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LOCAL NEWS

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פרשת נח תשפ"ו • 23rd October 2025

19:00 ל"ה | 18:37 שבת | 17:32 חורף | 17:32 חורף



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intrigued

/In'tri:gd/ adjective

1. Captivated by curiosity.

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– October is ADHD Awareness Month –

Navigating ADHD Relationships in the Family

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AREAS: • Marriage • Managing kids' ADHD • Parent with ADHD • Sibling rivalry

KEYNOTE SPEAKER

Q&A PANELLISTS



Michael Sher

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"ADHD: Here, There and Everywhere"



Daniella Michaels



Aron Lazarus

ADHD Coach, MSW, PCC



Chani Sprei

ADHD Coach, BSc, AACC

TOPICS: • Focus & Productivity • Time & Task Management • Emotional regulation

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SUNDAY

26 Oct, 2025



TIME

8:00 – 9:00pm



ONLINE

ZOOM

bit.ly/ADHD-Awareness



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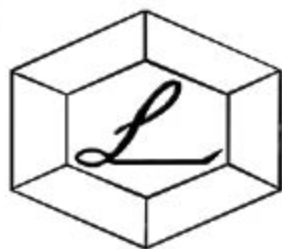
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- Baking
- Food Decor
- Keyboard
- Gymnastics

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- Voice training
- Jiu - Jitsu
- Mini house
- Tennis
- Craft + Create

Girls years 7 - 12

- Hairstyling
- Zumba
- Food Decor
- Filming Project & Drama
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- Pilates PM
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MEMBERSHIP FEE

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To include: Weekly Shabbos Group, Yom Tov Events,
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Payments made after 30th November will be increased by £5

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Years 2, 3 & 4 2.30-3.45pm - in BJ House

Years 5 & 6 One hour after nachat for 1h. 15 min

Venue: Year 5: Lubavitch Golders Green Rd

Venue Year 6: Ohel David (Behind Tesco)





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Our leader Nigel Farage is a great friend of Israel and the Jewish community. REFORM UK supports Israel's right to defend itself and secure its borders. We will not recognise a Palestinian state prior to completion of negotiations between the parties. In the UK we will stop the anti-semitic hate marches and ensure that Jewish institutions are protected and the Jewish way of life respected.



If elected, Yosef David will:

- 🔵 Tackle the rise in crime and work to restore visible, local policing. Work with the CST to ensure our schools and Shuls remain safe for the Kehila.
- 🔵 Stand against overdevelopment that threatens our area's character.
- 🔵 Expose council waste and financial mismanagement, ensuring taxpayers get value for money.
- 🔵 Champion community values and resist woke intrusion into our schools and institutions.

Yours sincerely,

Cllr Mark Shooter
Reform UK – Barnet

This by-election is your chance
to send a clear message.

VOTE YOSEF DAVID ON THURSDAY
30TH OCTOBER – Hendon Ward By-Election

PROMOTED BY MARK SHOOTER ON BEHALF OF YOSEF DAVID, AT REFORM UK
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MARK SHOOTER

REFORM UK – BARNET

YOSEF DAVID

REFORM UK CANDIDATE

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Britain
Great

Let's Make
Britain
Great

A MESSAGE FROM COUNCILLOR MARK SHOOTER

Dear Resident,

As your Hendon Councillor for the last 16 years, working tirelessly for you, I'm writing to introduce Yosef David, your Reform UK candidate 🇬🇧 for the upcoming **Hendon Ward by-election on 30th October**.

Yosef was born and raised in Hendon, and educated at Hasmonean School. He has dedicated his career to social work and community development, helping families across our borough and standing up for residents who need a voice. He understands this community because he's part of it.

Sadly, both Labour and the Conservatives have failed Hendon.

Labour is imposing a 20% VAT charge on private faith schools — a direct attack on hard-working parents and the freedom to choose a Jewish education .

The Conservatives, after 14 years in power, have left our area and our country in a mess — financially broken, socially divided, and drowning in woke ideology in our schools.

They have sold off nearly all our local police stations, leaving crime and anti-social behaviour out of control.

They have permitted countless high-rise developments, destroying Hendon's suburban character and overloading our roads, services, and infrastructure .



VOTE YOSEF DAVID ON THURSDAY 30TH OCTOBER

Vote Reform UK – Hendon Ward By-Election

HAGEFEN NW

Join Us in Building
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WHO WE ARE

HAGEFEN is an international organisation headquartered in Manchester, dedicated to supporting the world of shidduchim. Our mission is to increase the number of shadchanim and provide them with the tools, training, and support they need throughout the process.

