

THE NW LONDON LOCAL NEWS

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31 July 2025 • פרשת דברים- שבוע חוץ תשפ"ה

22:00 ל"ת | 21:49 שבת | 20:33 גרות

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GIVING A VOICE TO VICTIMS OF ABUSE

# TISHA B'AV 5785

## END OF SHABBAT 2 AUGUST 2025

Mincha 6:15pm  
Fast begins 8:46pm  
Shabbat Ends 9:49pm  
Maariv (with Eichah) 10:10pm

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## SUNDAY 3 AUGUST

Shacharit 8:00am  
(selected Kinot with Introductions  
and Explanations)  
Halakhic midday: 1:05pm



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6:30pm

**Project Inspire Film:**  
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7:30pm Mincha

Followed by Chofetz Chaim Heritage  
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Bonus: Students and teens £5 at the door

Ma'ariv 9:20pm followed by  
refreshments  
Fast ends 9:35pm

 Keshar Community Centre  
933 Finchley Road NW11 7PE

 020 8458 5836

 [connect@keshar.org.uk](mailto:connect@keshar.org.uk)  
[www.keshar.org.uk](http://www.keshar.org.uk)

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---



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Sunday 7th of Sept  
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SHAS-A-THON

Sunday 7th of Sept  
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1 - 5PM

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### OPENING TIMES:

Tuesday 5th - Thursday 7th August 11 - 4

Friday 8th August 11 - 1

Sunday 10th - Friday 22nd August 11 - 2.30

Sunday 24th - Thursday 28th 11 - 5

Friday 29th August 11 - 2

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Look out for one of our free **Awesome August Hug!** posters in shops and papers.

Can't find one? Just email us at [info@projectlily.org.uk](mailto:info@projectlily.org.uk) and we'll send you a free PDF copy.

**This August, give your wellbeing a hug - one small act of self-care at a time.**



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STARTING THURSDAY

4

SEPTEMBER

TIME

09:00 - 10:30

DAILY

MON- FRI

LOCATION



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# TISHA B'AV

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## 5785

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### SHABBAT 2ND AUGUST

- 20:47 **FAST BEGINS**
- 21:00 **FROM GALUT TO GEULAH**  
- Dayan Posen
- 21:49 **SHABBAT ENDS**
- 22:00 **MINCHA & EICHA**
- 23:00 **SONGS OF YEARNING**  
Kumzitz

### SUNDAY 3RD AUGUST

- 08:45 **SHACHARIS & EXPLAINED KINNOB**
- 11:45 **MEGILLAT EICHA**
- 12:15 **THE JEWS PROFILE IN EXILE**  
- Rabbi A Hersh  
**TISHA B'AV THROUGH THE EYES OF  
THE TALMUD DOOR (TEXTUAL)**  
- Rabbi M Brandels
- 13:07 **CHATZOT**
- 18:00 **TISHA B'AV VIDEO PRESENTATION:  
SURVIVORS**
- 19:15 **FROM THE ASHES**  
A father's account of the October 7th Massacre
- 20:00 **MINCHA**  
With tefillin
- 20:45 **YEARNING FOR A SOULFUL CITY**  
- Rabbi A Nemeth
- 21:20 **MAARN**
- 21:35 **FAST ENDS**

AUGUST

**2-3**

MEN & WOMEN



JLE



FOR FULL DETAILS VISIT: [jle.org.uk/pages/tishabav25](http://jle.org.uk/pages/tishabav25)



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# STAND FOR COUNCIL: SUPPORT YOUR COMMUNITY

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**Cllr Dean Cohen, Chairman of the Jewish Conservative Alliance  
Conservative Councillor Golders Green Ward**



Councillors work with residents and community groups to progress and support.

