

THE NW LONDON LOCALNEWS

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חילקת נרות 16:22 | מוצאי שבת 17:34 | לר"ת 17:39

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twenty twenty four

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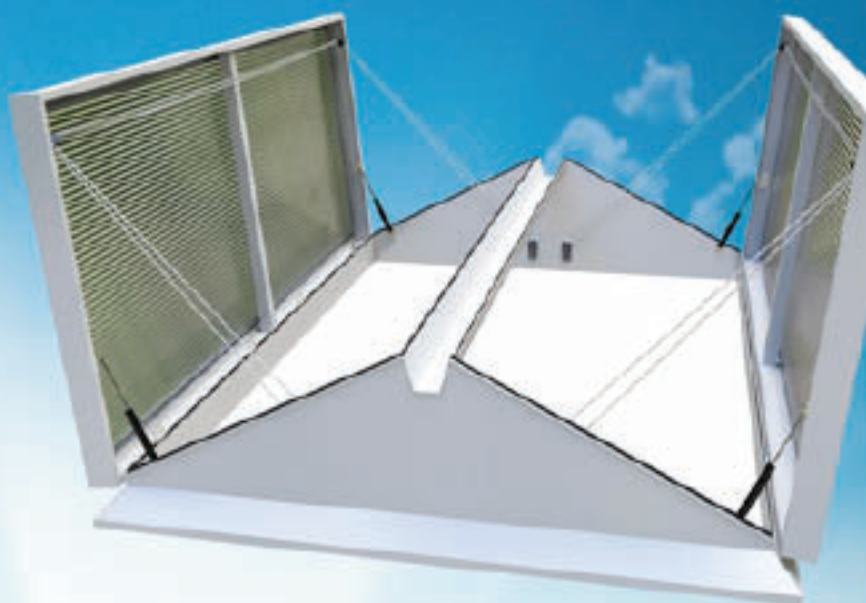
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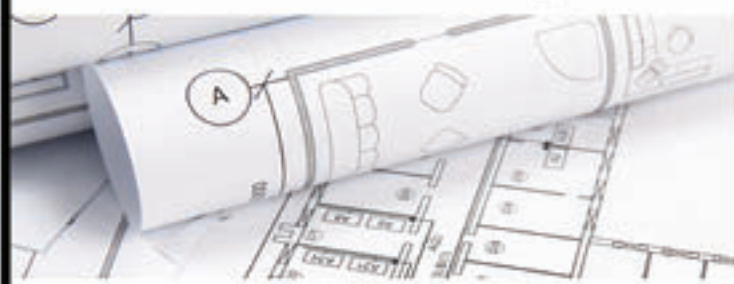
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28 January - **ח' שבט תשפ"ד**

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To apply for this role or for the full job description please email office@shabbatwalk.org attaching your CV and a cover letter.

