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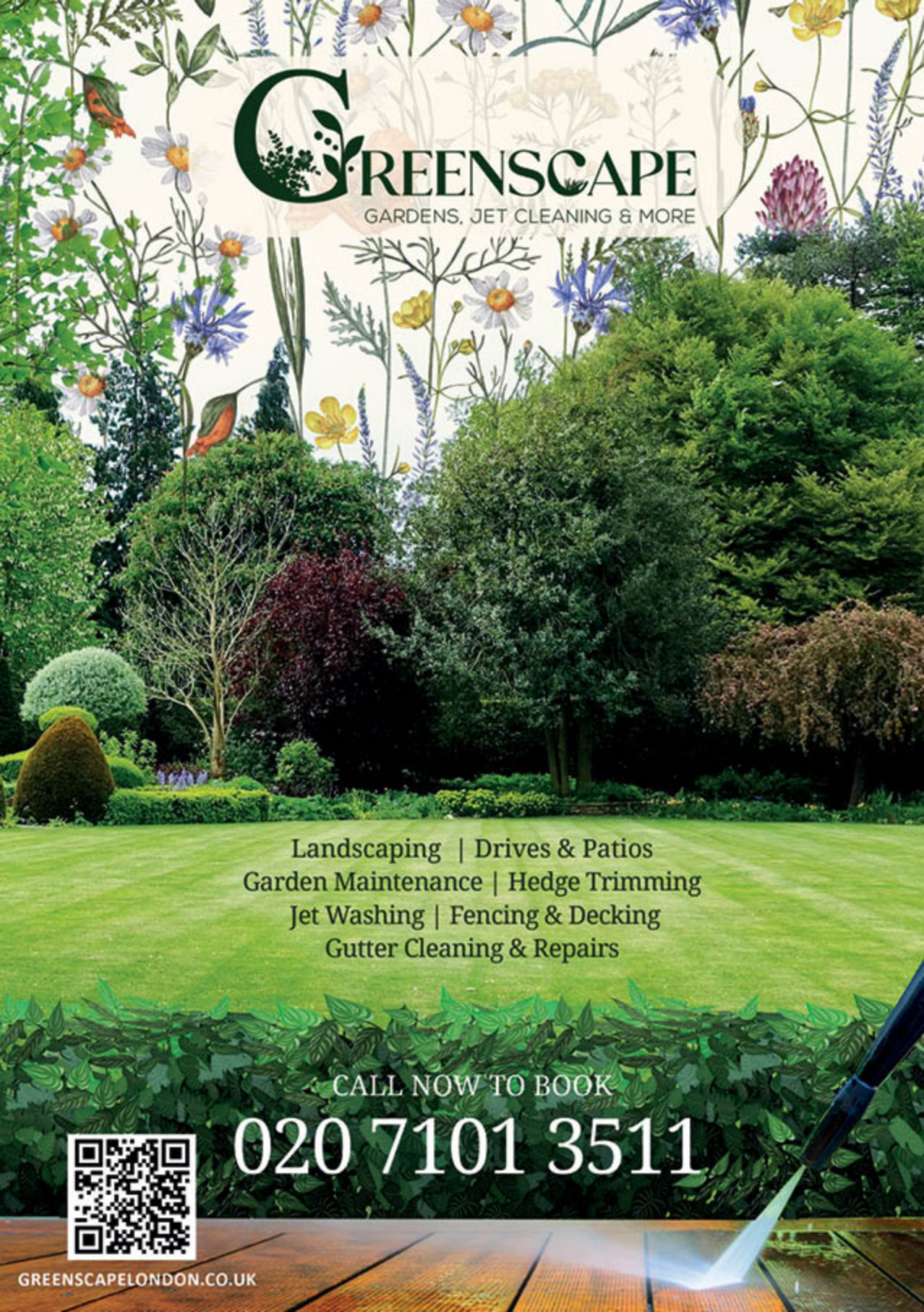


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M. Yaroslavitz M.S.S.L.P., L.S.W.