- For schools State Aid applications, planning applications, funding for expansion, locating temporary/permanent premises
- Other communal projects through planning applications, funding, highways, locating land etc
- Housing projects that are for the benefit of the local community
- The community on other vital services that serve the community be it in crime prevention, security, health.
- Supporting the community at the time of festivals such as pesach collection, parking provision, highways support
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Now, we need your voice at the table. 🗣️ If you're passionate about community and ready to make a difference – step forward.

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AND NAZI-HUNTER, JOSEF LEWKOWICZ Z"l  
WHO CAPTURED THE BUTCHER OF PLASZOW



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# TISHA B'AV SCHEDULE



## MOTZEI SHABBAT 2 AUG

- 20:47 FAST STARTS  
 21:44 SHABBAT ENDS  
 22:15 MAARIV & EXPLANATORY KINNOT FOLLOWED BY: *בכה תבכה בלילה* - FEELING THE CHURBAN THROUGH SLOW SONGS AND STORIES



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- 22:15 HEARTFELT INSIGHTS FOR WOMEN WITH REBBETZINS NEWMAN, ROODYN, STROM AND GEFEN  
 23:30 EXPERIENCE THE CHURBAN THROUGH STORIES WITH RABBIS ROODYN, GEFEN AND GARSON

## SUNDAY 3 AUG

- 08:30 SHACHARIT & EXPLANATORY KINNOT  
 13:06 CHATZOT

- 18:00 NEW AWARD-WINNING EDITION SCREENING OF THE SURVIVOR'S REVENGE  
*THE REMARKABLE HOLOCAUST SURVIVOR AND NAZI-HUNTER, JOSEF LEWKOWICZ Z"l WHO CAPTURED THE BUTCHER OF PLASZOW*

- 19:30 MINCHA

- 20:00 SCREENING 'MANFRED' MBE  
*MANFRED GOLDBERG MBE'S INCREDIBLE STORY OF SURVIVAL, RESILIENCE AND QUIET HEROISM*

- 21:00 OUT OF THE ASHES WITH RABBI NAFTALI SCHIFF

- 21:25 MAARIV  
 21:36 HAVDALAH & FAST ENDS



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Early Mincha + Maariv 7.25pm / Shiur 8pm

Shabbos shiurim - Mincha 6.00pm  
followed by shiur (approx 6.25pm)

