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 Starts: 16:42 Ends 17:52 (18:13)

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3

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CLINICAL SUPERVISOR
PSYCHOTHERAPY - CBT

FOLLOWED BY Q & A

*Preventing emotional health problems
within ourselves and within our children*

DATE:
SUNDAY 7TH FEBRUARY 8:45^{PM}



ZOOM MEETING ID: 930 4328 0973
PASSWORD: 145

Yaakov Barr is a fully qualified and accredited clinical supervisor and psychotherapist, holding a Masters degree (MSc) in Cognitive Behaviour Therapy (CBT) from the University of London and a Post Graduate diploma (PG Dip) in Counselling. He is a psychology columnist for the Hamodia newspaper and currently supervises and lectures in CBT.

Yaakov trained in the NHS and is also a former member of the All Parliamentary Group on Cannabis and Children and a reviewer for the highly acclaimed BABCP international journal. He is also a musmach of Harav Moishe Sternbuch Shlita.



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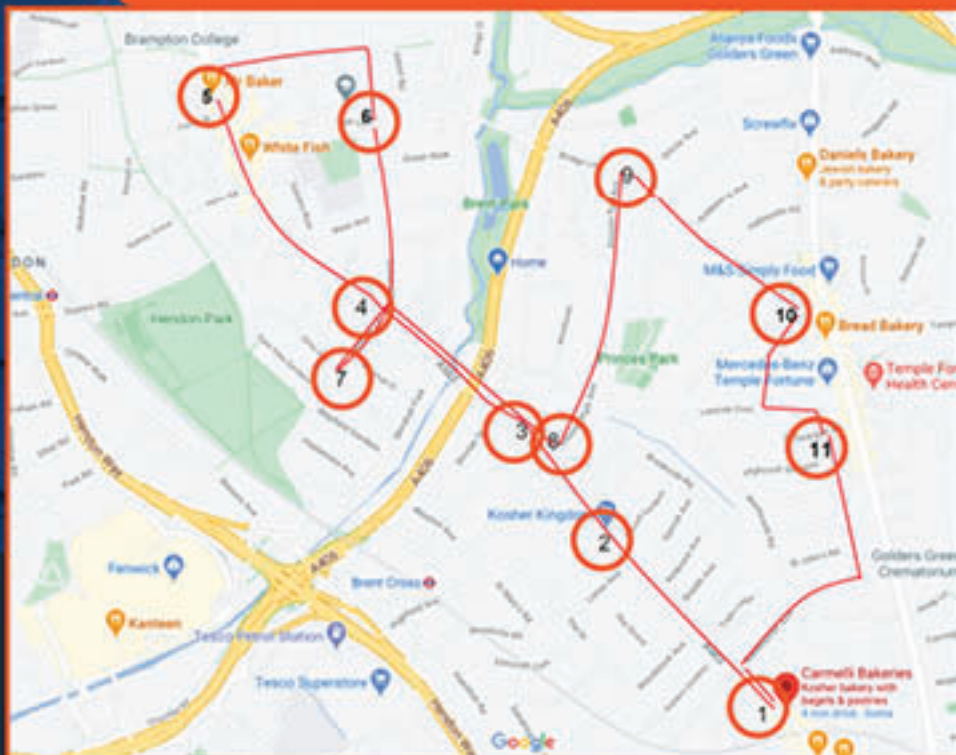
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5.....	25.....	Mr Baker
6.....	30.....	BKosher – corner Bell lane/Alexandra Rd /Green Lane
7.....	35.....	Corner Shirehall Lane/ Shirehall Close
8.....	40.....	Corner PPA/GG road
9.....	45.....	Corner PPA/Bridge Lane
10.....	50.....	Corner Bridge Lane/ Leaside crescent
11.....	55.....	Corner Templars/St Georges

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For The Filling:

One large onion finely chopped
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1 tbsp flour
3 eggs
8fl oz single cream
2 tins of Sova sweetcorn (1 of which is optional)
Salt pepper nutmeg.

Method

Rub the butter or margarine with flour, until your mixture looks like breadcrumbs. Add in the salt and icing sugar and rub a couple minutes then add in liquid to make a ball of dough. Roll out the dough to a circle shape and place in greased quiche tin.

