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**Is your child due to start
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We welcome you to our Open Morning on

Tuesday 16th November 2021

9.45am in school

or

8pm on Zoom (zoom details will be shared once registered)

You will have the opportunity to find out more about our school and meet the Headteacher, Head of Kodesh, Governors, staff and some of our pupils

If you would like to attend, please register by emailing
office@shalomnoam.org.

Please ensure you respond by **Tuesday 9th November 2021**

If you have any questions, please do call the school office 020 8908 9491

IMPORTANT:

Attendance at Shalom Noam Nursery does not guarantee a place in our Reception class.

For a Reception place, please ensure you apply by the deadline: **15th January 2022**

For a Nursery place, please ensure you apply by the deadline: **5th December 2021**

Application packs are available from the school office or by email: sbm@shalomnoam.org

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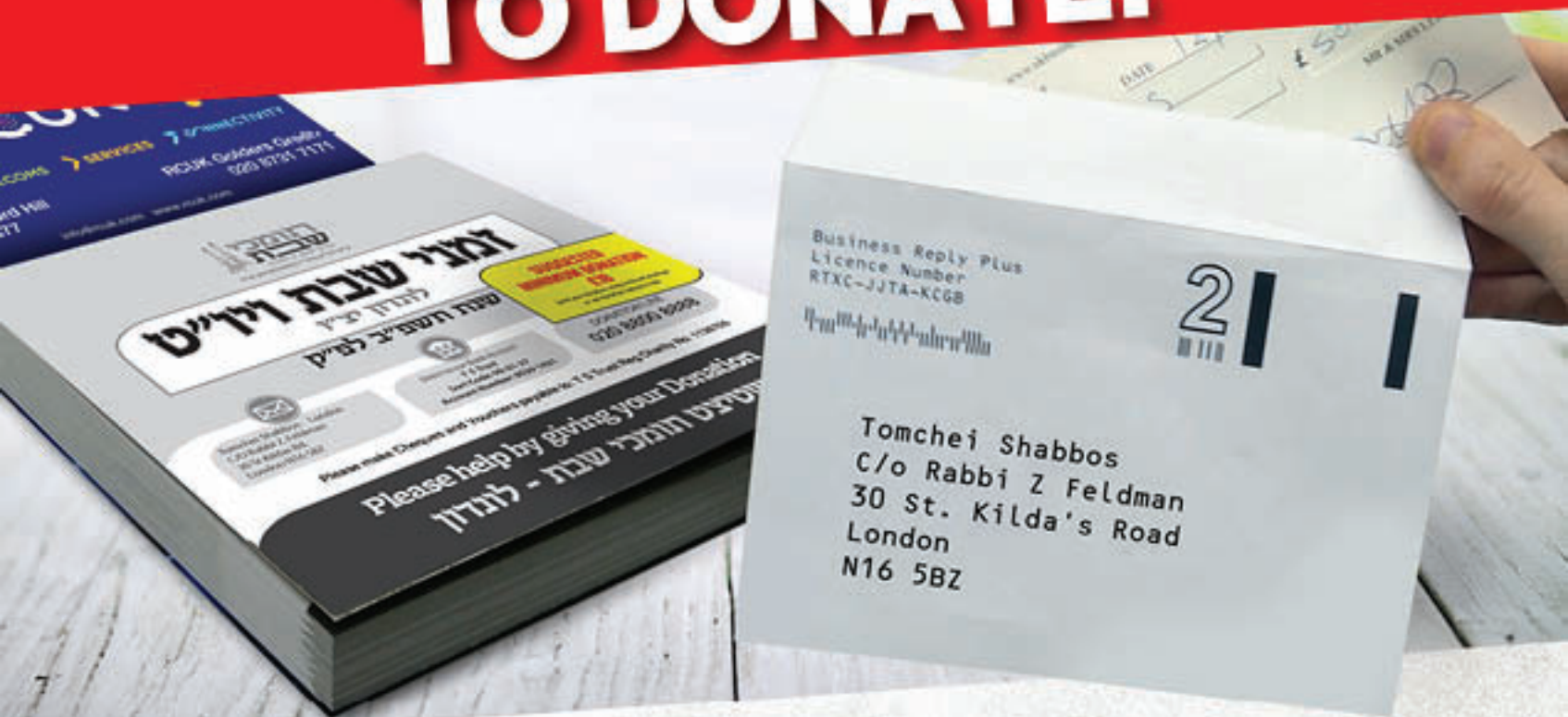
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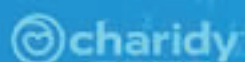


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בס"ד

NURSERY ADMISSIONS 2022

BBY Primary School invites prospective parents of children entering Nursery in September 2022 (for girls born between 1st September 2018 and 31st August 2019) to visit our school and meet the Headteacher.