No Shiur Monday 11th August / 17 Av

התורה

התורה

התורה

TUES	05 AUG	11 AV	הלכות תלמוד תורה	<b>The only Commodity</b> נדבת ר' אברהם ברקוביץ הי"ד	
WEDS	06 AUG	12 AV	הלכות פועלים	<b>Just plain Malpractice</b> לעיני הר"ר אהרון מנחם מנדל בן הר"ר משה ביוז ד"ל	
THURS	07 AUG	13 AV	מילתא בדיחותא	<b>Jewish wit, chops and riddles</b> נדבת ר' שאול באדנער הי"ד לעיני הילד ישראל צבי ד"ל ביבדלחטי"א הר"ר שאול הי"ד	
שבת	09 AUG	15 AV	מלחמה שאלות	<b>Halachic questions from the war in א"י</b> נדבת ר' ברוך יהודה באדנער הי"ד לעיני הר"ר אברהם מנחם בן שאול ד"ל וזוגתו מרת רבקה בת הר"ר יוסף הלוי ע"ה לעיני הר"ר שלמה זלמן בן הר"ר ישראל הלוי ד"ל וזוגתו מרת איטא בת הר"ר נתן ע"ה	MINCHA 6PM SHIUR 6.25PM
SUN	10 AUG	16 AV	הלכות EVERYTHING!	<b>Contemporary שאלות people need to know</b> נדבת הר"ר חיים שלום לאסט לעיני הר"ר דוד בן הר"ר חיים משה ד"ל וזוגתו מרת לאה בת הר"ר משה יהודה ע"ה	SHIUR TODAY: 10.00AM
<b>NO SHIUR MONDAY 11TH AUGUST / 17 AV</b>					
TUE	12 AUG	18 AV	SHABBOS MINI SERIES	<b>הלכות חמור: Nice and Smooth</b> נדבת ר' אליעזר פרענקעל הי"ד לעיני הר"ר חיים אפרים בן הר"ר יעקב שלמה ד"ל	
WED	13 AUG	19 AV	SHABBOS MINI SERIES	<b>הלכות דש: Like 2 peas in a pod</b> נדבת ר' משה וויס הי"ד לעיני הבחור ישראל צבי ביבדלחטי"א הר"ר משה הי"ד	
THU	14 AUG	20 AV	SHABBOS MINI SERIES	<b>Fascinating new בורר cases</b> נדבת ר' אפרים פרענקעל הי"ד	
שבת	16 AUG	22 AV	SHABBOS MINI SERIES	<b>Shabbos &amp; Moshiach: Egg Salad, the food to bring Moshiach</b> שבת קדש נדבת ר' שלמה זלמן שטימלער הי"ד לעיני הר"ר ישראל זאב בן הר"ר צבי אשר ד"ל וזוגתו מרת סערל בת הר"ר שלמה זלמן ע"ה	MINCHA 6PM SHIUR 6.25PM
SUN	17 AUG	23 AV	פרנסה	<b>When Halacha meets Hashkafa</b> נדבת ר' יוסף ישעיהו הכהן שפרינגער לעיני הר"ר אריה לייב בן הר"ר זאב הכהן ד"ל	SHIUR TODAY: 10.00AM