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SUNDAY 4TH
FEBRUARY

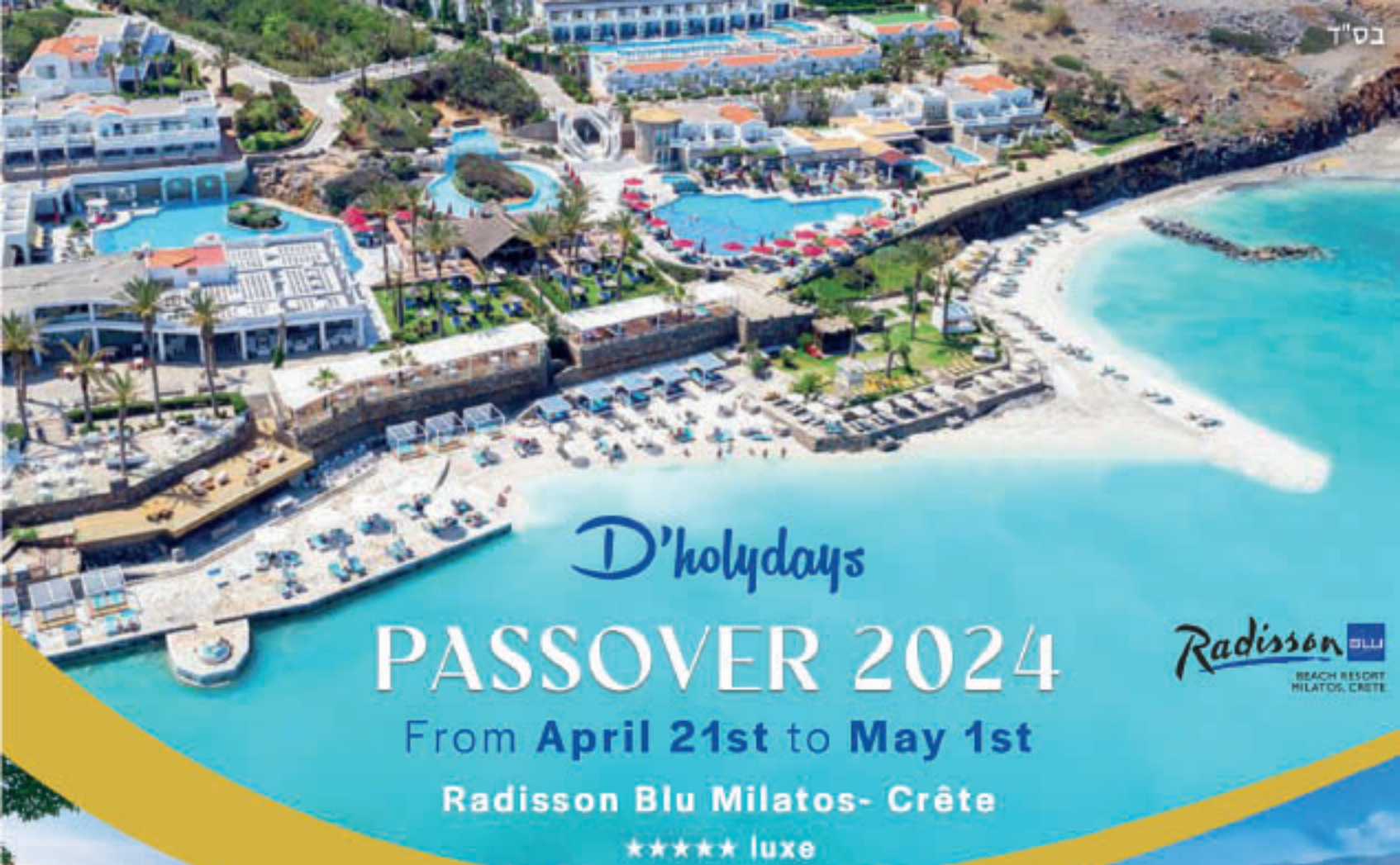
TIFERES HIGH
SCHOOL HALL
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FROM 12:00
TILL 9:00PM

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Singer
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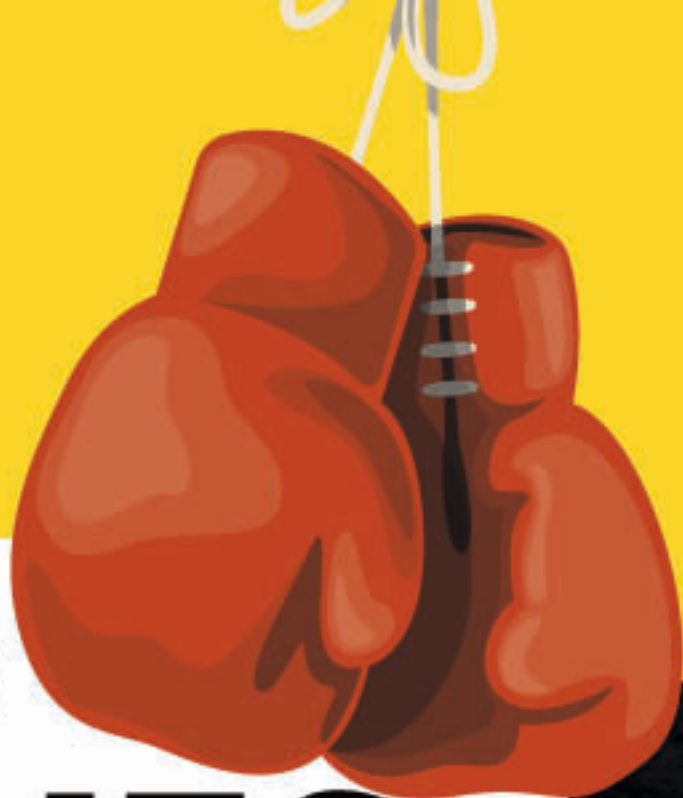
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Muay Thai (Kick-Boxing)
Mixed Levels

