

פרשת צו - הגדול

2nd April 2020

Starts: 19:22 Ends 20:32 (20:53)

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Issue 459

The Voice of NW London

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פסח תש"פ

The week's Torah Way has been sponsored by the family
to mark the *Shloshim* of their father and grandfather
לעילוי נשמתו ר' יצחק בן ר' חיים וסני' ז"ל
The late Mr W Stern ז"ל
דבר'ר ר' יצחק וסני' ז"ל
To sponsor a Torah Way week, please email info@torahway.org.uk



SUNDAY
12TH APRIL
ג' חור'ת - י"ד ניסן

MONDAY
13TH APRIL
ג' חור'ת - י"ט ניסן

TUESDAY
14TH APRIL
ד' חור'ת - כ' ניסן

FRIDAY
17TH APRIL
כ"ג ניסן - אדר'ת

RABBI
DOVID
STERN
דוד סטרן
Rabbi David Stern
דוד סטרן

RABBI
SHLOMO
FRESHWATER
שלמה פרישווטר
Rabbi Shlomo Freshwater
שלמה פרישווטר

RABBI
CHAIM
YOSSEF DOVID
WEINBERG
חיים יוסף דוד וינברג
Rabbi Chaim Yosef David Weinberg
חיים יוסף דוד וינברג

RABBI
YAACOV
BENZAQUEN
יאקוב בנזאקן
Rabbi Yaacov Benzaquen
יאקוב בנזאקן

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ICZKOVITS
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Hachochur Sr Uli Iczkovits
סרולי איצקוביץ

HABOCHUR
MOTTI
STERN
מוטי סטרן
Hachochur Motti Stern
מוטי סטרן

HABOCHUR
SHIMMY
HOOI
שימי הוי
Hachochur Shimmy Hooi
שימי הוי

IMPORTANT NOTE RE COVID-19

Due to the current situation and until further notice,
TorahWay Live Daily Shurim will not be held at its regular
venue (Kehillah Chof Hoshim). However, we will be out
doors to broadcast the Shurim at their regular times
from the homes of both members of the respective
family. To stay informed, watch or listen to a
Shurim live or later, or access our library of thousands of
previous Shurim visit www.torahway.org.uk

To sponsor a
TorahWay week,
or to be added to
our mailing list,
please email
info@torahway.org.uk
or visit
www.torahway.org.uk
or call 020 839 91 0-3

NW LONDON
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WITH APPROVAL OF THE GABRIEL PLEASE DISPLAY ALL WEEK

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LEARNING ON THE PHONE NOW?

PAL - PHONE AND LEARN HAS BEEN DOING THIS FOR OVER 15 YEARS.

We'd like to share some of our tips for successful learning on the phone

- ✓ Find yourself a good (fairly) quiet spot at home - having a place where you can learn without interruptions will help ensure the learning sessions go smoothly.
- ✓ Make sure the other person is comfortable, ready to learn and it's a convenient time for you both.
- ✓ Have your seforim ready before you start.
- ✓ Get your phone in a comfortable position either on speaker, to allow your hands to be free or with a headset. If using video calling, position the phone as if you were sitting face-to-face. Consider investing in a phone stand.
- ✓ Have a drink next to you.
- ✓ Keep it natural and light - spend a couple minutes chatting before and after the learning sessions as you would do normally.
- ✓ Pause more frequently, check in with the other person to gauge whether they are understanding or if they agree or disagree, to make up for the lack of body language.
- ✓ Make the sessions shorter and more frequent.
- ✓ Dress as if you were learning face to face, it keeps your mind focused.
- ✓ Stay calm - phone lines or wifi connection may not be perfect all the time and try not to let that cause too much frustration.

**STUCK AT HOME? WE NEED YOU!
LEARN AND CONNECT WITH YOUR FELLOW JEW
WHILE STAYING SAFE AT HOME.
SIGN UP TO BE A PAL - PHONE AND LEARN TUTOR.**

 **WWW.PHONEANDLEARN.ORG**
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MIGDAL EMUNAH IS A SUPPORT SERVICE FOR JEWISH VICTIMS OF SEXUAL ABUSE AND THEIR FAMILIES.

We provide practical and emotional support for victims and those affected by the trauma of sexual abuse. Migdal Emunah actively engages in raising awareness of sexual abuse and challenging the myths and taboos associated with it.

Migdal Emunah works with men, women and children across all denominations of the Jewish community.

WE OFFER SERVICES TO MEET THE NEEDS OF OUR CLIENTS, INCLUDING ACCESS TO:

- Trained Independent Sexual Violence Advisor (ISVA)
- Trained counsellors
- Family therapists
- Support groups
- Childrens' therapists
- We also provide access to rabbinical advice, legal advice and psychologists

☎ : London ISVA - 07493 790 305 | K.Woolf@migdalemunah.org.uk

☎ : Manchester ISVA - 07870 783 479 | Y.Fletcher@migdalemunah.org.uk

@: info@migdalemunah.org.uk

WWW.MIGDALEMUNAH.ORG.UK

Registered Charity Number 1150835



GIFT Your UNOPENED Chometz

URGENT COMMUNITY APPEAL

בס"ד



PRE-PESACH FOOD DRIVE

GIFT will store your chometz, sell it & then distribute it after Pesach.