MON	18 AUG	24 AV	הלכות צדקה	<b>Money tips!</b> נדבת החפץ בעילום שם	
TUES	19 AUG	25 AV	הלכות תשובה	<b>But it's not my fault!</b> נדבת ר' שלום לרנר הי"ד לעיני מרת טוביא רחל בת הר"ר שמואל שמעלקא ע"ה	

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**Raffle Extended**

## How to enter

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Please post your lids to:  
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London N16 3DE

### Important:

Be sure to clearly include your full name, address, and phone number with your entry. Entries missing this information will be void and not entered into the draw.

### Deadline:

All entries must be posted by Thursday, 28 August 2025.  
Lids Posted after this date will not be accepted.  
The raffle draw will, ly'h take place on Sunday, 31st August 2025.

**Taam Tuw**  
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# VOLUNTEERS OF THE MONTH

## JULY 2025 AWARDS

TIFERES

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Malki Cohen

BEIS YAAKOV

Debbie Spitzer  
Avigall Stein

HASMONEAN GIRLS

Maya Nolmark  
Adina Cooperman

MENORAH HIGH

Nechama Rinkoff  
Ariella Chana Wilks  
Temima Rose

MENORAH GRAMMAR

Shaya May

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# THANK YOU

TO ALL OUR AMAZING VOLUNTEERS. KEEP UP YOUR GREAT WORK!



## EZRA UMARPEH SUMMER OPENING TIMES

WE WILL BE

**CLOSED FROM MONDAY 10/8/25 UNTILL TUESDAY 26/8/25**

**REOPENING AS USUAL ON WEDNESDAY 27/08/25**

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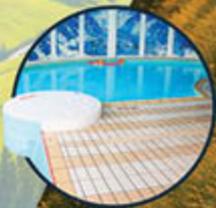


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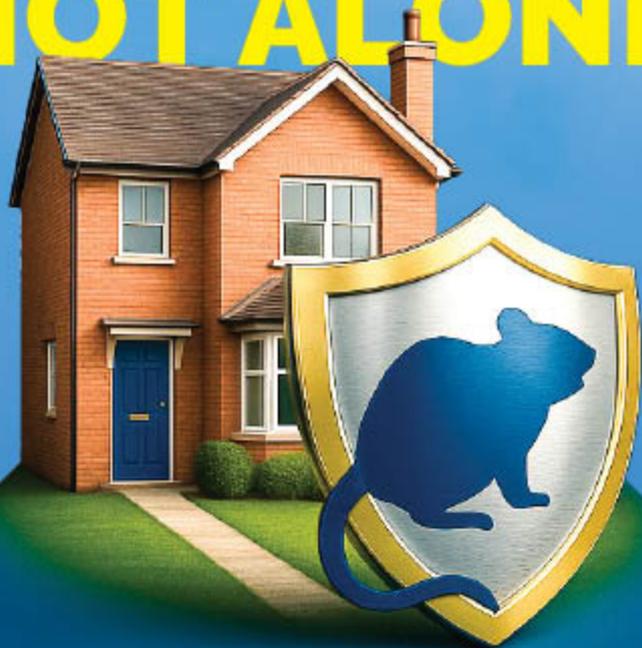


