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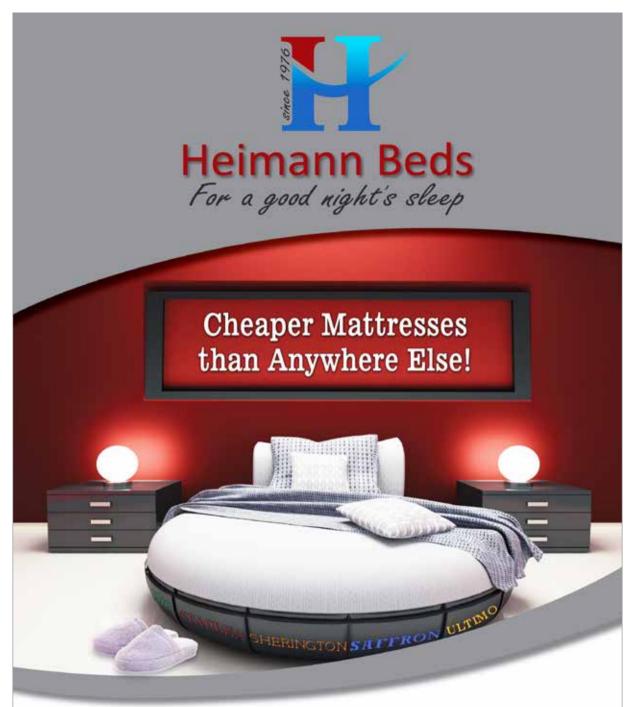
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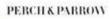
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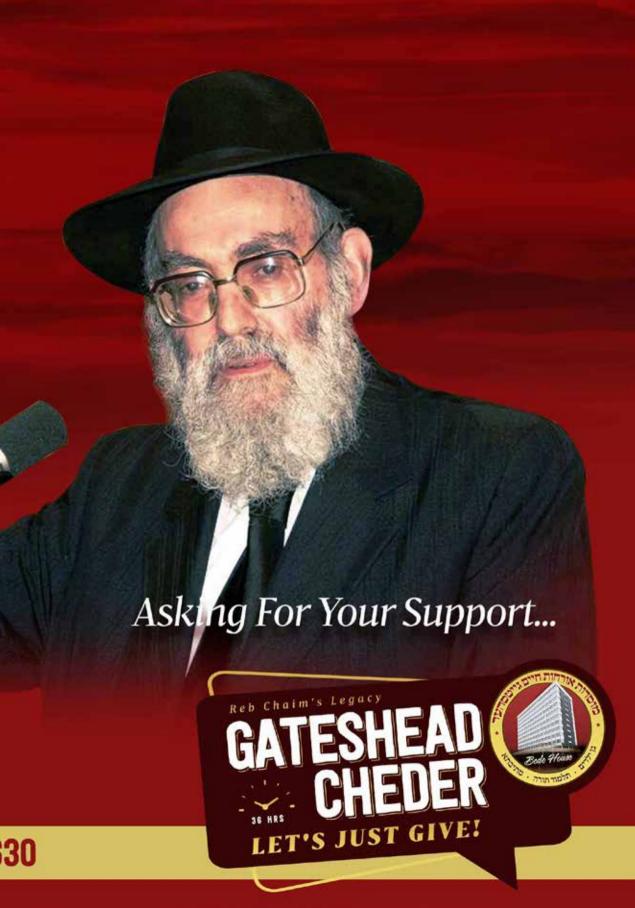


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- TAKES A LONG TIME TO GO TO SLEEP?
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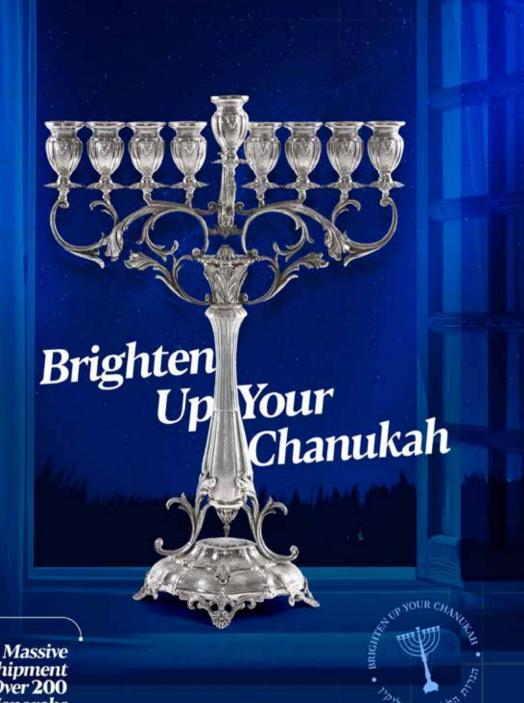