MONDAY 7.45 PM

Muay Thai (Kick-Boxing)
Beginners & Advanced

MONDAY 8.30 PM

Muay Thai (Kick-Boxing)
Beginners & Advanced

TUESDAY 7 PM

Boxing
Mixed Levels

WEDNESDAY 9.15 AM

Boxing
Mixed Levels

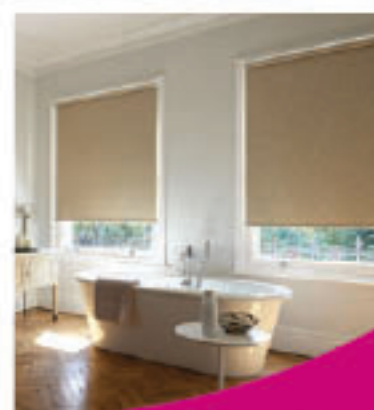
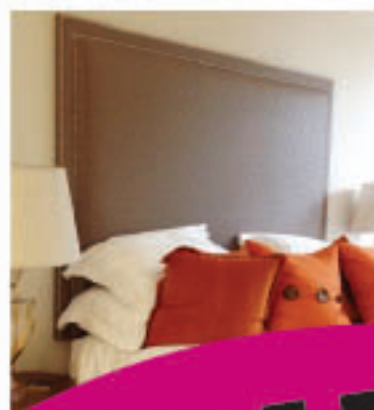
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Mixed Levels

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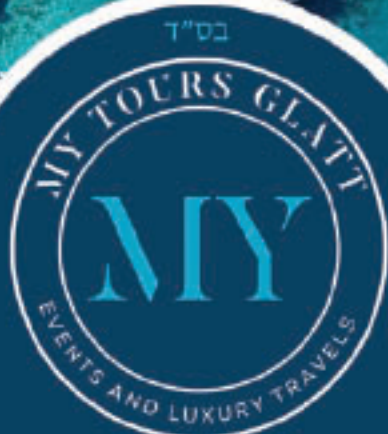


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130 Clapton Common E5 9AG
בשעה 9:30 בבוקר

בכבוד התורה
קהילת 'פני מנחם' לונדון



בכבוד רב
קהילת פני מנחם לונדון



בס"ד

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באולם יסודי התורה Egerton Road

ברגעי קודש אלה נתאסף כולנו בשירי כיסופין וערגה
לשמוע דברים המעוררים לתשובה ותיקון המעשים

מנחה שב"ק 4:15pm

רבינו ישמיע את דבריו

לאחר צאת השבת זמן ר"ת 5:53pm

נבקש מהציבור להישמע להוראות הסדרנים.
יהיה אפשרות לשמוע ולהשתתף
בחדרים הסמוכים לאולם במקרה הצורך

בכבוד רב

קהילת 'פני מנחם' לונדון



בס"ד

בשורה משמחת לשוחרי תורה

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שמורינו ראש הישיבה
הגאון רבי שאול אלטר שליט"א

ימסור שיעור אי"ה
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EMERGENCY	999
BONEI OLAM	020 8455 4321
CAMP SIMCHA	020 8202 9297
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EZRA UMARPEH	020 8211 1010
BEREAVEMENT SERVICE (JBCS)	020 8951 3881
GIFT	020 8457 4429
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MARS REFUAH	020 3322 8586
MENUCHA	03002 225 764
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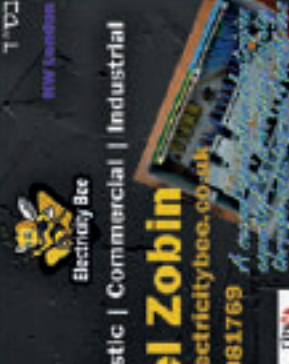
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Currency Exchange



Code	Currency	GBP \ Unit	Units \ GBP
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ILS	Israeli New Shekel	£0.20	4.76
CHF	Swiss Frank	£0.90	1.10
USD	US Dollar	£0.78	1.26

Based on Wednesday's Rates | Midmarket Rates

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Friday 12th Jan 24

9° \ 2°

Shabbos	Sunday	Monday	Tuesday	Wednesday	Thursday
9° \ 6°	12° \ 8°	11° \ 7°	11° \ 8°	12° \ 7°	13° \ 8°