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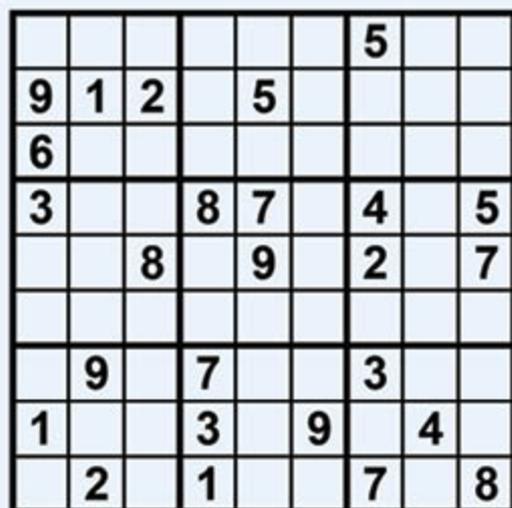
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## Spot The Difference Game

There are eight differences in the images below. Can you spot them all and win the game?

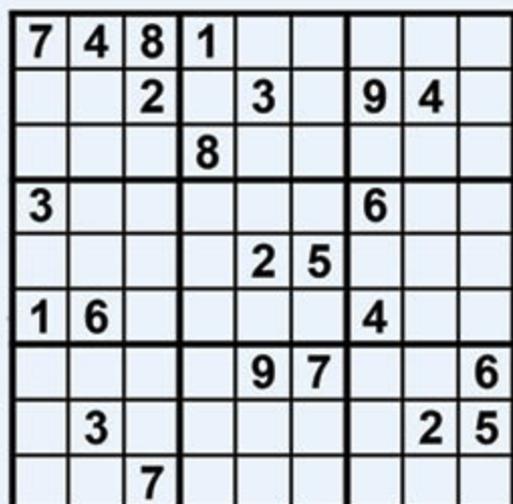


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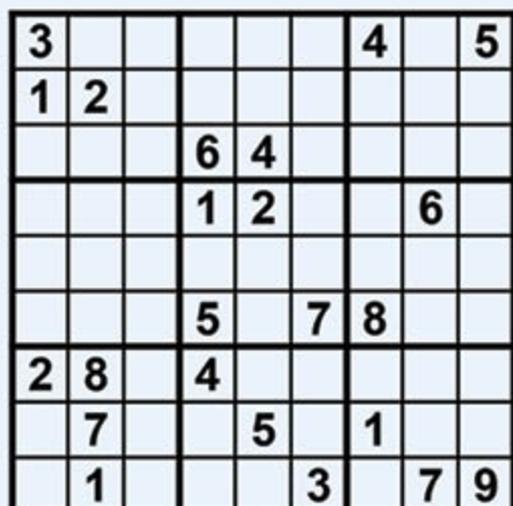
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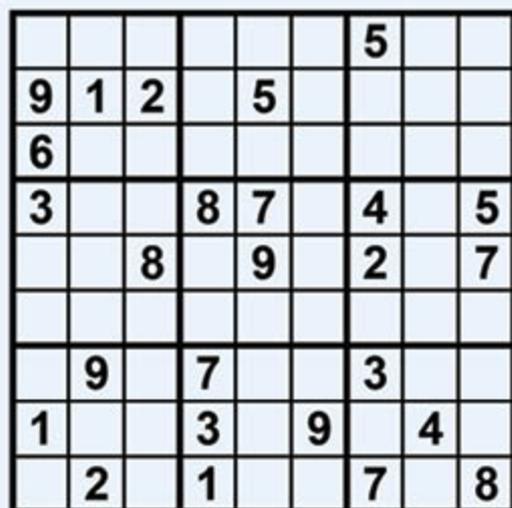
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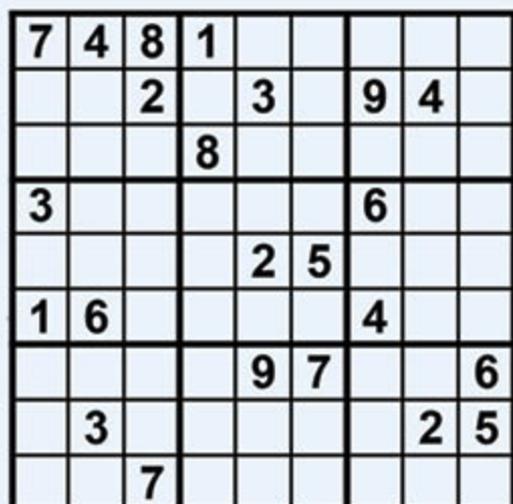
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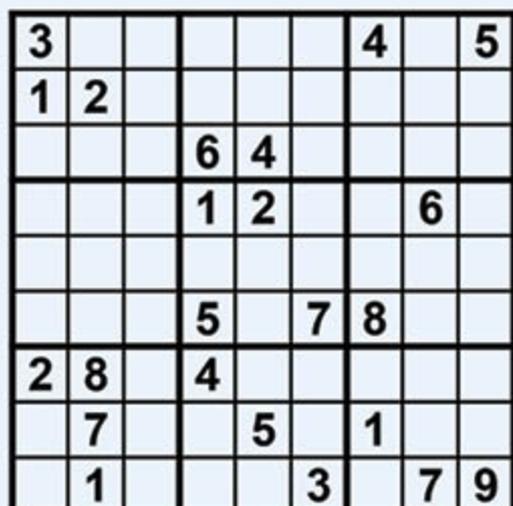
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LOCALNEWS

# Salmon Skewers

- 1 pound skinless salmon cubes
- 2 tablespoons brown sugar
- 4 cloves garlic, minced or 4 cubes Gefen Frozen Garlic
- 1 tablespoon ginger, grated or 3 cubes Gefen Frozen Ginger
- 1 tablespoon olive oil
- 1/2 cup Glicks Soy Sauce (or gluten free soy sauce)
- skewers

Combine the brown sugar, garlic, ginger, olive oil, and soy sauce in a large ziplock bag. Add the salmon and marinate for 15 minutes.

Preheat the Betty and add parchment paper for easier cleanup. If not using parchment, spray the pizza maker with cooking spray.

Place the salmon skewers on the Betty and cook with the cover open for two to three minutes on each side.