CHAMETZ COLLECTIONS WILL BE RUN IN STRICT ADHERENCE WITH COVID 19 GOVERNMENT GUIDELINES

Sunday 5th April: 11am - 2pm

Golders Green: Outside Kosher Kingdom
Russel Parade, Golders Green Road, NW11 9NN

Hendon: The GIFT Warehouse
61-63 Watford Way, Hendon, NW4 3AX

Borehamwood: Family Jackson
20 Chandos Road, WD6 1UZ

Edgware: Family David
17 Windsor Avenue, HA8 8SR

Monday 6th/Tuesday 7th April: 10:30am - 12 noon

Hendon: The GIFT Warehouse,
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www.jgift.org/covid19
Registered charity 1153393

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of the
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GIFT - make a difference

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Find out more:
info@jgift.org



THE GIFT OF CONNECTION

EMERGENCY COMMUNITY APPEAL

NETWORK OF GIVING

GIFT is in touch with those most in need in the community and those unable to leave their houses, coordinating volunteers to: pick up prescriptions / run errands / go shopping / provide meals.

CARE FOR CARERS

Make a difference to those making a difference. GIFT volunteers are providing carers, nurses, doctors and ambulance drivers with 'gratitude packs'.

LUNCH WITH LOVE

As schools are closed, those families who rely on free school meals need our support. GIFT is coordinating the delivery of hundreds of lunch packs.*

VITAL FOOD SUPPORT

Hundreds of families, thousands of individuals receiving WEEKLY food support packages. Over 13000 delivered in 2019. On course to DOUBLE in 2020.

CONNECTION TIME

GIFT is matching up volunteers with isolated individuals through regular phone/video calls to brighten someone's day.

VIRTUAL TUTORING

As schools are closed, children now need academic support. GIFT has mobilised volunteers to tutor through video chats.

EDUCATION ONLINE

Check out our growing collection of free education sessions and downloadable material online at

www.jgift.org

*subject to logistical capability



Registered charity 1153393

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URGENT COVID-19 COMMUNITY SUPPORT INITIATIVES



#inittogether

GIFT NEEDS URGENT FINANCIAL AID TO FUND EMERGENCY RESPONSE INITIATIVES, SUPPORTING THE RAPIDLY INCREASING NUMBER OF VULNERABLE AND ISOLATED MEMBERS OF THE COMMUNITY

IN THE LAST TWO WEEKS:

- 1,000+ VOLUNTEERS
- 3,040 PACKAGES given to carers in hospitals and care homes
- 900+ SHOPPING REQUESTS by isolated, vulnerable & elderly
- 300+ FAMILIES RECEIVING WEEKLY PARCELS delivered by GIFT volunteers – a rise of 15%
- HUNDREDS OF LETTERS to care home residents
- HUNDREDS OF WELL-BEING CALLS to the elderly and vulnerable
- HUNDREDS OF HOT MEALS SERVED to most vulnerable
- ONLINE TUTORING CLUB CREATED
- ONLINE EDUCATION CONTENT CREATED

GIFT's many emergency initiatives have had a huge impact on thousands throughout London, Manchester and Jerusalem. Our wonderful volunteers are our community's giving heroes – we are truly blessed to have witnessed an outpouring of giving, and kindness at this time.

The team at GIFT are enormously thankful to the incredible NHS front line staff and to everyone in our community, young or old, who has taken it upon themselves to help someone else in some way, whatever their personal circumstances.

WE SALUTE YOU AND THANK YOU FOR GIVING!

www.jgift.org/covid19

כח הרשאה

אני החתום מטה נותן כח הרשאה להרב אהרן דוד הלוי דונר למכור את כל החמץ הנמצא ברשותי, והיינו בין חמץ גמור בין תערובות חמץ בין חמץ נוקשה ובין ספק חמץ, ואפי' דבר שיש בו רק חשש חמץ, כל מיני קמח כל מיני סולת כל מיני שפיריטס כל מיני שכר כל מיני אפיה וכל מיני מרקחת, קיצור הדבר כל דבר שהוא חמץ או חשש חמץ או רק חשש תערובת חמץ או חשש חמץ נוקשה, על הכל אני נותן כח הרשאה להרב הנ"ל למכור כרצונו, ויהי' פיו כפי ידו וכדי ועשייתו כעשייתי, גם יש להרב הנ"ל רשות שליח אחר במקומו ויהיו כל מעשיו קיימים, ולא אוכל לומר לו או לשליחו לתקוני שדרתיך ולא לעוותי. גם נותן אני רשות להרב הנ"ל או לשליחו להשכיר את כל המקומות אשר מונחים בהם החמוצים, ויהי' להשוכר הזכות לדרוש מאיתי המפתחות בכל עת שירצה, ואהי' מחויב לתת לו המפתח בלי שום עיכוב, רק אני מניח לעצמי רשות לדריסת הרגל בכל אלה המקומות אם יהי' איזה צורך לי ולבני ביתי. ואף על פי שאני פורט כמה דברים למטה שהם חמץ, וגם אני פורט כמה מקומות שהחמץ מונח שם, אני מתנה בפירוש שאני כולל בהמכירה כל דבר שיש בו חמץ או אפי' רק חשש חמץ אע"פ שאינו מוזכר למטה, גם אני כולל בההשכרה המקומות שלא הזכרתי למטה. וגם אם לא פרטי שום דבר לצורך המכירה וגם לא הזכרתי שום מקום להשכיר, אם רק חתמתי שטר זה ליתן כח הרשאה להרב הנ"ל או לשלוחו, או אם שליח שלי חתם השטר, הרי הרשות נתונה להרב הנ"ל לעשות עם כל חמץ שלי ועם כל המקומות שמונחים בהם החמוצים ככל אשר ימצא לנכון. ויש להרב הנ"ל או לשלוחו לעשות שטר מכירה וגם לעשות כל קנין שימצא לנכון הכל לרצונו, וגם יש להם רשות לסדר הדברים שיהי' להם קיום בדיניהם, דהיינו לעשות שטר המועיל בדיניהם ולהדביק סטעמפעל הכל כרצונם. ושטר זה לא יופסל ולא יוגרע כחו בשום ענין, וגם אם יבוטל דבר אחד אין בזה ביטול לשאר דברים המוזכרים בשטר זה, ובכלל אין שום דבר המוזכר בשטר זה תלוי זה בזה. וכל זה דלא כאסמכתא ודלא כטופסי דשטרי וכמי שנעשה בבית דין חשוב ועל זה באתי על החתום בחודש ניסן לפני חג הפסח שנת תש"פ לפ"ק פה לונדון יצ"ו