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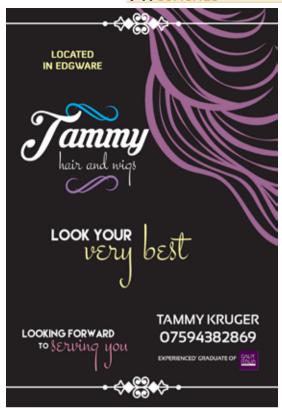




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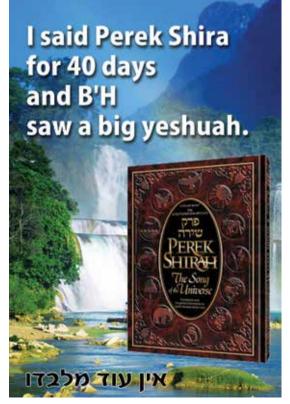
















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Q: We are not sure what to do. Our son is struggling academically and needs to go out of the class for help but refuses to go and is probably embarrassed. How can we get him the help he needs?

#### Δ.

#### R' Yisroel Rand שליט"א, Kodesh SENCo - תורה תמימה

Answer: Most children are naturally happy to receive the undivided attention from the SENCo department. It is unusual for a child to feel embarrassed, though there may be other significant reasons to have caused this - such as a previous negative experience or perhaps the way the parents or teacher presented it to them. It is therefore recommended to prepare the child, explaining clearly what will be done in a positive way, focussing on the benefits and the goal. An open and validating conversation is very helpful and beneficial for both the parents and the child in deciding the best way forward.

#### R' Yoel Y. Weiss שליט"א, SENCo - ת"ת באבוב

Answer: It is important to bear in mind that every child has his or her unique difficulties and challenges. I would however encourage parents/teachers to discuss with their child/student their difficulties and potential support in a sensitive and empathetic manner prior to sending them out for help. Having an open discussion about a transition or something new with one's child mitigates the anxiety and resistance. Unfortunately I have found that sometimes parents find it difficult to discuss these sort of matters.

A child cannot be forced to learn or participate; it can cause the child to feel more distress and anxiety thus reinforcing their resistance to any support.

#### R' Zalman Leib Frenkel שליט"א, SENCo and Psychotherapist סקווירא – תולדות יעקב יוסף

Answer: It is rare that a young child would be unwilling to go to the SENCo as it is usually an enjoyable learning experience as opposed to regular classroom learning. Most pupils want the help and look forward to coming. It is more likely that the child has picked up on his parent's embarrassment and fears and therefore rejects the idea as well. It is important that parents take into consideration that the child may be more embarrassed later on when he cannot keep up with his peers. If however the child's embarrassment is real then it may be worthwhile to accommodate him so that he meets with the SENCo at the end of school or before school starts or any other time that he prefers. Furthermore I think it is imperative to assess the reason for the child's reluctance as sometimes the child's emotional state may take precedence over his academics.

Please note that these answers are general guidelines. Each individual should consult with their Rov or Moreh Derech.

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Dayan Harav S. Low Shlit"a: (on the Anti-Bullying Programme)

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at BJ House

Year 5 Thursday 5<sup>th</sup> December 5.30 - 6.45pm at BJ House Year 6 Thursday 5<sup>th</sup> December 7.15 - 8.30pm at BJ House

BJNW is a registered charity (Beth Jacob Foundation 293460) We must therefore comply to all legal requirements pertaining to Youth Clubs. It is incumbent on us to be aware of the details of the children who attend any activities organised by BJNW. From here on only children who are registered members will be invited to attend group and any event/outing/show. (This does not include visitors from out of town!!)

Save The Date: Junior Show 5th July 2020.