INGREDIENTS

DIRECTIONS

Recipe by Sara and Yossi Goldstein - Kosher.com



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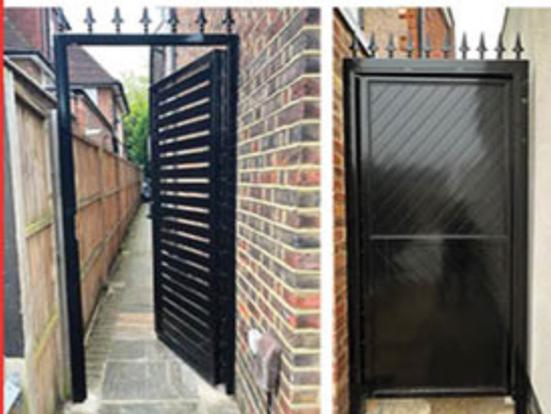
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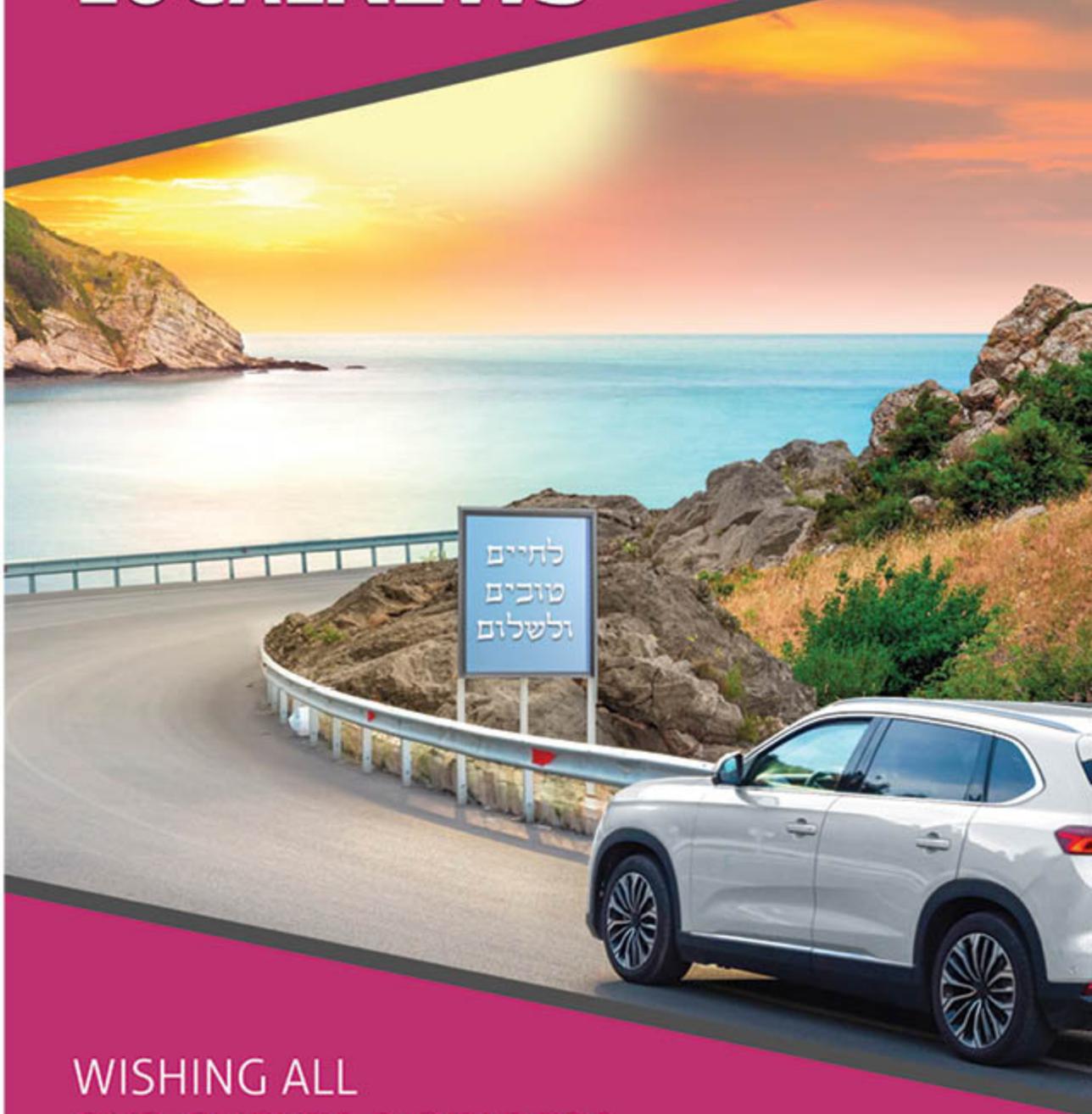
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# DEPUTY HEADTEACHER

Required for January 2026

We are seeking an exceptional leader to join our warm, ambitious, and high-achieving school as Deputy Headteacher. This is a rare opportunity for a dynamic individual to help shape the next stage of our development and contribute to our ongoing pursuit of excellence in teaching and learning.