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To arrange an appointment to visit the school or to request an application form please email admin@bnosbeisyaakov.co.uk

Headteacher: Rabbi N Lieberman MA Head of Chol: Mrs G Aronovitz Deputy Head of Kodesh: Mrs J Kirsch
Vaad Hachinuch: Dayan C Ehrentreu שליט"א, Dayan S Simons שליט"א Honorary Life President: Mr E Perl MBE

Head Teacher: Mrs K Kent
Interim Head of Kodesh: Rabbi S Jay



Principal: Rabbi Y Hamer שליט"א

בס"ד

The Governors of Menorah Foundation School welcome applications for entry to both the Nursery and Reception Classes 2022

At Menorah Foundation School our children are at the heart of everything we do. Recognising each child's unique contribution and building on their self-esteem, we learn, grow and succeed together in a community rich in the values of Torah and Mitzvos, where every child is not only encouraged but inspired to reach their potential. By achieving together as a whole school community we encourage everyone to become life-long learners and 'reach for their star'.

Applications for entry to the Nursery Class 2022 are for children born between 1 September 2018 and 31 August 2019. You will need to submit an Application Form, a Supplementary Information Form and a copy of the child's birth certificate. The closing date for applications is **Monday 22nd November 2021**.

Applications for entry to the Reception Class 2022 are for children born between 1 September 2017 and 31 August 2018. Applications for Reception must be submitted to the London Borough of Barnet, or your Local Authority, by **Saturday 15 January 2022** (www.eadmissions.org.uk). All supplementary information forms must be submitted to the school no later than **Wednesday 12 January 2022**.

We will be holding an open evening for prospective parents in December, subject to government guidelines, when applicants will have an opportunity to see the School and meet School staff and governors. Invitations will be sent out on receipt of completed admissions forms. Admission will be by invitation only.

Both the Nursery application form and supplementary information form can be downloaded from the school website (<http://www.menorahfoundation.co.uk/admissions>).

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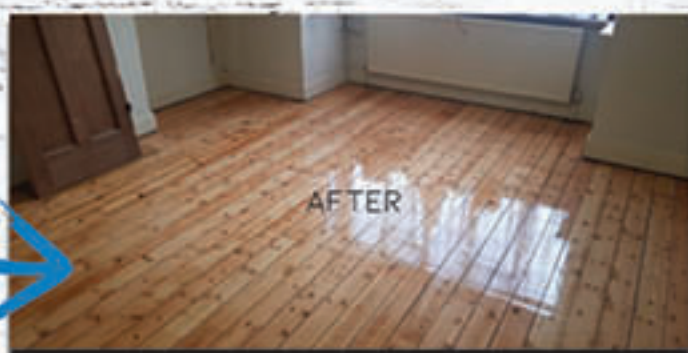
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Those considering relocation to London are strongly advised to apply for Nursery entry rather than wait for Reception 2023.

Application forms are available from the School Office and the closing date for applications is Friday 26th November 2021, ערב שבת פרשת וישב.

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Security Specialist Celebrates Two Years With Top Simcha Planner

Most communities associate security with A-List concerts and major royal events. Leading events planner, Moshe Davis, realised that the requirement for a reliable security presence is all the more critical when bringing together your nearest and dearest for a big simcha.

Moshe Davis, who has 26 years' experience delivering weddings and Bar and Bat Mitzvahs, said: "understanding the importance of the safety of all guests, clients and the venue itself is critical for every event I organise. So I knew I wanted to find a long-term security partner I can rely on".

Moshe Davis started working with Supreme Protection Ltd. two years ago and has found that clients and venues really feel the benefit of a dedicated security presence at their function.

In recent years, Jewish events have seen increased antisocial attention and the community has been encouraged to exercise vigilance in day-to-day life, such as not congregating outside of Synagogue buildings.

Supreme Protection Ltd. work with event planners, such as Moshe Davis, to ensure that private functions and simchas also go without a hitch.

A spokesperson for the London-based security firm said: "Security isn't just for big concerts and festivals – it helps keep guests and staff safe at any event. No matter how big or small. " They added, "A good security teams will also help reduce the risk of damage to the venue, keeping those all-important costs down".

For this reason, it's not unusual for venues to require a security presence at large private functions, and working with a recognised and trusted security partner offers both the venue and client peace of mind throughout the event. A security consultant for Supreme Protection Ltd. advised that security ought to be as high on the list of priorities as the menu and band, and certainly higher than the colour scheme of the bridesmaids' dresses.

Beyond security guards checking bags on entry and discreetly patrolling the venue throughout your event, experts recommend engaging a security specialist to deliver other services, such as reception and concierge, CCTV, and manned guarding.

Companies like Supreme Protection Ltd. offer close protection and even security dog services, which may be appropriate for more elaborate events, especially if you are working alongside high-profile performers.