For all enquiries please call 07855 449 536 Annual Junior Membership: £40 | Second Child £35 | Third Child £30

| PAT TOUR MEMBERSHI  | P FUR 2019- | 2020 AT THE CHANOKAH EVENT |  |
|---------------------|-------------|----------------------------|--|
| Name:               |             | Surname:                   |  |
| Address:            |             | Phone:                     |  |
| School:             | Year:       | Email:                     |  |
| Parent's Signature: |             |                            |  |





37 Elmcroft Crescent NW11 9TB - 020 8004 2224

The following position has become available.

#### **KEY WORKER** FOR PRE-NURSERY

#### To start immediately

We are looking for warm, caring staff who will join our vibrant and dedicated team and will help enable each child to blossom to their potential.

#### EXCELLENT REMUNERATION

Crèche on site

Please contact the school office for an application form and job description

T: 07508521456 or 07957781069 or Email: peninimschool@gmail.com

Peninim Girls School is committed to safeguarding and promoting the welfare of children and espects all staff to share this commitment.

Appointments will be subject to a satisfactor perhanced DBS check

TALMUD TORAH iferes Shlomo





תלמוד תורה

A: Danescroft Ave London NW4 2NB T: 020 8458 1074 E: office@ttts.org.uk | Reg. Charity No 1064650

#### **CURRENT VACANCIES**

#### KS3 Science Teacher (Part time)

Commencing January 2020

We are seeking to appoint an outstanding KS3 Science Teacher for the delivery of The Jewish Centre for Science's Niflaos HaBoreh Program. The successful applicant will be able to teach with skill and confidence and be able to inspire, challenge and support our pupils,

The successful applicant will:

- · Have a passion for, and good grounding in, the Sciences;
- . Show evidence of being an outstanding teacher in the classroom;
- · Demonstrate good organisational skills as evidenced by effective lesson planning and administration of classroom work.

The post carries a highly competitive salary and training in the program will be provided.

#### KS2 Teaching Assistant (Part time)

Immediate start

We are seeking to recruit a capable and enthusiastic KS2 teaching assistant to assist and support children with a diverse range of abilities in the class environment.

To request an application form, or if you would like to talk informally with the headteacher regarding the role, please call 020 3034 0634 or email office@tts.org.uk

TTTS is committed to safeguarding and promoting the safety and welfare of children. The successful applicant will be subject to an Enhanced Level DBS check.





#### תורה תמימה

**Torah Temimah Primary School** 

#### NURSERY APPLICATIONS NOW OPEN

#### For admission into Nursery in September 2020

For parents of boys who have reached their 3<sup>rd</sup> birthday by 31<sup>st</sup> August 2019

Application deadline - Friday 6th December 2019

Application forms are available by emailing: admissions@torahtemimah.brent.sch.uk

For admissions enquiries, please call 07482 874 249 Mon-Fri between 9am-11am

with other Jewish schools. Our deadline for applications to be received will be advised shortly.

Parkside, Dollis Hill, London NW2 6RJ • Tel: 020 8450 4377 • Fax: 020 8208 7998

מבחל: Rabbi E. Klyne א"שלים" MA (Ed) • Headteacher: Rabbi Y. Freeman BSc.



#### Ateres Beis Yaakov

27 Green Lane, London NW4 2NL el: 020 8059 6528 Email: office@ateresby.co.uk Head of Early Years: Mrs S Cohen

Ateres Beis Yaakov Primary School welcomes applications for entry to the Pre-School, Kindergarten and Reception Classes for September 2020.

At Ateres Beis Yaakov, we work together with parents to ensure each child can thrive and reach their potential in a safe and warm environment. The school provides a Toradik and professional setting in which every child can develop their self-esteem and achieve in both their חול and חול education.

- Applications for Pre-School are for children born between 1st September 2017 and 31st August 2018
- Applications for Kindergarten are for children born between 1st September 2016 and 31st August
- · Applications for Reception are for children born between 1st September 2015 and 31st August 2016. Limited spaces are available.

Prospective parents will be given the opportunity to see the School and meet the staff.

To request an application form or for further details please email office@ateresby.co.uk.