שם	כתובת	מקום החמץ	מיני החמץ	שווי של החמץ
Name of Seller	Address of Seller	Location of Chometz (Which rooms/cupboards/address if different)	Types of Chometz	Value of Chometz

מקום התימה Signature.....

Phone Contact.....

Mechiras Chometz 5780 מכירת חמץ תש"פ CORONAVIRUS EMERGENCY

היות ולפי החוק ולפי דעת כל הרופאים אסור ואי אפשר לכל אחד לבא למכור את חמצו, כתבנו את השטר הרצוף פה. כל אחד יכתוב את הפרטים ויחתום.

נא לא להכנס אלי.

נא למלאות את השטר ולשלוח לכתובת שלי. זה צריך להגיע לא יאחר מיום שני י"ב ניסן
[למספ' 6th April]

- אפשר לשלוח ע"י הדואר
- אפשר לזרוק לביתי דרך letter-box
- אפשר לשלוח ב-e-mail לכתובת moishe116@gmail.com

אם צריכים יותר טופסים נא לעשות copy לפני שכותבים את הפרטים ולפני שחותמים.

אם אחד מוכר בשביל כמה אנשים או מי שיש לו חמץ ביותר ממקום אחד נא להתקשר לטלפון
020 8802 9842 כדי לקבל שטר מתאים.

Due to the current emergency where Government Regulations mean people are unable to come in person to sell their Chometz, we have prepared, on a once off basis, the enclosed Shtar for individuals to complete and sign.

Please do NOT come in with it.

It should be completed and sent to my address as above to arrive on or before Monday 12th Nissan / 6th April.

- It can be put in the post,
- Or put through my letter-box
- Or scanned in and sent by e-mail to moishe116@gmail.com.

If more than one is required please copy before completing.

If selling on behalf of more than one person or location, please call 020 8802 9842 so arrangements can be made to send a slightly different alternative Shtar.

**COVID-19
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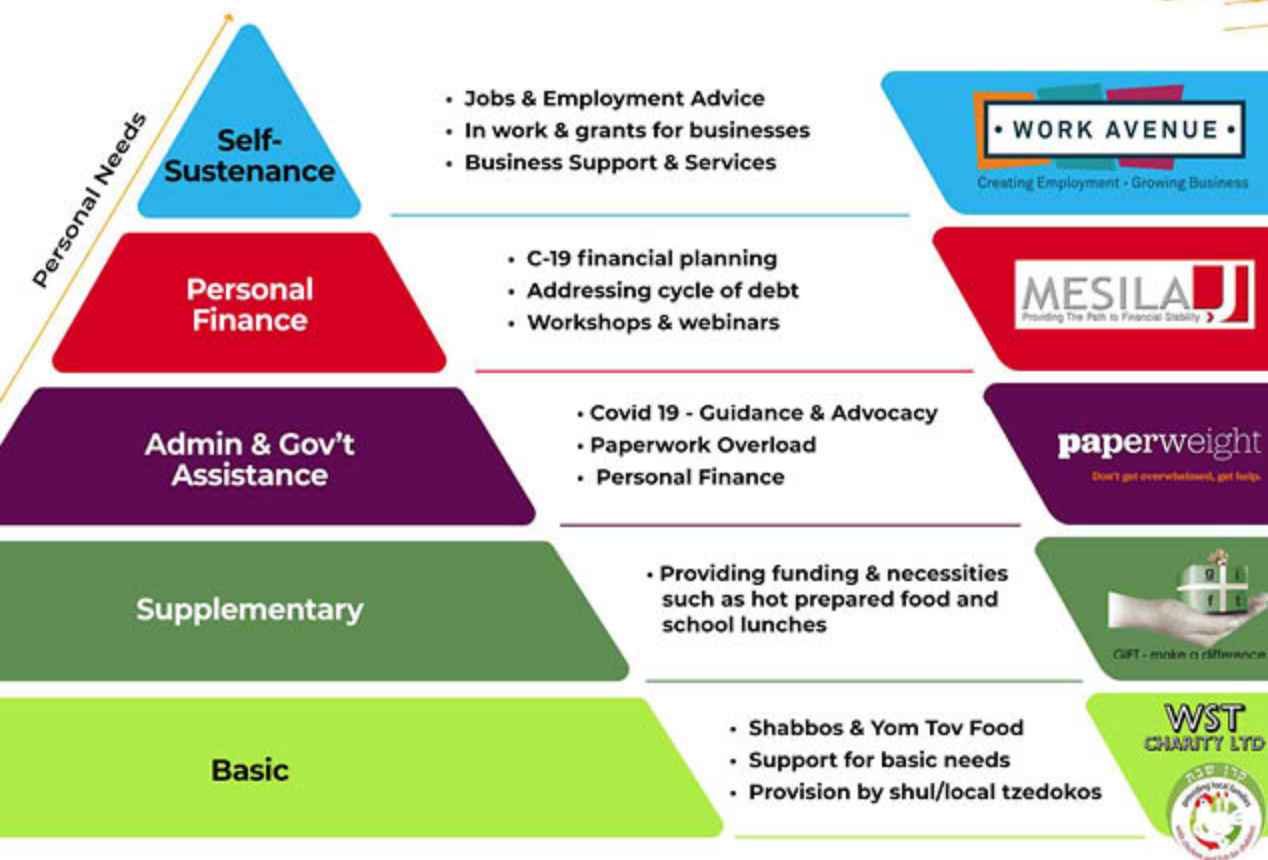
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WAREHOUSE
SHOP
CARE HOME
ETC.**