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*Dr. Yozel Shaffer PhD
Clinical Director, Empower Health Center*

As a former stutterer, R' Kaufman has a deep understanding of the emotional and psychological needs of children and adults who stutter. I have seen great results from his program.

*Dr. David Lieberman
Ph.D. Award Winning Psychotherapist*

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-Hallel Nissan Kaplan, Rosh Yeshiva Deas Aaron*

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Zev Schloss LCSW Brooklyn NY

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Tue 7 July, 11:00 - 12:00

Pippa Garland, Charity Lawyer,
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Session 2

Employment Law

Update on Employment Rights Act 2025, followed by Q & A.

Tue 14 July, 11:00 - 12:00

Sam Lawn, Employment
Associate at Russell-Cooke



Session 3

Grant-making

Update on new grant-making guidance published June 2026, followed by Q & A.

Tue 21 July, 11:00 - 12:00

Pippa Garland, Charity Lawyer,
Partner at Russell-Cooke



Free entry; pre-registration required.



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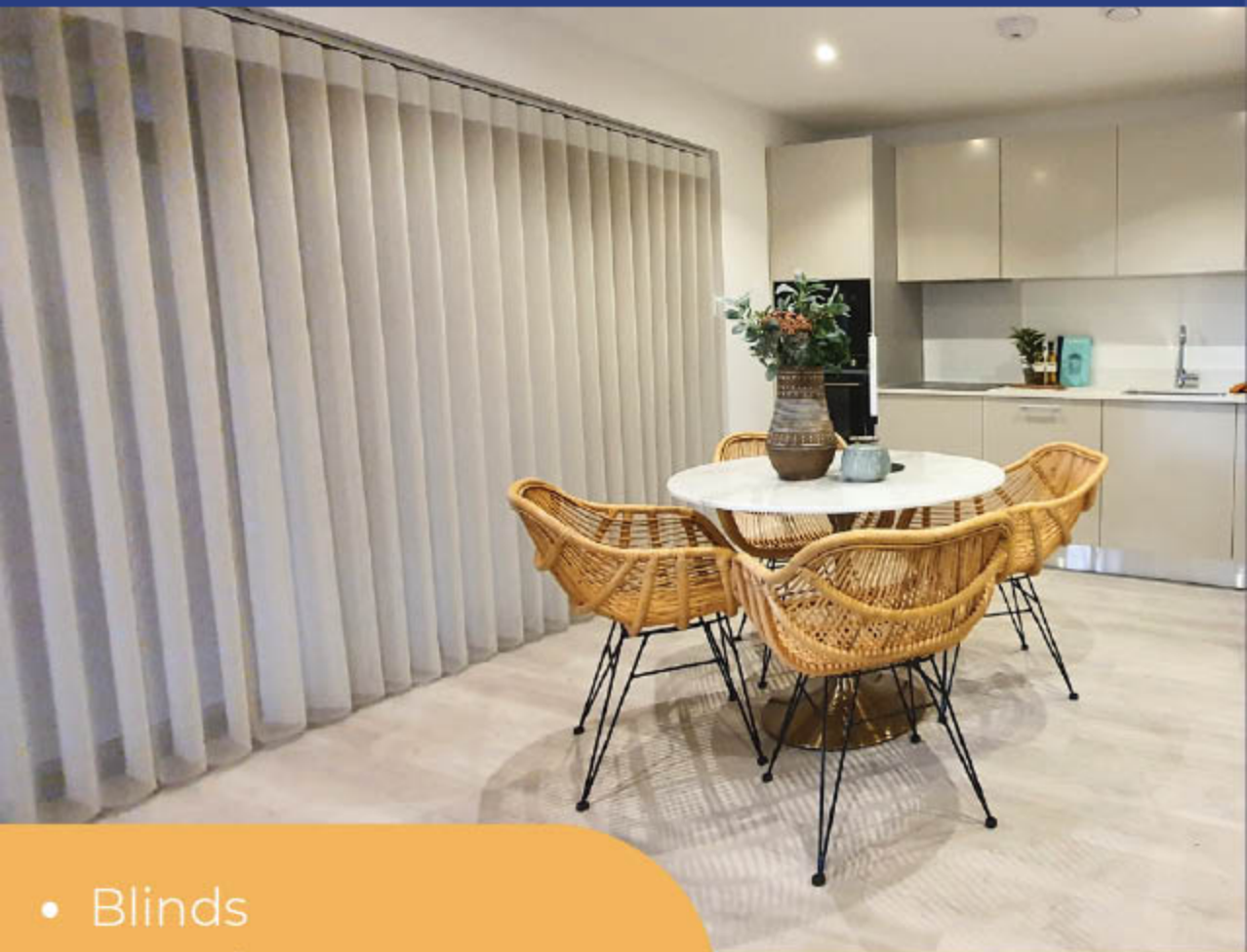
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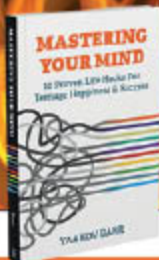
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9-18 months