## We are looking for someone who:

- Is an inspiring and strategic leader with a proven track record of success
- Builds strong, positive relationships
- Has the ability to inspire and support staff, pupils and parents alike

## In return, we offer:

- A supportive, forward-thinking leadership team
- Dedicated and collaborative staff
- A strong culture of professional growth and leadership development
- Engaged, respectful and high-achieving pupils

Prospective candidates are warmly invited to visit our school. To arrange a visit, and to obtain an application pack, please email [ecohen@byps.org.uk](mailto:ecohen@byps.org.uk) or phone 020 8905 9590

**Closing Date: Monday 29th September 2025 at 9:00am**

Our School and all its personnel are committed to safeguarding and promoting the welfare of the children. This post is subject to an Enhanced Disclosure Application to the Disclosure and Barring Service.

# Classified

# Useful numbers

## Misc.

Have you or someone you know moved to Golders Green or Hendon? Please text us your / their details, name - address - phone number & we will give you / them a FREE welcome pack. **Please call:**  
**Ricky: 07973 360 274**  
**Chani: 07779 061 385**

Do you run a small business, are involved in a Kehilla activity or Minyan?  
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## Lost & Found

**LOST:**  
 brown long scar wig in a wig image box  
**Please call**  
**07929 975 765**

**FOUND:**  
 Leather Tehilim with name Shuli T found in the Ezra Umarpeh room in UCLH Hospital.  
**Please collect from SH office or call 020 8211 7999**

## Services

**Gabz Jewels**  
 Jewellery repairs  
 I can fix, re string, and clean your jewellery. Call or message me for more information.  
**077828-55386: Gaby**

## To Let

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**NEW**  
**Short term rental.**  
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 £375 per week inc towels, linen, wifi. Private entrance.  
**Text/Whatsapp 07768 684 041**

## Gemach

The Clothing Drive.. Collecting mens, ladies & children's clothing, shoes & linen in any condition. Shoes (only full pairs), pack separately. Towels, tablecloths, & linen, pack separately. £3 collection (more than 10 bags may be more). **Call/text 07411 229 354 or 07411 227 673**

**Gemach:**  
 Teenage / Adult gown gemach, Many new gowns.  
 Esther bas Yeshua  
 Fegal bas Yoseph.  
**Please call**  
**07817 477 634**

## Organisations

Contact Info

HATZOLA NW LONDON	0300 999 4 999
HATZOLA EDGWARE	0303 888 9999
CHAVEIRIM	0300 0700 999
SHOMRIM	0300 999 1234
EMERGENCY	999
BONEI OLAM	020 8455 4321
BEREAVEMENT SERVICE (JBCS)	020 8951 3881
CAMP SIMCHA	020 8202 9297
CHANA	020 8201 5774
CHAI CANCER CARE	020 8202 2211
CHEVRA KADISHA NW	0300 111 1122
CHIZUK	020 8800 7494
CST	0800 032 3263
EZRA UMARPEH	020 8211 1010
GIFT	020 8457 4429
HAND IN HAND FORMERLY SHABBAT WALK	07506 750 023
JEWISH FAMILY CENTRE	0208 209 1117
KASPA SECURITY	07880 435 747
LEV ECHOD CANCER CARE	07870 351 436
MARS REFUAH	020 3322 8586
MENUCHA	03002 225 764
MESILA	0333 344 1711
MISASKIM GG	0300 111 0333
MISASKIM EDGWARE	07989 999 645
MINYAN LINE NW	020 3670 6130
NSHEI CHAYIL	07574 018 331
PAPERWEIGHT	0330 174 4300
RELIEF	03333 445 595
SHEMA KOLI	020 3670 1818
SHIDDUCH PROJECT	020 3240 0117
SHMEICHEL	020 8800 0008
TAG GG	020 7112 4848
TAG EDGWARE	020 8952 5666
TAHAREINU	020 3769 2941
YAD LCHAIM	020 8079 3025