TALMUD TORAH iferes Shlomo The Nachum Yoel Halpren Building



A: Danescroft Ave London NW4 2NB T: 020 8458 1074 E: office@ttts.org.uk Reg. Charity No 1064650

#### TEACHER OF ENGLISH

COMMENCING JANUARY 2020

We are seeking to appoint an outstanding English Teacher to teach up to and including GCSE level. The successful applicant will be able to teach with skill and confidence, and be able to inspire, challenge and support our pupils.

#### The successful candidate will:

- Have a passion for English language and literature evident in their day to day teaching.
  - Show evidence of being an outstanding teacher in the classroom.
    - Want to make a real difference to the lives of all young people.

The post carries a highly competitive salary. It also benefits from a reduced workload and extremely generous non-contact time.

To request an application form, or if you would like to talk informally to the Headteacher to find out more about the position, please call 020 8458 1074 or e-mail office@ttts.org.uk

TTTS is committed to safeguarding and promoting the safety and welfare of children. The successful applicant will be subject to an Enhanced Level DBS check.



# **UDOKU PUZZL**

EASY PUZZLE



| 2 |   |   |   | 6 |   | 8 |   |
|---|---|---|---|---|---|---|---|
|   | 3 | 7 |   | 8 |   | 4 |   |
| 8 |   |   | 3 | 2 | 9 |   |   |
|   | 2 |   |   |   | 7 |   |   |
|   |   |   | 6 | 4 |   |   |   |
|   |   | 9 |   |   |   | 5 |   |
|   |   | 8 | 4 | 3 |   |   | 1 |
|   | 1 |   | 7 |   | 6 | 2 |   |
|   | 7 |   | 9 |   |   |   | 4 |

|   |   |   |   | 3 |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 7 |   | 6 |   |   |   |   |   |   |
|   | 8 | 4 | 9 |   | 6 |   |   |   |
|   | 3 | 5 | 7 | 2 |   |   |   | 9 |
| 8 |   |   | 4 |   | 5 |   |   | 7 |
| 1 |   |   |   | 9 | 3 | 5 | 4 |   |
|   |   |   | 3 |   | 1 | 7 | 8 |   |
|   |   |   |   |   |   | 1 |   | 2 |
|   |   |   |   | 7 |   |   |   |   |

Each puzzle consists of a 9x9 Sudoku grid containing areas surrounded by gray or dotted lines. The object is to fill all empty squares so that the numbers 1 to 9 appear exactly once in each row, column and 3x3 box, and the sum of the numbers in each area is equal to the clue in the area's top-left corner.



MISC: HAVE YOU OR SOMEONE YOU KNOW moved to Golders Green or Hendon? Please text us your / their details, name - adress - phone number & we will give you / them a FREE welcome pack. Ricky: 07973 360 274 Chani: 07779 061 385. Edgware text Tanya: 07506 274 540

GRAPHOLINE MISC: expert graphologist

call 07956 323 141

MISC: Getting ready for Ulez? Are you selling your Estima? (in excellent condition). please send images & contact details to imhirsch12@gmail.com,

call/text 07565 893 388

the heart of Boro Park all amenities incl. available daily/weekly. call/text/whatsapp +1 347 6757 568 TO LET: Antwerp: Situated on

TO LET: Brand new ground

floor 2 bedroom apartment in

the Belgielei. Completely renovated ground floor apartment 2 bedrooms, aircon, bedding & towels provided. Suitable for business men, visitors & guests. Daily & weekly rates. For info call or text +323 479 292 080

FOUND: Found on last day Sukkos, on Montpelier Rise (Hamilton side) girls grey fur, shabbos coat. Age 4-5. Make-Tu. Please call 07817 000 078

#### LOCALNEWS

#### **USEFUL NUMBERS**

Hatzola Edgware 0303 888 9999 Shomrim 0300 999 1234 Chaverim 07931 869 835 Emergency 0800 032 3263 Chana Ezra Umarpen Kol Halashon KASPA Security Lecheiris Organisation 0300 303 4747 Misaskim GG Misaskim Edgware Minyan Line Minyan Line NW Nahei Chayil

RELIEF Shema Koli Shidduch Project Shmeichel

TAG - GG TAG - Edgware

Hatzola NW



HARD PUZZLE



אבינו מלכנו שלח רפואה שלמה לחולי עמך!