Prick the dough with a fork

Fry the onion in oil. After a few minutes add the sweetcorn. Fry for 5 to 10 minutes on medium heat. Meanwhile mix the tablespoon of flour and grated cheese and place on top of the dough. Place the fried onions and sweetcorn on top. Whisk the cream and eggs with a fork. Add your spices to the cream mixture. Pour the mixture on top of the sweetcorn, let it run until it covers the whole quiche.

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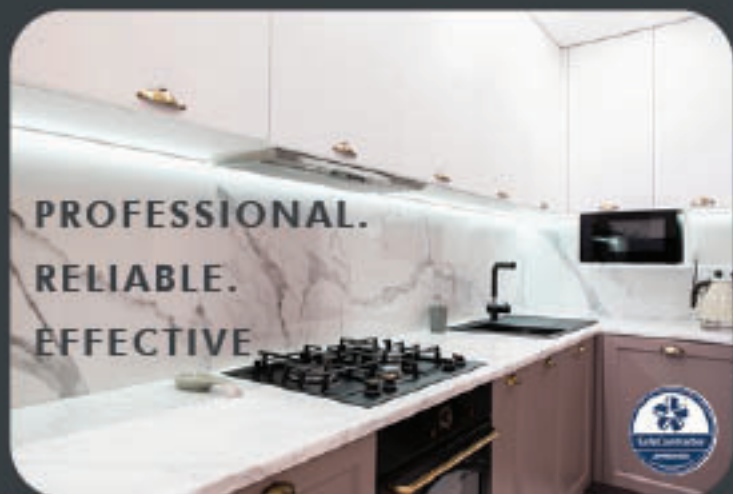


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/me-soy-roh/

Noun

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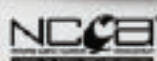
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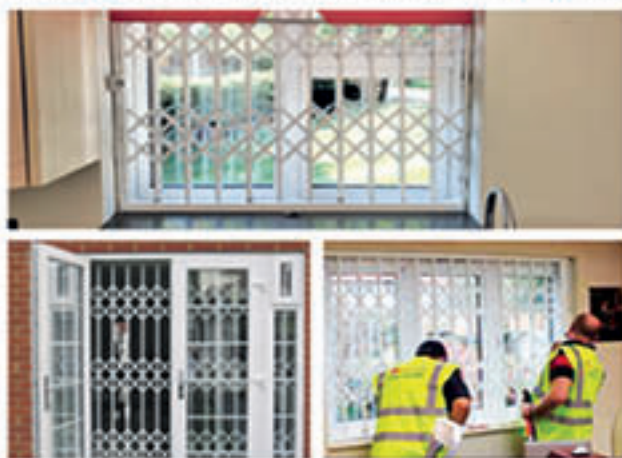
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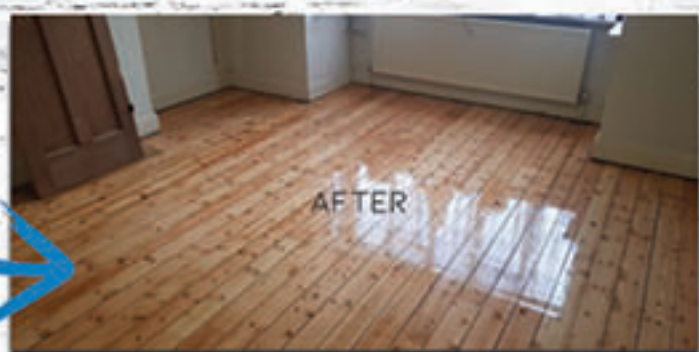
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Tuesday	הרב אברהם כ"ץ שליט"א The י"ג עיקרים explained	השקפה
Wednesday	מוצי"ם A rotation of shiurim from our הרב אלעזר ליברמאן שליט"א הרב אברהם אראן שליט"א הרב יצחק צבי שטראה שליט"א הרב יעקב צבי סאבערסקי שליט"א	אליבא דהלכתא
Thursday	הרב אברהם חיים צאהן שליט"א Parsha gems, A lively חומש shiur	פרשות השבוע
Friday	Guest Speaker *12:30pm A Short Vort (5min)	לקראת שבת
Motzei Shabbos	10:00pm מלוה דמלכה With The Famed Magid Of Eretz Yisroel הרה"ג ר' שלמה מיללער שליט"א	מלוה דמלכה

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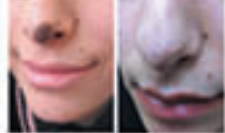
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Grammar School**

התלמוד הגדול והקטן

WE ARE LOOKING TO EMPLOY

ASSISTANT HEADTEACHER FOR CHOL

Pardes House Grammar School has expanded and doubled in size over the last 5 years and is looking to expand its Chol Senior Leadership Team (SLT) to lead and manage this growth.

