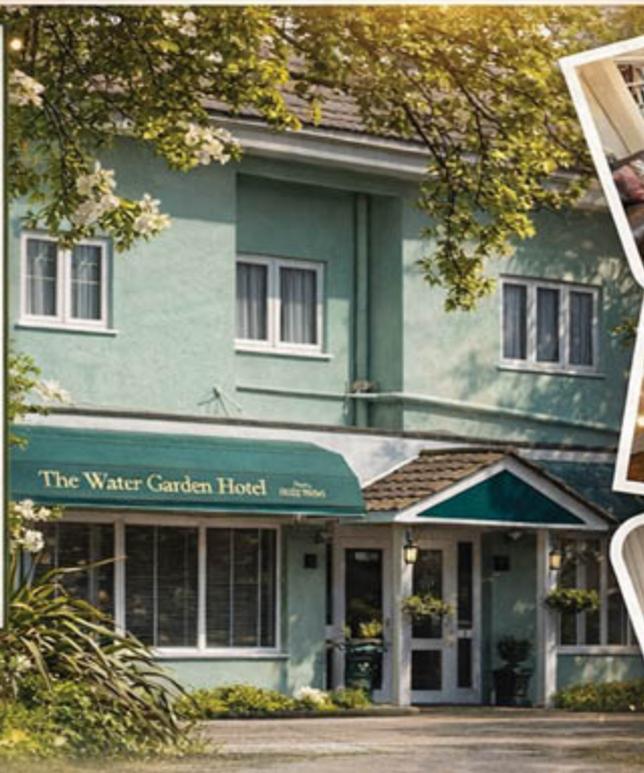
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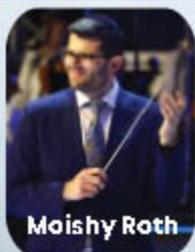
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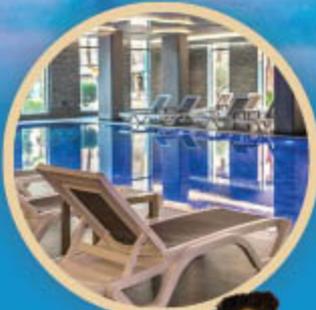
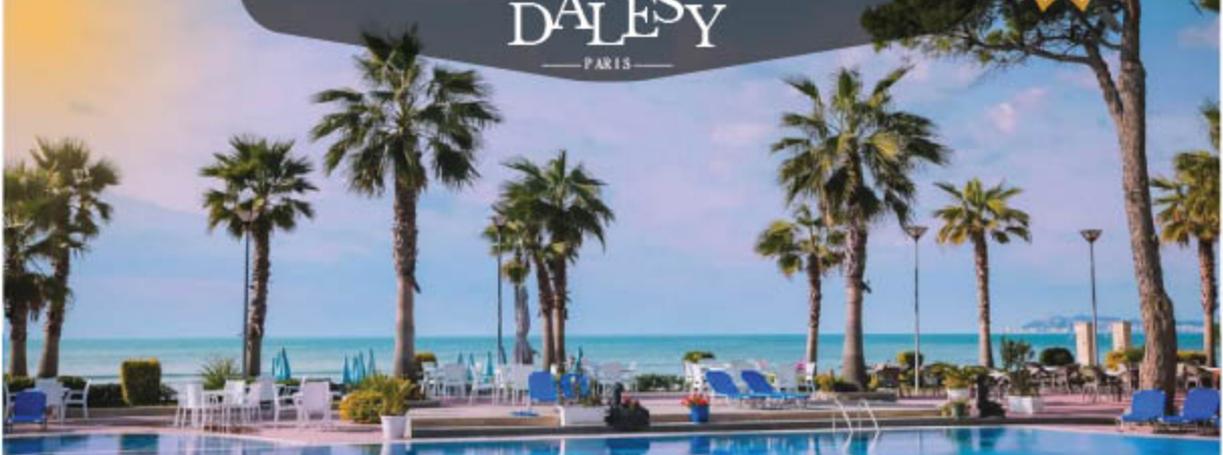


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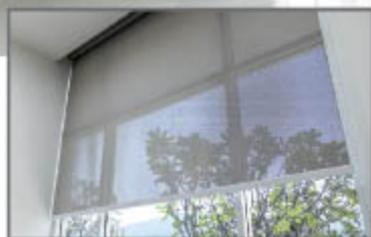
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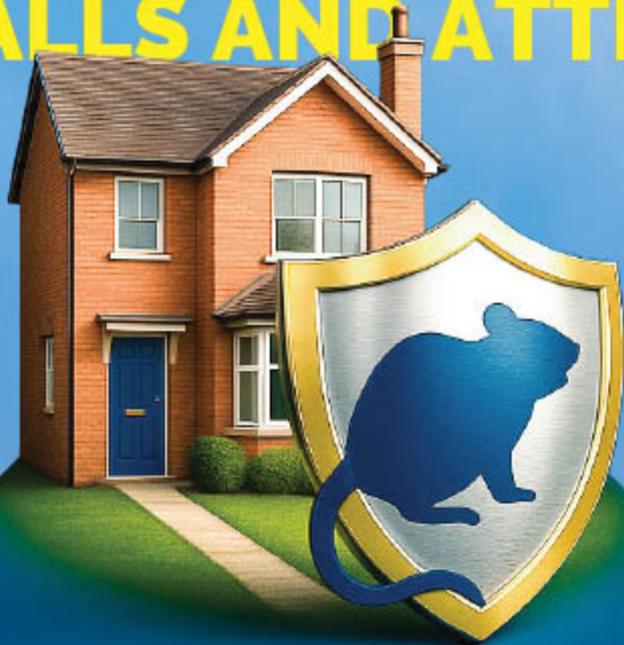
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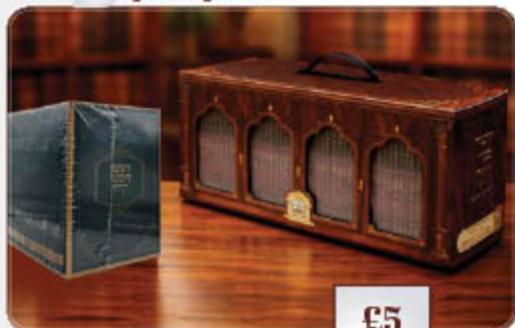


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S4	Speed thrill	
S5	נועלס'ס אלעס נויט'ס	
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B2	Warm & Ready	
B3	Jump Into Joy	
B4	Stay connected	
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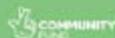


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MATERNITY COVER

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Ateres Beis Yaakov Primary School

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