

פרשת פינחס

9th July 2020

Starts: 21:00 Ends 22.26 (22:34)



**NEXT
SUNDAY**

SEE INSIDE BACK PAGE



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Issue 471

The Voice of NW London

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Is your child struggling?

The Elijah Centre is here to help your child with a range of issues including:

- ✓ Autism Spectrum Disorder
- ✓ ADD / ADHD
- ✓ Speech Delay
- ✓ Developmental Delays
- ✓ Learning Difficulties
- ✓ Social Difficulties

We specialise in working with children from age 18 Months - 18 Years.

Dr Elijah has developed a programme called **PROSCIG®**, an intervention programme where children learn in groups how to deal with three main challenges: **Self Regulation, Social Problem Solving & Social Perception.**

The centre is a specialist provider for children, teenagers and adolescents who have social communication difficulties, sensory sensitivities and diagnoses of autism spectrum disorder, ADD, ADHD and learning difficulties and disabilities (Moderate-Mild) . Typically, these children show cognitive delays, behaviour, emotional and self-regulating challenges. We also provide support for gifted children with their social and emotional challenges.

We believe that every child and adolescent is unique, every one can contribute and be an active member within the family, school and in the community. We believe in collaborative intervention and working hand-in-hand with schools, families and the local authority so the child can achieve their highest potential.

The Elijah Centre is committed to find ways to connect with children and young people who experience a disconnect or social and communication difficulties and behaviour challenges. To empower every child to achieve their true potential and to enable every child and adolescent to lead a happier fulfilled and meaningful life.

Prof. Dr Debora Elijah & Team
PhD MA DEA BSc (Hons)
Paediatric Neuropsychologist



What our Elijah Parents have to say!

"My son has been going to Debora Elijah's centre for over two years. Since starting he's grown in happiness and confidence and I've always felt that Dr Elijah, a wise mother of four knows him better than anyone else (parents aside). At the centre he gets to learn new skills in real life and has access to a community of autistic children, who accept him for who he is" - **Jessie Hewitson**

(Jessie Hewitson is the deputy Money editor at The Times and The Sunday Times and proud parent of one of the children we see at the centre.)

"Two of my children have been attending sessions at the Elijah Centre for a while now. I am very pleased with the dedication of the staff and have noticed a positive change in my children's emotional awareness and social skills. Dr. Elijah understands my boys well and always knows the best approach to take to encourage progress." - **Anonymous**

"My son was noncommunicative and was diagnosed with autism at age 2.5 on the NHS. After 2 years of therapy his diagnosis was removed & he is just like any other 4yr old and attends a mainstream Jewish school. We owe the Elijah team so much." - **Anonymous**

"My 4 year old has benefited hugely from the intervention therapy he's received at the Elijah Centre. We have seen massive improvement in his expression, communication, understanding and motor skills - he is like a different child! The team working with him are incredibly supportive and accessible - as well as being warm and friendly. They bring energy and creativity to their sessions, and my son gets so much out of his time there while also having fun. The centre has been a lifesaver during the Corona lockdown - providing much needed stability and support to my son ensuring that he gets continued intervention therapy during these challenging times." - **Naomi Greenwood**

Elijah Success Stories!

What drives our work at the Elijah Centre is the feedback and results we receive regarding the children and the impact we have on their lives and that of their families. Many of the families that come to us at the centre feel as though the world gives up on their child once it has been identified that intervention may be necessary.

Our goal is not to support the children throughout their life, but rather to empower the children to develop different forms of learning, practical experience, as well as modelling the performance and results of social interactions.

Moshe is a talented 10 year old boy, he started the Elijah Centre when he was 3 years old, his diagnosis is ADHD. He was unable to sit on a chair, he needed two adult leads as well as being impulsive. Moshe did the intensive PROSCIG © early intervention program, then transitioned to the advanced PROSCIG © program. Moshe is now in a mainstream school, he is independent and is gifted and talented in maths and science. He learned with PROSCIG intervention to apply the strategies at home as well as the school environment.