**CALL or  07741 149 016 | 020 3488 3546
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SUPPORTING THE KEHILLA'S FINANCIAL NEEDS

The community's organisations are here to support you through the economic turmoil and to ensure your immediate and long term financial needs are met. Each of the organisations can be contacted directly or through our hotline who will redirect accordingly.



**NORTH WEST
LONDON
COVID-19
HELPLINE**

**020
7118
0860**



- ✓ 1st time making Pesach?
- ✓ Didn't make pesach in a while?
- ✓ Not sure what to do, what you need?
- ✓ Need your seder delivered to you?
- ✓ Not sure how to make Pesach?

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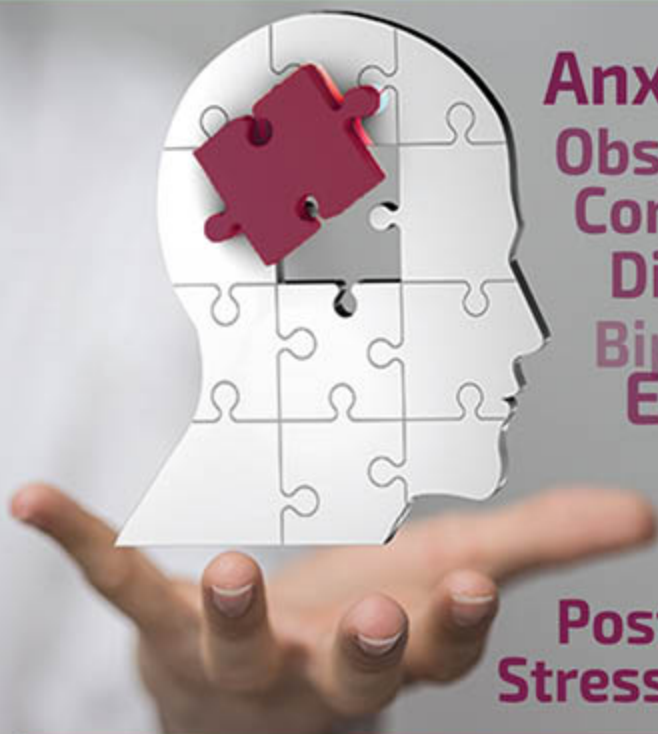
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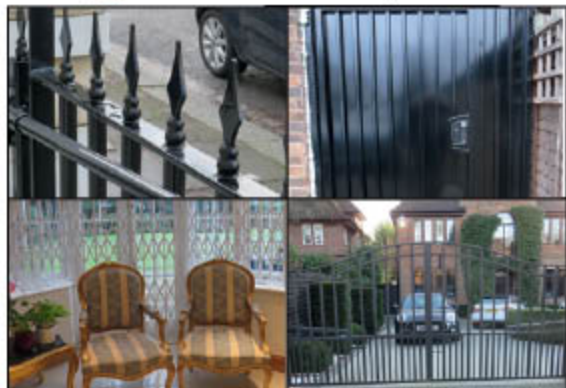


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IMPORTANT MESSAGE

Dr Daniel Krell MRCP, BSc, DPhil

Consultant Medical Oncologist,
Gastrointestinal, Hepatobiliary, Neuroendocrine Cancer
and Cancer of Unknown Primary,
The Royal Free London NHS Foundation Trust



Dear Israel,

I hope you and family are well. I want to ask for your help with Pesach coming up. The peak of the virus is likely to occur in the next 2-3 weeks. This will coincide with Pesach. It is vital that the message gets across to the community at this time. There must be no communal sedars this year. People must have seder at home with only their household and not with other households. This is to keep them safe. P_G next year will be back to normal

Keep safe

Dan

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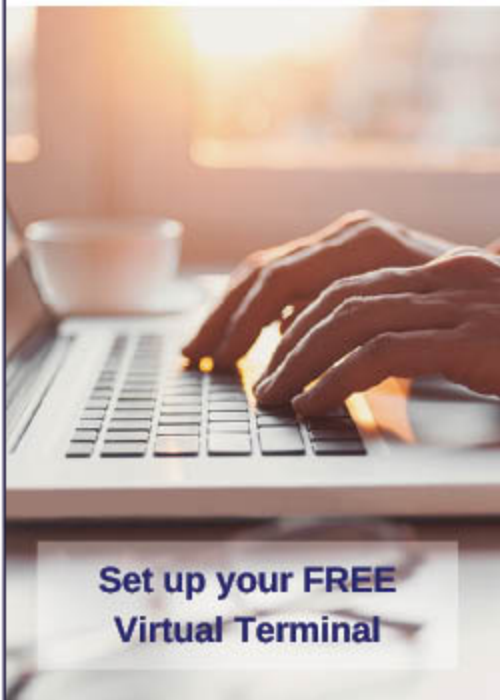
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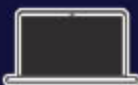
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HAMAOR PESACH EDITION IMPORTANT NOTICE



The *kehillo* is advised that a recipe on **page 95** of the Pesach edition of Hamaor inadvertently included Polenta – an ingredient which is *kitniyos* and cannot be eaten by Ashkenazim on Pesach.

