

THE NW LONDON



# LOCAL NEWS

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פרשת מטות-מסעי תשפ"ה • 24 July 2025

חולקת נרות 20:43 | מוצאי שבת 22:03 | ל"ת 22:11

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*Moshe Levy*



**SUNDAY**  
**27TH JULY**  
ב' אב



**DOORS OPEN**  
**8.00 PM**  
**SHIUR STARTS**  
**8.30 PM**



**BEIS YAAKOV**  
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**DONATION**  
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FRIDAY: 10AM - 2PM

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---

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# כי בא מועד

## Because the Time Has Come



### שליט"א רבני שמשון סילקין



פרשת מטות מסעי | Shabbos Afternoon 26th July



Golders Green Location



6:45pm

For the address contact:

reconnect@chazon.org.uk | 07545 367 975



# ט"ו באב



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**NOW £29**

ITEMS WERE £42 - £61  
**NOW £20**

ITEMS UP TO £41  
**NOW £16**

**PLUS £ 10 RAILS**

New Winter collection arriving daily

\*excludes apply

## Summer Childminding

**AGE: 0-2YEARS**

**Week 1: Mon 28th Jul - Fri 1st Aug**

**Week 2: Sun 3rd - Fri 8th Aug**

**Week 3: Mon 11th - Thurs 14th Aug**

**Week 4: Mon 25th - Fri 29th Aug**

**Mon-Thurs 10am-2.45pm**

**Fri 10am-1pm**

**Tisha Ba'av 1.30pm-5pm**

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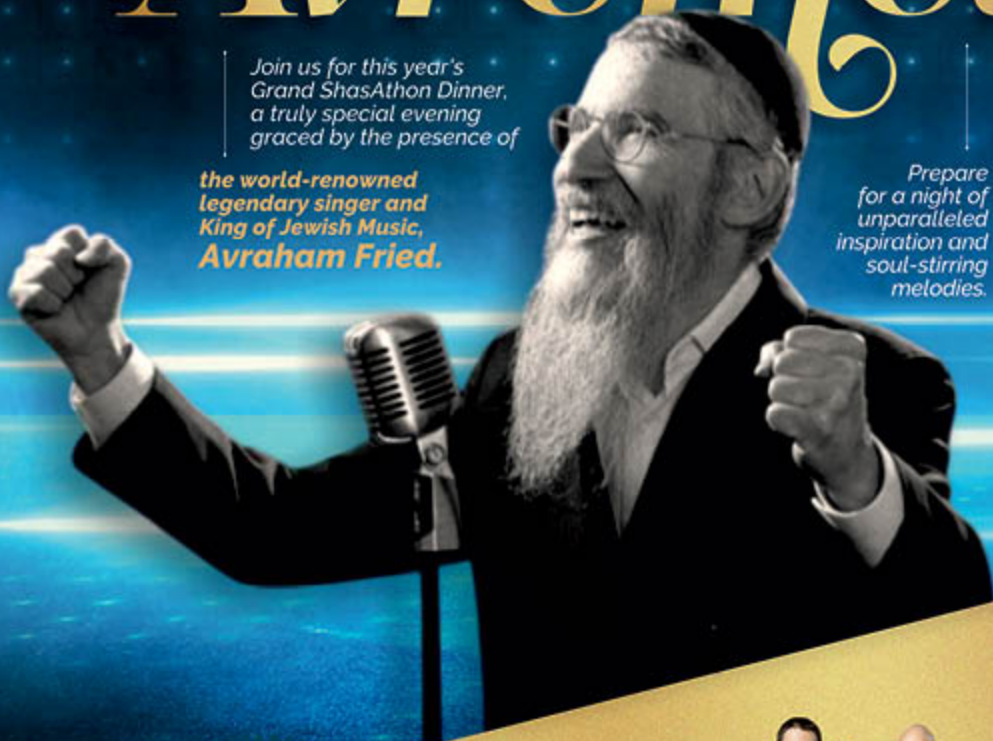


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Dayan Bedatz Eidah Chareidis

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# TISHA B'AV 5785

**END OF SHABBAT  
2 AUGUST 2025**

Mincha 6:15pm  
Fast begins 8:46pm  
Shabbat Ends 9:49pm  
Maariv (with Eichah) 10:10pm

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**SUNDAY 3 AUGUST**

Shacharit 8:00am  
(selected Kinot with Introductions  
and Explanations)  
Halakhic midday: 1:05pm



---

6:30pm

**Project Inspire Film:**  
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7:30pm Mincha

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### Who Can Join?