Ben started the Elijah centre when he was 2.5, when he starting the centre Ben had no form of communication, he displayed behaviours such as banging his head as form of frustration, he was unable to point and to sit on a chair to complete a task. Ben is now able to, fully communicate after receiving intense PROSCIG © early intervention session's. He is able to make friends, he is able to use a scooter after working on his motor skills, allowing him to enjoy his childhood to the fullest. Ben has developed his emotional intelligence.



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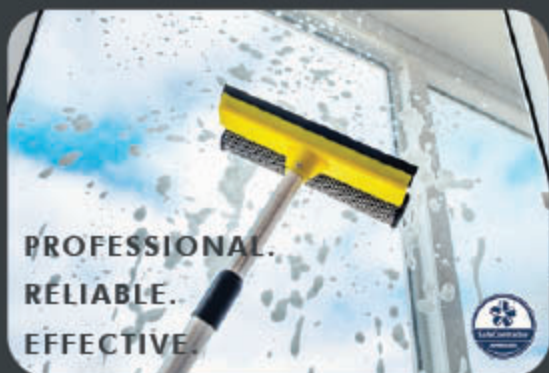


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THE GROVE NW11

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TO THE KEHILLA**

**BACK to
'NORMAL'**

ת ת ר י כ ש נ ע

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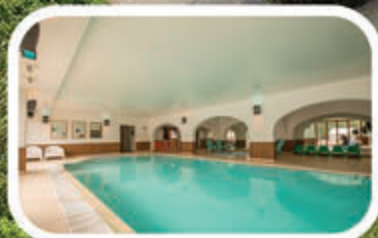
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with Rabbi

Shimshon Silkin שליט"א

& Rabbi

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Rabbi

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Sunday 12th July

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ZOOM DETAILS ARE

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Meeting ID: 234 784 3069

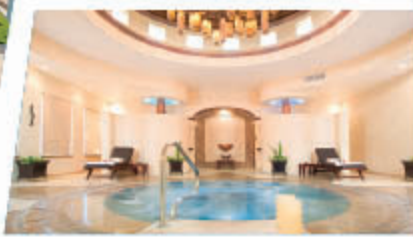
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To our dear guests

BH the situation around the world and especially in Switzerland has majorly improved and we are excited to announce the opening of our popular summer program once again at the Maloja Palace.

We will be open from July 13th until August 23rd iyh.

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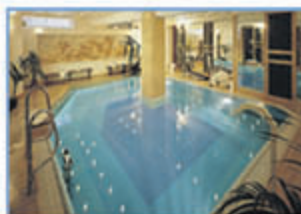