We are excited to announce the launch of our North West London branch, extending our reach and resources to the local community.

WHAT WE DO

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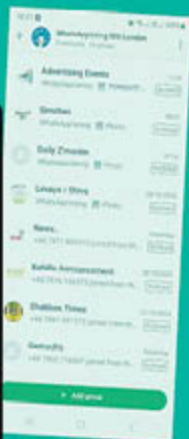
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	09:30	10:30	09:45	10:15	9:30
	 PUMP IT UP	 PILATES	 BURN	 CIRCUIT	 BURN
	10:30	11:30	20:15	11:15	10:30
	 SHRED	 BUMPS + BABES	 ZUMBA + TONE	 PILATES	 PUMP IT UP
	7:30	18:30	21:15	18:30	
	 CIRCUIT	 TEEN ZUMBA + TONE YRS 7+8	 ZUMBA + TONE	 TEEN ZUMBA + TONE YRS 9+10	
	8:30	19:30			
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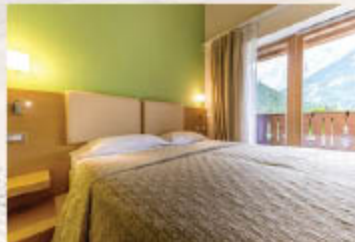


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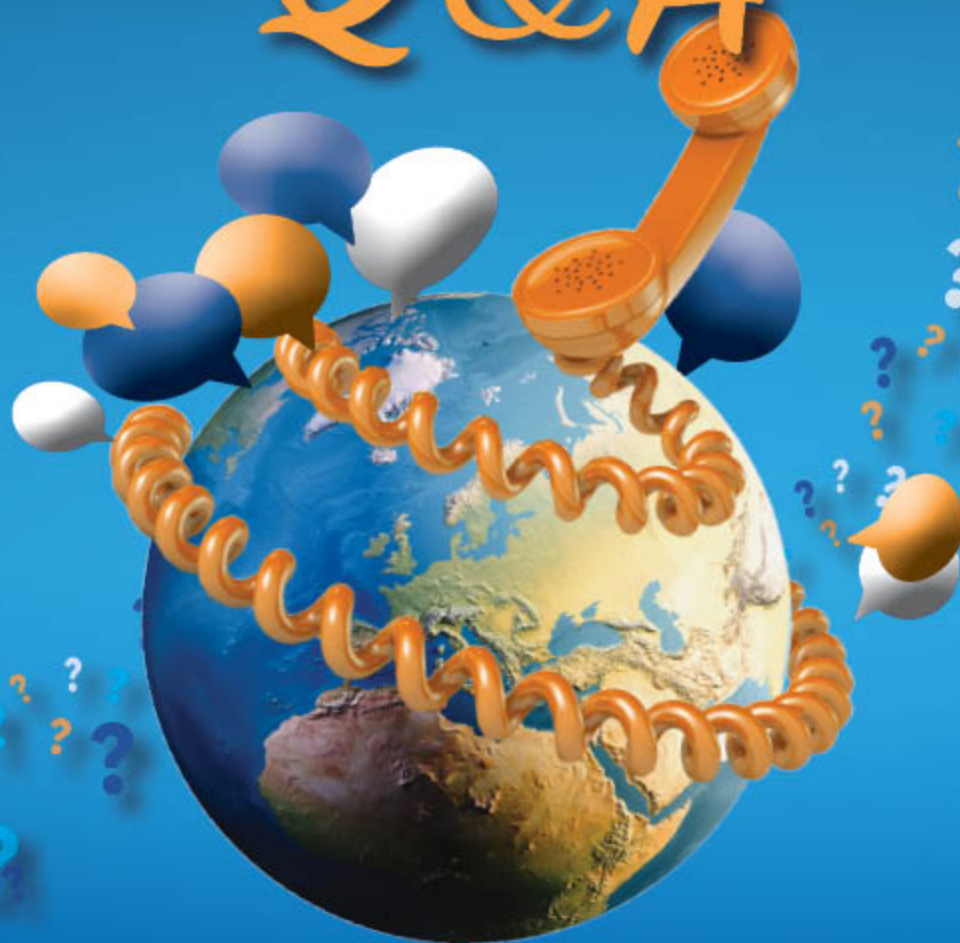
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Tuesday 11th November 2025
9.30am – 11am