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# מנין צעטיל

תשעה באב

## מעריב

### מעריב

הענדאן עדת	8.15
אמרי שפר	8.45
בית ישראל	8.50
דאנסטן רד, עץ חיים	9.15
בית ישכר דוב	9.19
בית שמואל, קי אהל משה	9.20
תפארת ישראל	9.25
היכל מנחם, ווידיטשקא	9.25
<b>נאכט</b>	<b>9.35</b>
בית ישכר דוב, מיג ביה	9.35
סיני, עץ חיים	9.42
בית שמואל	9.42
בית ישכר דוב	10.00
בית ישכר דוב	10.30
<b>קידוש לבנה</b>	
בית ישכר דוב	10.30
נשמת ישראל	10.30

## מנחה

### מנחה גדולה

ברידוש לוי, היכל מנחם	1.45
ווידיטשקא, קי אהל משה	1.55
אור חדש	2.00
אמרי שפר, בית ישכר דוב	2.00
בית שמואל, דאנסטן רד	2.00
הענדאן עדת, סיני	2.00
עץ חיים, תפארת ישראל	2.00
בית ישכר דוב	3.00
בית ישכר דוב	4.00
בית ישכר דוב	5.00
5.34 טעמת קטנה	

### מנחה קטנה

בית ישכר דוב	6.00
קי אהל משה	6.50
בית ישכר דוב, בית ישראל	7.00
דאנסטן רד, עץ חיים	7.30
SAGE	7.30
בית ישכר דוב	8.10
ברידוש לוי, היכל מנחם	8.00
23 Green Walk	8.15
אור חדש, אמרי שפר, בית שמואל	8.15
מיג ביה, הענדאן עדת	8.15
תפארת ישראל, סיני	8.15
נשמת ישראל, תפי ישראל	8.15
ווידיטשקא	8.15

## שחרית

### שחרית

בית ישכר דוב	4.59
ברידוש לוי	7.00
מיג ביה	7.40
סיני	7.55
בית ישראל, דאנסטן רד	8.00
הענדאן עדת, קי אהל משה	8.15
בית ישכר דוב, נשי ישראל	8.15
אור חדש, אמרי שפר	8.30
ווידיטשקא, מחזקי הדת	8.30
עץ חיים, תורת חיים	8.30
תפארת ישראל SAGE	8.30
בית שמואל, ברידוש לוי	9.00
23 Green Walk	9.30
מאורות חיים	9.30
היכל מנחם	10.00

# Business Directory

LOCAL NEWS  
The Jewish Community



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The date, time and location of the event will be confirmed in the coming weeks.



Q&A WITH HARAV ELYA BRUDNY, RAMI DEUTSCH, RAMI SHAPIRO, RAMI HABER, RAMI MENACHE, MRS. MIRYAM AHUVA EHERENPREIS, MRS. BRENDA KOHN, MRS. ELZE SWERDLOV, MRS. CHAYA GITTY POLLACK

— WORLDWIDE WOMEN'S EVENT: RISING STRONGER 2 —

MRS. AHUVA EHERENPREIS, MRS. BRENDA KOHN, MRS. ELZE SWERDLOV, MRS. CHAYA GITTY POLLACK

## WOMEN/ GIRLS

LOCATION BEIS YAAKOV GRAMMAR SCHOOL, STRATFORD ROAD NW4  
TIME SUNDAY 3<sup>RD</sup> AUGUST 2025  
DOORS OPEN 2:15PM STARTS 2:30PM

ENTRANCE £10

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DOORS OPEN: 4:30 PM  
START: 4:45 PM

ENTRANCE: £10

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