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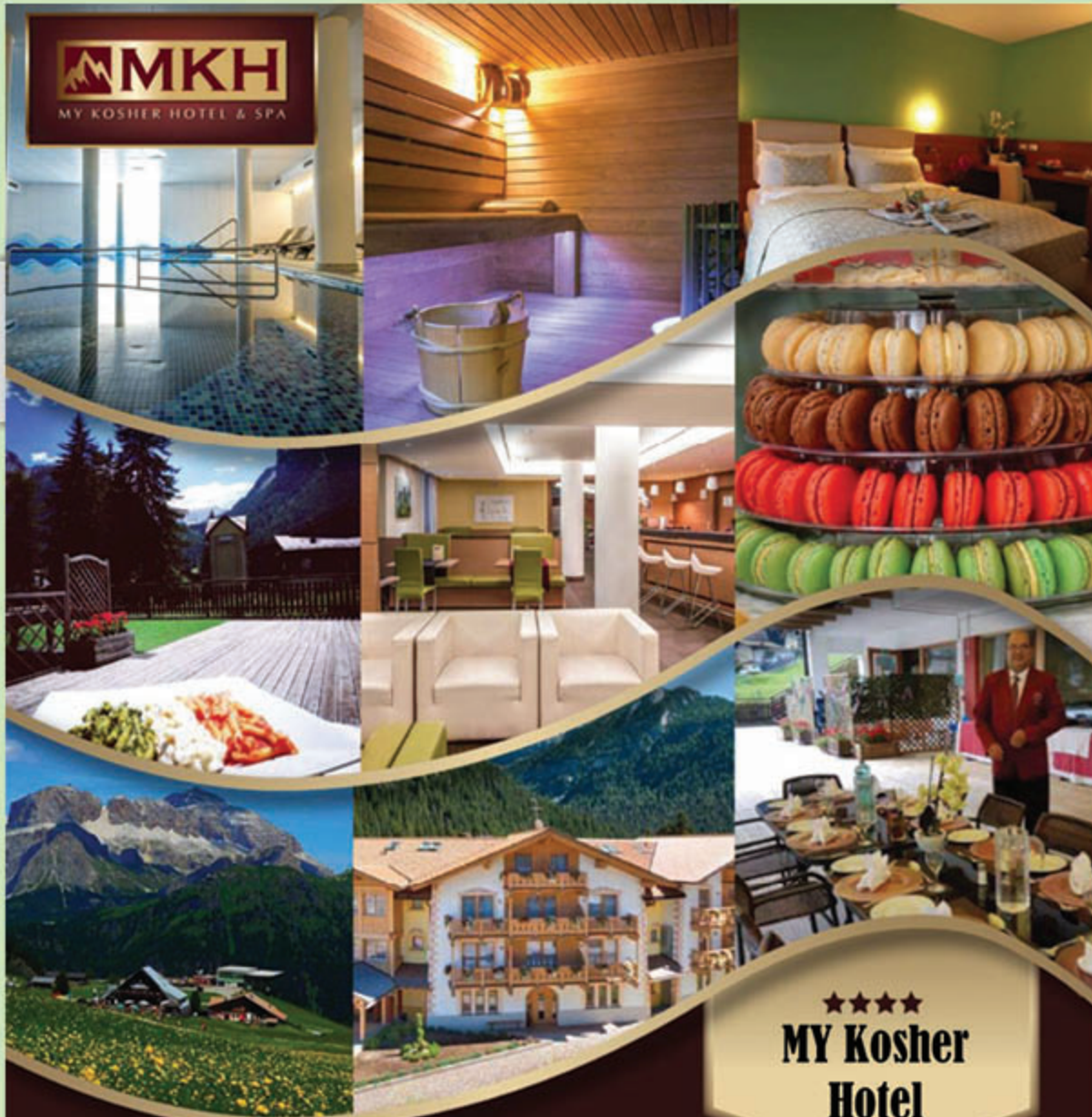


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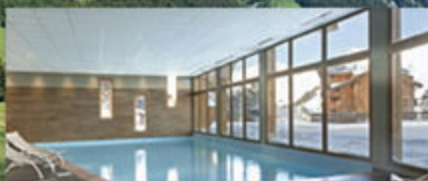
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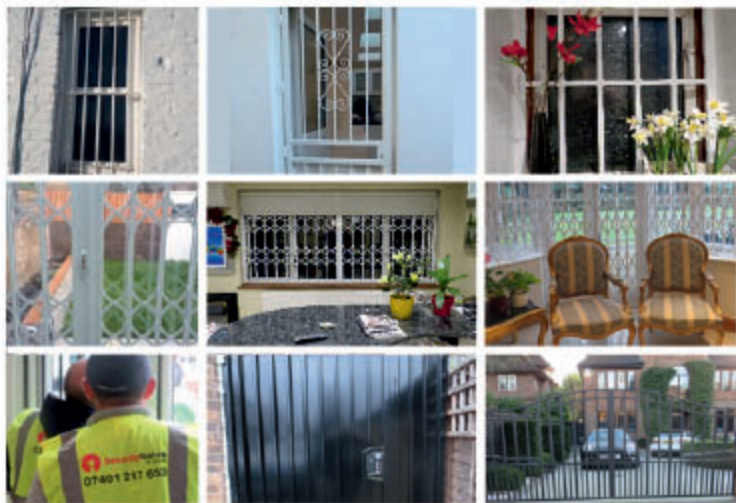
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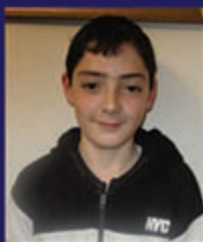
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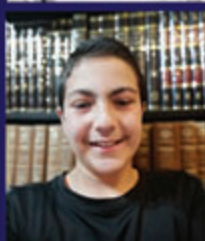


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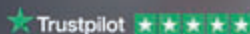
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TTMH is committed to safeguarding and promoting the welfare of our children. All candidates will be subject to an enhanced DBS check.