Wishing everyone a Kosheren Pesach.

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10 Minutes
with



Your Questions Answered

CORONAVIRUS Memo 3

We have been receiving many calls as a result of the stress and anxiety that many are struggling with in the current situation. In light of this we are therefore sharing with you Divrei Chizuk from HaRav P. Schneebalg shlit"א for children and teens.

Harav Pinchas Schneebalg שליט"א, Rosh Yeshivas Wiznitz

Not long ago on Rosh Hashono we davened מנחלך מנע מגפה מנחלך, but we somehow did not think a מגפה is still relevant today. Although we do not know the reason it is clear הקב"ה wants us to daven. We are taught that it is not that an צרה goes away because we daven, but that the actual צרה comes in order for us to be מתפלל.

Story: HaRav Avrohom Borducki was travelling by ship with his son and daughter when the ship capsized and started to sink. He tried to swim towards land with both his children in order to save their lives. However, carrying both while swimming against the current proved too difficult so he made the heart-rending decision to leave his daughter and continue with only his son lest they all drown. As he did so his daughter cried out, "Tatte please don't leave me, I have only you!" when she cried out like that it gave him renewed strength and he was able to save her life too. He later told his daughter, "Whenever you cry out to your Father – tell Him, I have only You – only You can help me – and He will surely hear your cry."

During such a situation we can clearly see that there is a Bashefer who runs the world and we have only Him to rely on. Of course we have to do our Hishtadlus and take every precaution.

Our duty now is to continue learning, davening, maintaining our Shmiras HaLoshon and Shmiras Aineiyim. We need to know that Hakodosh Boruch Hu loves us dearly and that each and every one of us is a child of Hashem. May all the Cholim have a Refuah, and may we B'Korov be Zoche to ביאת משיח צדקינו

At Zeh Lozeh we understand that many people struggle with fear, anxiety, and stress on a daily basis. Situations like these can aggravate those fears and difficulties. If you feel that your anxiety or stress is affecting your ability to properly function, it may be advisable to seek the services of a professional that can help you through this difficult period. We will b'n continue to provide our services during these times.

Please note that these answers are general guidelines. Each individual should consult with their Doctor/Moreh Derech.

Zeh Lozeh was set up in order to support emotional health within the community. Since its inception in 2016 Zeh Lozeh has impacted thousands of families, schools and children through raising awareness, insets and trainings, therapy and advice line. Zeh Lozeh has the Haskomos of local and international Rabbonim as well as the endorsement of leading professionals.



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To Cope With CORONA ANXIETY

We are all facing a big challenge and a situation which is causing huge difficulties. There is a lot of anxiety, worry and panic about coronavirus which just intensifies the problem. With the added stress of Pesach approaching, it is really important to take the necessary steps to reduce this anxiety and fear

1. Confusing coronavirus with anxiety.

Many of the symptoms of coronavirus are also caused by anxiety. The following are symptoms which exist in both anxiety and coronavirus: -

- Shortness of breath
- Weak body/tiredness
- Aching limbs
- Headaches
- Diarrhoea

Listen to all the guidelines given out by the doctors, but **do not** assume that just because you have any of the above symptoms that you have coronavirus. The way anxiety works is that the more we focus and check on our symptoms the more worrying symptoms we will find. When this happens, we get more anxious, feel more symptoms and the vicious cycle of anxiety continues. Therefore: -

Don't:

- Keep constantly checking on your own health and that of family members.
- Keep measuring your temperature.
- Try to breathe more often or take deeper breaths.
- Stay in bed unless you feel you have not got the physical energy to get up.
- Immediately call for medical help if experiencing initial symptoms which are not deteriorating.

Do:

- Try to keep active and busy.
- Deliberately concentrate the mind on other mind absorbing activities.
- call 111 or visit the government website if in doubt. If symptoms deteriorate seek more urgent medical help.

2. Too much news increases anxiety.

Although you need to know the latest medical guidelines, the endless news, discussion and analysis is not helpful. Some of the news is very distressing and if you don't have time each day when you can switch off from it, you can quickly feel emotionally drained. Deliberately try to ensure that you talk about other things and try not to get caught into too much thinking about the future.

3. Look after yourself

Less anxiety will keep your immune system stronger, which is vital to combat coronavirus. There are a number of other ways you can further strengthen your immune system.

- **Diet** - eating a healthy, balanced diet including fruits and vegetables. Vitamin C is especially advised in this situation. Vitamin C comes from citrus fruits like lemons and oranges.

• **Exercise:** - a brisk 25-minute walk, cycling or using an exercise bike are all healthy forms of exercise. Adults and children should be encouraged to get out in the fresh air and exercise daily keeping to the social distancing rules.