- ✓ Emotional support
- ✓ Improved confidence
- ✓ A positive role model

### Practical life skills building

- ✓ Practical male role models
- ✓ A safe space to talk and be heard
- ✓ Tools for wellbeing & resilience

### Who Can Join?

Teenage boys who:

- ✓ Emotional support
- ✓ Improved confidence
- ✓ Guidance through challenges
- ✓ Someone to talk to
- ✓ A positive role model

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



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

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**Date:**

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# TISHA B'AV

---

## 5785

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### SHABBAT 2ND AUGUST

- 20:47 FAST BEGINS
- 21:00 FROM GALUT TO GEULAH  
- Dayan Posen
- 21:49 SHABBAT ENDS
- 22:00 MINCHA & EICHA
- 23:00 SONGS OF YEARNING  
Kumzitz

### SUNDAY 3RD AUGUST

- 08:45 SHACHARIS & EXPLAINED KINNOSS
- 11:45 MEGILLAT EICHA
- 12:15 THE JEWS PROFILE IN EXILE  
- Rabbi A Hersh  
TISHA B'AV THROUGH THE EYES OF  
THE TALMUD DOOR (TEXTUAL)  
- Rabbi M Brandeis
- 13:07 CHATZOT
- 18:00 TISHA B'AV VIDEO PRESENTATION:  
SURVIVORS
- 19:15 FROM THE ASHES  
A father's account of the October 7th Massacre
- 20:00 MINCHA  
With tefillin
- 20:45 YEARNING FOR A SOULFUL CITY  
- Rabbi A Nemeth
- 21:20 MAARIV
- 21:35 FAST ENDS

AUGUST

2-3

MEN & WOMEN



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**DETAILS** Given by - Mrs. Penina Orenstein  
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Duration - 10 weeks  
Format - Teleconference (listen in live or to recordings at your convenience)

---

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# BE IN IT TO WIN IT!

Due to Toy Park renovating, the draw has been extended to 31/08/25.  
GRAB THE CHANCE TO COLLECT LIDS UNTIL AFTER YOUR HOLIDAY!

**Raffle Extended**

## How to enter

For every 12 lids sent in, you will be entered into both draws.

Please post your lids to:  
Family Rosenbaum  
Flat 7, Allan Bridge  
110 Bethune Road  
London N16 3DE

### Important:

Be sure to clearly include your full name, address, and phone number with your entry. Entries missing this information will be void and not entered into the draw.

### Deadline:

All entries must be posted by Thursday, 28 August 2025.  
Lids Posted after this date will not be accepted.  
The raffle draw will, ly'h take place on Sunday, 31st August 2025.

**Taam Tuw**  
מטבח יהודי  
Mishluchos



Save the Lids  
and enter for a  
CHANCE TO WIN A

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The **22 Founding Patrons**, whose early generosity and sense of responsibility inspire others to follow.

The first **500 families**, who recognised the urgency of the moment and stepped forward with conviction to help secure our children's future.

In the words of the Rabbonim of NW London, in their public call to action:

**"May the special זכות of a kehilla-wide approach – in which everyone can participate – enable our תמקות של בית רבן to reach their potential and be a שמירה for the entire kehilla."**

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## START WELL

### Future changes to maternity and neonatal services

You may have heard that there will be some changes in the future to maternity and neonatal services for residents who live in Barnet, Camden, Enfield, Haringey, and Islington.

As part of the changes, the maternity and neonatal services at the Royal Free Hospital will close in several years' time.

For now, these services are still open and accepting new bookings until further notice.

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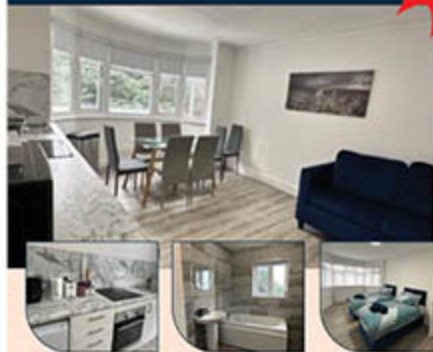
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*To apply please email both:*

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**For further information or for an application pack, please contact Mrs Harounoff by  
emailing: [schoolmanager@ttps.org.uk](mailto:schoolmanager@ttps.org.uk) or calling 020 8450 4377**

Torah Temimah is committed to safeguarding and ensuring the well-being and safety of staff and students. All our employees, volunteers and contractors share this commitment, and we will carry out Enhanced DBS checks for all appointments as well ensuring that our rigorous pre-recruitment checks are strictly adhered to. We foster an inclusive culture that promotes equality of opportunity and values diversity creating an environment where the rights and dignity of all members of our community are respected.