A company spokesperson said: "We have a number of huge Bar and Bat Mitzvah celebrations in the works, making the most of our fledgling freedom after the last couple of years of lockdown. Some siblings are sharing their celebrations and their parents are going all out with top level talent, which their friends and family will remember forever. Of course, big names need big security provision, which is where we step in."

Advice for those planning large scale private functions, especially if using a popular party venue or making a splash about your event on social media in advance, is to seek out an ACS Approved security provider – that way, you can focus on the party.



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● **WHAT'S ON:**

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For more information and an application pack, please contact the School Office by emailing ecohen@beisyaakov.barnet.sch.uk

Applications will be processed as and when they are received.

Our School and all its personnel are committed to safeguarding and promoting the welfare of the children. This post is subject to an Enhanced Disclosure Application to the Disclosure and Barring Service.



SHALOM NOAM PRIMARY SCHOOL

דרכיה דרכי נועם וכל נתיבותיה שלום

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Please contact the school office for an application form and job description

office@shalomnoam.org

Closing Date: Friday 19th November 2021

Shalom Noam Primary School is committed to safeguarding and promoting the welfare of children and young people and expects all staff to share this commitment.

Appointments will be subject to satisfactory, enhanced DBS check.

- It is an offence to apply for the role if you are barred from engaging in regulated activity relevant to children.
- Our child protection policy, including employment of ex-offenders, is available to read: www.shalomnoam.org
- Shortlisted candidates will be asked to complete a criminal conviction declaration

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Covid Assist International Protocol Summary

Version 6.0 Nov. 2021

B7H

Stage One (viral phase)

Early treatment, For initial symptoms. "Must start immediately"

Entire multi drug and supplement cocktail is needed to cover and properly treat the various aspects of the disease

Medications

Ivermectin	0.4 mg per kilogram daily (until recovery), best with (fatty) food. [If expecting ¹ (or nursing) consult a doctor].
Budesonide	0.5 mg twice daily, via nebulizer.
Aspirin	325mg, daily (take with food), or more ideal Specific Enzymes (see below). [If no history of bleeding or ulcers].

Supplements

Vitamin D	10,000 IU a day, until recovery. [vitamin D blood level should be at least 50, if lower - higher doses are necessary] ² .
Vitamin C	(powder or liposomal) 5 to 12 grams - in divided doses, 1g an hour. [If diarrhea is present, decrease the dose].
Zinc	100 mg a day, for 10 days, then decrease to 50 mg a day.

Additional Important Supplements

Glutathione	(Only Pure V) 2 capsules nebulized with saline 2-3 times daily. [In stage 2, a double (or triple) dose].
Quercetin	(phytosome) 500 mg, 2 (or 3) times daily.
Ginger juice	one oz. 3 to 4 times a day. Not on an empty stomach. (Freshly squeezed. Can be preserved in freezer).
Melatonin	10 mg at bedtime, (start with low dose).

Other Medications

Antibiotics	10 days, Doxycycline - 100mg every 12 hours, or Azithromycin - 500mg daily. [For pneumonia See stage 2].
Nitazoxanide	500mg 2 times daily, for 5 days, after meals (substitute/combination for Ivermectin).
Hydroxychloroquine	200mg 2 times daily, for 5 days (must effective early on).
Fenofibrate	145 mg daily, for 10 days.

Other supplements

Vitamins	NAC - 600 mg 3 times daily. B complex - Once a day (morning). Magnesium - 400 mg daily.
Nutritions	Curcumin - 500 mg 2-3 times daily. Honey - (raw preferred) 3 tablespoons daily.
Enzymes	3 enzyme defense, extra strength (Enzymedica), 2 Nattovena (Arthur Andrew Medical) ³ - 3 times daily ⁴

Cautions

Oxygen level	Important to have a pulse oximeter handy, to check oxygen levels, especially from day 4-5 and on.
Dehydration	Must drink a lot (best warm), preferably electrolyte fluids , sometimes may need IV fluids .
Diarrhea	If present ⁵ , address with available medications (Imodium, Pepto-Bismol, Bentonite Clay).
Atmosphere	Important to be in a warm moist environment. Also relax, eat, drink, and sleep plenty.

1. For patient with preexisting medical conditions, on other medications, or if expecting (or nursing), some medications and supplements may need adjustment. It's also very important for them to start early treatment, due to their limitations. Expecting and nursing patients are much more prone to suffer from dehydration.
2. Studies showed that a vitamin D blood level of over 50 prevented and strongly lessened the impact of the disease. Therefore even prior to contracting the virus it is crucial to bring up the vitamin D level.
3. When expecting change the Enzymes to 3 Neprinol AFD and 2 Serratia - 3 times daily.
4. Take with 8oz. of water on an empty stomach (take minimum one hour before eating, and two hours after eating).
5. Although Augmentin and other antibiotics can cause diarrhea, still it should not be avoided when needed. The diarrhea can be prevented with good probiotics and treated if necessary.