• **Sleep** - having sufficient sleep is vital for the body and the mind.

• **Time out** - if you are feeling very stressed and overwhelmed see if you can arrange to have some time in the day when you can be alone. During this time either rest, listen to music or do something else which will refresh you.

4. Calm Breathing

If you are feeling more intense feelings of panic and/or stress then try this simple relaxation technique to help you feel calmer.

A) Sit in a comfortable position in a comfortable chair with your feet flat on the floor.

B) Very slowly and gently breathe in through your nose, counting slowly to 4.

C) Hold your breath for a 1 second

D) Then very slowly breathe out ideally through the nose (or your mouth if more comfortable) counting slowly to 6 and as you do, tell yourself to "relax."

E) That's it! Repeat steps A-D for 5 mins if you feel at all lightheaded or dizzy, it means you are breathing too strongly or

deeply - so try doing it more calmly and less deeply.

5. Don't be alone

Many people are forced to be away from close family and friends. You can easily feel lonely and sad. Ensure you have a good support system by using the phone to regularly connect to family and friends.

6. Chessed

There are many people who are in need of emotional support and help during this time. Do what you can to help others, but **not** by putting either yourself or the person you are helping in any risk. Phone those who are more isolated and less fortunate than you.

7. Don't take risks

Keep to all the rules that have been advised by local doctors and the NHS. This is a situation of *pikuach nefesh* and it is not a time to take any risks.

8. Ask for help

If you are worried about your own emotional health or that of a family member then speak to your GP or a qualified therapist.

Yaakov Barr

Psychotherapist (MSc PG Dip)
Clinical Supervisor (BABCP)

Written according to medical advice and current NHS guidelines.

Keep Calm
STAY STRONG
We're all in this together!

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MY NAME IS EMES

19

BY R' FISCHEL SCHACHTER & R' YONASAN SCHWARTZ • ILLUSTRATED BY TZAIR PENSKY

Story by
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FEATURES



CONTINUED NEXT WEEK IY"H



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DARK TAPESTRY

by Ruthie Pearlman

CHAPTER TWENTY-EIGHT

DAY TEN

It was eight in the morning in Israel. Avi had given up the night before and had gone back to his computer as soon as he had returned from shul. It was impossible to figure out what Renard Lukavac meant translated into English. He needed to figure out what language to ask the on-line translator to translate it from. He hoped he could do it before he had to leave for the office.

Avi spent another half-hour trying to figure it out, when the cleaning lady showed up and started bustling around his study, sloshing water on the floor and mopping it around. After a while, Avi looked up pointedly.

"Do you mind," he said loudly. "I am really busy here."

Devora, the cleaning lady, a Moroccan Jewess of a loud and typically Israeli uninhibited nature, smiled at him and peered at the computer screen. "What you doing on there? I no understand nothing about computers. What's this you writing about?"

"I'm trying to find out what the name Renard Lukavac might mean," Avi replied, wishing she would leave.

"Oh, sure. Renard is French for 'fox.' But I don't know what Lukavac means."

"What?" He stared at her, openmouthed.

"Renard is 'fox' in French. Anyone who knows French knows that."

"How do you know French?"

She shrugged. "I'm Moroccan. Moroccans speak French."

"My gosh," Avi said. "I do believe you have solved a crime."

"Me?" Devora was preening, but Avi was already hard at work trying to figure out what Lukavac

meant. Once he knew that Renard meant "fox," it took him the best part of five minutes to figure out that Lukavac was Croatian for "fox."

He sat back, staring at the on-line translator as if it would jump out and bite him.

The Fox had been his boss for a night. The Fox was Renard Lukavac, otherwise known as George Foley, playing mind games. He wouldn't have guessed in a million years that Avi Pincus would come to his offices and work for him for a night. He called himself Renard Lukavac just to see who would figure out who he really was. Avi sat for a moment, relishing the feeling of victory.

George Foley, I have tracked you down like the sly fox you are. I have sniffed you out and hunted you, and I will bring you to your knees yet.

He picked up the telephone and put a call through to Colin Sommers.

"I've found him," Avi said, trying hard, and failing, to keep the note of exultation out of his voice. "I've found George Foley for you. I've found the Fox."

☐ ☐ ☐

"Come on, Peter, let's go see the Fox," Colin announced, sliding into his bomber jacket. It was drizzling again. He had been running high on adrenaline ever since Avi Pincus's call, but he had forced himself to wait until office hours, when Foley was most likely to be there. Shake actually had an address, and Avi had seen him there only a few days ago. He could hardly wait to go and confront him himself.

"Shouldn't we inform Mrs. Hardman of developments first?"

Colin considered it for a moment. "No, I'd rather not get the woman all excited about something that might turn out to be a non-starter. From what I hear, she's in an extremely fragile emotional state at the moment, and we don't

want to do anything precipitous."

Peter looked at him. "Fragile emotional state?"

Colin sighed. "The word going around the grapevine is that she's losing her marbles."

"Poor lady."

"If she thinks we are close to catching the Fox, and then nothing happens, it could tip her over the edge."

"Tell her husband then?"

"Not yet. Let's go see first."

Leora, who had just shown up and came in when she heard them talking about Ilana, said, "Ilana going bananas? No way. She's the most together person I know."

"Well, that's what I hear. The whole neighborhood is talking about her wandering the streets like a crazy person."

"I'm going to see her right now," Leora said firmly. "You go chase your foxes."