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18+ months

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For more information contact Chaya Levy:

☎ 07353 786 693 (business hours)
✉ hello@hendonplaygroup.co.uk

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TO GO!



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An Evening of Inspiration & Entertainment

MRS BRENDA KATINA

MOTHER OF 6 ADOPTED CHILDREN WITH DOWNS SYNDROME
KIRYAS YOEL, NY , INSTAGRAM: @LUCKYCBK

A JOURNEY OF EMUNAH THROUGH
LIFE'S CHALLENGES
WITH HONESTY & HUMOUR

With a Dessert Buffet & Exciting Raffles

MONDAY 6TH JULY 2026 7.45PM
THE KEF CENTRE, WILBERFORCE ROAD, NW9 6AX

FOR WOMEN & POST SEM+

£15 ADMISSION
REDUCED RATE FOR PAST & CURRENT VOLUNTEERS

QR CODE BOOKING LINK >



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HAVE BEEN PART OF THE KEF JOURNEY

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ROCHEL LEAH FULDA A'H

EMAIL: OFFICE@KEFKIDS.ORG

**ADINA, 29
LOVES A POWER WALK.
ENJOYS BAKING SOURDOUGH.**

On paper, I'm exactly where I'm supposed to be. I have my marriage, two beautiful kids and a home. It's what I always wanted.

But somewhere between the routines and responsibilities, I disappeared. My days are full, yet I feel empty. I love being a Mommy and a Wife, yet I barely recognise myself anymore.

I'm exhausted being what everyone needs. I'm exhausted pretending I'm okay.

I'm Adina.

I have hope. I have a future.

You're still you, even when things are hard. You don't have to handle this alone.

the helpline
NEVER STRUGGLE ALONE

USA: 929 801 2301
UK/GIB: 0330 127 3333
BELGIUM: 03 332 0293

24/7 - 365 / בהמלצת הרבנים

WHEN THE SIRENS SOUND
NOT EVERYONE CAN RUN



05 - 06 JULY 2026

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AT LANIADO HOSPITAL, ISRAEL, FOR
THE NEW SHELTERED TRAUMA WING**

Laniado Hospital is building a new Sheltered Emergency Unit, including a dedicated Trauma Wing designed to provide life-saving treatment during missile attacks, emergencies in times of conflict.