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We are looking to appoint a well-qualified, enthusiastic catering manager, eager to make a positive contribution to our growing school. We are looking for someone who has a very good background in catering and nutrition and who understands the key role that an excellent school meals service provides.

The Catering Manager is an essential member of the school support team and will take the lead on the smooth running of our brand-new kitchen in our new purpose-built school. You will demonstrate a hands-on approach as you will be leading the staff of Front of House and Back of House, to achieve the best possible results. You will also be responsible for the whole food offering.

As a professional, you will have up to date knowledge and expertise in producing healthy kosher meals for our pupils whilst balancing the SEN needs and allergies of individual pupils. Full training will be provided.

You will have experience from either a school catering or commercial contract catering site and are looking to grow within our school. A good head for finances, budgeting and stock control is necessary as well as excellent presentation and communication skills and will be able to demonstrate a real passion for healthy food and service.

The Catering Manager will be serving approximately, initially 40 meals per day. Over time, this will increase to a maximum of 72 meals per day as our school grows and as our pupil numbers increase. You will be responsible for the direct line management of the Kitchen Assistants.

For a job description and application pack please visit www.kisharonschool.org.uk or contact the school directly at workwithus@kisharonschool.org.uk or on 07956633830.

Closing Date: Thursday 9 July 2020

Interview Date: Week Commencing Monday 13 July 2020

Kisharon is committed to equal opportunities and safeguarding the welfare of children and adults and expects all staff to share this commitment. This role requires an enhanced DBS check



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Your Questions Answered CORONAVIRUS Memo 16

Q: During the lockdown my son who is 11 years old and is academically a bright boy ke'h, was happy not to be in school. It turned out that there is a bully in his class who teases him all the time so for my son lockdown was a huge relief. Now that school has started again he dreads having to meet this bully every day. We are so devastated to see our capable son reduced to a terrified little boy; what can we as parents do to help our child?

מנהל רוחני ת"ת – וויזניץ חיים מאירים ויועץ חינוך בת"ת דחסידי גור, שליט"א Harav Aron Zelig Reiss

Answer: It is crucial that the child should know that he can speak to the Menahel, DSL or the adult in school that is responsible. While it is good that he told you, someone in school needs to know so that it can be dealt with. We encourage children that should they feel unsafe they can come and tell us. As a result of the Anti-Bullying training that we received from Zeh Lozeh we implemented several ideas so that children should feel safe and supported at all times.

If as a parent you feel that your child's self-esteem has been affected then it would be beneficial to get him some guidance on how he can help and empower himself. As we know it says, ואהבת לרעך כמוך we have to ensure that he loves himself so that he can get back his confidence.

R' Chaim Rand MBACP NCP (dip.) Psychotherapist

Answer: I am very pained to hear about your son's experience. You write correctly that as parents we feel absolutely 'devastated' to hear that our child has been treated horribly especially when we feel almost helpless to stop this from continuing to happen.

Now that you are aware of what has been happening, show empathy and validate his feelings. You can gently guide your child so that either he can tell the DSL or if he is okay with it that you contact the school. The way we work is that an open conversation between the parents, the school and the therapist would then follow so that strategies can be put in to place. Bear in mind that the school will have to take care of the victim, namely your child and the bully who also needs help. We will sometimes have to support an entire year group so that we increase bystander power and have a zero-tolerance for bullying behaviour within the school.

As a parent you need to advocate for your child so that he gets the best support possible. Dispel any myths and reassure your son that the bullying that has been happening is not his 'fault'. Give him as much positive reinforcement and support as you can. With the right support you will be'H see him smile again. B'Hatzlacha!

Call the Zeh Lozeh Helpline on 0203 728 4323
כל ישראל ערבים זה לזה – Because we really do care.

Please note that these answers are general guidelines. Each individual should consult with their Doctor/Moreh Derech.

Zeh Lozeh was set up in order to support emotional health within the community. Since its inception in 2016 Zeh Lozeh has impacted thousands of families, schools and children through raising awareness, insets and trainings, therapy and advice line. Zeh Lozeh has the Haskomos of local and international Rabbonim as well as the endorsement of leading professionals.