The two men left for West London and SmallNet. Leora set out at a brisk clip for the Hardman house. On the way, she thought about Colin and his revelation.

He had always struck her as a nice guy, and there had been something there that hadn't added up; now it all made sense. The man was a lapsed Jew and just beginning to claw his way back. She herself was a ba'alas teshuvah and knew Colin faced a long, difficult journey ahead. He was coming at it from a different angle, having been religious, then abandoned it. Was he to be admired more than those who had never known how hard it was to be Orthodox? Colin knew the life. He had lived it and had thrown it away and was now searching in the garbage cans of his past for the remnants of what he had been to try and piece it back together again. She knew Colin was nowhere near ready to adopt the full mantle of Orthodox life again. But his earlier antithesis to all things frum had melted like snow in the face of the spring sun, and he was at least sympathetic to the people he had previously scorned.

Leora shook off her thoughts of Colin as she walked up the Hardmans' front path and rang their doorbell. Ilana answered. She looked like she had been expecting someone else. Leora, sharp as needles, perceived a "ready to receive mother" look on the older woman's face.

"Oh. It's you." Ilana did not look pleased to see her. She turned abruptly on her heel and walked into the kitchen, as if she didn't care whether Leora followed or not. Leora, crushed, followed

meekly, not knowing how to reach out to her. She had not expected this reception.

In the kitchen, Ilana turned on her, eyes blazing. "You came to England to find my son, tried for a few days, failed, and just went off sightseeing?" Leora absorbed the attack like a punchball, hanging her head.

"How do you think that made me feel, Leora Jakober? Everyone giving up on me, just giving up, saying, 'Oh, well, we tried, it's too bad,' and just closing the case?"

"Absolutely awful," Leora acknowledged. "But they haven't closed the case, and I'm back. I only stayed away for a day, and now I'm back and I won't go away again till we find Josh."

"Yeah, right. Don't give me platitudes like that, please. I can't cope with it anymore, and I don't believe it either. You aren't going away until you find Josh? What rubbish are you talking? What if you never find him? Are you planning on staying here forever?"

Leora stared at her, not knowing how to answer.

"Exactly. I rest my case. Now do me a real kindness and get out of my life."

"Look, Ilana, please believe me. Things are happening. There have been developments in the case. Yes, things were stalemate, but the logjam has started moving again and we are very hopeful of a breakthrough."

"You sound like a politician," Ilana scorned. But the fire in her eyes flickered, and she looked willing to listen.

Leora tried to take the other woman's hands in her own. Ilana crossed her arms and tucked her hands protectively under her armpits. But she looked expectant.

"Okay. Colin wasn't going to tell you anything yet, because he felt that to do so might set you up for a fall. Also, well, the word has been going around that you aren't...too well."

"Crazy. Why don't you say it? I know what people have been saying. Poor Don Hardman, saddled with a crazy woman for a wife, gone demented because of her lost baby."

"Well, yeah," Leora said candidly. "That's what they've been saying more or less."

Ilana suddenly grinned. "At last. Someone willing to tell me the truth. Thank you, Leora Jakober, thank you very much." She unfolded her hands and took the other woman's. "So long as you promise me always to be honest, I'll forgive you for abandoning me."

"Deal."

"Do you think I'm crazy?" Ilana held her gaze

intently.

"The woman I am looking at right now isn't crazy."

Ilana almost sagged in relief. "But I walk the streets looking for my son," she pushed.

"Maybe that way you'll find him."

"I'm not crazy, I'm not," Ilana said, almost to herself.

The two women hugged.

"I have to pretend to my mother that I don't go out looking," Ilana told Leora.

"Most young women spend their adult lives hiding certain things from their mothers," Leora said with a grin.

"It sure is good to hear you say things like that," Ilana said. "I've been feeling like such a pariah. No one seems to understand how I feel. They daven and say tehillim, but if I want to do something practical, like look for Josh, I'm branded a madwoman."

"Maybe today I'll come walking with you," Leora suggested. "That will scotch the rumors."

Ilana looked at her delightedly. "Would you really come walking with me?"

"Just watch me," Leora said, teeth flashing. "Let's go."

Ilana made to put on her raincoat, boots, scarf, and sunglasses.

"Won't you dare go out without them?" Leora asked gently. She had heard about Ilana's "search uniform."

"It's raining."

Leora opened the front door. "No, see, it's stopped. The sun has come out."

And it had. Weakly, wetly, the sun gleamed on the rain puddles, making them steam.

"It's turning into a lovely day again," Leora told her. "The rain seems over for now."

The rain clouds were moving swiftly away, as if swept by an unseen broom, revealing a freshly washed and polished pale blue sky behind.

It was a day of hope.

Ilana put away her raincoat, scarf, and boots, but clung to her sunglasses like a blanky.

"I still need these," she said shamefacedly.

"Okay," Leora smiled. "Let's go."

Together they walked off up the street, sisters in arms against a hostile and uncomprehending world.

☒ ☒ ☒

Colin and Peter drove up to the offices of SmallNet. Like Avi Pincus, they noticed the building at once, bristling as it was with antennae and cabling.

"See any foxes lurking about, Pete?" Colin asked. They parked the car out of sight around the corner and went into the courtyard. The building looked silent.

"Well, I suppose Internet offices don't have too many reasons for having staff out of doors," Peter said lamely.

Colin, his face grim, went up to the doors and pushed. They were closed fast. He rang a small green bell situated on the wall at the side of the door. It echoed empty inside.