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What's On

JULY

Niggunim for Memory

- Monday 6th, 13th, 20th & 27th July | 11:30 - 12:45

 Chabad Golders Green
156 Golders Green Rd, London NW11 8HE



Men's Strength & Stretch (exercise followed by lunch)

- Thursday 9th, 16th & 30th July | 12:15 - 1:45

 Chabad Golders Green
156 Golders Green Rd, London NW11 8HE



Coffee Mornings for Dementia Carers

- Men's Coffee Morning
Wednesday 15th July | 9:30 - 10:30
- Women's Coffee Morning
Thursday 16th July | 10:45 - 11:45

 Head Room Café
87-89 Golders Green Rd, London NW11 8EN



For more info:

 **07817 274873**

 community@mifgashlev.org

Mifgash Lev is under the Halachic guidance of Rabbi Zimmerman Shlita

Arrange a party

Spark a yeshuah

www.mikvah.org

Gather with your
WORKMATES
AND BRING
HOPE

to our brethren
in need of a

MIKVAH

to someone close to
you in need of a

YESHUAH



SCHEDULE **YOUR PARTY** TODAY.

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Arrange a party for your workmates as a zechus for a loved one and facilitate the construction of mikvaos for Yidden across the globe who lack mikvah facilities in their vicinity.



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TO OUR ANNUAL SHIUR

WHEN THE GOING GETS TOUGH *Where do we go?*



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SUNDAY
12TH JULY
2026



**BEIS YAAKOV
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SCHOOL**



DOORS OPEN
20:00
SHIUR STARTS
20:30



DONATION
£8.50



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Competitive pay



September start



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BY FRIDAY 10TH JULY 2026.

THE
LOCALNEWS
The Voice of NW London

Secretary Required



Office Based – NW11

We are looking for a friendly, organised and proactive **Secretary** to join our office.

REQUIREMENTS:



Good computer skills



Previous office experience preferred



Excellent telephone manner



Able to work independently and use initiative



Strong organisational skills and attention to detail



HOURS:

10:00am – 2:00pm
(flexible)



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-  Lead the day-to-day warehouse operation
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CAD and Adobe skills are a plus. We're looking for someone who genuinely loves what they do and will be a team player who thrives in a creative environment.

To apply, send your CV and a short cover note to:
rsdesigns12@gmail.com



Beis
Yaakov
Primary
School

בית יעקב

373 Edgware Road
London NW9 6NQ
T 020 8905 9590

PLAY LEADER

Required for September 2026

We are looking for an enthusiastic and motivated Play Leader to encourage active play and supervise pupils at break time, and provide additional support between breaktimes.

We offer a friendly and supportive environment with opportunities for professional development.

For further information and an application pack, please email
admin@byps.org.uk

Closing Date: Friday 10th July 2026 at 9:00am

We reserve the right to close this vacancy early should we receive sufficient applications.

Our School and all its personnel are committed to safeguarding and promoting the welfare of the children. This post is subject to an Enhanced Disclosure Application to the Disclosure and Barring Service.



Beis
Yaakov
Primary
School

בית יעקב

373 Edgware Road
London NW9 6NQ
T 020 8905 9590

TEACHING ASSISTANT / LEARNING SUPPORT ASSISTANT

Required for September 2026

Full-time or 0.5

We are seeking a warm and passionate individual to join our welcoming school, to support children's learning. We are looking for someone who is caring, reliable, and patient, with a genuine enthusiasm for working with children.

In return, we offer a high level of professional development within a friendly, supportive, and inclusive environment - one where every child is nurtured, encouraged, and inspired to reach their full potential.

For further information and an application pack, please email
admin@byps.org.uk

Closing Date: Friday 10th July 2026 at 9:00am

We reserve the right to close this vacancy early should we receive sufficient applications.

Our School and all its personnel are committed to safeguarding and promoting the welfare of the children. This post is subject to an Enhanced Disclosure Application to the Disclosure and Barring Service.



JOB VACANCY

Looking for

Early Years Kodesh Teacher (Parsha Crafts & Activities)

To join our warm vibrant and creative team
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Morning hours (9.15am – 12.15pm)
To start in September.

For an application form and further details
Please email secretary@tashbar.co.uk

We are fully committed to the safeguarding agenda and the post
will therefore be subject to an enhanced DBS check and
satisfactory references.