Come and experience the warm, welcoming atmosphere of Shalom Noam
Meet the Headteacher, Head of Kodesh, Governors, Staff and some of our delightful pupils

Join a tour of the school and see learning in action

Please email office@shalomnoam.org to register for the tour
Please ensure you respond by Thursday 6th November 2025

If you have any questions, please call the school office:
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www.shalomnoam.org



נשיא: Rabbi G. Hager שליט"א

שליט"א: Rabbi N. Jaffe מנהל

A Taste of Tiferes

Year 6 mothers and daughters are invited to our
OPEN EVENING

which will אי"ה take place on
Tuesday 4th November
8.00 - 9.30 pm



Taster
Lessons

8 00 8 45 pm



Meet
Staff



Menahel
Address

8 45 9 30 pm



Q & A
Session



Arts & Crafts



Activity

8 45 9 30 pm

Tiferes is now accepting
APPLICATIONS

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DEADLINE FOR COMPLETED APPLICATION FORMS SUNDAY 2ND NOVEMBER 2025

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Ateres Beis Yaakov welcomes applications for entry to Pre-school for September 2026

Applications for entry to the Pre-School Class 2026 are for children born
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To apply for any other year groups, please be in touch with the school office.

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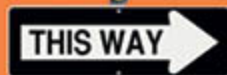


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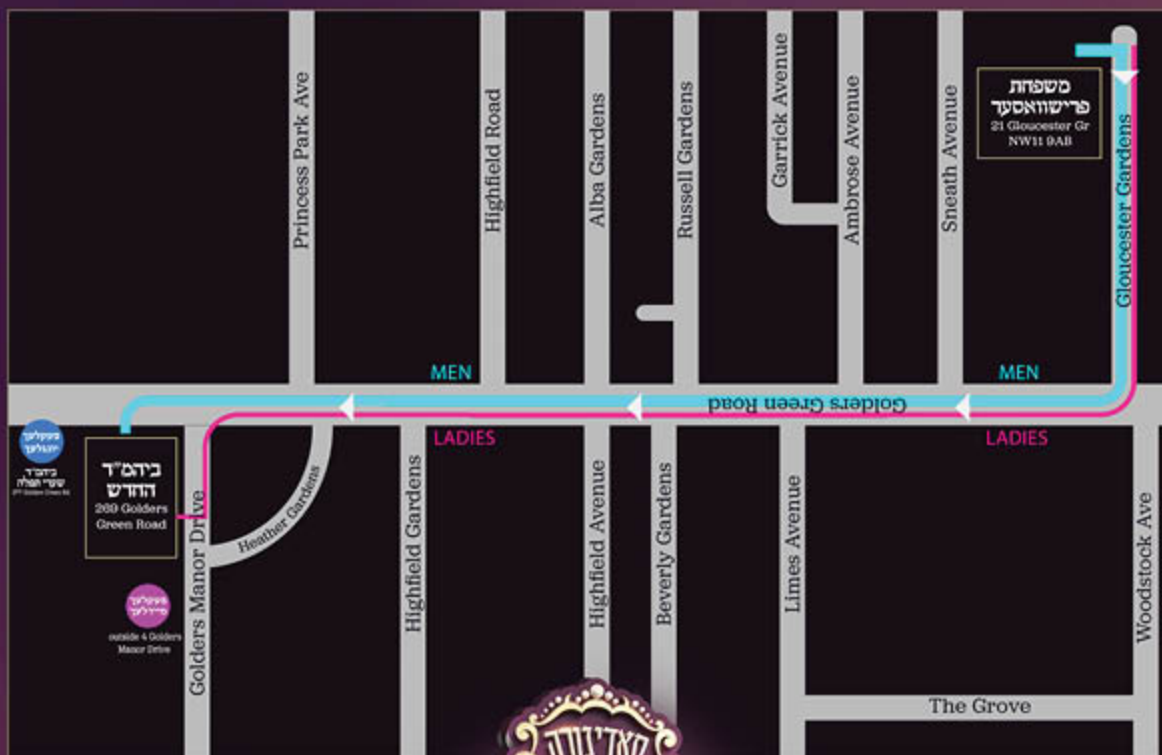
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Responsibilities include:

High-School Girls and Post-Sem Programming, including planning and attending trips & events

Organising Summer Tour in Eretz Yisroel

Competitive pay

Immediate start

A cover letter and CV should be submitted to info@chazon.org.uk by Wednesday 5th November 2025.