#### For ladies and girls

Due to the unfortunate increase recently in the number of חולים ל"ע in North West London. we request all ladies and girls to participate in a public

### עצרת תכיל

to be held this coming

#### סוצאי שבת פרשת תולדות

at

#### **Hendon Adass Yisroel**

**Brent Street NW4** 

Doors open at 8:15pm

#### תהילים בציבור

At 8:30 prompt (to finish at 9pm)

Words of chizuk from Harav Yeshaya Schlesinger שליט"א

ויהי רצון שיתקבלו תפלותנו ברחמים וברצון

The עצרת has the support of all local Rabbonim



## MY NAME IS EMES

By R' Fischel Schachter & Yonasan Schwartz adapted/Iluustrated by Tzai R. Pensky















## IAPESI

by Ruthie Pearlman

#### CHAPTER NINETEEN cont.

"He only sent two. No more," Ilana mused. "I wonder why. Maybe he has no more messages to send us. Maybe he knew we were on his trail and decided to take drastic steps." Her voice rose

"No, no. Don't think like that," Leora soothed. "But if he's the Internet Fox, as he says he is, then he should use the Net, shouldn't he?"

"It's only a few days since the last e-mail. Maybe he's on the run with Josh and has no access to a computer," Leora said reassuringly, though she herself had wondered at the lack of e-mails. Since the Fox had showed himself to be comfortable with a computer, it didn't make sense that he had stopped using this medium. Unless...

Unless he knew he was being tracked. Which would achieve exactly what Colin didn't want to achieve — to drive him underground, to scare him away. Scare him to where no one would be able to find him. Leora closed her eyes for a moment and sent up a silent prayer that the Fox was still somewhere close by.

After breakfast, Ilana went into Don's study while Leora cleared up the breakfast dishes. She let out a cry, which brought Leora running.

"I don't believe it!" She was pointing at the screen with a shaking finger. Leora looked.

"It's from him! The Fox! I don't believe it! What a coincidence!'

"Sure is," Leora said, breathing an inward sigh of relief and sending up a prayer of thanks. Wow, I must be better than I thought if You answered my prayers so fast!

The e-mail read:

When devils will the blackest sins put on, They do suggest at first with heavenly shows. The Internet Fox

"What does it mean?" Ilana said, her voice rising

dangerously out of control.

Leora read it again. "To me it sounds as if the Fox feels threatened. Print it out, Ilana. I'd better call Colin."

Within ten minutes Colin was staring at the screen alongside Ilana and Leora. something very familiar about the style of the writing," he said, rubbing his chin. "I can't place it. Hang on a second." From his inside jacket pocket he withdrew a copy of the book he'd been reading last night.

"A paperback novel? Oh, come on," Ilana said derisively.

"No, not the novel. Look. I found this slip of paper inside it." He held out the sheet with the

There was a brief silence while they all read it. "It's not that similar," Leora said at last.

"No," Ilana agreed, "but there is something..." Colin said, "The book belongs to Cindy Wallis. It's just too much of a coincidence."

"You think the person who wrote the letter to Cindy and the person who wrote this e-mail are one and the same?" Ilana asked.

"I think so. I'm not sure. I'd have to find an expert. Someone literary."

"Well, at least one thing's for sure. He's still sending e-mails, which is a good sign," Leora interjected.

"It means he still feels confident that no one can trace them," agreed Colin, "though the content of this one seems to hint that he feels threatened." "We don't want him to feel threatened. Then he'll be much harder to trace," Leora said worriedly. Colin looked at the two lines of text. "I think this isn't composed by him. I don't think he is a writer. He is using someone else's work. Does anyone recognize it?"

They all shook their heads. "It sounds very classic, but I must confess, the classics never interested me that much; I always found them boring," Ilana said.

Leora nodded her agreement. "I've always preferred modern writers," she said. "In any case, you know what this could mean, don't you?" Leora said slowly, and they both looked at her. "It means Cindy and the Fox may know each other, could even be working together on this kidnaping."

"Are you seriously suggesting that Cindy's grievance against Don for sacking her was enough to make her commit this crime?" Ilana said incredulously. "For heaven's sake, she must be twisted if firing her for using chat rooms and playing games on-line during working hours would make her angry enough to kidnap a child."