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Have you or someone you know moved to Golders Green or Hendon? Please text us your / their details, name - address - phone number & we will give you / them a FREE welcome pack. **Please call:**  
**Ricky: 07973 360 274**  
**Chani: 07779 061 385**

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## Lost & Found

**Found:** Sum of money found on Brookside Road, NW11 last Wednesday morning (16 July). **If you think it's yours please call or message 07505 520 414.**

## To Let

**MANCHESTER.** Prestwich (Mowbray Ave)  
 3 bed fully furnished house to let  
 Short to medium term only  
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 ----

## Services

**Gabz Gewels**  
 Jewellery repairs  
 I can fix, re string, and clean your jewellery. Call or message me for more information.  
**077828-55386: Gabz**

## Gemach

The Clothing Drive.. Collecting mens, ladies & children's clothing, shoes & linen in any condition. Shoes (only full pairs), pack separately. Towels, tablecloths, & linen, pack separately. £3 collection (more than 10 bags may be more). **Call/text 07411 229 354 or 07411 227 673**

**Gemach:**  
 Teenage / Adult gown gemach, Many new gowns.  
 Esther bas Yeshua  
 Fegal bas Yoseph.  
**Please call**  
**07817 477 634**

## Organisations

Contact Info

HATZOLA NW LONDON	0300 999 4 999
HATZOLA EDGWARE	0303 888 9999
CHAVEIRIM	0300 0700 999
SHOMRIM	0300 999 1234
EMERGENCY	999
BONEI OLAM	020 8455 4321
BEREAVEMENT SERVICE (JBOS)	020 8951 3881
CAMP SIMCHA	020 8202 9297
CHANA	020 8201 5774
CHAI CANCER CARE	020 8202 2211
CHEVRA KADISHA NW	0300 111 1122
CHIZUK	020 8800 7494
CST	0800 032 3263
EZRA UMARPEH	020 8211 1010
GIFT	020 8457 4429
HAND IN HAND FORMERLY SHABBAT WALK	07506 750 023
JEWISH FAMILY CENTRE	0208 209 1117
KASPA SECURITY	07880 435 747
LEV ECHOD CANCER CARE	07870 351 436
MARS REFUAH	020 3322 8586
MENUCHA	03002 225 764
MESILA	0333 344 1711
MISASKIM GG	0300 111 0333
MISASKIM EDGWARE	07989 999 645
MINYAN LINE NW	020 3670 6130
NSHEI CHAYIL	07574 018 331
PAPERWEIGHT	0330 174 4300
RELIEF	03333 445 595
SHEMA KOLI	020 3670 1818
SHIDDUCH PROJECT	020 3240 0117
SHMEICHEL	020 8800 0008
TAG GG	020 7112 4848
TAG EDGWARE	020 8952 5666
TAHAREINU	020 3769 2941
YAD LCHAIM	020 8079 3025

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# THIS TISHA B'AV SUNDAY 3RD AUGUST 2025

JROOTS BRINGS YOU TWO MUST-SEE HOLOCAUST DOCUMENTARIES


FREE IN-PERSON SCREENINGS  
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STREAM ONLINE AT [JROOTS.ORG/FILMS](http://JROOTS.ORG/FILMS)

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FROM NAMELESS NUMBER TO NATION'S PRIDE



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RESILIENCE AND QUIET HEROISM



## JOSEF The Survivor's Revenge



THE REMARKABLE HOLOCAUST  
SURVIVOR AND NAZI-HUNTER WHO  
CAUGHT THE BUTCHER OF PLASZOW



[JROOTS.ORG/FILMS](http://JROOTS.ORG/FILMS)