☎ 0203 728 4323 ✉ zehlozehresolve@gmail.com 📍 Timberwharf Road London N16

Newsheet invites readers to submit any question to zehlozehresolve@gmail.com which will be answered by Rabbonim, Mechanchim and Professionals.



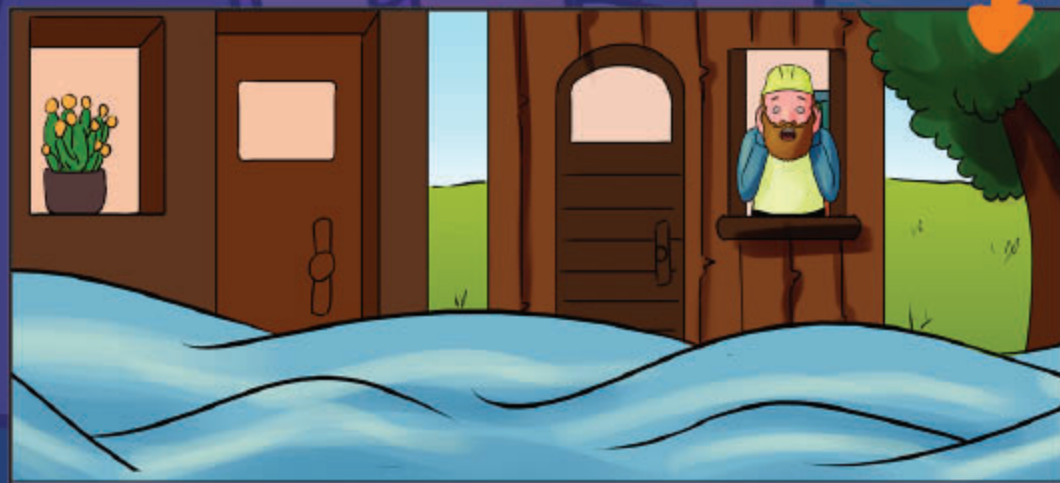
30

MY NAME IS EMES

BY R' FISCHEL SCHACHTER & R' YONASAN SCHWARTZ • ILLUSTRATED BY TZAI R. PENSKY

Story by
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FEATURES



CONTINUED NEXT WEEK (Y"ח)

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	2		4			8	6	
8		4						
			5	1			4	
	3			9	2			
						4		5
	6	8			7		9	
	4	2	9	3	5	1	8	

DIFFICULT PUZZLE

	9	7	4	5				3
	1	5					7	
2			7					
					8		3	
9		6				4		8
	8		5					
					4			2
	4					6	8	
7				2	1	5	4	

Each puzzle consists of a 9x9 Sudoku grid containing areas surrounded by gray or dotted lines. The object is to fill all empty squares so that the numbers 1 to 9 appear exactly once in each row, column and 3x3 box, and the sum of the numbers in each area is equal to the clue in the area's top-left corner.

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The impact of Covid-19 has hit the charity hard with clients in crisis as fertility clinics were forced to close their doors and all treatments were suspended.

Chana's Honorary Executive Director, Carolyn Cohen explains, "The closure of clinics left many of our clients in crisis, those just about to start treatment; others right in the middle of it and some others newly pregnant after a long journey."

"I am so proud of our team, who've worked tirelessly, moving all our counselling sessions online, as well as facilitating virtual support groups to make sure no-one feels alone." Chana has also been working closely with the HFEA (Human Fertilisation & Embryology Authority)

regarding the latest developments for the gradual re-opening of clinics. As services resume, longer waiting times and the rising cost of treatment has meant Chana has been busy helping clients navigate the services available, easing the path ahead.

As the pandemic hit, Chana were busy preparing for two key annual events which had to be cancelled, along with all other fundraising activity.

Carolyn adds, "There absolutely will be life after this pandemic, only for some couples this life is harder to create than for others. Chana are launching this appeal so that with Hashem's help and His abundant kindness we can continue to be there for those who need us most."

Worth Every Donation, goes live on the 12 July at 10am to raise £700,000 in 36 hours, during which time all donations will be matched. For more information visit www.chana.org.uk and visit the link CharityExtra.com/Chana.

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