The School is looking for enthusiastic, inspirational individuals to join our highly supportive team to begin at the start of the 2021/22 academic year or earlier.

A successful candidate will:

- have vision, drive and energy to play a major role in the development of the School.
- be ambitious for all our children with the highest expectations in teaching, learning, behaviour and attitudes
- have the ability to inspire others through close teamwork and leadership.
- be supportive of the religious ethos of the School

This is a rare opportunity for an exceptional individual to join a school which is looking to build upon its strengths in pastoral care and offer a Chol programme that caters for the needs of all the pupils. Salary commensurate with experience.

An application form is available from the School Office office@pardesgrammar.co.uk,

Tel: **020 8349 4222** and should be returned to the school.

Closing date: Thursday 25th February 2021 at 12 noon

Interview Date: Week beginning 1st March 2021

Pardes House Grammar School is committed to safeguarding and promoting the welfare of children and expect all staff to share this commitment. Any offer of employment will be subject to receipt of satisfactory references from previous employers and a DBS check at an Enhanced level, including the Barred Lists.



**Beis
Yaakov
Primary
School**

בית יעקב

373 Edgware Road
London NW9 6NQ
T 020 8905 9590

KODESH LSA

Required for March 2021 or sooner

We are looking for a self-motivated, enthusiastic and confident **Learning Support Assistant (LSA)** to join our supportive Kodesh team.

Duties will include supporting the classroom teacher with their responsibility for the development, care and education of pupils.

You must enjoy taking responsibility and work well both independently and in a team.

Full time or part time will be considered.

We offer excellent training and career development opportunities, as well as an on-site Crèche.

To request an application form please email
admin@beisyaakov.barnet.sch.uk

Our School and all its personnel are committed to safeguarding and promoting the welfare of the children. This post is subject to an Enhanced Disclosure Application to the Disclosure and Barring Service.



בית הספר התיכון שיראס דבורה

**We are looking to recruit an
experienced
SENCO
to join our dedicated staff**

Please email your cv to **admin@sdevorah.org**

We offer a friendly and
supportive work environment.

Excellent remuneration for
the right candidate.

Shiras Devorah is committed to safeguarding and promoting the welfare of children and young people and expects all employees to share our commitment. Successful candidates will be subject to checks with past employment and disclosure and barring services.

Woodside Park Synagogue, Woodside Park Road N12 8BZ
☎ 020 7112 6151 ✉ admin@sdevorah.org

CIE No. 302/6016



**Pardes House
Grammar School**

WE ARE LOOKING TO EMPLOY
TEACHERS FOR THE FOLLOWING POSITIONS

**Subject Leader
for Maths,
Subject Leader
for Science,
Teachers of History,
Business Studies.**

Pardes House Grammar School has expanded and doubled in size over the last 5 years and is looking to expand its Chof provision to manage this growth. The School is looking for enthusiastic, inspirational individuals to join our highly supportive team to begin at the start of the 2021/22 academic year or earlier.

A successful candidate will:

- have drive, energy and creativity
- be ambitious for all our children with the highest expectations in teaching, learning, behaviour and attitudes
- be supportive of the religious ethos of the School

This is an opportunity for an exceptional individual to join a school which is looking to build upon its strengths in pastoral care and offer a Chof programme that caters for the needs of all the pupils. Salary commensurate with experience.

An application form is available from the School Office

office@pardesgrammar.co.uk

Tel: 020 8349 4222 and should be returned to the school.

Closing date: Thursday 25th February 2021 at 12 noon

Interview Date: Week beginning 1st March 2021

Pardes House Grammar School is committed to safeguarding and promoting the welfare of children and expect all staff to share this commitment. Any offer of employment will be subject to receipt of satisfactory references from previous employers and a DBS check at an Enhanced level, including the barred lists.