Parental discretion advised

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# מנין צעטיל

## ברשת דברים

בית יעקב דוב (א) אור חדש	7.40
בית יעקב דוב (א) אור חדש	7.45
בית יעקב דוב, ניר	8.00
הנצנצן ענת, תמי ישראל	
בית יעקב דוב (א) ג' בית	8.05
ווידעוועקן ע"י חיים	8.20
בית יעקב דוב	8.35
בית יעקב דוב	8.40
בית יעקב דוב	8.50
בית יעקב דוב	8.55
בית יעקב דוב	9.01-9.06
בית יעקב דוב	9.00
בית יעקב דוב (ה) בית	9.30
בית יעקב דוב (א) ב' בית	9.35
בית יעקב דוב (ה) בית	9.45
בית יעקב דוב (א) ב' בית	9.50
בית יעקב דוב	
קניאל אהל שבת ניר	9.85
בית יעקב דוב (א) ב' בית	9.90
בית יעקב דוב	9.95
בית יעקב דוב	10.00
בית יעקב דוב	10.40
בית יעקב דוב	11.00
בית יעקב דוב	11.35
בית יעקב דוב	11.40
בית יעקב דוב	12.00

## מנחה בחול

בית יעקב דוב, בירושלם ע"י חיים	1.40
בית יעקב דוב, בירושלם ע"י חיים	1.45
בית יעקב דוב, בירושלם ע"י חיים	2.00
בית יעקב דוב (א) ה' בית	2.30
בית יעקב דוב	2.50
בית יעקב דוב	3.00
בית יעקב דוב	3.15
בית יעקב דוב	4.00
בית יעקב דוב	5.40
בית יעקב דוב	5.00
בית יעקב דוב	5.44-5.47
בית יעקב דוב	6.00
בית יעקב דוב	6.20
בית יעקב דוב	6.45
בית יעקב דוב, ע"י חיים	7.00
בית יעקב דוב, ע"י חיים	7.10
בית יעקב דוב, ע"י חיים	7.15
בית יעקב דוב, ע"י חיים	7.20
בית יעקב דוב, ע"י חיים	7.25
בית יעקב דוב, ע"י חיים	7.30
בית יעקב דוב, ע"י חיים	7.35
בית יעקב דוב, ע"י חיים	7.40
בית יעקב דוב, ע"י חיים	7.45
בית יעקב דוב, ע"י חיים	7.50
בית יעקב דוב, ע"י חיים	7.55

## פ' מטות'מסעי

### מנחה שבת

בית יעקב דוב	1.45
בית יעקב דוב	2.00
בית יעקב דוב	2.30
בית יעקב דוב	2.50
בית יעקב דוב	3.00
בית יעקב דוב	3.15
בית יעקב דוב	3.30
בית יעקב דוב	3.45
בית יעקב דוב	3.60
בית יעקב דוב	3.75
בית יעקב דוב	3.90
בית יעקב דוב	4.05
בית יעקב דוב	4.20
בית יעקב דוב	4.35
בית יעקב דוב	4.50
בית יעקב דוב	4.65
בית יעקב דוב	4.80
בית יעקב דוב	4.95
בית יעקב דוב	5.10
בית יעקב דוב	5.25
בית יעקב דוב	5.40
בית יעקב דוב	5.55

### ערב ש"ק

בית יעקב דוב	1.45
בית יעקב דוב	2.00
בית יעקב דוב	2.30
בית יעקב דוב	2.50
בית יעקב דוב	3.00
בית יעקב דוב	3.15
בית יעקב דוב	3.30
בית יעקב דוב	3.45
בית יעקב דוב	3.60
בית יעקב דוב	3.75
בית יעקב דוב	3.90
בית יעקב דוב	4.05
בית יעקב דוב	4.20
בית יעקב דוב	4.35
בית יעקב דוב	4.50
בית יעקב דוב	4.65
בית יעקב דוב	4.80
בית יעקב דוב	4.95
בית יעקב דוב	5.10
בית יעקב דוב	5.25
בית יעקב דוב	5.40
בית יעקב דוב	5.55

כל המידע הוא משוער ואינו מהווה ייעוץ פיננסי

## Currency Exchange

Code	Currency	Units \ GBP	GBP \ Unit
USD	US Dollar	1.35	0.73
EUR	Euro	1.15	0.86
ILS	Israeli New Shekel	4.52	0.22
CHF	Swiss Frank	1.07	0.93

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## Friday

18th July 25



Shabbas Sunday Monday Tuesday Wednesday Thursday



25°\14°



24°\15°



25°\16°



24°\14°



24°\14°



23°\15°

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	Friday	Shabbos	Sunday	Monday	Tuesday	Wednesday
שקיעה	8:59	8:57	8:56	8:54	8:53	8:51
זריחה	10:00	9:58	9:56	9:54	9:52	9:51

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