PM JOB available

**2 afternoons a week
to start immediately**

We are looking for an enthusiastic, warm and caring staff member to join our team.

Creche facilities available

Excellent remuneration for the correct candidate.

For an application form please email the school office at earlyyears@peninim.co.uk or contact Peninim Pre-Nursery on 020 4539 5412

Address: 37 Elmcraft Crescent London NW11 9TB Phone number: 020 8004 2324 | Email: earlyyears@peninim.co.uk



JOB OPPORTUNITY



We seek to employ a

Year 4 Chol teacher (pm)
to begin immediately

Support and training provided.

Excellent remuneration.

Creche on site.

For more information or to apply please call the school office on 02082017771 (day) or Mrs Ryde on 07794 559 378

JOB Vacancy!



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to join our energetic Jewish Studies Department

Starting from November.

Full time/part time possible.

Please contact Batsheva Benzaquen
bbenzaquen@naimajps.co.uk

Naima JPS is committed to safeguarding and promoting the welfare of children and it is our expectation that all staff share the commitment.
It is an offence to apply for the role if you are barred from engaging in regulated activity relevant to children.
You will be asked to complete a criminal conviction/disclosure declaration on interview.

Head of Kodesh:
Rabbi M D Leitner שליט

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We are fully committed to the safeguarding agenda and the post will therefore be subject to an enhanced DBS check and satisfactory references.



SHALOM NOAM PRIMARY SCHOOL

Shalom Noam Primary School offers a warm, friendly and supportive working environment. Our children are hard-working and eager to learn.

We are looking to employ a KS2 Class Teacher (Chol)

**Maternity cover
January 2026 start**

We are looking for a candidate who is able to work collaboratively, has an excellent grasp of curriculum and a love of teaching to join our supportive and caring team. You should be able to integrate Kodesh and Chol aspects of the curriculum.

Please contact office@shalomnoam.org for an application form and job description.

Closing Date Friday 24th October 2025

Shalom Noam Primary School is committed to safeguarding and promoting the welfare of children and young people and expects all staff to share this commitment. Appointments will be subject to satisfactory, enhanced DBS check.
- This is an offence to apply for the role if you are barred from engaging in regulated activity relevant to children.
- Our child protection policy, including employment of staff, is available to read www.shalomnoam.org
- Shortlisted candidates - You will be asked to complete a criminal conviction / disclosure declaration
- References will be secured prior to job offer - This is in line with the most recent version of Keeping Children Safe in Education statutory guidance

Shalom Noam Primary School, East Road, Burnt Oak, HA8 0AJ

T: 020 8908 9491 E: office@shalomnoam.org W: www.shalomnoam.org



ת"מ

Menorah Primary Schools Federation

3-5 The Drive NW11 9SP

Principal: Rabbi Y M Greenberg
Head Teachers: Rabbi Z Zimmetnik and Mrs.

A full time position for an LSA

If you are passionate about supporting children with their Kodesh provision and would like to join a warm and supportive team in an outstanding school, we would really like to hear from you.

Please call the office of Menorah Primary School on 0208 458 1276 or email admin@menorahprimary.org.uk to request an application form.

Short-listed applicants will be invited to the school for an interview.

Closing date: Wednesday 29th October 2025

The school is committed to safeguarding and promoting the welfare of all children. The successful applicant will be subject to an enhanced DBS check.



KODESH NURSERY TEACHER

STARTING JANUARY 2026

We are looking for an enthusiastic Kodesh Teacher who has experience working with young children to join our warm and supportive Nursery team.

Must have QTLS/QTS/Level 3 qualification or similar qualification.

This is a full time position but job shares will be considered.

For further information and an application pack, please contact: Michael Symons, Office Manager at: msymons@menorahfoundation.co.uk

Menorah Foundation School is committed to safeguarding and promoting the welfare of children and young people, and expects all who work here to share this commitment.
The successful applicant will be subject to satisfactory references and an enhanced DBS disclosure and we have the right to close applications early, if the right applicant applies.

We are looking to recruit for the following roles for an immediate start:

Learning Support Assistant (12pm – 5pm)

To help support individuals and small groups with SEN English and Maths

Standards Officer (1pm – 5:30pm)

To assist with supporting and organising students around the school, in corridors and in classrooms, and some pastoral care for our students.

The successful candidates will:

- *Have drive, energy and creativity, and an appropriate understanding of students' needs*
- *Be ambitious for all our children with the highest expectations of our students' potential*
- *Be supportive of the religious ethos of the school*

An application form is available from the school office. Please email: office@pardesgrammar.co.uk for an application form, or for an opportunity to find out more about these roles.