"And use an accomplice like the Fox to carry it out," agreed Leora. "You're right. It doesn't make sense. It's taking a sledgehammer to crack a peanut."

"I suppose if she's got a screw loose she could be capable of anything for the slightest provocation," Colin said, mostly to himself.

"I knew Cindy," Ilana said. "She was an intelligent girl, computer literate. She was just lazy and wanted to have fun, not work. I can't imagine her being provoked enough to want to do this. She'd more likely just find some other job where she wasn't watched too closely and have fun there instead."

"Hmm. Maybe we can find out from Karen Whitestone if Cindy had a boyfriend, and if so who. Come on, gang, we have work to do! First to the Fox's address, then back to Edgware to speak to Karen Whitestone. We could speak to her from the cell phone on the way. Maybe she has more news about Cindy's whereabouts."

"I want to come with you," Ilana said suddenly. "Don't leave me here alone, please."

They looked at her with compassion.

"We're doing police work, Ilana," Leora said at

last, putting her arm round the older woman. "Couldn't you get your mother or a friend to come and be with you?"

Ilana visibly sagged, like a rag doll from which someone had removed half the stuffing. "No, it's okay." She looked at the wall clock. "Don will be home from the kollel soon. Maybe we'll go out for a while. It's a lovely spring day."

Her words were positive and upbeat, but her tone and body language gave a whole different message. Leora felt terrible, but taking Ilana along on today's trip would set a very worrying and impractical precedent.

"I'll tell you what," Colin said. "We'll pass the kollel on our way out and drop in and tell Don to come home a bit earlier. How's that?"

Another glance at the wall clock. "I don't want to cut his learning short. He doesn't get much chance during the week. Work is always in the way. I'll walk to the kollel and pick up some groceries on the way. By the time I finish my food shopping, he'll be ready to leave." She beamed at them both. "There! See? I'm sorted! Off you go!" "We'll go if you go, too," Leora said firmly. Ilana went and got her shoulder bag and sunglasses. She wouldn't need a jacket; the weather was warm. She joined them outside the house and locked up carefully.

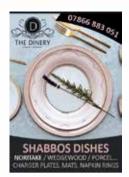
"Want a lift?" Colin asked politely. He didn't actually want her to accept, as once she was in the car, he had a feeling she'd be a job and a half to get out again. Anyhow, he had to pick up Peter on the way.

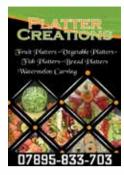
"No, no, I want to walk," Ilana replied on cue. "It's a glorious morning, the flowers in my neighbors' gardens need my inspection as I walk up the road, and there's plenty of time to get my shopping done before I pick up Don."

To be continued....



#### LOCALNEWS BUSINESS DIRECTORY - BE SEEN WEEKLY











London NW2 2LD



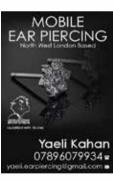


















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## CURRENCY

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#### THE **CURRENCY EXCHANGE**



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## WEATHER FORECAST

Thursday 10°c / 3°c 28 Nov Friday 7°c / -1°c 29 Nov Shabbos 6°c / 3°c 30 Nov Sunday 6°c / 1°c 1 Nov Monday 6°c / 0°c