**Beth Jacob
Grammar
School**

is now recruiting for the following positions

Part time teachers for the following subjects:

MATHS, SCIENCE

Would ideally suit someone who could teach both subjects.

Closing date for applications:

Wednesday 17 February

The successful candidates will be positive, enthusiastic and professional, with an understanding of the ethos of our school.

Join a remarkable team of staff in a warm and caring environment, with well-developed Kodesh, Chof and Extra-curricular departments.

Application forms are available from

s.wittenberg@bjgs.org or by calling the school office



0208 203 4322



s.wittenberg@bjgs.org



Stratford Road,
London NW4 2AT

Beth Jacob Grammar School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. All successful applicants will be subject to an Enhanced DBS check.

תפארת בית יעקב

18 Raleigh Close, London NW4 2TA
Tel: 020 8203 8618

MATERNITY COVER

We are looking for a

**SCIENCE TEACHER - PART TIME
GEOGRAPHY TEACHER - PART TIME**

Starting after Pesach

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References essential

Please forward your C.V to office@tifereshigh.com
For more details call 020 8203 8618

Our school and all its personnel are committed to safeguarding and promoting the welfare of the children.
This post is subject to an Enhanced Disclosure Application to the Disclosure and Barring Service.

Great Opportunity: Looking to work from home???

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For more info, call:
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JOB VACANCY

Legadel are seeking
to employ a

Keyworker

Legadel is a community service that supports young children by providing an early intervention plan, which meets the developmental & educational needs of children failing to thrive and succeed at school.

Legadel is committed to safeguarding and promoting the welfare of all children and expects all staff and volunteers to share this commitment. Appointments will be subject to a satisfactory enhanced DBS check.

Please be in touch with us via the
office **020 8209 0526**
or email your CV to
info@legadel.org.uk



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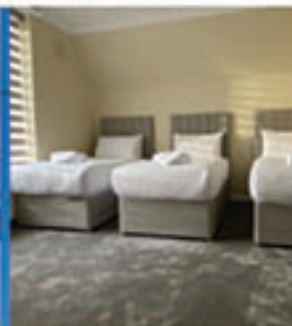
- Ideal for a Chosson & Kallah – No Contract

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For more info contact
Avi Yodaiken
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aviyodaiken@gmail.com

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Classified

Misc.



Have you or someone you know moved to Golders Green or Hendon? Please text us your / their details, name - address - phone number & we will give you / them a FREE welcome pack.

Please call:

Ricky: 07973 360 274 Chani: 07779 061 385

Edware text Tanya: 07506 274 540

Ovulation & Pregnancy test strips gemach 50p a piece.

Please call or text: 07950 406 522

MITZVAH AVAILABLE

My mother-in-law who is 92 lives alone in Golders Green. We are offering free accommodation to any shomer Shabbos girl maybe a student in town or Someone who has problems living at home or even a young couple who have just started out Their live journey together. All we are asking in return is to keep an eye on her.

Further details available from me by email 16aGoldin@gmail.com or phone me on 0208 2031024

Found



Left talis in etz chaim some time please

Please call or text: 07943 870 630

Pink Micro mini scooter in Princess Park a few month ago. **Please call 07972 854 791**

Organisations Contact Info

HATZOLA	0300 999 4 999
HATZOLA EDGWARE	0303 888 9999
SHOMRIM 24 HOURS	0300 999 1234
CHAVEIRIM	0300 0700 999
EMERGENCY	999
BONEI OLAM	020 8455 3421
CHANA	020 8201 5774
CHAI CANCER CARE	020 8202 2211
CST	0800 032 3263
EZRA UMARPEH	020 8211 7999
KOL HALASHON	020 8191 7000
KASPA SECURITY	07880 435 747
LECHEIRIS	0300 303 4747
LEV ECHOD CANCER CARE	07870 351 436
MARS REFUAH	020 3322 8586
MESILA	0333 344 1711
MISASKIM GG	0300 111 0333
MISASKIM EDGWARE	07989 999 645
MINYAN LINE NW	020 3670 6130
NSHEI CHAYIL	07574 018 331
PAPERWEIGHT	020 8455 4996
RELIEF	03333 445 595
SHEMA KOLI	020 3670 1818
SHIDDUCH PROJECT	020 3240 0117
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Information Page