JOB VACANCY

Looking for

Early Years Teaching Assistant

To join our warm vibrant and creative team at
Tashbar.

Morning and Afternoon Hours.
Starting in September.

For an application form and further details
Please email secretary@tashbar.co.uk

We are fully committed to the safeguarding agenda and the post
will therefore be subject to an enhanced DBS check and
satisfactory references.



JOB VACANCY

Looking for a KS2 Teacher Afternoon hours

To join our warm vibrant and creative team at
Tashbar.
Creche available.

For an application form and further details
Please email secretary@tashbar.co.uk

We are fully committed to the safeguarding agenda and the post
will therefore be subject to an enhanced DBS check and
satisfactory references.



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Shiras Devorah are looking to employ Extra Curricular Lead

to lead our extensive
Kodesh Extra Curricular.
This position requires a mature,
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Please send your CV to
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Shiras Devorah is committed to safeguarding and promoting the welfare of children
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Successful candidates will be subject to checks with past employment
and disclosure and barring services.

1011 Finchley Road London NW11 7HB
☎ 020 7183 4858 ✉ admin@sdevorah.org

DRE No: 302/6016

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The Sound of Golders Green

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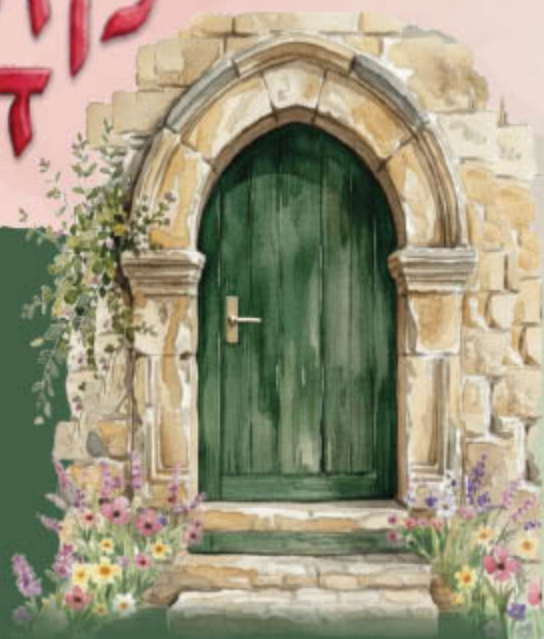
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TUESDAY
7th July,
כ"ב תמוז

**8:30
PM**

**YESODEY
HATORAH HALL**
EGERTON ROAD
N16 6UB

Classified

Misc.

Have you or someone you know moved to Golders Green or Hendon? Please text us your / their details, name - address - phone number & we will give you / them a FREE welcome pack. **Please call: Ricky: 07973 360 274 Chan: 07779 061 385**

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I can fix, re string, & clean your jewellery. Call or message me for more information.
077828-55386: Gaby

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Dining Room table with 18 chairs and China Closet Set. The table has 3 extensions which can be removed. 12 Chairs are ivory leather and 6 chairs are whiter shade
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Lost & Found

Do you have a baby called Yaakov Ezra born 22/05/26?? If yes I have your blanket
07501 297 441

LOST

Pom phone in a Pom phone box left in a Toys For You bag. 17th June
+32 489 121 985