"Give them a minute or two to answer," Peter said. "Maybe they need time to get off the dodgy chat rooms and come to the door."

"They should have a front-line receptionist or something," Colin said harshly.

"Dodgy Internet Providers R Us? You have to be kidding," Peter replied. "Probably two and a half staff members, an answering machine, and a dog. Actually, scratch the dog. It's too up-market."

They rang the bell a few more times and waited a good seven minutes. Then Peter walked round the side of the building, leaving Colin looking up and down to see if he could see anyone to ask.

"Forget it, Colin," Peter sighed, coming back.

To be continued....

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We need to work together to help reduce the spread of COVID-19 and save lives.

We acknowledge the efforts of many to keep themselves and others safe by being home right now.

We understand that self-isolating because of COVID-19 can be difficult but we need your continued help.

- You must stay at home unless you have a legitimate purpose to travel, need to buy essential food, have health reasons that mean you need to leave the house or to go to work (but only if you cannot work from home).
- If you go out, stay 2 metres (6ft) away from other people at **all** times.
- Do not meet others, even friends or family.
- You can spread the virus even if you don't have symptoms.
- **People are breaching this and going outside, they could be carrying COVID-19 and may infect others.**
- This virus is so infectious that even a small breach such as a quick trip to get supplies can pass the virus to others, putting people's lives at risk.
- Breaches are considered a serious and punishable offence with fines of £60.00.

Please stay at home to stop the spread of COVID-19. Avoid endangering the lives of others.

Simply Smarter

She was a middle-aged woman, *eidel* and refined. She approached the table at the TAG filtering drive and filled out her application. Then she waited her turn. Truthfully, she would not have come. Internet, text, technology... it was all completely foreign to her. But at the request of the high school where she teaches, she brought her basic flip phone to be filtered.

Finally, her turn came and she handed over her phone to the volunteer technician.

"What do you need open on your phone?" the technician asked.

"Nothing. I have nothing on this phone and I don't need anything on it. I only use the phone to make important phone calls when I'm out of the house."

The woman didn't even know that the device could take pictures.

The technician fiddled around a bit with the phone, preparing to equip it with the necessary filters. *A basic phone is a simple job*, he thought. *This will take one, two, three...*

The woman waited for the procedure to be over so she could continue on her way.

"I see you use text messages," the TAG volunteer said. "Can I remove text?"

"What is that? You mean the list of numbers I put inside?" Her contact list included a few phone numbers - of her husband, children and principal - an indication of its limited use.

"Of course I'll leave your contact list!" the technician responded. "I'm asking if you need text."

With a clueless expression on her face, she replied, "You're the expert. Do as you see fit."

The technician realized something was amiss. Looking at the phone, he saw heavy use of text, much of which contained highly inappropriate language. Also, the phone had been hooked online and many offensive pictures had been viewed.

This was an uncomfortable situation. Gathering his courage, he explained to the woman what he discovered.

"My phone?! Are you sure?! It doesn't make any sense!"

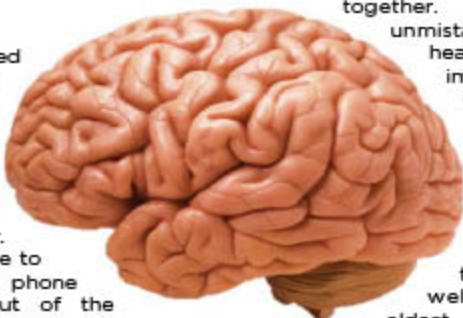
Suddenly, hot tears began rolling down the woman's cheeks. Something had clicked in her mind and she was putting two and two together. In a quiet voice, unmistakably laced with pain and heartache, she voiced the implication of this unfortunate discovery.

As a grandmother, she loved when her children and grandchildren came over to visit. It brought her such *nachas* when they made their way inside her warm welcoming open doors. Her eldest grandson, a fifteen-year-old *bachur*, especially enjoyed coming over to her home. She derived such pleasure from his frequent visits.

The tears were coming faster and the woman paused meaningfully. "It's all falling into place now. I noticed that he enjoyed playing around with my phone and he even took it with him to the bathroom... I never thought to suspect a thing!"

The woman could not believe that she herself had unknowingly granted her grandson access to that which could easily turn the *nachas* she desperately craved to the very opposite.

It's an unfortunate reality. Almost every basic flip phone is automatically connected to internet service. Even if the owner of the phone is completely unaware of this, his children and grandchildren usually do figure it out.



If you would like to hear more stories, thoughts and chizuk on this topic, for men, call 0330 350 3060 - for women, call 020 3769 1000

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1	5					3		4
6		8					9	
	6				9			
		5	4		6	9		
			8				5	
	8					1		3
9		6					7	8
5	2	3		8		6		

DIFFICULT PUZZLE

9								6
	7	8	2		3			
					9	5		2
	2		8					4
		1				7		
5					4		8	
3		4	7					
			4		6	1	3	
	9							7

Each puzzle consists of a 9x9 Sudoku grid containing areas surrounded by gray or dotted lines. The object is to fill all empty squares so that the numbers 1 to 9 appear exactly once in each row, column and 3x3 box, and the sum of the numbers in each area is equal to the clue in the area's top-left corner.

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Thursday

2 April



13°C / 5°C

Friday

3 April



11°C / 3°C

Shabbos

4 April



14°C / 7°C

Sunday

5 April



19°C / 12°C

Monday

6 April



15°C / 7°C

Tuesday

7 April



17°C / 9°C

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