Pardes House Grammar School is committed to safeguarding and promoting the welfare of children and expect all staff to share this commitment. Any offer of employment will be subject to receipt of satisfactory references from previous employers and a DBS check at an Enhanced level, including the Barred Lists.

We are looking to recruit a new member of our Senior Leadership Team to start in the Spring Term:

Assistant Headteacher

**With responsibility for one or more of the following areas:
Teaching and Learning, SEN, Operations, Staff Line Management**

A successful candidate will:

- *Have drive, energy and creativity, and an appropriate understanding of students' needs*
- *Be ambitious for all our children with the highest expectations of our students' potential*
- *Be supportive of the religious ethos of the school*

An application form is available from the school office. Please email: office@pardesgrammar.co.uk for an application form, or for an opportunity to find out more about this role.

Pardes House Grammar School is committed to safeguarding and promoting the welfare of children and expect all staff to share this commitment. Any offer of employment will be subject to receipt of satisfactory references from previous employers and a DBS check at an Enhanced level, including the Barred Lists.

Classified

Useful numbers

Misc.

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Organisations

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SHOMRIM	0300 999 1234
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BONEI OLAM	020 8455 4321
BEREAVEMENT SERVICE (JBOS)	020 8951 3881
CAMP SIMCHA	020 8202 9297
CHANA	020 8201 5774
CHAI CANCER CARE	020 8202 2211
CHEVRA KADISHA NW	0300 111 1122
CHIZUK	020 8800 7494
CST	0800 032 3263
EZRA UMARPEH	020 8211 1010
GIFT	020 8457 4429
HAND IN HAND FORMERLY SHABAT WALK	07506 750 023
JEWISH FAMILY CENTRE	0208 209 1117
KASPA SECURITY	07880 435 747
LEV ECHOD CANCER CARE	07870 351 436
MARS REFUAH	020 3322 8586
MENUCHA	03002 225 764
MESILA	0333 344 1711
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MISASKIM EDGWARE	07989 999 645
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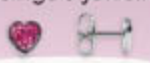
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בית ישכר דוב, סיני	1:45
23 Green Walk	
בית אברהם, עץ חיים	2:00
בית ביה	3:30

טעג קטש

בית ישכר דוב	3:41
בית ישכר דוב	4:57
עץ חיים	5:00
סיני	5:05
SAGE	5:10
אור חיים, בית אברהם	5:15
מחזיקי חות	5:20
קי אהל משה	5:22
אומסטר, מוד	5:23
בית ישראל, בית ביה	5:25
23 Green Walk	5:27
מאסוב, תפארת ישראל	5:27
שטיינשט	5:29
ברידש, ליון	5:30
בית שמואל, דאנסטן רד	5:30
ווייזשעק, תורת חיים	5:32
פערשטיין	5:32
אורי שפר, בית ישכר דוב	5:37
מסעות ישראל, עשרת עשר	5:40
מאורות חיים	5:40
דאנסטן עזת	5:45

ערב שבת

מנחה גדולה

בית ישכר דוב	1:15
עץ חיים	1:30

חוליקת תפארת

מנחה וקבלת שבת

בית ביה, דאנסטן רד, דאנסטן עזת	5:30
תורת חיים	5:30
SAGE	5:32
אור חיים, אורי שפר, בית אברהם	5:32
בית ישראל, בית תפארת, מוד	5:32
ווייזשעק, סיני	5:32
עץ חיים, קי אהל משה	5:32
שטיינשט, תורת משה	5:32
מחזיקי חות	5:33
ברידש, ליון	5:34
בית ישכר דוב	5:35
בית שמואל, מסעות ישראל	5:42
מאסוב, תפארת ישראל	5:42
מאורות חיים	6:05

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Code	Currency	Units \ GBP	GBP \ Unit
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EUR	Euro	1.15	0.86
ILS	Israeli New Shekel	4.39	0.22
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	Friday	Shabbos	Sunday	Monday	Tuesday	Wednesday
שקיעה	5:47	5:46	4:44	4:42	4:40	4:38
זריחה	6:36	6:37	5:32	5:31	5:29	5:27

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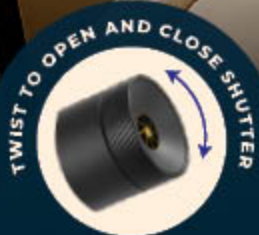
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