Useful numbers

Organisations

Contact info

HATZOLA NW LONDON	0300 9994 999
HATZOLA EDGWARE	0303 888 9999
CHAVEIRIM	0300 0700 999
SHOMRIM	0300 999 1234
ACHEINU CANCER SUPPORT (ACS)	020 8806 7227
BONEI OLAM	020 8455 4321
BEREAVEMENT SERVICE (JBOS)	020 8951 3881
CAMP SIMCHA	020 8202 9297
CHANA	020 8201 5774
CHAI CANCER CARE	020 8202 2211
CHEVRA KADISHA NW	0300 111 1122
CHIZUK	020 8800 7494
CST	0800 032 3263
EZRA UMARPEH	020 8211 1010
GIFT	020 8457 4429
HAND IN HAND FORMERLY SHARBAT WALK	07506 750 023
J-DOC 365	0203 656 5657
JEWISH FAMILY CENTRE	0208 209 1117
KASPA SECURITY	07880 435 747
LEV ECHOD CANCER CARE	07870 351 436
MARS REFUAH	020 3322 8586
MENUCHA	03002 225 764
MESILA	0333 344 1711
MISASKIM GG	0300 111 0333
MISASKIM EDGWARE	07989 999 645
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PAPERWEIGHT	0330 174 4300
RELIEF	03333 445 595
SHEMA KOLI	020 3670 1818
SHIDDUCH PROJECT	020 3240 0117
SHMEICHEL	020 8800 0008
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VOLUNTEERS OF THE MONTH

JUNE 2026 AWARDS



THANK YOU

TO ALL OUR AMAZING VOLUNTEERS. KEEP UP YOUR GREAT WORK!

מנין צעטיל

פרשת מטות מסעי

פרשת פינחס

מערב בחול

9.15	מיר, קהילת אהל שבת
10.00	העברא עדה נר ישראל
10.10	קהילת אהל שבת
10.15-10.18	מאגנס
10.15	קהילת אהל שבת
10.17	מיר
10.20	ק"ג ב"ה
	סני, עין חיים
	קהילת אהל שבת
	ק"ג ב"ה
10.30	בית אפרים, בית יעקב דוב
	נעם ישראל
10.40	בית יעקב דוב
11.00	בית יעקב דוב
11.20	בית יעקב דוב
11.40	בית יעקב דוב
12.00	בית יעקב דוב

מנחה בחול

1.40	21 Green Walk
1.45	בית יעקב דוב, ברידווער לוי
2.00	ק"ג ב"ה
2.30	בית יעקב דוב
3.00	בית יעקב דוב
4.00	בית יעקב דוב
5.00	בית יעקב דוב
5.40	בית יעקב דוב
5.50-5.54	בית אפרים, בית יעקב דוב
6.00	בית יעקב דוב, סני
6.20	בית יעקב דוב, סני
6.45	בית יעקב דוב
7.00	בית יעקב דוב, עין חיים
7.20	בית אפרים, בית יעקב דוב
7.30	בית יעקב דוב
7.34	בית יעקב דוב
7.35	בית יעקב דוב
7.40	בית יעקב דוב, ק"ג ב"ה
7.45	בית יעקב דוב, ק"ג ב"ה
7.50	בית יעקב דוב, ק"ג ב"ה
8.00	בית יעקב דוב, ק"ג ב"ה
8.20	בית יעקב דוב, ק"ג ב"ה
8.30	בית יעקב דוב, ק"ג ב"ה
8.40	בית יעקב דוב, ק"ג ב"ה
8.50	בית יעקב דוב, ק"ג ב"ה
9.00	בית יעקב דוב, ק"ג ב"ה
9.05	בית יעקב דוב, ק"ג ב"ה
9.10-9.20	בית יעקב דוב, ק"ג ב"ה
9.20	בית יעקב דוב, ק"ג ב"ה
9.30	בית יעקב דוב, ק"ג ב"ה
9.40	בית יעקב דוב, ק"ג ב"ה
9.50	בית יעקב דוב, ק"ג ב"ה
10.00	בית יעקב דוב, ק"ג ב"ה
10.05	בית יעקב דוב, ק"ג ב"ה