Weather
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בשלח

מנחת שבת

בית ישראל, בירושלם	12.45
עץ חיים, קהילת אהל משה	
23 Green Walk	
בית ישראל דוב, תורה משה	1.00
63 Cranbourne Qdms	1.30
סיני	1.45
בית אברהם	2.00
מנחת קטנה	2.80
ג'נ' ב"ה	2.45
בית ישראל דוב	3.54
בית תפילה, עץ חיים	3.55
סיני	4.00
SAGE	4.05
אור חיים, מחזיקי חרות	4.10
קהילת אהל משה	
גור	4.14
ראשון רד	4.15
אלכסנדר, שפיר תפילה	4.19
בירושלם, ג'נ' ב"ה, חסד מנחם	4.20
מאסוב, תפארת ישראל	4.24
בית ישראל, בית שמואל	4.25
שפיר	4.29
חידושי שפיר, מאורות חיים	4.30
אמרי שפיר, בית ישראל דוב	4.34
בשטת ישראל, עמרת צבי	
קהל חסידים	4.35
הענדאן עזת	4.45

ערב שבת מנחת גדולה

בית ישראל דוב	12.45
עץ חיים	
הדלקת חירות	4.22
מנחת וקבלת שבת	
ג'נ' ב"ה, הענדאן עזת	4.20
SAGE	
אברהם, אלכסנדר, אמרי שפיר	4.22
בית אברהם, בית ישראל	
בית תפילה, גור	
חידושי שפיר	
סיני, עץ חיים	
קהילת אהל משה	
מחזיקי חרות	4.23
בירושלם, ג'נ' ב"ה	4.24
בית ישראל דוב	4.25
אור חיים	4.27
ראשון רד, חסד מנחם	4.30
בית שמואל, בשטת ישראל	4.32
מאסוב, תפארת ישראל	
עמרת צבי	4.35
23 Green Walk	
קהל חסידים	4.40
מאורות חיים	4.50

יתרו

מעורב בחול

שפיר	5.22-5.34
בית ישראל דוב	5.30
(א ב ג) בית שמואל	
(ד) בית שמואל	5.30
בית ישראל דוב	5.40
בית ישראל דוב, 21 - 22	6.00
בית ישראל דוב	6.20
בית ישראל דוב	6.45
בית ישראל דוב	6.55
בית ישראל דוב, עץ חיים	7.00
23 Green Walk	7.15
בית ישראל דוב	7.30
בית שמואל, בירושלם	7.30
בית ישראל דוב	7.40
סיני, קהל משה	7.45
בית אברהם, בית ישראל דוב, ג'נ' ב"ה, חסד מנחם	8.00
בית תפילה, תפארת ישראל	
21 - 22	8.15
בית ישראל דוב	8.20
מאסוב	8.30
בית ישראל דוב	8.40
בית ישראל דוב, קהל חסידים	8.50
בית ישראל דוב	9.20
מאסוב	9.30
בית ישראל דוב	9.40
הענדאן עזת	9.50
בית ישראל דוב, בית שמואל, ג'נ' ב"ה, חסד מנחם	10.00
בשטת ישראל, מאורות חיים, קהל חסידים	10.15
בית ישראל דוב	10.20
בית ישראל דוב	10.30
בית ישראל דוב	11.00
בית ישראל דוב	11.40
בית ישראל דוב	11.50

מנחת בחול

בית ישראל דוב	12.45
עץ חיים	12.45
(א ב ג) בית ישראל	
(ד) חסד מנחם	12.50
בית אברהם, בית ישראל דוב	1.00
הענדאן עזת, שפיר תפילה, עץ חיים	
סיני	1.02
בית שמואל, קהילת אהל משה	1.05
בית ישראל דוב	1.15
21 Green Walk	
בית ישראל דוב	1.40
בית ישראל דוב, בית שמואל	
(א ב ג) שפיר	1.45
בית ישראל דוב, מאסוב	1.45
בית ישראל דוב	2.00
מנחת קטנה	2.47-2.49
בית ישראל דוב	2.50
בית ישראל דוב	3.00
בית ישראל דוב	3.20
(א) בית ישראל	3.25
(א ב ג) חסד מנחם	3.30
בית ישראל דוב	3.40
בית ישראל דוב	4.00
הענדאן עזת, בשטת ישראל	4.10
ראשון רד	4.15
אור חיים, תפארת ישראל	
בית ישראל דוב, בירושלם, עץ חיים	4.20
בית ישראל דוב, קהל חסידים	
סיני	4.30-4.32
בית ישראל דוב	4.40
בית ישראל דוב	4.55
(א ב ג) בית שמואל	5.05
(ד) בית שמואל	5.10

ליל הקדוש והטהור שמואל אלח ח"י ב"ר נחמן יצחק

DAILY TIMES

	Friday	Shabbos	Sunday	Monday	Tuesday	Wednesday
שקיעה	4:38	4:40	4:41	4:43	4:45	4:47
לילה	5:32	5:34	5:36	5:37	5:39	5:40



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