Tuesday 6°c / 1°c 3 Nov



#### גאלדערס גרין מנין צעטיל תש"פ

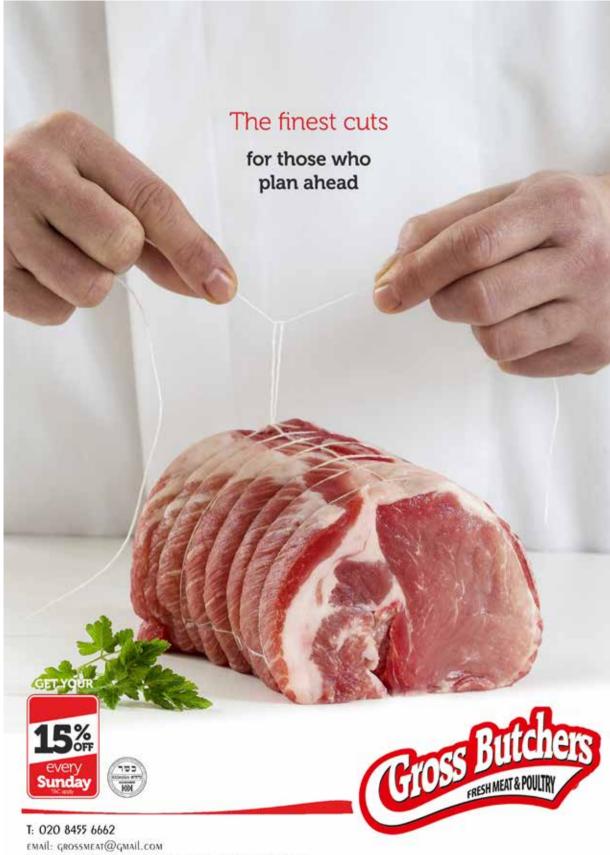
#### פ' תולדות

| טנחה שכת                       |       | ערב שבת  |             |
|--------------------------------|-------|--|-------------|
| אור חדם, ברוחש ליון            | 12.38 |  |             |
| נארר הננהאן<br>כית אברתם       |       | מנחה גדולה   |             |
| ביו אנויהם                     |       | עץ חיים  | 12.30       |
| 21 Green Walk                  | 12.45 |  |             |
| מרת מינה                       | 1.00  | 144 הדלכת הברות  |             |
| בית יפסי דוב                   | 1.15  |  |             |
| 63 Crathoume Gdm               | 1.30  | מנחה וקבלת שבת   |             |
| 2. Highfield Gardens           |       | מחזיסי הדת   | 1.18        |
|                                | 1.45  | ג"ג ב"ה. הענדאו עדת  | Name and    |
| מית אברהם, ג"ג כ"ה             | 2.00  |  | 3,40        |
| 7007 7700 3.43                 |       | נארד הענדאן, תורת חיים   |             |
| tta Green Lane                 | 2.39  | SAGE   |             |
| אברכים, עץ חיים                | 3.05  | אברכים, אור חדש, אמרי שפר  | 3.41        |
|                                | 3.16  | Part of the second seco |             |
| בית ישפר דוב                   |       | בית אברהם, בית ישראל   |             |
| 20 APRIL                       | 3.15  | בית תפילה, ברידוש ליין   |             |
| SACE                           |       | גור, נד ישראל  |             |
| אר חדש                         |       | סיני, עץ חיים  |             |
| 2010 12100                     |       | The second secon |             |
|                                | 3.33  | קהילת אהל משה, שערי תפילה  |             |
| ג'ג ב'ה, נארד הענדאר           | 3.35  | jle  |             |
| ארכסמדר                        |       | בית ישכר דוב   | 3.44        |
| בריוום ליון                    | 3.40  | היכל מנחם  | 7.40        |
| חיכול מנוחם                    |       | 2112   | 200         |
| תורה חיים<br>מאסיב תפארה ישראל |       | WATER CONTROL BY AND   |             |
| TROUGH MADE OF CHES            | 2.41  | בית שמואל, נשמת ישראל  | 3.51        |
| בית ישראל, בית שפואל           | 3.25  | סאסוב  |             |
| בר ייטראל                      |       | תפארת ישראל  |             |
| per er ret                     | 3.45  |  | 0.00        |
| אטרי שפר, בית ישכר הי          | 3.63  | 23 Green Walk  | A PROPERTY. |
| נשסת ישראל, שטרה צבי           |       | פטרת צבי   | 3.57        |
| מעמראון עדות                   | 4.05  |  |             |