Currency Exchange



Code	Currency	GBP \ Unit	Units \ GBP
EUR	Euro	£0.88	1.13
ILS	Israeli New Shekel	£0.22	4.51
CHF	Swiss Frank	£0.81	1.23
USD	US Dollar	£0.73	1.37

Based on Wednesday's Rates

מנין צעטיל

פרשת יתר

שבת מנחה	ערב שבת
בית אברהם 12.40	מנחה גדולה
בית חיים 12.45	בית חיים 12.45
23 Green Walk	
תורת משה 1.00	החלקת המזון 4.42
בית ישכר דוב 1.15	מנחה וקבלת שבת
סיני 1.45	אברהם אלמנחור 4.42
בית אברהם 2.00	אשרי שפר, בית אברהם
	בית הפילה
מנחת קטנות 3.01	סיני, בית חיים
בית חיים 4.05	תורת משה
בית הפילה 4.12	בית ישכר דוב 4.45
סיני 4.15	
אשרי חיים 4.30	בית שמואל, תפארת ישראל 4.52
בית אברהם 4.35	23 Green Walk 4.55
אלמנחור 4.37	עשרת צבי 4.58
בית שמואל 4.40	
תפארת ישראל 4.42	US\$ 5.48
למנוחות 4.47	
בית ישכר דוב 4.52	
מנחת צבי	

פרשת מטות

Next week times were not ready when we went to print

Weather Forecast

Friday	Shabbos	Sunday	Monday	Tuesday	Wednesday
9° \ 2°	7° \ 2°	3° \ 0°	2° \ -1°	4° \ 1°	4° \ 3°

Weather Sponsored by

Daily Times

	Friday	Shabbos	Sunday	Monday	Tuesday	Wednesday
סקיעה	4:57	4:59	5:01	5:03	5:05	5:06
לילה	5:50	5:51	5:53	5:55	5:57	5:58

THE
500
LO

*Mega
500th
issue
coming
up!*

A Match Made in Heaven

By *R' Binyamin Wielgus* / Adapted & Illustrated by *Tzai R. Pensky*

ZUNDEL, IS THAT THE PLACE WE ARE LOOKING FOR?

NO SHPRINTZA THAT IS THE CHEDER, WHERE CHILDREN COME TO LEARN WITH THEIR MELAMED.

LET'S BE QUIET, WE DON'T WANT TO INTERRUPT THE SWEET SOUNDS OF CHILDREN LEARNING TORAH.

AND LOOK SHPRINTZA, HERE IS THE BIG SHUL!

WOW ZUNDEL! LOOK HOW BEAUTIFUL AND MAJESTIC THE SHUL SITS IN THE MIDDLE OF THE TOWN!

YOU KNOW SHRINTZA IN THE SHTETL, YOU START YOUR LIFE IN THE SHUL, YOU HAVE A BRIS IN THE SHUL, YOU DAVEN THERE DURING THE WEEK AND SHABBOS, YOUR BAR MITZVAH IS THERE, YOU WERE PROBABLY MARRIED THERE, AND THEN YOU RAISED YOUR FAMILY THERE. AND THEN, WHEN THE TIME CAME, YOU WOULD BE BURIED IN THE BAIS HACHAIM, OUTSIDE THE SHTETL.

BECAUSE THE SHTETL WAS SECLUDED FROM THE OUTSIDE WORLD, AND SHTETL LIFE TOTALLY REVOLVED AROUND THE TORAH, THE SHTETL TOTALLY EXEMPLIFIED HOW A JEW SHOULD LIVE.

OH LOOK SHPRINTZA-THE WAGON DRIVER IS TELLING US TO GET OFF THE WAGON. WE ARE HERE, AT THE HOME OF THE RIMINOVER REBBE!



**BONEI OLAM
NW LONDON**

עד הנה עזרנו רחמ"ל ולא עזבונו חסיד
למסדי

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נחת מכל יוצ"ח וישועות בקרוב

Yaakov Mendel Englander & The Campaign Committee

The Committee
wishes our
indefatigable director
**R' Yaakov Mendel
Englander**
הצלחה continued
in his עבודת הקודש



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YOUR FAVOURITE LIQUEUR



Vincenzi
Torino, 1930