Disclaimer: products and statements herein, are not to be considered as medical advice, or to diagnose, or for treatment or prevention, it is for informational purposes only.

1/2

Stage Two (immune reaction phase)

Congestion, Pneumonia, Inflammation, Coagulation, Low oxygen

General treatment	Must continue entire 'stage one treatment' (above) – very important.
Blood work	Check: CBC, CMP, CRP, ESR, Ferritin, Di Dimmer, Vitamin D Level. [sometimes PT PTT INR is important].
High dose Ivermectin	Increase dose to 0.6 mg per kilogram daily, until after recovery.

For Congestion⁶

MucinexDM	600 mg Twice Daily, (or as needed), or other Expectorant medications (to thin/loosen mucus),
Nebulizer	Saline, Albuterol, Budesonide, Glutathione.
Vaper/steam	Use vaporizer (can add essential oils) and steam showers etc.
Essential oils	(Eucalyptus, Peppermint, Oregano, etc.) in a carrier oil, rubbed on the chest.
Chest PT	Tapping on chest and back.

For Pneumonia (high fever, shortness of breath, deep dry cough, or other symptom or indication of pneumonia)

Antibiotics	"Must change Antibiotics ⁷ " to Augmentin 875mg twice daily, for 10 days, or Levaquin 500-750mg once a day, for 7 to 10 days. If no improvement after 24 to 36 hours, antibiotics must be further adjusted. [Sometimes multiple or more powerful antibiotics are needed].
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For Inflammation (low oxygen, worsening of all symptoms - weakness etc., Elevated Ferritin/CRP/IL6 levels)

Steroids ⁸	(Start with) 6 mg dexamethasone, if no improvement, increase dose, and/or change to IV/IM. Consider a change to methylprednisolone (better for lung inflammation), Loading dose 80 mg then 40 mg every 12 hours. For severe cases consider pulse doses ⁹ (80 - 125 mg 2-4 times daily).
IV Vitamin C	Start with 10 grams (1 hour infusion) first day, then 25 grams (4-hour infusions) for several days.
Budesonide\Glutathione	Increase Nebulized Budesonide to every 2 hr. and increase dose of nebulized Glutathione in saline.
Additional Therapeutics ¹⁰	Baricitinib, Tocilizumab, Fluvoxamine, Atorvastatin, Cyproheptadine, Famotidine, stem cell therapy.
Additional Supplements	(In addition to stage one supplements) Thiamin (IV preferred), High dose melatonin, Boswellia, bromelain, omega 3, A1 mineral water.

For coagulation (High Di-dimmer/fibrinogen)

Blood thinner medication ¹¹	Eliquis, or Lovenox injections, dosage depends on the level of coagulation (Di-dimmer levels). Alternatively, Fibrinolytic Enzymes - Nattokinase 8000 FU 3 times daily ¹² on empty stomach, (monitor Di-dimmer levels).
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For low oxygen levels

Supplemental oxygen	As needed. (Under 6L - use nasal canula, over 8L - use non-rebreather mask).
Prone position	Very effective for most patients (counterproductive for some patients).
Breathing Therapy	Good Breathing Therapy can improve lung function and help bring up oxygen levels.
Treat underlying issues	Low oxygen levels are "a result" of one or several of the above issues (Pneumonia, Inflammation, Coagulation, congestion) and therefore treating it appropriately will automatically bring an improvement to the oxygen level.

Accordingly low oxygen levels are an indication of the existence and the "urgent need to treat the above underlying issues". Only treating the low oxygen (with supplemental O2) is not sufficient for recovery and prevention of further deterioration.

6. Fresh ginger juice and NAC are also very beneficial congestion treatments.

7. Due to the high prevalence of co-bacterial pneumonia that only responds to the following broad-spectrum antibiotics. Anti viral treatments (ivermectin, nebulized Budesonide, nebulized diluted food grade H2O2, Vit. C etc.) will help fight the viral lung infections, and the treatment for an organizing pneumonia is steroids.

8. Important notes for steroid therapy: (1) should be given consistently, (2) until inflammation under control, (3) tapered down slowly, (4) monitor blood sugars.

9. For a short duration only, then adjust according to patient's inflammatory markers, and clinical condition. Excessive 'unnecessary' high steroids is counterproductive.

10. Especially in situations where the regular medications (high dose ivermectin, steroids, IV vit. C, Nebulized Budesonide) and supplements failed or are avoided.

11. To prevent bleedings, especially with higher doses of blood thinner medications, its recommended to take a PPI anti-acid medication.

12. Re-adjust dosage if taking additional enzymes combinations, like Sarrepeptase etc. see above.

Information Page

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