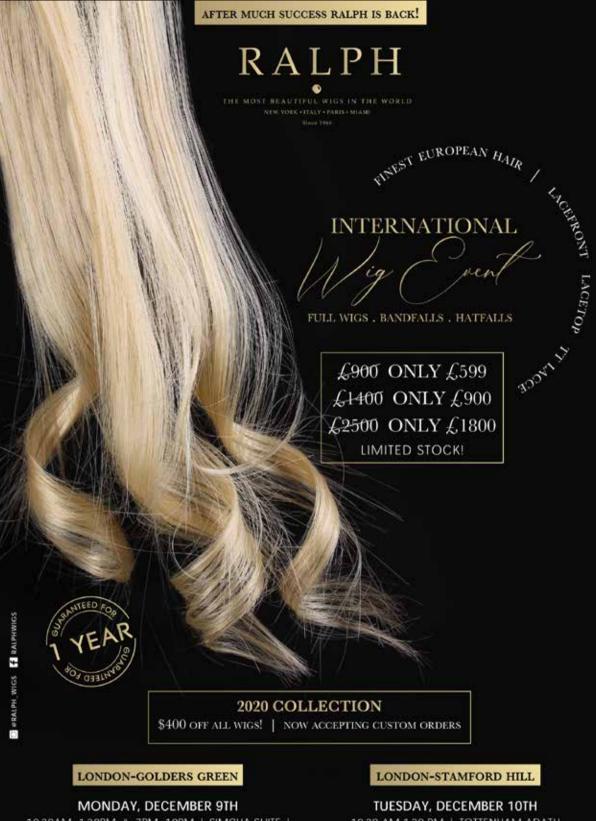
#### פ' וישב

| ממחה קשנה 2.12-2.13        |      | בית ישכר דוב מבחה בחול   | 12.20 |
|----------------------------|------|--|-------|
| (א) בית ישכר דוב           | 2.20 | (ב - ד.) עלי ביון  | 12.30 |
| (ב - ד) בית ישכר רוב       | 2,30 | בית ישכר דוב   | 12.40 |
| (A) בית ישכר דוב           | 2.40 | כנסת יחזקאל, מארינורא  |       |
| מיי עילם                   | 2.45 | (א) ב"ב כ"ה (כ - ה) בית ישראל  |       |
| (א) ביה ישראלי             | 2.55 | כית אברהם, בית ישכר דוב, עץ חיים, יהילת אחל משה  | 1.00  |
| בית ישכר דוב               | 3.00 | ליום די פי תולדות, ג'ע ב'והי, פיניי)   | 1.00  |
| לב - ה) תמצרת ישראל        | 3.15 |  | 1.05  |
| בית ישכר דוב               | 1.20 | סיני (חוץ סיום ל פ' תולדות)  |       |
| 710 (67 - 2)               | 3.30 | הענדאון ערוב, כולל ג"ג   | 1.15  |
| בשרד הענדאור               | 3.35 | 23 Green Wk (N)  |       |
| בר ישראל"                  | 1.18 | (יום ד' פי תולדותו בית ישכר רובי)  |       |
| בית ישטר דום, ברידוש לייון | 3.40 |  | 1.30  |
|                            | 200  | בית ישכר דוב, בית שמואל  | 1.40  |
| רענואן עדת", מחזיכי הדת"   |      | ברידוש לייף, כאסוב   | 1.45  |
| תורת חיים"                 |      | (א) בית ישכר דוב   | 2.00  |
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| (מ) בשפת ישראלין           | 3.41 |  |       |
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| בית שמואל                  | 4.20 | 275 7907 010, 93 0112  |       |
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|                            | 71   | בית קשר חום בים פכרום, ג'ונ כ'וד, טיר, חנומש צווה - ונו - הו המשיח יסיי  |       |
|                            |      | Journals-1   | CR15  |

| DAILY        | Thu           | Fri           | שבת           |
|--------------|---------------|---------------|---------------|
| TIMES        | 9: 57 - שקיעה | 3: 56 - שקיעת | שקיעה - 3:55  |
|              | 4: 53 - לילח  | 4: 53 - לילז  | 4:52 - לילה   |
| Sun          | Mon           | Tue           | Wed           |
| 9:55 - שקיעה | 3: 54 - שקיעה | 9: 54 - שקיעת | 9: 53 - שקיעה |
| 4:52 - לילוז | 4: 51 - לילה  | 4: 51 - לילה  | 4: 51 - לילה  |



6 Russell Parade, Golders Green Road, London NWII 9NN



10.30AM -1.30PM & 7PM- 10PM | SIMCHA SUITE | 85 BRIDGE LANE, LONDON NW11 OEE RACHEL: 07813826113 10.30 AM-1.30 PM | TOTTENHAM ADATH 55 RAVENSDALE ROAD, LONDON N16 6TH RACHEL: 07813826113 B'H