מנחה שבת

1.45	בית יעקב דוב, סני
2.00	בית יעקב דוב, סני
4.30	ק"ג ב"ה
5.15	בית יעקב דוב
5.40	SAGE
5.54	בית אפרים, בית יעקב דוב
6.00	בית יעקב דוב, סני
6.15	בית יעקב דוב, סני
6.30	בית יעקב דוב, סני
7.00	בית יעקב דוב, סני
7.05	בית יעקב דוב, סני
7.15	בית יעקב דוב, סני
8.00	בית יעקב דוב, סני
8.50	בית יעקב דוב, סני
8.55	בית יעקב דוב, סני
9.00	בית יעקב דוב, סני
9.10	בית יעקב דוב, סני
9.15	בית יעקב דוב, סני
9.20	בית יעקב דוב, סני
9.25	בית יעקב דוב, סני
9.30	בית יעקב דוב, סני
9.35	בית יעקב דוב, סני
9.40	בית יעקב דוב, סני
9.45	בית יעקב דוב, סני
9.50	בית יעקב דוב, סני
9.55	בית יעקב דוב, סני
10.00	בית יעקב דוב, סני

ערב שבת

1.00	בית יעקב דוב
2.00	עין חיים
7.35	בית יעקב דוב
8.33	בית יעקב דוב
9.05	בית יעקב דוב
7.00	בית יעקב דוב
7.10	בית יעקב דוב
7.12	בית יעקב דוב
7.15	בית יעקב דוב
7.17	בית יעקב דוב
7.20	בית יעקב דוב
7.22	בית יעקב דוב
7.25	בית יעקב דוב
7.27	בית יעקב דוב
7.30	בית יעקב דוב
7.40	בית יעקב דוב
7.55	בית יעקב דוב
8.00	בית יעקב דוב
8.10	בית יעקב דוב
8.19	בית יעקב דוב
8.20	בית יעקב דוב
8.25	בית יעקב דוב
8.35	בית יעקב דוב
8.45	בית יעקב דוב
8.55	בית יעקב דוב
9.05	בית יעקב דוב
9.10	בית יעקב דוב
9.15	בית יעקב דוב
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9.35	בית יעקב דוב
9.40	בית יעקב דוב
9.45	בית יעקב דוב
9.50	בית יעקב דוב
9.55	בית יעקב דוב
10.00	בית יעקב דוב

זאת תהיה חגיגה של שמחה ושל חיים ושל אהבה

Currency Exchange

Code	Currency	Units \ GBP	GBP \ Unit
USD	US Dollar	1.32	0.73
EUR	Euro	1.16	0.86
ILS	Israeli New Shekel	3.94	0.21
CHF	Swiss Frank	1.07	0.94

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(FEMALE ONLY OPERATORS)

DAILY TIMES

Sponsored by Tahareinu UK

	Friday	Shabbos	Sunday	Monday	Tuesday	Wednesday
שקט	9:20	9:20	9:19	9:18	9:18	9:17
לילה	10:29	10:28	10:27	10:27	10:26	10:25

Practical medical solutions for issues relating to Taharas Hamishpacha and Womens Health

officeuk@tahareinu.com



A MESSAGE TO OUR READERS



Over the past week, we have reflected carefully on an advertisement that appeared in last week's edition of **The Local News**, which may have caused upset or concern to some of our readers.

We sincerely apologise to anyone who was affected.

For nearly 17 years, **The Local News** has been committed to serving our community with integrity, sensitivity and respect. It has always been our practice to seek appropriate Rabbinical guidance where advertisements involve sensitive matters.

On this occasion, that process was regrettably missed. In addition, the supplier's and organisation's logos should have been independently verified before publication. We regret that these checks were overlooked.

The advertisement was submitted by an independent third-party advertiser. Nevertheless, we recognise that greater care should have been taken before it appeared in our publication.

Thank you for your continued trust and support.



BECAUSE EVERY FAMILY DESERVES TO START THE DAY WITH DIGNITY.

Your support helps ensure that food arrives at the door, and dignity remains in the home.

Providing 452 local families with chicken, fish, meat, a range of fresh fruit and vegetables, eggs, and **daily** milk deliveries.

5/6 JULY

